

December 4, 2022 / T one 1/ 26th Sunday After Pentecost  
Christ is Among Us! He is and Always Shall Be!



**St. Nicholas is here to pick the gifts for the Angel Tree!!**

We have been collecting to help the Orphanage in Ukraine and our seminarians in Pittsburgh We have been also collecting Christmas cards and notes of encouragement for the seminarians. Thanks for your help in making someone's Christmas special

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix**  
**Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church**  
**1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539**  
**[www.olphnm.org](http://www.olphnm.org)**

**Father Artur Bubnevych, Pastor**  
**Rectory (505) 268-2877**  
**[abbaolph@gmail.com](mailto:abbaolph@gmail.com)**

**Father Christopher Zuger**  
**pastor emeritus**  
**(505) 256-1787**  
**[Frchris.zugger@gmail.com](mailto:Frchris.zugger@gmail.com)**  
**[www.frchriszugger.com](http://www.frchriszugger.com)**

**Father Tyler Strand**  
**(516) 661-0883**  
**[tylerastrand@yahoo.co.uk](mailto:tylerastrand@yahoo.co.uk)**

**OFFICE HOURS:**

Monday—Friday 10:00 am—4:00 pm  
Thursday OFF

**THEOSIS:** 2nd & 4th Thursday  
Bible Study 6:45 pm / Zoom

**Advisory Board**

Fr. Chris Zuger, Dan Riley, Rafael Plut,  
Jeff Brewer, Michael Grega, Alicia Wells

**Finance Council**

Matthew Blain, Maria Alden

**Confession (Mystery of Reconciliation):**

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

**Mysteries of Baptism/Chrismation/Eucharist:**

Must be arranged three months in advance.  
(Pre-Jordan requirement)

**Mystery of Crowning:**

Must be arranged six months in advance  
(Pre-Cana requirement)

**Sick and Shut-Ins:** It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

May the Lord Bless your kindness and generosity to His House!




**ONLINE GIVING / ONLINE TITHING**

is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

**Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!**

***Ephesians 5:9-19; Luke 17:12-19***

- YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions  
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends  
St. Nicholas Award  
After the dismissal St Nicholas Play / Visit of St Nic  
Eternal Lamp: Intention of Barbara Svensson
- Dec 5 Mon** ***Sabbas Venerable / Gal 5:22-6:2p; Mt 11:27-30***  
 6:00 pm Vigil Liturgy / God's Blessing on Millie Jean Caruso by Paul Hunt / **YOUTUBE LIVE**
- Dec 6 Tue** ***Nicholas of Myra Archbishop / Solemn Holy Day / Heb 13:17-21; Lk 6:17-23***  
9:00 am Liturgy / God's Blessing on Stepan Kartsub and his family by Maria Kartsub  
6:00 pm CAFÉ meeting at UNM
- Dec 7 Wed** ***Ambrose Archbishop / 1 Tim 5:22-6:11; Lk 21:5-7 & 10-11 & 20-24***  
 5:30 pm OLPH Devotions  
6:00 pm Vigil Liturgy / Pro-Life intention by Svenssons / **YOUTUBE LIVE**
- Dec 8 Thu** ***Maternity of the Holy Anna / Solemn Holy Day / Gal 4:22-31; Lk 8:16-21***
- Dec 9 Fri** ***Patapius Venerable / 2 Tim 1:1-2 & 8-18; Lk 21:37-22:8***  
 9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas  
6:00 pm Liturgy / +Al & +Agnes Adamsko by Pamela Pettit
- Dec 10 Sat** ***Mennas and Others Martyrs / Gal 5:22-6:2; Lk 13:18-29***  
9:00 am Liturgy (masks required) Liturgy / +Mary Washko  
10:30 am—4:00 pm Explorers Youth Group Meeting
- Dec 11 Sun** ***Sunday of the Forefathers / Col 3:4-11; Lk 14:16-24***  
4:00 pm Great Vespers YouTube LIVE  
5:00 pm Liturgy / +Rosario Zito by Debbie Sanchez  
Hebrew Scriptures for Sunday: Genesis 9:18-29; Samuel 22:26-51; Isaiah 56:1-7
- YouTube Live** 8:30 am Rosary; 9:00 am Matins / Confessions  
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends  
Eternal Lamp: Holy Protection of the Mother of God Over Ukraine

**YOUTUBE LIVE-STREAMING:** OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: [riley.dan@gmail.com](mailto:riley.dan@gmail.com)

### **Remember Those Who Request Our Prayers:**

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorlah Chavez	Vicki Frank
Sven & Barbara	Abraham Haddad	Christopher
Svensson	Marianne Gerace	Barlow
Laurie Bienz	Lori Medina	Jordan Smith
Brent Dodson-	Michael Baron	Janet Worthington
Sands	Gabriel Preisler	Patti Klinkovsky
Lara Davis	Jessica Pieniadz	Matt Williamson
Carol Donlin	Rhonda Glasscock	James Epstein
Marcie Dark	Amber Roybal	Katy Ford
Jesse Hebert	Eli Griegos	Jacob McTernan
Fr Chris Zuger	Philip Leahy	Juanita Montoya
Fr Chris Andrews		



Vocation Icon

Today: Sullivan Family  
Next Sunday: Carol Donlin

### ***TWENTY-SIXTH SUNDAY AFTER PENTECOST***

“Get up and go your way. Your faith has healed you!” The faith of the healed leper who returned to thank Jesus is a model of thanksgiving and love for God. Our Lord works through the faith of those who love him and serve His body, the Church. Is a life of service and faithfulness to God and His Church as a priest, deacon, subdeacon, monk or nun something that may be for you? Contact the Vocations Office at 206-329-9219 or email: [vocations@ephx.org](mailto:vocations@ephx.org)

### **Intentions of the Rosary:**

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

### **Holy Fathers Intentions – December Volunteer Not-for-Profit Organizations**

We pray that volunteer non-profit organizations committed to human development find people dedicated to the common good and ceaselessly seek out new paths to international cooperation.



**December 11, 2022**

Cantor: Andrea Riley  
Reader: Michael Wells  
Altar Server: Michael Grega  
Trojca: Lucy Wells & Raven Grega  
Counters: Mary Blain &  
Cindy Loescher

**Propers for 12/11/2022**  
**Sunday of the Forefathers**  
**Tone 2**

Troparion (Tone 2) - 130  
Troparion (Forefathers) - 281  
*v. Glory...*

Kontakion (Forefathers)- 281  
*v. Now & Ever...*  
Theotokion - 406  
Prokeimenon & Alleluia - 282  
Our Father- 67  
Communion - 79 & 283 [D]

**OLPH Prayer Warriors**

Sunday (Zoom). Send your  
prayer requests to  
Patricia at [pcb@unm.edu](mailto:pcb@unm.edu)

THE PRAYER WARRIORS IS  
OPEN TO EVERYONE--WOMEN,  
MEN, & CHILDREN (children who  
have their parents' permission)!  
Please join us!!

**Alicia's Hall Report**

Last Sunday the Garcia, Sena, and  
Wells families pitched in for some  
Einstein Bagels with cream cheese-  
yummy! Luda brought a delicious  
potato salad with ham in it, the Riley  
family brought apple sauce, and  
someone brought milk.  
Thanks to all who contributed!

**MANDATORY SAFE ENVIRONMENT ONLINE  
TRAINING FOR ALL THE VOLUNTEERS**

**Reminder:** PLEASE, CHECK your Safe Environ-  
ment Compliance Certificate Expiration date.  
Please note that Online Virtus training for many will  
be expiring within the next 4 to 5 weeks.  
The Eparchy's revised Safe Environment Policy no  
longer allows for lapses in compliance - either in Vir-  
tus training or in background screenings - for ALL  
OLPH VOLUNTEERS AND EXPLORER YOUTH  
GROUP LEADERS. Anyone falling out of compli-  
ance at any point must immediately cease from their  
designated area of service at OLPH until such time  
as they are in compliance once again. No one - not  
members of the clergy, volunteers, educators, em-  
ployees etc. - may serve for even one day when out  
of SEP compliance

The Eparchy, within all its parishes, institutions, and  
programs, is committed to assuring a Safe  
Environment in ministry for its children and  
vulnerable adults that conforms to the USCCB  
Charter for the Protection of Children and Young  
People. For additional information regarding the  
eparchial Safe Environment Program or to  
report any concerns, please contact:  
Subdeacon Paul Kilroy, Safe Environment  
Program Coordinator  
Cell: (702) 498-5972 -- Office: (602) 861-9778 ext.  
203 -- Email: [sbdcnkilroy@ephx.org](mailto:sbdcnkilroy@ephx.org)  
Victim Assistance Coordinator,  
Dcn Michael Hanafin  
Cell: (480) 307-5182

***Byzantine Wall Calendars for 2023  
are now available on a greeting table!***

**!!WE NEED GREETERS!!** With the moving of our  
friends the Domsteads, we have a glaring hole in our  
schedule of greeters. If you would like to meet eve-  
ryone in the parish, introduce newcomers to the  
beauty of the liturgy, and start everyone's Sunday  
with a warm welcome, then greeting might be the  
perfect way for you to serve the parish. If you're in-  
terested in being a greeter for one Sunday each  
month, please contact Dan Riley in person or email  
at [Riley.Dan@gmail.com](mailto:Riley.Dan@gmail.com).

**Retirement Fund for Religious** Lighten the load. An abbot writes, "Your gift helps ease our worldly burdens and allows us to continue living out our mission of seeking God and serving the Church." Donations to next week's Retirement Fund for Religious collection help hundreds of US religious communities to provide for their aging members. Please give generously.

### **Please, sign up TODAY for the Traveling Pilgrim Vocation Icon in 2023**

Dear Parish Family, the Love of Christ presses us to respond generously to God's call in our lives. We are all called to pray for vocations to Sainly Christian Marriage, to the Priesthood, the Diaconate and the Religious Life. Prayer is an invisible but essential ministry in the Church. This is an important way to be involved in vocation ministry. Sign up to have the Pilgrim Vocation Icon in your home. You will be greatly blessed

### **Holy Supper 2022 Potluck SIGN UP**

Dear Parish Family! Christmas Eve is coming soon. OLPH will be hosting a Holy Supper potluck in the hall with singing of traditional Christmas Carols beginning at 4:30 PM with Vigil Liturgy of St Basil starting at 7:00 PM. The sitting is limited to 35 people (children age 13 and under do not count against the limit). If you would like to attend, please sign up using the form on the greeting table by the Holy Water or contact Alicia Wells (aliciawellspt@gmail.com 720-280-0710). **When signing up, please note which meatless and dairy-free dish** you will be bringing and the number of adults and children in your group. Drinks will be provided.

Beautiful newly designed **Christmas Cards** to support our mother church in Mukachevo, Ukraine **are available to purchase at OLPH. This year the campaign will benefit the new grammar school** which has been opened by the Holy Cross Cathedral parish in Uzhgorod. There are 135 children in Grades K-12 with 22 teachers; 15 children are refugees. A packet of 5 cards sells for \$10 including envelopes. We can also mail them to you at \$12 per packet. All orders by mail must be in by Thursday, December 15th.

If you would like to order by mail you can e-mail us at [admin@missionboronyavo.org](mailto:admin@missionboronyavo.org)

**Saint Barbara (December 4th)** St. Barbara the Great Martyr. She is one of the Fourteen Holy Helpers, saints called on frequently for intercession with God, and is the patroness of miners, mathematicians, engineers, and artillerymen. There are many legends about her; we do know that she was killed in the late third century and must have endured terrible tortures, since she is called a "Great Martyr." In one story, her own pagan father killed her because of her faith, and God struck him down with lightning. Thus she is a patron against both lightning and sudden death!

**Children's Activity: According to legend, a cherry tree twig, which Saint Barbara placed in a vase on her way to prison, is said to have blossomed completely unexpectedly on the day of her death. Thus the custom and the blossoming of the buds should bring suitable twigs are fruit tree twigs (cherry, apple, pear, Chaenomeles) or also forsythia or lavender.** These twigs may only be cut after the frost so that the dormancy period is interrupted and the sprouting capacity is encouraged. If there has been no frost up to then, simply place the twigs in the freezer for two days.

Thus the custom and the blossoming of the buds should bring life, light and joy to the dark season – in memory of Saint Barbara. *Those now wishing to do things perfectly should place the twigs overnight in a cool room, then again for half a day in warm water.* Before placing the St. Barbara twigs in the vase, you should mix the vase water with a special freshness retainer for woody twigs. Cut off two to three centimeters of the twig at an angle at the lower end. Put this vase in a light, warm place. Now you have a good chance that your Barbara twigs will blossom by Christmas. **The vase or glass containing the St. Barbara Twigs may be placed on the family altar or icon corner until Christmas. Then it goes to the Nativity set.**

## **St. Nicholas—December 6**

Saint Nicholas is one of the most popular of all Saints in the East, and there are countless stories that tell of his generosity and intercession for children, especially children who are poor, orphaned, abused or kidnapped; patron of the poor; of sailors and those at sea; those who have been falsely accused or imprisoned; lawyers; pharmacists; shoemakers; merchants; woodcarvers – and thieves! His relics repose in the Italian port city of Bari, at the opposite end of the Mediterranean Sea from his old eparchy, Myra, in Turkey. His bones still give off myrrh, a crystalline substance that pours out and is collected in small bottles.

Such is his fame and importance that every iconostas in every church that uses the Byzantine rite, Catholic or Orthodox, must have his icon at the north end of the screen. Nicholas is the special patron of our own Byzantine-Ruthenian Catholic Church. The center of monastic life and the residence of the bishops of our Church was the monastery of Saint Nicholas in the town of Mukachevo, for at least 900 years.

## **Conception of St. Anne—December 8**

We keep the feast of the Conception of Saint Anne/ Conception of the Theotokos, known in the West as the Immaculate Conception. Declared a dogma in 1854, the Immaculate Conception was taught by many Church Fathers and spiritual writers for centuries. In the Eastern Churches, this is kept on December 9, in order to emphasize that though sinless, Our Lady is still inferior to Christ, Who alone has a perfect pregnancy (March 25-December 25). However, the Latin Church preferred the date of December 8, giving Our Lady a perfect pregnancy (December 8 – September 8). In the United States, which is dedicated to the Immaculate Conception, our Byzantine Catholic Church has accepted the December 8th date.

The feast of the Conception of Saint Anne originates in the monasteries of Palestine in the late 600s; it spread through the Syriac and Byzantine Churches so that by 1166 it was a holy day of obligation in the Byzantine Empire with no work allowed. In the texts of this feast, Mary is acclaimed as all-holy, immaculate, sinless, and most pure.

## **A Note from Fr. Nathan Adams, Director of Religious Education for the Eparchy of Phoenix about Wyoming Catholic College**

Glory to Jesus Christ!

I had the great privilege of being a chaplain for one of the many outings Wyoming Catholic College offers. I was so impressed with the young men, faculty, and Eastern Chaplain there that I can tell you I support this College 100%. I personally cannot wait to see the quality of education and virtue, both practical and spiritual, that my kids, physical and spiritual, will acquire at WCC. Please consider sending our young men and women to check out this place. Is WCC faithful to the Catholic faith? Without a doubt! Do they have an Eastern Catholic chaplain, unique to any Catholic institution? Why, yes, they do! Is the quality-of-life holistic? Absolutely! The students are developed to be strong Catholic leaders in all stripes of life; they are trained in conservative Catholic theology and an equally top-rate education from leading scholars (who chose to move to WCC to give their families the best in life). They offer unique opportunities for Eastern Catholics, unlike any other College institution: they teach young men and women how to put down the phone and engage the real world through work, holy play, rigorous education, and broad opportunities to worship in the whole Eastern liturgical life, with, I might say, one of the best liturgical scholars and priests in our tradition; they learn how to enjoy the outdoors with a focus on the New Evangelization, while also acquiring skills for surviving in the wild, working on a ranch, rock climbing, horseback-riding, mountain-biking, white-water rafting, and much more.





# Wyoming Catholic College

*Wisdom in God's Country*

"Fill the wilderness with prayer and  
transform the forest into the place of God."

-St. Nikolai Velimirovic



## PEAK 2023 SUMMER PROGRAM

June 11th-25th

June 27th - July 13th

Aug. 1st-12th

If you are interested in a liberal arts college that embraces the beauty of the East,  
experience Wyoming Catholic College through our PEAK 2023 summer program

Contact at [admissions@wyomingcatholic.edu](mailto:admissions@wyomingcatholic.edu) or call 314-438-7585

Visit our website at [wyomingcatholic.edu](http://wyomingcatholic.edu).