

November 6, 2022 / T one 5/ 22nd Sunday After Pentecost
Christ is Among Us! He is and Always Shall Be!

Saint Michael defending Kyiv, Maidan Square



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zuger
pastor emeritus
(505) 256-1787
Frchris.zugger@gmail.com
www.frchriszugger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:00—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.

(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance

(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's re-
sponsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one re-
ceive the Anointing of the Sick before
any major surgery. Please don't let the
priest be last to know that someone is ill!

May the Lord Bless your kindness and
generosity to His House!


ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person
or traveling or anyone who find this more conven-
ient, we just set up a new way to tithe online using
your credit card or debit card information. You can
do a one-time donation or setup weekly dona-
tions!! You will receive a receipt and statement
immediately after donating. The software takes a
very small percentage of the donation, but its
worth it for the ease of the system. You can
donate using your computer / smartphone
at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Galatians 6:11-18; Luke 8:41-56

- YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends /
Main Celebrant Fr. Tyler Strand
- Daylight Savings Ends** ECF Classes
Eternal Lamp: Holy Protection of the Mother of God over Ukraine
- Nov 7 Mon** ***33 Martyrs of Melitene / 1Thess 1:1-5; Lk 12:13-15 & 22-31***
- YouTube Live** 6:00 pm Vigil Liturgy / God's Blessing on OLPH Parish/Main Celebrant Fr. Tyler Strand
- Nov 8 Tue** ***Archangel Michael & All Angels / Solemn Holy Day / Heb 2:2-10; Lk 10:16-21***
No Divine Liturgy
- Nov 9 Wed** ***Onesiphorus and Pophryrius Martyrs / 1 Thess 2:1-8; Lk 12:48-59***
5:30 pm OLPH Devotions
6:00 pm Pro-life Liturgy by Svenssons / Main Celebrant Fr. Tyler Strand
- Nov 10 Thu** ***Erastus and Others Apostles / 1 Thess 2:9-14; Lk 13:1-9***
- Nov 11 Fri** ***Means, Victor and Vincent Martyrs / 1 Thes 2:14-19; Lk 13:31-35***
 9:00 am Prayer & witness in front of abortion clinic on San Mateo/Lomas
No Liturgy
- Nov 12 Sat** ***Josaphat Archbishop / Heb 5:4-10; Jn 10:9-16***
No 9:00 am Liturgy
10:30 am—4:00 pm Explorers Youth Group Meeting
- Nov 13 Sun** ***23rd Sunday After Pentecost / Eph 2:4-10; Lk 10:25-37***
4:00 pm Great Vespers YouTube LIVE
5:00 pm God's Blessing on Philip Leahy / Main Celebrant Fr. Tyler Strand
Hebrew Scriptures for Sunday: Genesis 15:1-18; Proverbs 1:1-19; Isaiah 66:12-24
- YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Main Celebrant Fr. Tyler Strand
ECF Classes
Eternal Lamp: Holy Protection of the Mother of God over Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorilah Chavez	Vicki Frank
Sven & Barbara	Abraham Haddad	Christopher
Svensson	Marianne Gerace	Barlow
Laurie Bienz	Lori Medina	Jordan Smith
Brent Dodson-	Michael Baron	Janet Worthington
Sands	Gabriel Preisler	Patti Klinkovsky
Lara Davis	Todd Bailey	Matt Williamson
Carol Donlin	Jessica Pieniadz	James Epstein
Marcie Dark	Rhonda Glasscock	Katy Ford
Fr Chris Zuger	Amber Roybal	Jacob McTernan
Fr Chris Andrews	Eli Griegos	Juanita Montoya
	Philip Leahy	



Vocation Icon

Today: Dodson-Sands Family
Next Sunday: Sullivan Family

“Daughter, be of good cheer!
Your faith has made you well.
Go in peace.” Our merciful
Savior brought healing to the ill
because he loves us all. By
dedicating our lives to more
prayer and devotion to him
through a vocation to holy
orders and monastic lives, this
healing can be extended to the
world. Is this something that
may be in store for your future?
Contact the Vocations Office at
206-329-9219 or email:
vocations@ephx.org

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Fathers Intentions – November Children Who Suffer

We pray for children who are suffering, especially those who are homeless, orphans, and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.



November 13, 2022

Cantor: Andrea Riley

Reader: Michael Wells

Altar Server: Michael Grega

Trojca: Esther & Tony Gloetzner
Counters: Rafael Plut & Ann Rajala

Propers for 11/13/2022

**23rd Sunday after Pentecost & Holy
Father John Chrysostom
Tone 6**

Troparion (Tone 6) - 152

Troparion (Father) - Cantors
v. Glory...

Kontakion (Tone 6) - 152

v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 153 & 373

Our Father- 71

Communion - 78 & 374 [B]

OLPH Prayer Warriors

Sunday (Zoom). Send your
prayer requests to

Patricia at pocb@ unm.edu

THE PRAYER WARRIORS IS OPEN
TO EVERYONE--WOMEN, MEN, &
CHILDREN (children who have their
parents' permission)! Please join us!!

Barbara's Hall Report

Last Sunday we had a delicious
pumpkin pancake breakfast! Thanks to
Rafael for sharing her large batch
recipe from back in the day when the
St. George group ran the socials. The
cinnamon bun syrup was perfect. It was
all a big hit! Thanks to Laura, Ashley,
Cindy, Carol, and all who brought
walnuts, maple, and fruit. And a special
thanks to Cindy for helping Alicia make
many pancakes on Saturday evening
and to Ashley and Evie for baking
pancake sheet cakes on Sunday
with the leftover batter, which we will
pull out for another social soon.

MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS

Reminder: PLEASE, CHECK your Safe
Environment Compliance Certificate Expiration date.

Please note that Online Virtus training for many will
be expiring within the next 4 to 5 weeks.

The Eparchy's revised Safe Environment Policy no
longer allows for lapses in compliance - either in
Virtus training or in background screenings - for ALL
OLPH VOLUNTEERS AND EXPLORER YOUTH
GROUP LEADERS. Anyone falling out of compliance
at any point must immediately cease from their desig-
nated area of service at OLPH until such time as they
are in compliance once again. No one - not members
of the clergy, volunteers, educators, employees etc. -
may serve for even one day when out of SEP
compliance.

The Eparchy, within all its parishes, institutions, and
programs, is committed to assuring a Safe
Environment in ministry for its children and
vulnerable adults that conforms to the USCCB
Charter for the Protection of Children and Young
People. For additional information regarding the
eparchial Safe Environment Program or to
report any concerns, please contact:
Subdeacon Paul Kilroy, Safe Environment
Program Coordinator

Cell: (702) 498-5972 -- Office: (602) 861-9778 ext.
203 -- Email: sbdcnkilroy@ephx.org

Victim Assistance Coordinator,
Dcn Michael Hanafin

Cell: (480) 307-5182 -- Email: vac@ephx.org

**Lawyers Division of the State Bar of New Mexico
is hosting an *In Memoriam* celebration** to honor at-
torneys who have recently died. We are inviting
friends and families to attend the In Memoriam cele-
bration, which will take place on November 15, 2022,
at the State Bar at 5:30 pm (see [https://
conta.cc/3VnQRJj](https://conta.cc/3VnQRJj)). Friends and families can attend
the celebration in person or virtually. In addition to
honoring attorneys, like **Father Brian Escobedo**, the
Senior Lawyers Division of the State Bar provides
scholarships to law students to help them carry on the
work of those attorneys who went before them.

Annual OLPH Angel Tree is Coming!!

The parishioners of OLPH are being asked by St. Nicholas to open up their hearts again this Christmas season and participate in our annual Angel Tree. The display will be set up on November 15. This display will have two boxes—one for the orphanage and one for the seminarians.

This year we are excited to collect monetary donations for the Korolevo orphanage in Ukraine. If you wish to donate to the orphanage, please make checks payable to the Mission Society with a note at the bottom.

We are collecting Amazon gift cards for the 10 seminarians at the Byzantine Catholic Seminary of SS Cyril and Methodius, where our beloved Thomas is diligently studying. We would like these Amazon gift cards to be in denominations of \$10 and \$25 (\$25 is about what it costs for our seminarians to buy a book). These gift cards can be found at Smith's grocery stores (either in store or on-line), Wal-Mart, Albertsons and anywhere other gift cards are sold. We are also collecting Christmas cards and notes of encouragement for the seminarians. If you want to specifically address a card to Thomas, simply put his name on the front of the envelope and it will be given to him.

We have through St. Nicholas Sunday—Sunday, December 4th—to bring our checks and cards. Please prayerfully consider helping St. Nicholas spread joy this Christmas season.

!!WE NEED GREETERS!! With the moving of our friends the Domsteads, we have a glaring hole in our schedule of greeters. If you would like to meet everyone in the parish, introduce newcomers to the beauty of the liturgy, and start everyone's Sunday with a warm welcome, then greeting might be the perfect way for you to serve the parish. If you're interested in being a greeter for one Sunday each month, please contact Dan Riley in person or email at Riley.Dan@gmail.com.

Nov 3 – Nov 22 Fr Artur is in Hungary visiting and helping out his family. Fr Tyler kindly agreed to substitute for him during this period. In case of emergency please call the office 505-256-1539 or Fr Chris at 505-256-1787.

The Holy Protection Eparchy of Phoenix office for Youth & Young Adults is coordinating a pilgrimage to Lisbon for the next **World Youth Day**, held in the summer of 2023. The flyer and brochure with itinerary, cost and other important info are on the greeting table or bulletin board in the hall. For questions and inquiries, please, email Fr Artur at abbaolph@gmail.com.

World Youth Day is the largest international Catholic youth (ages 18-35) gathering scheduled to take place Aug. 1–6 “Dear young people, I invite you to register for this meeting in which, after a long period of staying at a distance, we will rediscover the joy of the fraternal embrace between peoples and between generations, which we need so much,” Pope Francis said on Oct. 23.

St. John Paul II established the weeklong youth gathering in 1985. At some past World Youth Days, attendance has reached into the millions.

Lisbon, the Portuguese capital set to host World Youth Day 2023, is just 75 miles from Fatima, one of the most visited Marian pilgrimage sites in the world. The theme of Lisbon's World Youth Day is “Mary arose and went with haste.” In his message for the event, Pope Francis urged young people to “not postpone all the good that the Holy Spirit can accomplish in you.”

“Now is the time to arise! Like Mary, let us ‘arise and go in haste.’ Let us carry Jesus within our hearts and bring him to all those whom we meet.”

Synaxis of St Michael and All Angels

November 8 is the feast of Saint Michael and all the angels. In the Book of Tobit, Saint Raphael announced: "I am Raphael, one of the seven angels who stand in the glorious presence of the Lord, ready to serve him." (Tobit 12:15). Pope Gregory I listed the seven archangels as: Michael, Gabriel, Raphael, Uriel (or Anael), Simiel, Oraphiel, and Raguel. The feast itself is ancient, being set up by the Council of Laodicea in 363-64 AD. **The day was established in November, the ninth month after March (with which the year began in ancient times) since there are Nine Ranks of Angels. The eighth day of the month was chosen for the Synaxis of all the Bodiless Powers of Heaven since the Day of the Dread Last Judgment is called the Eighth Day by the holy Fathers.** After the end of this age (characterized by its seven days of Creation) will come the Eighth Day, and then "the Son of Man shall come in His Glory and all the holy Angels with Him" (Mt. 25:31).

The nine choirs of angels were listed by Pseudo-Dionysius, an important spiritual writer from the late 300s as **Seraphim, Cherubim, Thrones, Dominions, Virtues, Powers, Principalities, Archangels and Angels.** The Seraphim attend God's throne in the heavenly Liturgy (Isaiah 6:1-8). While western art has reduced the awesome Cherubim to chubby little babies, in Scripture they are far more impressive: six-winged, and four faces: that of a lion (representative of all wild animals), an ox (domestic animals), a man (humanity), and an eagle (birds), from where we get the symbols of the Four Evangelists of the Gospels. Thrones carry God's Throne in heaven, and serve the wishes of Our Lord Jesus Christ. Dominions are shown as having two wings but carrying orbs or scepters. They organize the guardian angels. Virtues are the angels through whom God's signs and miracles are made in creation. Powers fight demons and are shown with shields and swords. Principalities are shown wearing crowns and carrying scepters. They organize bands of angels, and fulfill the orders of higher-ranking angels or God Himself. Archangels serve as messengers of God, guard countries, and often help with Christian armies fighting evil forces. Angels serve as messengers to individuals, and from their ranks come the personal guardian angels assigned to protect the billions of human beings.

Saint Michael is invoked for protection of police, armed forces, grocers, and against the devil. In the ancient Church he was also the one who helped pass judgment on souls after death, and he is still invoked for healing. **Saint Raphael is known especially for healing and conquering evil,** from his adventures in the Book of Tobit with Tobias. He is also the helper of people who emigrate from their homelands, doctors, counselors, social workers, and against nightmares. **Saint Gabriel is, naturally, the patron saint of communications, stamp collectors, postal workers, and diplomats.** The Blessed Virgin Mary, the Theotokos, is the Queen of Angels, which is the actual title of the city of Los Angeles.

Ask a priest anything question: What is NFP?

NFP stands for Natural Family Planning. It is a Church-approved, safe, and modern method for a couple to use. This is NOT the old "rhythm" method, nor is it "Catholic birth control." It avoids the use of chemicals and anything that might cause an abortion (hence "natural") and it also empowers a couple to grow in love for each other while still planning the size of their family. From their website www.nfpandmore.org **NFP is a way of following God's plan for achieving and/or avoiding pregnancy. It consists of ways to achieve or to avoid pregnancy using the physical means that God has built into human nature.**

*NFP consists of two distinct forms: 1. Ecological breastfeeding. This is a form of child care that normally spaces babies about two years apart on the average. 2. Systematic NFP. This is a system that uses a woman's signs of fertility to determine the fertile and infertile times of her cycle. Couples seeking to avoid pregnancy practice chaste abstinence during the fertile time of her cycle. You can teach yourself how to practice both forms of NFP by using the short and easy-to-read manual, *Natural Family Planning: The Complete Approach.**



Little guys call themselves the Pokémon Pack.



Big guys

Explorer Red Branch on Three Hearts Pilgrimage

