

September 4, 2022 / T one 4 / 13th Sunday A fter Pentecost

Glory to Jesus Christ! Glory to Him Forever!

September 8— Feast of the Nativity of the Most Holy Theotokos



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zuger
pastor emeritus
(505) 256-1787
Frchris.zugger@gmail.com
www.frchriszugger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:15—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's re-
sponsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one re-
ceive the Anointing of the Sick before
any major surgery. Please don't let the
priest be last to know that someone is ill!

May the Lord Bless your kindness and
generosity to His House!


ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person
or traveling or anyone who find this more conven-
ient, we just set up a new way to tithe online using
your credit card or debit card information. You can
do a one-time donation or setup weekly dona-
tions!! You will receive a receipt and statement
immediately after donating. The software takes a
very small percentage of the donation, but its
worth it for the ease of the system. You can do-
nate using your computer / smartphone at: [ps://
www.olphnm.org/giving](http://ps://www.olphnm.org/giving).

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

1 Corinthians 16:13-24; Matthew 21:33-42

- YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: Holy Protection of the Mother of God Over Ukraine
- Sept 5 Mon** ***Labor Day / Zachary, Prophertand Elizabeth / 2 Cor 12:10-19; Mk 4:10-23***
9:00 am God's Blessing on AnaElisa Talamante by Mon & Dad
- Sept 6 Tue** ***Miracle of the Archangel Michael / 2 Cor 12:20-13:2; Mk 4:24-34***
9:00 am God's Blessing on Dion Talamante Jr. by Mom & Dad
6:00 pm Advisory Board Meeting
6:00 pm CAFÉ Meeting at UNM
- Sept 7 Wed** ***Sozon Martyr / 2 Co 13:3-13; Mk 4:35-41***
5:30 pm OLPH Devotions
6:00 pm Vigil for Nativity of the Theotokos / God's Blessing on Sarah Chavez by Talamantes
- Sept 8 Thu** ***Birth of the Theotokos / Solemn Holy Day
Phil 2:5-11; Lk 10:38-42 & 11:27-28***
6:45 pm THEOSIS Bible Study (zoom)
- Sept 9 Fri** ***Synaxis of Joachim and Anna / Gal 2:6-10; Mk 5:22-25 & 35-6:1***
 9:00 am Prayer & witness in front of abortion clinic on San Mateo/Lomas
6:00 pm Liturgy / God's Blessing of Debbie Sanchez by Talamantes
- Sep 10 Sat** ***Saturday Before the Exaltation of the Cross / 1 Cor 2:6-9; Mt 10:37-11:1***
9:00am (masks required) Health and Salvation of Grace Natuzzi by Svenssons
10:30 am—4:00 pm Explorers Youth Group meeting
- Sep 11 Sun** ***Sunday Before the Exaltation of the Cross / Gal 6:11-18; Jn 3:13-17***
4:00 pm Great Vespers YouTube LIVE
5:00 pm Divine Liturgy / God's Blessing on Steve Overton by Svenssons
Hebrew Scriptures for Sunday:
Numbers 20:1-13; 21:4-9; Wisdom 15:15-16:8; Zachary 12:8-14
- YouTube LIVE** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Eternal Lamp: In Memory of 9/11 by Svenssons

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorlah Chavez	Vicki Frank
Sven & Barbara	Abraham Haddad	Christopher
Svensson	Marianne Gerace	Barlow
Laurie Bienz	Lori Medina	Jordan Smith
Brent Dodson-	Michael Baron	Janet Worthington
Sands	Gabriel Preisler	Patti Klinkovsky
Lara Davis	Todd Bailey	Matt Williamson
Carol Donlin	Jessica Pieniadz	James Epstein
Fr Chris Zuger	Rhonda Glasscock	Katy Ford
Marcie Dark	Amber Roybal	Jacob McTernan
Fr Chris Andrews	Eli Griegos	Juanita Montoya



Vocation Icon

Today: Carol Donlin

Next Sunday: Sullivan Family

“The stone which the builders rejected has become the cornerstone. This is the work of the Lord, and a marvel in our eyes.” The unfaithful servants had the kingdom of God taken from them. Today, our Church needs faithful servants who would answer his calling to marriage, holy orders and the monastic life to bring the kingdom of God to all. Are you being called to discern a religious vocation as a faithful servant? If so, contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

Intentions of the Rosary:

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions September.

Abolition of the Death Penalty

We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country.



September 11, 2022

Cantor: Evie Jilek

Reader: Brook Jilek

Altar Server: Michael Grega

Trojca: Esther & Tony Gloetzner

Counters: Mary Blain & Cindy
Loescher

Propers for 9/11/2022

Sunday Before the Exaltation of the
Cross & Post-festive Day of Nativity
of Theotokos
Tone 5

Troparion (Tone 5) - 146

Troparion (Nativity)- 243

v. Glory...

Kontakion (Nativity)- 243

v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 251

Instead of 'It Is Truly Proper' - 245

Our Father- 70

Communion - 78 & 246 [A]

OLPH Prayer Warriors

Sunday (Zoom). Send your
prayer requests to
Patricia at pcb@unm.edu

THE PRAYER WARRIORS IS
OPEN TO EVERYONE--WOMEN,
MEN, & CHILDREN (children who
have their parents' permission!)
Please join us!!

Barbara's Hall Report

Thanks to the Gloetzners for bringing
pizza for everyone. The Wells family
brought veggie, chips and salsa.
Happy Birthday Alicia! Happy Anniver-
sary Michael & Alicia! You all hit the
jackpot today! May God grant you
many more years!

Coming Events—Mark Your Calendars Now

Wed Sept 14	Exaltation of the Holy Cross 6:00 pm Rite of the Exaltation of the Cross Divine Liturgy
Tue Sept 20	6:00 pm CAFÉ meeting at UNM
Fri Sept 30	Protection of the Theotokos 6:00 pm Vigil Divine Liturgy
October 3-7	Clergy Retreat in Carefree AZ
Mon Oct 31	Bl Theodore Romzha 6:00 pm Divine Liturgy
Sun Nov 6	Daylight Savings Ends
Mon Nov 7th	Archangel Michael & All Angels Solemn Holy Day 6:00pm Vigil Liturgy
Mon Nov 14	Beginning of Philip's Fast
Mon Nov 21	Entrance of the Theotokos Solemn Holy Day 6:00 pm Divine Liturgy
Mon Dec 5 Tue Dec 6	St. Nicholas of Myra/Solemn Holy Day 6:00 pm Vigil Liturgy 9:00 am Divine Liturgy
Wed Dec 7	Maternity of the Holy Anna Solemn Holy Day 6:00 pm Vigil Liturgy
Fri Dec 23	10:00 am— Royal Hours Day of Strict Abstinence
Sat Dec 24	Vigil of Christmas 4:30 pm Holy Supper 7:00 pm Vigil Divine Liturgy
Mon Dec 26	Synaxis of the Theotokos 6:00 pm Divine Liturgy
Tue Dec 27	Stephen Protomartyr 6:00 pm Divine Liturgy
Thurs Jan 5	Vigil of Theophany Noon— carpool to Rio Grande (parking lot of the National Hispanic Cultural Center on Avenida Chavez) Procession to the River 1:00pm Great Vespers with the Great Blessing of the Rio Grande
Fri Jan 6	Feast of Theophany 6:00 pm Liturgy followed by Great Blessing of Water

We will be creating a **photo directory** this year as a way to help all of our parishioners get to know each other. We will be taking portraits after Sunday Liturgies between August 28 and September 18. We will also be taking portraits after the Saturday liturgies on August 27 and September 10. Portraits will be taken in the conference room on the south side of the church nave. In order to have things run more smoothly, we have created a digital sign up at <https://tinyurl.com/3h4rbkfc>, or you can call Andrea Riley at 505-220-9137. If you have questions, please contact Dan Riley or Marc Montano.

EPARCHIAL APPEAL 2022

Collected to date: \$14,991.00. Participation: registered OLPH Families 60; paid pledges by 34 families (65.7%). Thank you to: Brewer and Lipke Families. Our parish goal this year is \$22,054.74 which breaks down to \$350 per family. Our pledges for the Bishop's appeal must be paid by September 30. Every pledge counts. We can reach the goal only if all registered families participate. We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to Holy Protection of Mary Byzantine Eparchy or by online payments at: **ephx.org/giving**. Be sure to note that you are a parishioner of OLPH.

MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS

Reminder: PLEASE, CHECK your Safe Environment Compliance Certificate Expiration date.

Please note that Online Virtus training for many will be expiring within the next 4 to 5 weeks. The Eparchy's revised Safe Environment Policy no longer allows for lapses in compliance - either in Virtus training or in background screenings - for ALL OLPH VOLUNTEERS AND EXPLORER YOUTH GROUP LEADERS. Anyone falling out of compliance at any point must immediately cease from their designated area of service at OLPH until such time as they are in compliance once again. No one - not members of the clergy, volunteers, educators, employees etc. - may serve for even one day when out of SEP compliance.

CAFE will hold its first meeting on Tuesday, September 6, at the Student Union Building at the University of New Mexico, for supper and an "Ask A Priest" gathering at 6 - 8 pm. If you know a Catholic student at UNM, or a student interested in learning about the Catholic Faith, please give them the contact information for our priests or the officers: Joseph Lutz, josephlutz86@gmail.com, or Colin Herring, colin.herring924@gmail.com. CAFE provides presentations, question and answer nights, and fellowship. We have had conversions, returns to the Faith, priestly vocations, and Catholic marriages come out of CAFE in the last twelve years. And do please say a prayer for a successful semester; we meet on the first and third Tuesdays.

Ask A Priest high school youth group meets on the fourth Sunday of the month, for supper, Catholic apologetics studies and game nights here at our church, 5:30 - 8 pm. All high school students are welcome to attend. Contact Father Chris, Jana Brewer, jana_brewer@yahoo.com, or Abenicio Gallegos, abeniciogallegos@gmail.com, with any questions.

I publish the bans of marriage between Rey Mejia and Michelle Satos of the Parish of Our Lady of Perpetual Help Byzantine Catholic for the Crowning of Marriage on Saturday September 24th, 2022. If any of you know cause or just impediment why these persons should not be joined together in Holy Matrimony, ye are to declare it. This is for the second time of asking.

"Catechetical Sunday" is an annual event in our parish that marks the beginning of religious instruction for the new catechetical school year. In two weeks, we will have a special blessing and prayers for our children, and their teachers, during the 10:00 AM Divine Liturgy. We ask that all catechists and students be present for this ceremony. These prayers emphasize the importance of learning and teaching the faith of our Church, a responsibility we all have as Christians.

Birth of the Theotokos by Fr. Chris

We celebrate the birth of the Virgin Mary on September 8 as the first big festival of the Byzantine liturgical year, which began on September 1. All icons of this feast show the elderly but happy parents, SS. Joachim and Anne, and the birth is usually presented in a cozy family setting of women attendants bustling around Saint Anne. Saint Joachim is either peeking into the women's quarter, or next to his wife. The infant Virgin was born in a normal manner, as is shown by St Anne reclining on the birthing-bed, and the baby being washed by the midwife in the lower front of the icon. Bright colors are used because of the joy that all Creation feels in its coming deliverance from Christ Who will find life in her.

In the legends about this event, the parents are presented as elderly and childless, and an angel tells them separately that they will finally have a child, a girl who will be the mother of the Messiah. This follows along with other biblical stories about conceptions of children after long years of prayer, including the prophets Isaac, Samuel, and St John the Baptist. Saint Anne, however, is different from the other mothers, because her child will become the virginal dwelling place of God Incarnate!

The child is given the name Mary, or Miriam, which is translated as hope. Indeed, she is the hope of all the nations of the world who labored under the power of sin and its darkness. In Exodus, Miriam saved the life of her baby brother, Moses, who would lead his people out of Egypt and darkness and into the Promised Land of milk and honey. This Miriam will do far more – her Son will lead all people out of their spiritual darkness and into the true light.

There are three Old Testament readings prescribed for the Vespers the night before, as Mary Grace Ritchey writes in her Meditation* on this feast:

The Genesis reading for the feast of the Nativity of the Theotokos focuses on the vision of Jacob, son of Isaac, son of Abraham. At Bethel he sees in a dream a ladder set up on earth and the top reaching into heaven with the angels of God ascending and descending on it. The title "Jacob's Ladder" is often applied to the Theotokos because she was the means by which God incarnate was made present to His people, living with and redeeming mankind and all things. In the Akathist to Mary we read "Hail O Celestial Ladder by whom God came down; hail O Bridge leading earthly ones to heaven!"

The reading from Ezekiel focuses on Mary as ever virgin, symbolized by the eastern door of the Temple: "This gate shall remain shut; it shall not be opened, and no one shall enter by it; for the Lord, the God of Israel, has entered by it: therefore, it shall remain shut." (44:2). The Akathist reads: "Hail, O Lady, unique gateway through whom the Lord alone has passed!"

Proverbs focuses on gaining wisdom by listening to instruction and pondering on it and then acting in righteousness, justice and equity. Gaining Christ is the focus, and not doing evil, for Christ is the Wisdom and Word of the Father."

As for the feast itself, celebrations of it date from at least 400 AD in Syria and is one of the oldest feasts of Our Lady.

Marian Customs

In much of Europe, this day is marked with thanksgiving celebrations as the harvest is brought in, cattle and sheep come down from their highland pastures, and people prepare for autumn. Both animals and people are decorated with wreaths of flowers in honor of Our Lady. Priests bless the returning livestock for a safe winter.

In rural Europe, priests bless both the incoming harvest, and the fall planting. You can sprinkle holy water on your own garden plot, asking Mary's intercession with God for your future plantings. In Austria, people watch for the swallows to get ready to leave for the warm south on this day; they are said to return at the Annunciation (March 25).

Start researching and planning a Mary Garden that will bloom next year in honor of the Mother of God. You can also choose to plant just a few bulbs, or a small plot for seeding in the spring to honor her.

Things to Do for September 8:

Recite the Akathist or the Paraklesis, which can be found in the Publican's Prayerbook or online. If you have a devotion to the Holy Rosary, pray all of the Mysteries so as to be drawn into the lives of Jesus and Mary.

Remember: all the feasts of the Blessed Virgin always point to the mysteries of Christ and our salvation history. Nearly all Marian icons include Jesus, and the few that don't, such as the Humility, lead us to ponder her profound relationship with God.



**Women's
Spiritual
Enrichment
Weekend 2022**

