

October 8, 2023 / T one 2
19th Sunday After Pentecost
Christ is Among Us! He is and Always Shall Be!

OUR LADY OF PERPETUAL HELP

WE ARE ON SOCIAL MEDIA!

Did you know that this parish, Our Lady of Perpetual Help, is the most famous Byzantine Catholic Church in America? Our home parish has the largest social media presence of any Eastern Catholic Parish in the country! Follow us and help us share Byzantine Catholicism with the whole world!



@ourladyofperpetualhelpnm



Our Lady of Perpetual Help NM



@ourladyofperpetualhelpnm

QUESTIONS? CONTACT JONATHAN OR FR. CHRIS
ZUGGER

OURLADYOFPERPETUALHELPM@GMAIL.COM

FRCHRIS.ZUGGER@GMAIL.COM

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator

Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Father Deacon Thomas Donlin
donlin.thomas@gmail.com

Father Christopher Zugger
pastor emeritus
(505) 256-1787

Frchris.zugger@gmail.com
www.frchriszugger.com

Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk

Confession (Mystery of Reconciliation):

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

May the Lord Bless your kindness and generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

2 Cor 11:31-12:9; Lk 7:11-16-21

YouTube Live 8:30 am Rosary 9:00 am Festal Matins & Confessions
ECF Classes 10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

Oct 9 Mon ***James Alpheus Apostle / 1 Cor 4:9-16; Lk 10:16-21***

9:00 am Healing and Salvation of Jenny Ford by Michael Ford

Oct 10 Tue ***Eulampius & Eulampia Martyrs / Phil 2:16-23; Lk 8:1-3***

9:00 am +Priest Francis Vivona by Shari

Oct 11 Wed ***Phillip Deacon Apostle / Phil 2:24-30; Lk 8:22-25***

6:00 pm +Kristin Heath-Morris by Brook Jilek

Oct 12 Thu ***Probus and Others Martyrs / Phil 3:1-8; Lk 9:7-11***

10—11:30 am OASIS Class / Church History

6:45 pm THEOSIS Bible Study (zoom)

Oct 13 Fri ***Carpus and Others Martyrs / Phil 3:8-19; Lk 9:12-18***



9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas

6:00 pm +Priest Stephen Casmus by Shari

Oct 14 Sat ***Parakevia Venerable / 2 Cor 1:8-11; Lk 6:1-10***

9:00 am Liturgy (masks required) +Bishop Gerald Dino by Shari

Oct 15 Sun ***Sunday of the Fathers of the 7th Ecumenical Council***

Gal 1:11-19; Lk 8:5-15 or Heb 13:7-16; Jn 17:1-13

4:00 pm Great Vespers / YouTube LIVE

Hebrew Scriptures for Sunday:

Genesis 14:14-20; Deuteronomy 1:8-11:15-17; Deuteronomy 10:14-21

5:00 pm God's blessing on Tom and Rafael Plut by Svenssons

YouTube LIVE 8:30 am Rosary

ECF classes 9:00 am Matins & Confessions

10:00 am Divine Liturgy for Parish Family, Benefactors & Friends

Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Marilyn Fore	Irene Bradley	Linda Granci
Sven & Barbara	Sorilah Chavez	Vicki Frank
Svensson	Abraham Haddad	Christopher Barlow
Laurie Bienz	Marianne Gerace	Jordan Smith
Brent Dodson-	Lori Medina	Janet Worthington
Sands	Michael Baron	Patti Klinkovsky
Lara Davis	Gabriel Preisler	Matt Williamson
Carol Donlin	Jessica Pieniadz	James Epstein
Marcie Dark	Rhonda	Katy Ford
Jesse Hebert	Glasscock	Alton & Barbara
Fr Chris Zuger	Amber Roybal	Bertschinger
Fr Chris Andrews	Philip Leahy	
Fr Robert Rankin	Juanita Montoya	
Fr. Steve Washko	Jacob McTernan	

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions October / For the Synod

We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world. .

“God has visited his people!” When Jesus shows his compassion by raising the dead, the people around him experience the presence of God in their midst. As the Body of Christ, we can all do so when we show love, compassion and holiness in our lives. God is seeking to build his Church with the faithful who serve him as priests, deacons, subdeacons, monks and nuns to continue to visit His people. If he may be calling you, contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org



Vocation Icon

Today: Davidson-Talley Family
Pam Pettit
Next Sunday:
Sullivan Family
Pam Pettit

October 15, 2023

Cantor: Andrea Riley
Reader: Michael Wells
Altar Server: Michael Grega
Trojca: Zoe Serna
Counters: Jana Brewer &
Ann Rajala

**Propers for 10/15/23
20th Sunday after Pentecost
Fathers at the 7th Ecumenical Council / Tone 3**

Troparion (Tone 3)- 135
Troparion (Fathers) - 263
v. Glory...
Kontakion (Fathers) - 263
v. Now & Ever...
Theotokion - 406
Prokeimenon & Alleluia - 264
Our Father - 68
Communion - 79 & 264 [D]

The OLPH Prayer Warriors
make intercessory prayer a daily commitment. We pray voluntarily and without bias; that is, we take to the Blessed Trinity the requests that come our way. The Prayer Warriors meet on Zoom every Sunday at 9:30 a.m. for themed meetings. If you would like to join the Prayer Warriors, would like additional information, and/or would like for us to pray for your intentions, please contact Patricia at pocb@unm.edu

Alicia's Hall Report

Thanks to all who helped with last week's social, especially Madeline Weagle for making lots of yummy sour-dough pizza dough! I heard it was a hit! And a big thanks to Taylor Domstead, Laura Serna, Rita Montañó, and Ashley Garcia for bringing ingredients and setting up, serving, and cleaning up! Next week we'll have crockpot/ Instant pot chicken, rice, beans, and salad. Please sign up here to help: many hands make light work! <https://www.signupgenius.com/go/10C054AAAAA2AA4F94-olph>
Have a blessed week!

Coming Events—Mark Your Calendars Now

Nov 2-5	Assembly of the Byzantine Church 2023 in Hillsborough, NJ https://form.jotform.com/230514012134134
Wed Nov 8	Archangel Michael and All Angels Solemn Holy Day 6:00 pm Divine Liturgy
Mon Nov 13	6:00 pm Advisory Board Meeting
Tue, Nov 14	Beginning of Phillip's Fast
Tue Nov 21	Entrance of the Theotokos Solemn Holy Day
Mon Nov 20	6:00 pm Vigil Liturgy
Wed Dec 6	Nicholas of Myra Archbishop Solemn Holy Day 6:00 pm Divine Liturgy
Fri Dec 8	Maternity of the Holy Anna Solemn Holy Day 6:00 pm Divine Liturgy
Fri & Sat Dec 15 & 16	Women's Day of Reflection
Fri Dec 22	9:00 am Royal Hours 7:00 pm Great Compline
Mon Dec 25	Christmas-Birth of Our Lord Holy Day of Obligation 9:00 am Matins 10:00 am Divine Liturgy
Tue Dec 26,	Synaxis of the Theotokos Solemn Holy Day 6:00 pm Divine Liturgy
Wed Dec 27	Stephen Protomartyr Simple Holy Day 6:00 pm Divine Liturgy
Mon Jan 1 2024	Circumcision / Solemn Holy Day 10:00 am Divine Liturgy of St Basil / Blessing of Litija / Myrovanije
Fri Jan 5 Day of Strict Fast	Vigil of Theophany Noon— carpool to Rio Grande (parking lot of the National Hispanic Cultural Center on Avenida Chavez) Procession to the River 1:00pm Great Vespers with the Great Blessing of the Rio Grande
Sat Jan 6	Theophany of Our Lord / Holy Day of Obligation 9:00 am Divine Liturgy of St. Basil Great Blessing of Water / Myrovanije

Eparchial Priests Health Insurance Collection Sunday, October 15. This collection is taken in the Eparchy to assist in the cost of funding health insurance for priests in the Eparchy of Phoenix. 100% of proceeds go to the Eparchy of Phoenix. Thank you for your generosity!

Safe Environment:

The Eparchy, within all its parishes, institutions, and programs, is committed to assuring a Safe Environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any concerns, please contact:

Subdeacon Paul Kilroy, Safe Environment Program Coordinator

Cell: (480) 745-0316 -- **Office:** (602) 861-9778 ext. 204 -- **Email:** sbdcnkilroy@ephx.org

- or -

Victim Assistance Coordinator, Michael Hanafin

Cell: (480) 307-5182 -- **Email:** vac@ephx.org

CELEBRATING NAME DAYS

Your name is important. Nothing sounds as pleasant to us as our own name. A child will beam with pleasure when his name is recognized; the adult may conceal his delight, but usually feels it just the same. Today people choose names for children on a far different basis than in the past. Parents often pick a name because they like the sound of it. Others even name their children after sports or entertainment personalities of the moment. Traditionally, on the other hand, people chose names for more substantial reasons: to express continuity with their family they would 'recycle' the names of parents, grandparents or other relatives. Thus the family of John the Baptist was surprised when his mother chose a name that was not common among them: "None of your relatives has this name" (Luke 1:61).

Christians have long chosen the names of saints from the liturgical calendar to proclaim their link with their spiritual family, the Church. This was often a costly kind of witness for believers living in a non – Christian society, as their very names (Nicholas or George, Elias or Barbara) labeled them automatically as Christians. Rather than conceal their minority status behind ambiguous names, these believers proclaimed their identity with the Church of Christ by choosing saints' names. The Church calendar lists a number of saints whose memory may be observed each day of the year. Persons who bear the name of these saints have traditionally kept their memorial with special observances in honor of their patron. One's 'Name day' is an occasion to honor the memory of the saint whose name we bear and to give thanks for his or her daily intercession on our behalf. In the Byzantine tradition people whose names are not found on the calendar of saints would keep the Transfiguration of Christ (August 6) or the Dormition of the Theotokos (August 15) as their name-days, depending on whether they were men or women.

OBSERVING NAME DAYS A number of popular customs are practiced among Byzantine Christians on name days. Commonly a service would be celebrated in the parish community. Sometimes it would be a service of intercession in the saint's honor or the Divine Liturgy itself, especially if it were a major saint's day. The persons named after the saint or the family celebrating the feast would offer the bread for the Liturgy and sweet bread or wheat for the LITIJA which would be shared by the worshippers. The celebration would normally conclude with a festive party. Often favors or token gifts would be part of the day, but with this significant difference. The person whose name day it is gives the gifts rather than receives them. Giving is, after all, the best sign of gratitude for Christians. In the family much can be done to initiate children into this custom of celebrating name days. In earlier years the child will simply delight in being the center of attention yet again.

In building up a child's sense of self worth, his own name is his primary identification. He sees the saint as therefore someone like himself, and a hero at that! Soon, however, children begin to ask questions about death, heaven and hell. Having a relationship with those who have died in Christ (the saints) can help to conquer the child's natural fear of death. Later the idea of children giving gifts or favors on their name-days would be another weapon in the parents' arsenal against possessiveness and materialism, cravings which affect every child. In the home, icons of the patrons of family members should be obtained and placed in the family icon corner or in the rooms of the individual family members. On the name day these Icons could be placed in a special setting surrounded by candles and flowers. The family could go to church for the Liturgy or arrange for a special service preceding a festive gathering in the home. The life of the saint could be read or related at mealtime and special treats served. The gathering could be capped with the singing of "God grant you many years" to the one whose name day it is. Inventive families have planned skits, made mini pilgrimages to local churches named for the saint followed by a trip to the child's favorite restaurant, or created banners and other home decorations about the patron. The child can help prepare the liturgical or party foods, make or pick out favors to give to friends or relatives or otherwise help with the day's preparations. The Church is one body in Christ: one household of all the baptized living or dead with Christ as its Head. Maintaining and celebrating our association with one of the great saints of Christian history helps us to see this Church, not as an impersonal institution, but as it is truly meant to be: one family under the lordship of its Head.

COMMON NAMES AND NAME DAYS Every day of the year between five and ten saints are remembered on Byzantine calendars alone. Some of the more popular ones are listed below.

Andrew— November 30, Ann— July 25, Anthony— January 17, Barbara— December 4, Basil— January 1, Catherine— November 25, Christina— July 24, Christopher— May 9, Cyril— June 9, Daniel— December 17, David— Sunday after Christmas, Dimitri— October 26, Elias— July 20, Elizabeth— June 25, Gabriel— July 13, George— April 23, Gregory— January 25, Philip— November 14, Helen— May 21, Ignatius— December 20, Irene— May 5, James— October 23, John (the Theologian)— May 8, John (the Baptist)— June 24, John (of Damascus)— December 4, Joseph— Sunday after Christmas, Jude— June 19, Julia— December 21, Julian— February 6, Lawrence— August 10, Luke— October 18, Mark— April 25, Martha— July 5, Martin— April 14, Mary— August 15, Matthew— November 16, Maximos— January 21, Michael— November 8, Natalie— August 26, Nicholas— December 6, Paul— June 29, Peter— June 29, Romanos— October 1, Samuel— August 20, Simon— May 10, Stephen— December 27, Theodore— February 17, Thomas— October 6, Timothy— January 22, Victor— November 11.

Brief notices about their lives can be found in the liturgical calendar. Other source: The Great Collection of the Lives of the Saints in twelve volumes from Chrysostom Press. Each volume contains numerous biographies of varying lengths for the saints commemorated during a given month.

FAMILY FESTIVALS Many Eastern Christians have the custom of observing "family feasts". On these occasions they would celebrate in a particularly solemn way one of the major Church festivals (one of the Great Feasts or major saint's days) as their family's patronal feast. Generally this means that the extended family (brothers, cousins, etc.) would participate in the Church services of the feast together, usually offering the bread, wheat, wine and oil for the LITIJIA service and the bread for the Divine Liturgy. "In many places those who had the means would offer refreshments to those attending this celebration in gratitude for the blessings the family has received. This custom is not so frequently practiced in this country but would seem to be especially well suited to supporting both the natural family's sense of unity and its commitment to the parish family as well. (The source Byzantine Melkite Eparchy of Newton)

*Celebrating
Catechetical Sunday
2023*

