

August 6, 2023 / T one 8 / T ransfiguration of Our Lord
Christ is Among Us! He is and Always Shall Be!



Although every part of the picture plane is occupied, the main focus of the icon is on the Transfigured Jesus and on the disciples who are awed by the splendor of His glory. The rays of glory that radiate out from Jesus, Who is elevated, seem to relate the apostles to Jesus by means of a triangular composition (Jesus above at the highest point and the apostles below). On Jesus' right is Elijah, and on His left is Moses, holding a tablet. Jesus Himself is holding a scroll, symbolic of His authority and the fact that He is the Living Word of God. His raiment is a bright whitish color that radiates in several directions almost like a star. Behind Him is a silvery-blue circle permeated with golden shafts of light which probably represents both the cloud and His glory. Because of the compositional focus and the color, Jesus is the central focal point of the painting. While Moses and Elijah are level with Him, they are not presented in a manner that would divert the viewer's attention from Jesus and they show reverence to Him. Indeed, the figures of the apostles are in attitudes that show their amazement and reactions to the mightiness of Jesus' glory. (by Alexander Boguslawski)

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zuger
pastor emeritus
(505) 256-1787
Frchris.zugger@gmail.com
www.frchriszugger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:00—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance
(Pre-Cana requirement)

May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in per-
son or traveling or anyone who find this more
convenient, we just set up a new way to tithe
online using your credit card or debit card infor-
mation. You can do a one-time donation or set-
up weekly donations!! You will receive a receipt
and statement immediately after donating. The
software takes a very small percentage of the
donation, but its worth it for the ease of the sys-
tem. You can donate using your computer /
smartphone at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

Sick and Shut-Ins: It is the family's
responsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one re-
ceive the Anointing of the Sick before any
major surgery. Please don't let the priest
be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Transfiguration of Our Lord / 2 Peter 1:10-19; Matthew 17:1-9

YouTube Live 8:30 am Rosary 9:00 am Festal Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

Aug 7 Mon ***Dormitius Venerable Martyr/ 2 Cor 2:4-15; Mt 23:13-22***



No Liturgy / Clergy Conference in Las Vegas, Nevada

Aug 8 Tue ***Emilian Bishop Confessor / 2 Cor 2:14-3:3; Mt 23:23-28***

No Liturgy / Clergy Conference in Las Vegas, Nevada

Aug 9 Wed ***Matthias Apostle / Acts 1:12-17.21-26; Lk 9:1-6***



Clergy Conference in Las Vegas, Nevada
5:30 pm OLPH Devotions
6:00 pm Liturgy / Fr. Tyler

Aug 10 Thu ***Lawrence Archdeacon Martyr / 2 Cor 4:1-6; Mt 24:13-28***

6:45 pm THEOSIS Bible Study (zoom)

Aug 11 Fri ***Euplus Martyr / 2 Cor 4:13-18; Mt 24:27-33 & 42-51***



9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas
No Liturgy / Clergy Conference in Las Vegas, Nevada

Aug 12 Sat ***Photius and Anicetus Martyrs / 1 Cor 1:3-9; Mt 19:3-12***

9:00 am (masks required) God's Blessing on Dcn James Danovich and his family

Aug 13 Sun ***11th Sunday After Pentecost / 1 Cor 9:2-12; Mt 18:23-35***

4:00 pm Great Vespers / YouTube LIVE
5:00 pm +Michael Talamante by Talamante Family
Hebrew Scriptures for Sunday:
Numbers 22:20-31; 1 Samuel 10:17-25; Isaiah 5:1-7

YouTube LIVE 8:30 am Rosary
9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
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YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Marilyn Fore	Irene Bradley	Linda Granci
Sven & Barbara	Soriah Chavez	Vicki Frank
Svensson	Abraham Haddad	Christopher
Laurie Bienz	Marianne Gerace	Barlow
Brent Dodson-	Lori Medina	Jordan Smith
Sands	Michael Baron	Janet Worthing-
Lara Davis	Gabriel Preisler	ton
Carol Donlin	Jessica Pieniadz	Patti Klinkovsky
Marcie Dark	Rhonda	Matt Williamson
Jesse Hebert	Glasscock	James Epstein
Fr Chris Zuger	Amber Roybal	Katy Ford
Fr Chris Andrews	Philip Leahy	Alton & Barbara
Fr Robert Rankin	Juanita Montoya	Bertschinger
Fr Steve Washko	Jacob McTernan	Andrea Riley

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions August.

For World Youth Day

We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives.

"This is my Beloved Son in whom I am well pleased. Listen to Him!" The voice of the Father proclaimed that Christ is His beloved Son. The Church is guided and cared for by priests, deacons, monks and nuns who pray and seek to reflect the light of Mount Tabor to everyone. If God may be calling you or someone you know to this life, contact the Vocations Office at 206-329-9219 or email:

vocations@ephx.org



Vocation Icon

Today: Fogg Family
Next Sunday: Carol Donlin

August 13, 2023

Cantor: Evie Jilek

Reader: Brook Jilek

Altar Server: Michael Grega

Trojca: Lucy Wells

Counters: Mary Blain &

CindyLoescher

Propers for 8/13/23

**11th Sunday after Pentecost
Leave-taking of Transfiguration
Tone 2**

Antiphons & Entrance Hymn-346&350

Troparion (Tone 2)- 130

Troparion (Feast) - 347

v. *Glory...*Kontakion (Feast)- 348

v. *Now & Ever...*Theotokion - 406

Prokeimenon & Alleluia - 132 & 348

Magnification & Irmos- 349

Our Father - 67

Communion - 78 & 350 [A]

The OLPH Prayer Warriors

make intercessory prayer a daily commitment. We pray voluntarily and without bias; that is, we take to the Blessed Trinity the requests that come our way.

The Prayer Warriors meet on Zoom every Sunday at 9:30 a.m. for themed meetings. If you would like to join the Prayer Warriors, would like additional information, and/or would like for us to pray for your intentions, please contact Patricia at pocb@unm.edu

Alicia's Hall Report

A big thank you to the Riley's and Davidson Talley's for bringing bagels and cream cheese and watermelon last Sunday! Thanks to all who set up and cleaned up! Please sign up here to host or co-host a social for any special occasion or for no reason at all:) <https://www.signupgenius.com/go/10C054AAAAA2AA4F94-olph>

Coming Events—Mark Your Calendars Now

Mon Aug 14	Dormition of the Theotokos Holy Day of Obligation 6:00 pm Deposition of the Shroud / Liturgy/ Blessing of Flowers
Tue Aug 15	10:00 am Hierarchical Liturgy with Bishop Kurt Burnette / Ordination of Thomas Donlin to Holy Diakonate
Aug 18-20	Annual Pilgrimage to Our Lady of Perpetual Help Shrine in Olympia WA https://stgeorgeolympia.org/shrine/
Mon Aug 28	Beheading of John the Baptist Simple Holy Day 6:00 pm Vigil Liturgy
Fri Sep 1	Beginning of the Church Year
Fri Sep 8	Birth of the Theotokos/Solemn Holy Day 6:00 pm Divine Liturgy
Thu Sep 14	Exaltation of the Holy Cross/ Solemn Holy Day 6:00 pm Rite of the Exaltation of the Cross Vigil Liturgy
Wed Sep 13	
Mon Sep 18	6:00 pm Advisory Board Meeting
Sun Oct 1	Feast of the Holy Protection of the Theotokos
Oct 16-20	Clergy Retreat in Carefree AZ
Tue Oct 31	Blessed Theodore Romzha 9:00am Divine Liturgy
Nov 2-5	Assembly of the Byzantine Church 2023 in Hillsborough, NJ https://form.jotform.com/230514012134134
Wed Nov 8	Archangel Michael and All Angels Solemn Holy Day 6:00 pm Divine Liturgy
Tue, Nov 14	Beginning of Phillip's Fast
Mon Nov 20	Entrance of the Theotokos / Solemn Holy Day 6:00 pm Vigil Liturgy
Wed Dec 6	St Nicholas of Myra / Solemn Holy Day 6:00 pm Divine Liturgy / Myrovanije
Fri Dec 8	Maternity of the Holy Anna/Solemn Feast 6:00 pm Liturgy / Myrovanije
Fri & Sat Dec 15 & 16	Women's Day of Reflection

On Tuesday morning August 15th on the Glorious Feast of Dormition of the Most Holy Theotokos at 10:00 am Hierarchical Divine Liturgy our former pastor and present Apostolic Administrator, Bishop Kurt Burnette will ordain our beloved seminarian Thomas Donlin to the Orders of a Candle-bearer, Reader, Cantor, Sub-Deacon and Deacon. Our heartfelt congratulations to Thomas and best wishes as he starts his final year in the Seminary. Grant O Lord to Your Servant Thomas peace health and happiness for many and blessed years!

EPARCHIAL APPEAL 2023: Collected to date: \$11,675.00. Our parish goal this year is **\$18,320.60 which comes down to \$300.00 per Family.** We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to Holy Protection of Mary Byzantine Eparchy. The Deadline for the Appeal is August 31st.. **Kindly give what you can to help our Eparchy and our Church. Thank you!**

MARRIAGE PREPARATION

Weekends for the Engaged. Couples must attend the whole weekend. Please visit www.familylifem.org to register. The cost is \$85.00 per couple.

Dates are as follow for 2023: September 15-17; November 17-19
Evenings for Engaged at St. Jude. To register, please call 505-898-0826
Oct 3, 5, 10, 12 & 14

The Pre-Cana de Santa Fe will be having Pre-Cana classes at Saint Anne Parish in Santa Fe. To register or more information call (505) 690-7451.

October 26, 27, 28

For questions, please contact the Family Life office at 505-831-8117 or yduran@archdiosf.org

REMINDER ABOUT PARISH SUBSCRIPTION TO FORMED.ORG

For those who are new to Formed.org: This site offers amazing opportunity to enrich our FAITH. You will find thousands of books, audio talks, movies, documentaries, studies and much more. The content of website is updated on daily basis with new helpful resources. Everyone can use OLPH parish account to log in. This is what you need to do:

1. Go to Formed.org, click sign in and then click "I belong to parish"
2. Enter zip code 87110
3. Find among the parishes OLPH Byzantine

4. Put your name and email (you will get a link in your email to directly log in) Enjoy the content! Also, you are most welcome and encouraged to share parish subscription with your friends, neighbors, coworkers or just anyone who would benefit.

Safe Environment:

The Eparchy, within all its parishes, institutions, and programs, is committed to assuring a Safe Environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any concerns, please contact:

Subdeacon Paul Kilroy, Safe Environment Program Coordinator

Cell: (480) 745-0316 -- **Office:** (602) 861-9778 ext. 204 -- **Email:** sbdcnkilroy@ephx.org

- or -

Victim Assistance Coordinator, Michael Hanafin

Cell: (480) 307-5182 -- **Email:** vac@ephx.org

FRUITS by Laurel Bienz

Fruits of the land are desirable. We wait for them to ripen, harvested, and brought to market. No thought is given to the labor that goes into raising the crop. We are only interested in how they taste. The fruits of the Holy Spirit are desirable, only we must labor to see these fruits grow. This labor includes our attention to our daily reading of the bible and prayers. We need to tend to our fellowship within the church. The sacraments of the liturgy, confession and receiving the Eucharist be done as often as possible. The Liturgy is where we offer praise and worship to our Lord. Confession is recognizing our sins and allowing our Lord's mercy and forgiveness to cleanse us. Partaking of the Eucharist is asking our Lord into our life into our hearts. This work helps the fruits of the Holy Spirit grow within us. The fruits of the land and of the spirit bring us refreshment, nourishment and healing of soul and body.

The Paraclesis to the Theotokos (Supplicatory Canon)

In the Byzantine Churches of the Mediterranean world, the most prominent feature of the Dormition Fast is the celebration of the Paraclesis to the Theotokos, a service invoking the Virgin's intercession for those we commemorate during the service. It is said that, as the Virgin sensed her approaching death, she prayed continually for her Son's disciples and for those who would believe their message. And so, as the feast of the Domition draws near, we ask her prayers for our Church and our loved ones with a similar intensity.

The Paraclesis to the Theotokos is patterned in part on Orthros (Matins). There is an opening psalm, troparia, a Gospel reading, and a canon, concluding with an incensing of the whole church and a solemn veneration of the Virgin's icon. Intercessory litanies for those whom we are commemorating are interspersed throughout the service.

For What Do We Pray?

Our liturgical books indicate that this service is prayed "in times of distress and sorrow of soul." The opening troparion expresses these emotions: "We will never cease, O Mother of God, although unworthy, to proclaim your power. If you no longer intercede for us, who will deliver us from so many misfortunes? Who would ever have preserved us free until now? We shall never leave you, O Lady, for you always save you servants from all tribulations."

The canon of the Small Paraclesis is sung to a lively melody and expresses confidence in the Theotokos' care for us, in troparia such as these:

"You who carried within you the Benefactor of all and the Cause of every good favor, let His abundant grace spring forth to all of us. You have the fullness of power, since you've given birth to the Lord, the Almighty One."

"Give me your pure joy, Virgin pure and immaculate, you who gave birth to the cause of happiness, and fill my heart with the gladness of your Son, our God.

The Great Paraclesis adds other notes to our picture of the Virgin as our intercessor:

"I profess you, O Lady, to be truly Theotokos: you who have both banished and triumphed over the might of Death, for as the source of Life, you freed me from Hades' bonds, raising me to life, though I was fallen down to earth."

"The turmoils of this life encircle me like bees around a honeycomb, O Virgin. They have seized my heart and now hold it captive, and I am pierced with the stings of afflictions, O Maiden. Yet, O all-holy one, be my defender, my helper and my rescuer."

One unusual feature of these canons is the following pair of hymns sung after each one, with a metany after each verse:

"Deliver your servants from all dangers, O Mother of God, for to you, after God, we flee for refuge. You are our impregnable fortress, Our intercessor."

"O Mother of God, worthy of all praise, look down with compassion upon the ills of my afflicted body and heal the infirmities of my soul."

TRANSFIGURATION – SEEING THE LIGHT OF GOD

“I am the Light of the world” (Jn 8:12). These familiar words of the Lord Jesus reflect one of the most popular images in the Scriptures, but what do they mean? How is Jesus the Light of the world?

The rest of this verse sheds light on what is meant here. “*I am the Light of the world. He who follows me shall not walk in darkness, but have the light of life.*” Here and in a number of other places, Jesus is portrayed as a *Beacon*: one who guides along a right path, who illumines the way for us. He is the “Giver of light,” the One bringing light to our hearts. To say that He is light in this way is to talk about what he does.

But there is another way to see Christ as light. He is light, not only because of what He does for us, but because of what He is. “*God is light, and in Him is no darkness at all*” (1 Jn 1:5). God is not described here as light illumining our minds or hearts, but as *He is in Himself*: Light in His innermost being.

Based on the Gospel message, the Church proclaims the Lord Jesus as “Light from Light” (Nicene Creed), the “Joyful Light of the holy glory of the immortal Father, the Heavenly, the Holy, the Blessed: Jesus Christ” (third-century Vespers hymn). As God is Light in Himself, so too the incarnate Christ is the Light of the Father. “*I and the Father are one*” (Jn 10:30).

As far back as the third century, the Fathers used our experience of the sun to illustrate this mystery. Like others before him, St Cyril, the ninth-century teacher of the Slavs, reflected, “Do you see in the heavens the brilliant sphere of the sun and how light is begotten and warmth proceeds from it? God the Father is like the sphere of the sun, without beginning or end. From Him is eternally begotten God the Son, like light from the sun; and just as there comes warmth together with light, the Holy Spirit proceeds. Each one is distinguished separately: the sphere of the sun, the light and the warmth – these are not three suns, but one sun in the heavens. So also, in the Holy Trinity: there are three Persons, but God is one and indivisible.”

The Light of Mt. Tabor

Christ was concretely manifested as light at His Transfiguration. “*His face shone like the sun and His clothes became as white as light*” (Mt 17:2) – “*white and glistening*” (Lk 9:29), “*such as no launderer on earth can whiten them*” (Mk 9:3). For a moment, His disciples glimpsed what had been hidden since the Incarnation: the Word of God, radiant with divine glory, in the person of Jesus.

In icons of the Transfiguration, this radiance is depicted by a geometric figure behind the representation of the Lord, called a *mandorla*. While depictions of Christ during His earthly ministry show His head surrounded by a cross and a halo, icons representing Him in moments beyond time and space (e.g. the Transfiguration, the Resurrection, the Dormition) envelop His whole body in this light of glory.

This same figure is found in icons of the conversion of St Paul. Christ, the “radiant Light” was manifested to Saul of Tarsus (St Paul) on the road to Damascus as “*a light from the sky brighter than the sun*” (Acts 26:13). While this light briefly blinded Saul by its brilliance, it ultimately enabled him to see even more clearly “*the mystery which has been hidden from ages and from generations, but now has been revealed*” (Col 1:26).

In the Church, the light experienced by Saul has been identified with the light that shone on Tabor, the Radiant Light of the Father, Jesus Christ. As we sing on the feast of Saints Peter and Paul, “Christ, who had been radiant in light on the mountain, blinded your bodily eyes; but He allowed your soul to see the Trinity” (from the canon, ode 1).