

September 18, 2022 / T one 6 / Sunday After the Exaltation of the Cross
We bow to Your Cross O Christ and we glorify Your Holy Resurrection

THE GIFT *of* CHRIST

Poured Out for the Life of the World



CATECHETICAL SUNDAY 2022

Today, we joyfully celebrate an important event in our parish: the beginning of the catechetical school year. The children, and the adults who teach them, gather together to receive a blessing for the start of the new catechetical school year. The theme this year is "The Gift of Christ: Poured Out for the Life of the World." May their good work help us all to realize the profound gift that is our Lord Jesus Christ who gave Himself up for us that we may have life in Him, now and forever. Together, we ask God to grant His servants, our students, their parents, and their teachers, many years in health and happiness!

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
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**Father Tyler Strand
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OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:15—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's re-
sponsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one re-
ceive the Anointing of the Sick before
any major surgery. Please don't let the
priest be last to know that someone is ill!

May the Lord Bless your kindness and
generosity to His House!


ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person
or traveling or anyone who find this more conven-
ient, we just set up a new way to tithe online using
your credit card or debit card information. You can
do a one-time donation or setup weekly dona-
tions!! You will receive a receipt and statement
immediately after donating. The software takes a
very small percentage of the donation, but its
worth it for the ease of the system. You can do-
nate using your computer / smartphone at: [ps://
www.olphnm.org/giving](http://ps://www.olphnm.org/giving).

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Galatians 2:16-20; Mark 8:34-9:1

- YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends
Blessing of ECF students and catechists
Eternal Lamp: Holy Protection of the Mother of God over Ukraine
- Sept 19 Mon** ***Trophimus & Others Martyrs / Gal 4:28-5:10; Lk 3:19-22***
No Liturgy
- Sept 20 Tue** ***Eustace & Others Martyrs / Gal 5:11-21; Lk 3:23-4:1***
No Liturgy
6:30 pm CAFE at UNM
- Sept 21 Wed** ***Leave-taking of Exaltation / Codratus Apostle / Gal 6:2-10; Lk 4:1-15***
5:30 pm OLPH Devotions
6:00 pm Liturgy / Health and Salvation of Natalie Williamson by Wells Family
- Sept 22 Thu** ***Phocas Bishop-Martyr / Eph 1:1-9; Lk 4:16-22***
6:45 pm THEOSIS Bible Study (zoom)
- Sept 23 F**  ***Conception of John the Baptist***
9:00 am Prayer & witness in front of abortion clinic on San Mateo/Lomas
No Liturgy
- Sep 24 Sat** ***Thecia Proto-Martyr / 1 Cor 10:23-28; Lk 4:31-36***
11:00 am Divine Liturgy Crowning in Marriage for Rey & Michelle Mejia Santos
- Sep 25 Sun** ***16th Sunday After Pentecost / 2 Cor 6:1-10; Lk 5:1-11***
4:00 pm Great Vespers YouTube LIVE
5:00 pm God's Blessing on Grace Natuzzi by Svenssons
Hebrew Scriptures for Sunday: Joshua 14:6-13; 1 Kings 19:1-10;
Sirach 47:12-48:9
- YouTube LIVE** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
ECF Classes
5:30 pm Ask A Priest

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorilah Chavez	Vicki Frank
Sven & Barbara	Abraham Haddad	Christopher
Svensson	Marianne Gerace	Barlow
Laurie Bienz	Lori Medina	Jordan Smith
Brent Dodson-	Michael Baron	Janet Worthington
Sands	Gabriel Preisler	Patti Klinkovsky
Lara Davis	Todd Bailey	Matt Williamson
Carol Donlin	Jessica Pieniadz	James Epstein
Fr Chris Zegger	Rhonda Glasscock	Katy Ford
Marcie Dark	Amber Roybal	Jacob McTernan
Fr Chris Andrews	Eli Griegos	Juanita Montoya



Vocation Icon

Today: Talamante Family
Next Sunday:
Dodson-Sands Family

“Whoever will lose his life for my sake and for the sake of the Good News will save it.” Our Lord teaches us that following him and his Gospel is both a loss and a gain at the same time. Devoting one’s life to the Church as a monastic, religious, or member of the clergy is a cross and is also an immense blessing. Are you being called to be this blessing to the Church? Reach out to the Vocations Office at 206-329-9219 or email: vocations@ephx.org

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father’s Intentions September. Abolition of the Death Penalty

We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country.



September 25, 2022

Cantor: Evie Jilek
 Reader: Brook Jilek
 Altar Server: Michael Grega
 Trojca: Alaina & Nicky Riley
 Counters: Rita Montano &
 Miles Gloetzner

Propers for 9/25/2022
16th Sunday after Pentecost
Tone 7

Troparion - 156
v. Glory...
 Kontakion - 157
v. Now & Ever...
 Theotokion - 406
 Prokeimenon & Alleluia - 158
 Our Father- 72

OLPH Prayer Warriors
 Sunday (Zoom). Send your
 prayer requests to
 Patricia at pocb@unm.edu

THE PRAYER WARRIORS IS
 OPEN TO EVERYONE--WOMEN,
 MEN, & CHILDREN (children who
 have their parents' permission)!
 Please join us!!

Barbara's Hall Report

We had salad, fruit pies &
 pastries in honor of Father Artur's
 Anniversary of the
 Priesthood. Also, a cake to
 celebrate the Anniversary of
 Judith & Bill Lipke!

Coming Events—Mark Your Calendars Now

Fri Sept 30	Protection of the Theotokos 6:00 pm Vigil Divine Liturgy
Sat Oct 1	noon Blessing of Animals on the front Patio
October 3-7	Clergy Retreat in Carefree AZ
Tue Oct 4	6-8:30 pm CAFÉ meeting at UNM
Mon Oct 10	6:00 pm Advisory Board meeting
Mon Oct 31	Bl Theodore Romzha 6:00 pm Divine Liturgy
Sun Nov 6	Daylight Savings Ends
Mon Nov 7th	Archangel Michael & All Angels Solemn Holy Day 6:00pm Vigil Liturgy
Mon Nov 14	Beginning of Philip's Fast
Mon Nov 21	Entrance of the Theotokos Solemn Holy Day 6:00 pm Divine Liturgy
Mon Dec 5 Tue Dec 6	St. Nicholas of Myra/Solemn Holy Day 6:00 pm Vigil Liturgy 9:00 am Divine Liturgy
Wed Dec 7	Maternity of the Holy Anna Solemn Holy Day 6:00 pm Vigil Liturgy
Fri Dec 23	10:00 am— Royal Hours Day of Strict Abstinence
Sat Dec 24	Vigil of Christmas 4:30 pm Holy Supper 7:00 pm Vigil Divine Liturgy
Mon Dec 26	Synaxis of the Theotokos 6:00 pm Divine Liturgy
Tue Dec 27	Stephen Protomartyr 6:00 pm Divine Liturgy
Thurs Jan 5	Vigil of Theophany Noon— carpool to Rio Grande (parking lot of the National Hispanic Cultural Center on Avenida Chavez) Procession to the River 1:00pm Great Vespers with the Great Blessing of the Rio Grande
Fri Jan 6	Feast of Theophany 6:00 pm Liturgy followed by Great Blessing of Water

ANNUAL BLESSING OF ANIMALS: Saturday October 1st at NOON in front of the outdoor shrine on the patio.

We will be creating a **photo directory** this year as a way to help all of our parishioners get to know each other. We will be taking portraits after Sunday Liturgies between August 28 and September 18. We will also be taking portraits after the Saturday liturgies on August 27 and September 10. Portraits will be taken in the conference room on the south side of the church nave. In order to have things run more smoothly, we have created a digital sign up at <https://tinyurl.com/3h4rbkfc>, or you can call Andrea Riley at 505-220-9137. If you have questions, please contact Dan Riley or Marc Montano.

EPARCHIAL APPEAL 2022

Collected to date: \$15,986.00. Participation: registered OLPH Families 60; paid pledges by 37 families (72,5%). Thank you to: Tianna Sevachko, Antonio Martinez and Forrest Family. Our parish goal this year is \$22,054.74 which breaks down to \$350 per family. Our pledges for the Bishop's appeal must be paid by September 30. Every pledge counts. We can reach the goal only if all registered families participate.

We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to Holy Protection of Mary Byzantine Eparchy or by online payments at: **ephx.org/giving**. Be sure to note that you are a parishioner of OLPH.

MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS

Reminder: PLEASE, CHECK your Safe Environment Compliance Certificate Expiration date. Please note that Online Virtus training for many will be expiring within the next 4 to 5 weeks.

The Eparchy's revised Safe Environment Policy no longer allows for lapses in compliance - either in Virtus training or in background screenings - for ALL OLPH VOLUNTEERS AND EXPLORER YOUTH GROUP LEADERS. Anyone falling out of compliance at any point must immediately cease from their designated area of service at OLPH until such time as they are in compliance once again. No one - not members of the clergy, volunteers, educators, employees etc. - may serve for even one day when out of SEP compliance.

Dear Parish Family, **40 Days for Life starts on Wednesday September 28th**. Your help is needed; a lot of people are coming to New Mexico from Texas and other states to get an abortion. But lives can be saved when people come out to peacefully pray, fast, and witness for Life! 22,013 babies are saved since 2007 from all of the 40 Days for Life locations. As usual every parish has a designated day to come pray and witness the Sanctity of Life in front of the abortion clinic on San Mateo or Lomas. **Our Parish is scheduled on Friday September 30th and Friday October 28**. See flyers on greeting table or bulletin board in the hall for more info or visit the PDL website - www.defendinglife.org/40daysforlife.

October 6 "Religious History of Ukraine", 10 am - 11:30 am. Ukraine's religious life is a rich tapestry of Christians, Jews, and Muslims from many nationalities. The war has impacted all profoundly, causing dramatic shifts that are affecting the Catholic and Orthodox Churches and their ecumenical relations, as well as Hasidic Jews and Protestants. We look at their fascinating history, their survival under communism, and how they are responding to the crisis today. Join us as we unpack the interior life of a critical part of the world. Registration \$10 through OASIS, www.oasisabq.org or 505-884-4529.

THE GIFT of CHRIST Poured Out for the Life of the World (Catechetical Sunday Reflection)

God has offered Himself as a gift to us through His Son. The title of this year's theme for Catechetical Sunday is inspired by the Liturgy of St. Basil. During the Epiclesis, the priest calls down the Holy Spirit, that He may "come upon us and these gifts here offered." He prays that the bread and wine be revealed as truly the precious body and blood of our Lord God and Savior Jesus Christ, "poured out for the life and salvation of the world" (cf. Liturgy of St. Basil). The gift of Christ's flesh and blood, poured out, is related to the call of each one of us: to be an offering poured out for the life of the world. In the Divine Liturgy, we remember, we re-present, we mystically participate in the life, death and resurrection of Christ. In the Divine Liturgy, Christ is among us to give us the gift of communion with Him and life in abundance.

Christ, the Gift Freely Given

A true gift is given freely, with love and for the good of the one who receives it. Earthly parents give their children good things (cf. Mt. 7:11). They give them things that are good for them. Loving parents give good things without expecting anything in return, only the joy and gratitude of their children. Any gift given freely communicates love. Gift giving and receiving reminds us that we are not alone. A good gift is good for the one who receives it and brings about an enrichment of life. The Lord knows what is good for us more than we know ourselves. God gives Himself to us freely. He makes the rain fall on the just and the unjust (cf. Mt. 5:45). He provides for us; He is Our Father and we are His sons and daughters. God the Father gives us the gift of His Only Begotten Son, Our Lord Jesus Christ, and the Holy Spirit who proceeds from Him. In Christ, born of a woman by the power of the Holy Spirit, God is among us. In the gift of Himself, God communicates love to us. Christ is the true gift of the Father, given freely, with love and for our good.

The Body and Blood of Christ Poured Out for the Life of the World

The world receives the gift of Christ first in the Incarnation, and then in the Cross and the Resurrection. In Christ, God has become one of us. He has united Himself to us. He has entered into our suffering. Christ is pure, innocent, loving, just and meek. The poor love Him. His friends love Him. He speaks with authority. He is courageous when He teaches openly against the sins of corrupt religious and political leaders. He serves and teaches freely and willingly, without compulsion. In His ministry, He gives Himself as a gift in love. He gives Himself as a gift to all, but He is not received by all with joy. Whether out of envy or malice or greed, the Lord God made flesh, the gift of Christ, is betrayed, slandered, mocked, spit upon, beaten, scourged, abandoned, falsely accused, and cruelly put to death. The gift given freely is received without gratitude. On the night before the horror of the Crucifixion took place, He revealed to His disciples the purpose of His sacrificial offering. On the Cross, Jesus gives His life for our life. God, in His flesh, willingly suffers on the Cross. He pours out His body and blood for the life and salvation of the world. Before the Divine Liturgy begins, the priest prepares bread and wine for the Eucharistic offering with prayers and a ritual. The service is called the Proskomide. The seal on the bread is in the form of a square with the letters inscribed, "ICXC NIKA," or "Jesus Christ Conquers." The seal is called the Lamb. Taking the lance, the priest traces the sign of the cross over the lamb and says, "In remembrance of our Lord God and Savior Jesus Christ." Then, symbolically, mystically rather, the priest cuts the lamb out of the bread according to the ritual with particular prayers such as, "Like a sheep, He was led to the slaughter," "Like a spotless lamb, silent before its shearer, He opens not His mouth," etc. Christ is not re-sacrificed, but rather His sacrifice is represented. In the Eucharist, the gift of Christ, the one who offers and is offered, is made present at the hands of the priest.

The Eucharist Gives Life in Abundance, Both Now and Forever

In the Gospel of John, Jesus says, "Whoever eats My flesh and drinks My blood has eternal life... He who eats My flesh and drinks My blood abides in Me, and I in him...he who feeds on Me will live because of Me" (John 6:54-57). Christ gives Himself as a gift. He is a sacrifice, an offering, for the life of the world. His life is poured out that we may have life in Him. Jesus calls Himself, "the Way, the Truth, and the Life" (John 14:6). We have life in Christ when we receive the gift of Christ, His flesh and blood, the Eucharist, with joy and gratitude, "Holy gifts for the holy" (Divine Liturgy of St. Basil). Christ is the true vine (cf. John 15:1). We are the branches of the vine (cf. John 15:5). To eat the flesh and blood of Christ in a worthy manner is to abide in Christ as the branch abides in the vine. Our life is life in Christ. Life in abundance is eternal life. We will abide with Christ in the resurrection and into the ages of ages in heaven.

But, the life that Christ gives is also the fullness of life, here and now. The gift of Christ is a life of love, beauty, holiness, peace, and joy. Christ calls us to be free of worldly fear and anxiety. Life in Christ gives peace through the grace of the Holy Spirit; if we abide in Christ, we will neither be afraid nor anxious (cf. John 14:27; 20:19). Life in Christ means forgiving and being forgiven (cf. Mark 11:25). Life in Christ means communion in love with one another. Life in Christ is full, free and abundant. God has given His life for our life as a gift freely given, to be freely received.

Gifts Freely Received are to be Freely Given

Christ has given Himself as a gift and poured out His flesh and blood for the life of the world. We, who are His disciples, partake of communion with Him by eating His flesh and blood. We have received the gift of Christ: life in abundance. So then, what can we give in return that would be fitting and right? We too may give ourselves as a gift. We too may give our lives in love for the good of those for whom we are responsible. We too may promote life in abundance for those around us. We too may pour out our life for the life of our neighbor. In this way, we will be mystically united to Christ and His Eucharistic sacrifice poured out for the life of the world. (Reflection provided by God With Us)

September 23 - Conception of St John the Baptist

Only Christ, Our Lady, and Saint John the Baptist have commemorations of their conceptions. For John, it is the promise of God made to his sterile parents that is fulfilled in their old age. As the angel announced to his father, John will become the prophet who will turn the hearts of Israel to conversion. He will prepare the way for the Messiah, Christ our Lord. His birth is listed as June 24, to indicate that unlike Jesus, he will have an imperfect pregnancy. The icon of the feast usually shows Zechariah and Elizabeth embracing, sometimes with the adult John off to the side. Others include the apparition of the Archangel Gabriel to Zechariah in the Temple, where the priest doubts God's messenger and God's power. The prophet Malachi had foretold that before the Messiah came, a Forerunner would appear. This of course is Saint John. His parents were among the devout Jews who lived in the mountains of Judea. Judeans were the most religious region among the Jews, and is the origin of the word "Jew." Elizabeth's surprising pregnancy in old age fulfills the prophecy of Isaiah in chapter 54, verse 1: Sing, O barren one who did not bear; burst into song and shout, you who have not been in labor! For the children of the desolate woman will be more than the children of her that is married, says the Lord"which Saint Paul quotes in his letter to the Galatians. After the birth and the miraculous cure of Zechariah, the Gospel says that the people of the "hill country" wonder about the future of this infant boy (Luke 1: 65-66). Again, these are the most devout Jews of that era, and what they are wondering is what will be his prophetic role on behalf of Israel?

Ask a priest anything question: Why are there twelve apostles and tribes of Israel? Why not seven (the number of perfection)?

The twelve tribes are those Hebrew tribes of Israel that occupied the Holy Land under Joshua. Jacob was Abraham's grandson, and heir to the birthright promised to Abraham by God. He was renamed Israel by God after he wrestled with God in Genesis 32, because he overcomes sin by wrestling in prayer. Jacob's first wife, Leah, bore him six sons: Reuben, Simeon, Levi, Judah, Issachar, and Zebulun. Each son married and had children, who form a new tribe. Two other tribes, Gad and Asher, were named after sons born to Jacob and Zilpah, Leah's maidservant. Two more tribes, Dan and Naphtali, were descended from the sons of Jacob and Bilhah, the maidservant of Rachel, Jacob's second wife. Rachel bore Jacob two sons, Joseph and Benjamin. The tribe of Benjamin provided Israel with its first king, Saul, and was later merged into Judah. While no tribe bore the name of Joseph, two tribes were named after Joseph's sons, Manasseh and Ephraim. All of these tribes moved into Egypt and were delivered from slavery by Moses, descended from Levi.

We are delivered from slavery to sin by the Messiah, Jesus Christ, who was born into the royal tribe of Judah through his foster father, St. Joseph. The twelve apostles are representative of those tribes, but now as the New Israel. The Church formed through their preaching is the new seed of Abraham (Galatians 3:16 and 3:29), and the new Church – of Jews and Gentiles – becomes the new "holy nation" (1 Peter 2:9), as opposed to Israel being the holy nation of God (Exodus 19). The Jewish Christians "of the flesh" (Romans 9:3-4) form the fulfillment of God's promise to Israel/ Jacob of old regarding the blessings on Abraham's descendants.

Now we become part of the New Israel, and heirs to the promise, through baptism.