

March 5, 2023 / T one 6 / 2nd Sunday of the Great Fast
Glory to Jesus Christ! / Glory to Him Forever!
¡Gloria a Cristo! / ¡Gloria a Él para siempre!



The MISSION SOCIETY is pleased to present an especially beautiful icon of Our Lord, the Good Shepherd, for your use at Easter this year. Given all the turmoil in the world today, and the ongoing war in Ukraine, we thought that this image of Jesus lovingly embracing His sheep - us – and the lamb responding to that embrace with complete trust would be especially appropriate.

For our Easter campaign this year, we have simply designated “UKRAINE RELIEF.” The eparchy (diocese) of Mukachevo continues to serve thousands of displaced people who have sought shelter in the Transcarpathian Oblast of Ukraine. Your Easter card purchases & donations will go to help pay for temporary housing, rent, food, clothing, and fuel. A special need will be generators to keep refrigerators working, as there will be a crucial need to keep food fresh, since electrical supplies work intermittently at best due to the ongoing Russian bombardments. Sometimes the electricity is off for up to twelve hours or even a few days in different districts. To donate or learn more visit our website at <http://missionboronyavo.org>

A packet of 5 cards sells for \$10 including envelopes. Each packet of cards includes a prayer list. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office no later than Easter Sunday, April 9th. Bishop Nil will place all these names on the altar at Holy Cross Cathedral in Ukraine & pray for your intentions at the Divine Liturgy on Easter Sunday. In Ukraine, Easter is celebrated on the Old Calendar, which is April 16th this year. Check out our website at “News and Events” to see pictures of Bishop Nil praying for you & your loved ones during the Christmas Liturgy!

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zugger
pastor emeritus
(505) 256-1787**

**Frchris.zugger@gmail.com
www.frchriszugger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:00—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's re-
sponsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one re-
ceive the Anointing of the Sick before
any major surgery. Please don't let the
priest be last to know that someone is ill!

May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or
traveling or anyone who find this more convenient,
we just set up a new way to tithe online using your
credit card or debit card information. You can do a
one-time donation or setup weekly donations!! You
will receive a receipt and statement immediately after
donating. The software takes a very small percent-
age of the donation, but its worth it for the ease of
the system. You can donate using your computer /
smartphone at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

**Welcome to our Church! If you are looking for a spiritual home, contact
Father Artur/Fr Chris or the office staff for more information. God bless you!**

Hebrews 1:10-2:3; Mark 2:1-12

YouTube Live 8:30 am Rosary; 9:00 am Festal Matins, Confessions
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: +Priscilla Hughes by Ann Rajala
ECF Classes

Mar 6 Mon ***42 Martyrs of Ammorium / Gen 6:9-22; Prov 8:1-21***



6:00 pm Advisory board Meeting

Mar 7 Tue ***Basil and Others, Bishop Martyrs of Cherson / Gen 7:1-5; Prov 8:32-9:11***

6:00 pm CAFÉ Meeting at UNM

Mar 8 Wed ***Theophylact Bishop Confessor / Gen 7:6-9; Prov 9:12-18***



5:30 pm OLPH Devotions
6:00 pm Presanctified Liturgy / +Robert Mendoza

Mar 9 Thu ***40 Martyrs of Sebaste / Gen 7:11-8:4; Prov 10:1-22; Hebrews 12:1-10;
Matthew 20:1-16***

6:45 pm THEOSIS Bible Study (zoom)

Mar 10 Fri ***Codratus and Others Martyrs / Gen 8:4-21; Prov 10:31-11:12***



9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas
6:00 pm Presanctified Liturgy / Holy Protection for Ukraine /
followed by meatless potluck in the Parish Hall

Mar 11 Sat ***3rd All Souls Saturday / Heb 10:32-38; Mk 2:14-17***

9:00 am All Souls Liturgy / Pahachida
10:30 am—4:00 pm Explorers Meeting

Mar 12 Sun ***3rd Sunday of the Great Fast / Veneration of the Cross / Heb 4:14-5:6; Mk 8:14-9:1***

4:00 pm Great Vespers YouTube LIVE
Hebrew Scriptures for Sunday: Genesis 37:12-28;
1 Samuel 17:2-9.32.37.40.42.49-51 ; Isaiah 29:13-19
5:00 pm Divine Liturgy / God's Blessing on Mark Cooper by Mary Alice Cooper

YouTube Live 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
ECF Classes
Eternal Lamp: Divine Guidance for Sylvia Adamsko by her sister

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube.
The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it
easier for you to find the channel in the future. Please, send your feedback about the quality of
the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Marilyn Fore	Irene Bradley	Linda Granci
Sven & Barbara	Sorilah Chavez	Vicki Frank
Svensson	Abraham Haddad	Christopher
Laurie Bienz	Marianne Gerace	Barlow
Brent Dodson-	Lori Medina	Jordan Smith
Sands	Michael Baron	Janet Worthing-
Lara Davis	Gabriel Preisler	ton
Carol Donlin	Jessica Pieniadz	Patti Klinkovsky
Marcie Dark	Rhonda	Matt Williamson
Jesse Hebert	Glasscock	James Epstein
Fr. Chris Zugger	Amber Roybal	Katy Ford
Fr Chris Andrews	Philip Leahy	Jacob McTernan
	Juanita Montoya	

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

SECOND SUNDAY OF THE GREAT FAST

“Arise, take up your mat and go to your house.” Our Lord healed the paralysis of the suffering man brought through the roof. His words of healing centered on spiritual healing by forgiving his sins. In response to God’s love and forgiveness, are you being called to a life of prayer and intercession as a religious, monastic, or a priestly life? Contact the Vocations Office at 206-329-9219 or email:

vocations@ephx.org

Vocation Icon

Today: Carol Donlin

Next Sunday: Davidson-Talley Family



Holy Father’s Intentions for March

For victims of abuse
We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.



March 12, 2023

Cantor: Evie Jilek

Reader: Brook Jilek

Trojica: Elizabeth & Jacob Montano

Altar Server: Michael Grega

Counters: Mary Blain & Cindy Loescher

Propers for 3/12 2023

3rd Sunday of Great Fast

Veneration of the Cross

Resurrection Tone 7

Typical Psalms & Beatitudes -

16, 17 & 23

Troparion (Tone 7) - 156

Troparion (GF) - 223

v. Glory...

Kontakion (Cross) - 224

v. Now & Ever...

Theotokion - 406

Instead of 'Holy God' - 33

Prokeimenon & Alleluia - 224-5

Instead of 'It is Truly Proper' - 225

Our Father- 72

Communion - 225

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at pocb@unm.edu THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

Alicia's Hall Report

The Jilek family hosted Sunday's social in honor of their daughter & sister +Susanna, eternal memory! The rice and beans hit the spot on that windy winter day, and everyone enjoyed the doughnuts and oranges. Thank you Jileks for the delicious food, setting up, serving, and cleaning up. God bless your family! Also a special thanks to Mrs. Donlin and the mid-school ECF group for cleaning up during the power outage! Please sign up to host or co-host for March 12; we don't have anyone signed up yet. <https://www.signupgenius.com/go/10C054AAA-AA2AA4F94-olph> Have a blessed 3rd week of the fast!

Coming Events—Mark Your Calendars Now

Sat. Mar 18	4th All Souls Saturday 9:00 am Divine Liturgy / Panahida
Sat Mar 18	11:00 am—2:00 pm Pysanky Workshop
Thurs Mar 23	7:00 pm Matins with Great Canon of St Andrew of Crete / Reading Life story of St Mary of Egypt
Sat Mar 25	Annunciation of the Theotokos Solemn Holy Day / No Fasting 9:00 am - Festive Liturgy of St John Chrysostom / Myrovanije
Mon Mar 27	6:00—9:00 pm Pysanky Workshop
Sat Apr 1	Saturday of Lazarus (End of 40 day Lent) 9:00 am Divine Liturgy
Sat May 6	Annual Byzantine Bazaar 10:00 am—3:00 pm
Sun Jul 2	OLPH Patronal Feast Day

Holy Week / Pascha / A pril 9

(All Services available — YouTube live)

Monday	6:00 pm	Bridegroom Matins / Confessions
Tuesday	6:00 pm	Bridegroom Matins / Confessions
Wednesday	7:00 pm	Presanctified Liturgy Holy Anointing / Confessions
Thursday	7:00 pm	Vespers/ Divine Liturgy of St. Basil / Confessions
Friday	10:00 am	Passion Matins
	7:00 pm	Vespers & Procession With the Burial Shroud/ Confessions
Saturday	11:30 pm	Jerusalem Matins/All night Vigil
	11:00 am	Akathist to the Life Bearing Tomb of Christ
	6:00 pm	Easter Vigil Liturgy / Blessing of Baskets
Sunday	9:00 am	Resurrection Matins / Liturgy/ Blessing of Baskets
Bright Monday	6:00 pm	Liturgy / Procession around the church with reading of the Paschal Gospels

ATTENTION BOYS 7-17 and their fathers: Our Eparchial Vocations Committee is pleased to announce the dates and location for the **2023 Alive in Christ camp**. This ascetical boot camp is for Boys 7-17 and their fathers, and will be July 13-16 this summer at Black Diamond Camp in Auburn, Washington state. For more info or to register, please, contact:
Deacon Jonathan Deane at: dcndeane@ephx.org

The Eparchy, within all its parishes, institutions, and programs, is committed to assuring a Safe Environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any concerns, please contact:
Subdeacon Paul Kilroy, Safe Environment Program Coordinator
Cell: (702) 498-5972 -- Office: (602) 861-9778 ext. 203 -- Email: sbdcnkilroy@ephx.org
Victim Assistance Coordinator, Dcn Michael Hanafin Cell: (480) 307-5182

EPARCHIAL APPEAL 2023

The Annual Eparchial Appeal this year runs from **February 1st to August 31st**. The pledge form and information for the appeal was mailed directly from the Bishop's office to your home. Our parish goal for this year is **\$18,300 which bring it down to \$300 per family**. We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to the Eparchy of Phoenix. Thank you for your support!

72nd Annual Brother Mathias Barrett St. Patrick's Day Dinner Join us at St. Pius X High School for a night of dinner and entertainment! Friday, March 17th, 2023 4:00 pm to 8:00 pm. Now accepting sponsorships and donations. All proceeds benefit the Good Shepherd Center, a St John of God ministry. For more information visit www.gscnm.org or call 505-249-6416.

Pray, Fast, and Help Save Lives!

Project Defending Life is once again hosting 40 Days for Life this Lent. 22,829 babies saved since 2007 (includes many babies saved in NM). 40 Days for Life starts on Ash Wednesday February 22nd. Your help is needed; a lot of people are coming to New Mexico from Texas and other states to get an abortion. But lives can be saved when people come out to peacefully pray, fast, and witness for Life! Bring a friend and go to the abortion mills at either Southwestern Women's Options late-term abortion mill (522 Lomas Blvd NE) or Planned Parenthood (701 San Mateo Blvd NE) For more information, see the flyer on a greeting table or bulletin board in the hall, the 40 Days for Life national website - <https://www.40daysforlife.com/en/>

Our Parish is scheduled on Friday March 24th

Father Chris has been asked to preach two Lenten Missions this year on The Seven Last Words of Christ - the seven short sentences spoken by Jesus from the Cross on Good Friday. Confessions will be heard by priests each night at these churches during and after the talks. Father Chris will be speaking for about an hour each night.

Our Lady of Fatima Church 6:30 pm each night/ 4020 Lomas Blvd NE

March 13 The Real Presence in the Eucharist and The Passion; "Father, forgive them"

March 14 The Seven Last Words "The Good Thief; Behold Thy Mother;
Why have You forsaken Me?"

March 15 The Seven Last Words "I thirst; It is finished; Into Thy Hands"
And the piercing of Jesus' Heart

Saint John XXIII Church 6 pm each night / 4831 Tramway Ridge Dr NE

March 29 The Seven Last Words "Father, forgive; The Good Thief; Behold thy Mother"

March 30 The Seven Last Words "Why have You forsaken Me?; I thirst; It is finished; Into Thy Hands" and the piercing of Jesus' Heart

Second Sunday of the Great Fast / St Gregory Palamas

Previously, Churches using the Byzantine rite celebrated St. Polycarp of Smyrna, who was ordained bishop by St. John the Evangelist, on the second Sunday of Lent. That commemoration has been replaced by that of St. Gregory Palamas, the famous defender of hesychasm in the 14th century. Replacing such an ancient commemoration as that of Polycarp gives us an idea of just how important the hesychast controversy was.

The monks of Mount Athos had been condemned by the monk Barlaam, an Italo-Greek monk from Calabria in Italy, who favored education over contemplation, and who emphasized that God is unknowable in this life. The monks taught hesychasm, using the Jesus Prayer and certain body postures or breathing, so as to draw very close to God, and for some, to see the Divine Light in this lifetime. In this, they were following the practices of the Desert Fathers of old. The Jesus Prayer is one of the most ancient in the Church: Lord Jesus Christ, Son of God, have mercy on me, a sinner.

The monks recommended certain breathing techniques, or positions of the body, while reciting the Prayer. This rigid use of the body postures was repeatedly – and rightly - condemned by many saints and writers as people could end making the physical position and breathing more important than the Prayer. Gregory himself emphasized that such physical practices had to be done only with the guidance of a true spiritual elder. The Jesus Prayer, so central in our spirituality, when used well, has a profound effect so that:

He who is in prayer experiences the fullness of the divine presence, of Life Itself, of Life abundant and unfathomable, then his own life strikes him as a tiny drop in comparison to the boundless ocean. That is what the righteous and long-suffering Job felt as he attained the height of spiritual perfection. He felt himself to be dust and ashes; he felt that he was melting and vanishing as does snow when struck by the sun's burning rays (Job 42:6) (Orthodox Life, vol. 28, no. 5, 1978).

Further, St. Gregory taught that the mystic, even without education, could have greater knowledge of God than others, but he made the crucial distinction between energies of God, and the essence of God. Essentially, God can not be known in His essence by any human, but His energies (what God sends forth in His creation), can be known. In this, he quoted the ancient Cappadocian Fathers. These energies are mediated to mankind. That is, how God acts in forgiving and spiritual healing. Grace is the working of God himself, not a created substance of any kind. As for the body postures and breathing, since the person is body and soul, uses of the body can affect the soul. In the end, he wrote that hesychasm teaches that one can see the Light of God, but only with repentance, interior conversion, constant prayer, and spiritual direction. This invitation to union with God is open to every Christian.

St Polycarp of Smyrna

Polycarp, bishop of Smyrna (modern Izmir), disciple of Saint John the Apostle and friend of Saint Ignatius of Antioch, was a revered Christian leader during the first half of the second century. He was baptized as an infant circa 66 AD, and died in the arena as a martyr on February 23, 156 AD, at the age of 86. The Asia Minor Churches recognized Polycarp's leadership by choosing him as a representative to discuss with Pope Anicetus the date of the Easter celebration in Rome—a major controversy in the early Church. Only one of the many letters written by Polycarp has been preserved, the one he wrote to the Church of Philippi in Macedonia.

He was arrested during the persecution under Emperor Antoninus Pius and condemned to being burned at the stake for not worshipping the emperor and the pagan gods. To the surprise of the crowds, the flames did not harm him, but rather formed an arch around his body. Finally, he was killed by a stab to his heart with a dagger. The proconsul ordered the saint's body burned, but his remaining bones were preserved as relics. The "Acts" of Polycarp's martyrdom were sent around the Empire's churches and are the earliest preserved, fully reliable account of a Christian martyr's death. Before his martyrdom, Polycarp spoke this prayer, "Lord God Almighty, Father of your beloved and blessed Son Jesus Christ, through whom we have received knowledge of you, God of angels and powers, of the whole creation and of the whole race of the righteous who live in your sight, I bless you, for having made me worthy of this day and hour, I bless you, because I may have a part, along with the martyrs, in the chalice of your Christ, to resurrection in eternal life, resurrection both of soul and body in the incorruptibility of the Holy Spirit. For this and for all benefits I praise you, I bless you, I glorify you, through the eternal and heavenly High Priest, Jesus Christ, your beloved Son, through whom be to you with him and the Holy Spirit glory, now and for all the ages to come. Amen."



Explorers
outing at
Cedro Peak

Congratulations to Bryan and Valerie Wofford on the birth of their second child baby girl Marie Bernadette last Sunday February 26. Grant O Lord to the new born Marie Bernadette and God-loving Wofford Family peace, health and happiness for many and blessed years!



EXPLORER corner:

Thank you for your prayers and financial support. We can't succeed in God's will without your sacrifices. Continue to remember us this Great Fast when the doors of Paradise are opened. More than anything, the Chiefs ask that you pray for the youth that they become the saints that God made them to be and that the Chiefs do our best to guide them towards the universal call of holiness from the Lord who is our True North.

If you are able to donate from \$1 to \$100000 there are the following Group needs:

- Chief training & camp costs (goal \$10,000).
- Youth sponsorships (goal \$3000).
- Timber Wolf Den library project (goal \$500)

-General purpose funds for supplies, insurance, camp costs, etc.

You may also want to give to our larger FNE family for a printing production project for educational books (goal is \$100,000).

If you want more information about any of these projects, having your child join, or want to support in other ways, speak with an FNE family member.