ByzanTEEN Rally Registration is Live: https://archpitt.org/byzan-teen-youth-rally-2024/



Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix Most Reverend Kurt Burnette Apostolic Administrator

Our Lady of Perpetual Help Byzantine Catholic Church 1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539 www.olphnm.org

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm Thursday OFF

THEOSIS: 2nd & 4th Thursday Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut, Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

May the Lord Bless your kindness and generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website: For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: <u>ps://www.olphnm.org/giving.</u> Father Artur Bubnevych, Pastor Rectory (505) 268-2877 abbaolph@gmail.com

Father Deacon Thomas Donlin donlin.thomas@gmail.com

Father Christopher Zugger pastor emeritus (505) 256-1787 Frchris.zugger@gmail.com www.frchriszugger.com

Father Tyler Strand (516) 661-0883 tylerastrand@yahoo.co.uk

Confession (Mystery of Reconciliation):

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/ Eucharist:

Must be arranged three months in advance. (Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance (Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

2 Timothy3:10-15; Luke 18:10-14

YouTube Live ECF Classes	8:30 am Rosary 9:00 am Festal Matins & Confessions 10:00 am Divine Liturgy for Parish Family, Benefactors & Friends Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine	
EUF Classes		
Jan 22 Mon	Timothy Apostle / Anastasius Martyr / 2 Peter 1:20-2:9; Mk 13:9-15	
Fast Free Week	9:00 am +Tomash & +Maria Peichi by Nelly Kartsub	
Jan 23 Tue	Clement of Ancyra Martyr / 2 Peter 2:9-22; Mk 13:14-23	
	9:00 God's Blessing on Ivy Rose and friends	
Jan 24 Wed	Xenia Venerable / 2 Peter 3:1-18; Mk 13:24-31	
Fast Free Week	6:00 pm God's Blessing on Doherty Family	
Jan 25 Thu	Gregory the Theologian Bishop / 1 Cor 12:7-11; Jn 10:9-16	
	6:45 pm THEOSIS Bible Study (zoom)	
Jan 26 Fri	Xenophon & Mary Venerables / 1 Jn 2:7-17; Mk 14:3-9	
Fast Free Week	9:00 am Prayer and Witness in front of abortion clinic on San Mateo./Lomas 6:00 pm God's Blessing on Helga Dzek	
Jan 27 Sat	Translation of the Relics of John Chrysostom / Heb 7:26-8:2; Jn 10:9-16	
	9:00 am (masks required) God's Blessing on Anton, Stepan and their families, Maria, Kateryna, Agneta and family, Margareta and family, Eleonora, Judith and family, Nelly by Nelly Kartsub	
Jan 28 Sun	Sunday of the Prodigal Son / 1 Cor 6:12-20; Lk 15:11-32	
	4:00 pm Great Vespers / YouTube LIVE Hebrew Scriptures for Sunday: 2 Samuel 1:17-27; Job 14:1-12; Daniel 9:1-11 5:00 pm God's Blessing on Mary Vandagriff by Cindy Loescher	
YouTube LIVE	8:30 am Rosary	
ECF Classes	9:00 am Matins & Confessions	
	10:00 am Divine Liturgy for Parish Family, Benefactors & Friends 5:30 pm Ask A Priest	

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <u>https://youtube.com/c/olphmedia</u>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi Jenny Ford Marilyn Fore Sven & Barbara Svensson Laurie Bienz Brent Dodson-Sands Lara Davis Carol Donlin Marcie Dark Jesse Hebert Fr Chris Zugger Fr Chris Andrews Fr Robert Rankin Fr. Steve Washko Vicki Frank

Buster Miscusi Barbara De Lap Irene Bradley Soriah Chavez Abraham Haddad Marianne Gerace Michael Baron Gabriel Preisler Jessica Pieniadz Rhonda Glasscock Amber Roybal Philip Leahy Juanita Montova Linda Granci

Christopher Barlow Jordan Smith Janet Worthington Patti Klinkovsky Matt Williamson James Epstein Katy Ford Alton & Barbara Bertschinger Madalyn Davis Rebecca Russo Jacob McTernan Paola Terlaza

Intentions of the Rosary:

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions / January. For The Gift Of Diversity In The Church

Let us pray that the Holy Spirit helps us recognize the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.

God our Savior, receive our sighs like the publican so that we may receive the forgiveness that you grant to those who repent, and in our life of repentance may we follow you all the days of our life in our vocations to marriage, religious, consecrated or ordained life, we pray you, hear and have mercy.

"O God, be merciful to me a sinner." The Publican prayed simply for mercy, and our Byzantine prayer services begin with these simple words. Do you want to receive and share this mercy by giving your life to prayer as a religious, monastic, priest or deacon? Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org





Vocation Icon Today: Riley Family Next Sunday: Blain Family

January 28, 2024 Cantor: Evie Jilek Reader: Brook Jilekj Altar Server: Michael Grega Troijca: Counters: Rita Montano & Miles Gloetzner

Propers for 1/28/2024 Sunday of the Prodigal Son; Resurrection Tone 2

Troparion (Tone 2) - 130 *v. Glory...* Kontakion (Prodigal) - 216 *v. Now & Ever...* Theotokion - 406 Prokeimenon & Alleluia - 132 Our Father - 67

The OLPH Prayer Warriors

make intercessory prayer a daily commitment. We pray voluntarily and without bias; that is, we take to the Blessed Trinity the requests that come our way.

The Prayer Warriors meet on Zoom every Sunday at 9:30 a.m. for themed meetings. **If you would like to join the Prayer** Warriors, would like additional information, and/or would like for us to pray for your intentions, please contact Patricia at pocb@unm.edu

Alicia's Hall Report

Last Sunday Ashley Garcia inspired us all to have a New Mexican potluck with her delicious green Chile posole! I added beans and red Chile posole, & Kendrick Sena made some delicious homemade tortillas. Ilona brought salad, the Sernas & others contributed sides, more tortillas, cupcakes & pumpkin pie. Thanks so much to all who contributed to the social and set up and clean up! And kids, keep up the good work cleaning up after yourselves! Please sign up to host/co-host here:

Please sign up here to host in 2024: https:// www.signupgenius.com/

Coming Events—Mark Your Calendars Now

Mon Jan 29 Tue Jan 30	Three Holy Hierarchs / Simple Holy Day 6:00 pm Vigil Liturgy 9:00 am Divine Liturgy
Fri Feb 2	Meeting of Our Lord with Simeon and Anna / Solemn Holy Day 6:00 pm Divine Liturgy Blessing of Candles / Myrovanije
Sat Feb 3	1st All Souls Saturday 9:00 am Divine Liturgy / Panachida
Mon Feb 12	First Day of the Great Fast
Sat Mar 2	3rd All Souls Saturday 9:00 am Divine Liturgy / Panachida
March 1—3	Lenten Retreat with Fr Michael O'Loughlin
Sat Mar	Feast of the 40 Martyrs of Sebaste 9 am Divine Liturgy / All Souls Panahida
Thu Mar 14	7:00 pm Matins with Great canon of St. Andrew of Crete / Reading Life story of St. Mary of Egypt
Tue April 9	6:00 pm Father Chris' talk on his NEW book, <i>Looking to Tomorrow, Part 1</i>
Tue April 30	6:00 pm Father Chris' talk on his NEW book, <i>Looking to Tomorrow, Part II</i>
Tue May 14	6:00 pm Father Chris' talk on the History of OLPH 1974—2024
Sun July 7	50th Jubilee OLPH Patronal Feast
Tue Oct 15	Celebration of the OLPH 50th Jubilee 3:30 pm Hierarchical Divine Liturgy 6:00 pm Dinner at Sheraton 7:30 pm Dancing with a live band (Die Polka Schlingels)

2024 Pysanky Workshops

OLPH will again host workshops for anyone interested in creating pysanky (Ukranian Easter eggs). The workshops are open to all skill levels (children do need a supervising adult) and will be held in January-March at the following dates and times: 1/20 9am-12pm, 1/29 12-3pm, 2/17 12-3pm, 2/19 12-3pm, 2/22 6-9pm, 3/4 6-9pm, 3/7 12-3pm and 3/16 12-3pm. Workshop space is limited, so please sign up at <u>http://tinyurl.com/olph-pysanky</u> or by contacting Andrea Riley at 505-220-9137 or <u>andrea.riley@gmail.com</u>. Blessing of Candles this year will take place at the 6:00pm Liturgy on Friday February 2: It is a pious and venerable tradition in our Church to bless candles after the Ambon Prayer of the Holy Encounter Liturgy. It is impossible to imagine our worship without burning candles. We use candles made of beeswax as a form of prayer offering and devotion to God, Most Holy Theotokos or Saints. Candles are used in all church solemnities and ceremonies and are symbolic of Christ, who is "the Light of the World." According to a different symbolism, the two elements of a candle represent the two natures of Christ: the Divine (the burning wick) and the Human (the wax body). According to Saint Simeon of Thessalonica (XV century), the pure wax symbolizes the purity and innocence of people offering it. The wax is offered as a sign of our repentance for our obstinacy and willfulness. The softness and malleability of the wax speak of our readiness to obey God. The flame of the candle shows the warmth of love to God. We should not put up a candle just for the sake of the ritual, with our hearts remaining cold.

Please bring your candles which you wish to have blessed and put them on the blessing table that will be set up on the right side of the tetrapod.

Attention - 1st ALL SOULS Saturday is coming soon.

Dear Parish Family, the 2024 Spiritually Powerfull remembrances of "All Souls" will begin on Saturday, February 3rd. Using the envelope provided in your tithing envelope set or on a sheet of paper, please submit the names of those you wish to have remembered at the All Souls Divine Liturgy / Panachida on these five Saturdays. Only write the first names of the individuals to be commemorated; if the list of names is the same as last year, simply write "same as last year," or write "add the following names to my list." Return your requests to the parish office by mail or by placing them in the collection basket. Deadline for returns is Sunday, January 28th.

Dear Father Artur and Parish Family of OLPH: Glory to Jesus Christ! Thank you so much for your very generous gift and for your prayers. Your prayers sustain all of us at the Seminary. Your gift will help a lot with books and expenses. Please be assured of my prayers for each of you! May the Lord Bless you and give you Peace. Deacon Tim

Pascha in Greece-- A Pilgrimage on May 1-11, 2024

Join us on a unique pilgrimage to Greece, where you can celebrate Pascha (according to Julian Calendar) and witness the beautiful liturgical services at the Holy Trinity Greek Catholic Cathedral in Athens, presided by Bishop Manuel Nin, OSB. Our trip also includes sightseeing and visiting different places in Greece where you can immerse yourself in the country's rich traditions and culture.

Athens – Corinth – Boat cruse to islands of Poros, Hydra and Aegina – Delphi – Meteora monasteries and caves Sponsored by Greek Catholic Exarchate of Greece and Holy Resurrection Parish in Euclid, OH. Contact: Tel (216) 6606-5313 Email: <u>HolyResurrection@parma.org</u> \$2,500 per person Price without airfare. Includes all itinerary activities and travel insurance

Guidelines for Volunteering at Our Lady of Perpetual Help: A volunteer is a valued part of the church. The volunteer should be at least 18 years of age. If under 18, the volunteer should be accompanied by a parent or have been given permission by the parent to perform volunteer activities while supervised by another adult. All volunteers must be approved by the Pastor. At the Pastor's discretion, he can request letters of reference or additional information prior to approval. All volunteers older than age 18 must complete a background check with the Eparchy of Phoenix and must complete the annual requirement for Safe Environment training. For parishioners who are new to the parish, we ask for regular participation in the parish, the Holy Sacraments and Divine Liturgy for a period of one year before volunteering with Eastern Christian Formation, the Choir, or as an Altar Server.

The Sunday of the Publican and Pharisee marks the start of the Triodion

ON THE ISLAND OF ZAKYNTHOS a unique ceremony takes place at the beginning of the Triodion. The book of the Triodion is placed on a stand before the icon of Christ. Before the first hymn from this book is chanted, the volume is presented to the bishop. He venerates it as if it were an icon, followed by all the clergy. Then the book is presented to the chanter who intones the first hymn. The time of the Triodion has begun.

The term Triodion refers to the ten weeks leading up to Pascha as well as to the book which contains the hymns, readings and prayers proper to this season. Triodion literally means "three odes" and refers to the canons at daily Orthros which contain three rather than the usual nine odes.

The Triodion as we have it today was organized by Studite monks in ninth-century Constantinople. They drew chiefly on texts from the Patriarchate of Jerusalem by a number of outstanding hymnographers, including Andrew of Crete, Cosmas of Maiuma and John of Damascus – some twenty composers in all.

In general the prayers and services of the Triodion may be considered a great catechesis for the faithful, setting forth the entire scope of divine revelation through the reading of several books from the Old Testament and allusions to many others in the Great Canon and other hymns as well as patristic homilies and chants based on still other sacred texts. This catechesis is not about imparting information but about motivating us to embrace the great task of the season: repentance and the renewal of our life in Christ.

This ten-week period is made up of the following components:

- The pre-Fast weeks which ease us into the practices of the Great Fast;

- The six-week long Great Fast itself;

- The two-fold feast of Lazarus Saturday and Palm Sunday; and

- The Great and Holy Week of the Lord's Passion.

The Pre-Fast Weeks

Documents from the sixth through the eighth centuries attest to a growing custom in the East of observing one week in preparation for the Great Fast. Today this pre-Fast period in the Byzantine Churches consists in the following:

- Two Sundays in which the Gospel readings at the Divine Liturgy invite us to reflect on humility (Pharisee and Publican) and God's ever-welcoming love (Prodigal Son).

- A Fast-Free Week between these two Sundays in which we are told not to fast, lest we take pride in our efforts like the Pharisee.

- Meat-Fare Week, the last time meat is eaten before Pascha. This week includes a Saturday of the Dead in which we make a general commemoration of all who have gone before us. [Type text]

- Cheese-Fare Week, the last time dairy products are eaten before Pascha. Cheese-Fare Week ends with Forgiveness Sunday and the ultimate preparation for the Fast: mutual forgiveness.

Last Sunday we heard the Gospel of Zacchaeus. This marked the start of the Pre-Lenten Season. Today is officially the first Pre-Lenten Sunday. Over the next weeks, we will be presented with different examples to follow during Great Lent. I think that this might be why some people say "Our Lent is so long!" We have six weeks of getting ready for it. But this week is a great way to start: no fasting or abstinence! This is so that we are not proud like the Pharisee. So, if you normally abstain on Wednesday and Friday, it is basically obligatory to eat meat on those days. Now is that a great way to start or what?

While eating the meat, we do well to ask ourselves all week, just how much do I recognize my sinfulness, weakness, and dependency on God? The publican was a tax collector for the Romans, hated by his own people and derided as a thief. But because of his recognition of his sinfulness, God not only is pleased with him, but exalts him. This then is a week to get started in breaking free of the chains of minimizing my sins and exaggerating my goodness that I have wrapped around my heart and soul. It is also the chance to give thanks to God for His great goodness: He is always ready to accept us back into His loving embrace!

God's Blessings and Congratulations to our newest Church Family member Aine Eilis Marie! received the Holy Mysteries of Christian Initiation (Baptism-Chrismation-Holy Eucharist) at the 9am Divine Liturgy. Grant into God's Family and our Byzantine Catholic Church as she Last Monday January 15th, we formally welcomed little Aine O Lord to the newly enlightened warrior of Christ Aine and the God loving Macik Family, peace health and happiness for many and blessed years!