

March 12, 2023 / T one 7 / 3rd Sunday of the Great Fast /
Veneration of the Cross

Glory to Jesus Christ! / Glory to Him Forever!
¡Gloria a Cristo! / ¡Gloria a Él para siempre!



We bow to Your Cross O Christ and we glorify Your Holy Resurrection!
For behold through the Cross joy has come to the whole world.
By enduring the Cross for us, Christ destroyed Death by death.

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zugger
pastor emeritus
(505) 256-1787
Frchris.zugger@gmail.com
www.frchrizugger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:00—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's re-
sponsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one re-
ceive the Anointing of the Sick before
any major surgery. Please don't let the
priest be last to know that someone is ill!

May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or
traveling or anyone who find this more convenient,
we just set up a new way to tithe online using your
credit card or debit card information. You can do a
one-time donation or setup weekly donations!! You
will receive a receipt and statement immediately after
donating. The software takes a very small percent-
age of the donation, but its worth it for the ease of
the system. You can donate using your computer /
smartphone at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Hebrews 4:14-5:6; Mark 8:34-9:1

- YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: Divine Guidance for Sylvia Adamsko by her sister
ECF Classes
- Mar 13 Mon** ***Translation of the Relics of Nicephorus—Patriarch / Gen 8:21-9:7; Prov 11:19-12:6***
 6:30 pm Lenten Mission at Our Lady of Fatima with Fr. Chris
- Mar 14 Tue** ***Benedict Venerable/ Gen 9:8-17; Prov 12:8-22***
6:30 pm Lenten Mission at Our Lady of Fatima with Fr. Chris
- Mar 15 Wed** ***MID-LENT / Agapius and Others Martyrs / Gen 9:18-10:1; Prov 12:23-13:9***
 5:30 pm OLPH Devotions
6:00 pm Presanctified Liturgy / +Albert & +Agnes by Pam Pettit
6:30 pm Lenten Mission at Our Lady of Fatima with Fr. Chris
- Mar 16 Thu** ***Sabinus and Pappas Martyrs / Gen 10:32-11:9; Prov 13:19-14:6***
- Mar 17 Fri** ***Alexis, Man of God Venerable / Gen 12:1-7; Prov 14:15-26***
 9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas
6:00 pm Presanctified Liturgy / +Joseph Richard Santos
followed by meatless potluck in the Parish Hall
- Mar 18 Sat** ***4th All Souls Saturday / Heb 6:9-12; Mk 7:31-37***
9:00 am All Souls Liturgy / Pahachida
11:00 am—2:00 pm Pysanky Workshop
- Mar 19 Sun** ***4th Sunday of the Great Fast / St. John Climacus / Heb 6:13-20; Mk 9:17-31***
4:00 pm Great Vespers YouTube LIVE
Hebrew Scriptures for Sunday:
Genesis 41:14-31; Judges 16:4-21 or Judges 16:23-30; Hosea 14:1-9
5:00 pm Divine Liturgy / +JoAnn & +Gerald by Mary Alice Cooper
- YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
ECF Classes
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Marilyn Fore	Irene Bradley	Linda Granci
Sven & Barbara Svensson	Sorilah Chavez	Vicki Frank
Laurie Bienz	Abraham Haddad	Christopher Barlow
Brent Dodson- Sands	Marianne Gerace	Jordan Smith
Lara Davis	Lori Medina	Janet Worthing- ton
Carol Donlin	Michael Baron	Patti Klinkovsky
Marcie Dark	Gabriel Preisler	Matt Williamson
Jesse Hebert	Jessica Pieniadz	James Epstein
Fr. Chris Zugger	Rhonda	Katy Ford
Fr Chris Andrews	Glasscock	Jacob McTernan
	Amber Roybal	
	Philip Leahy	
	Juanita Montoya	

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

THIRD SUNDAY OF THE GREAT FAST: VENERATION OF THE HOLY CROSS

“Whoever will lose his life for my sake and for the sake of the Good News will save it.” A vocation is a cross, a way to lose our lives for the Lord and His Gospel by giving life to the world in a life of prayer and devotion to the holy mysteries of the Church. The Lord may be showing you that holy orders or the religious life is something to consider. Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

Vocation Icon

Today: Davidson-Talley Family
Next Sunday: Talamante Family



Holy Father's Intentions for March

For victims of abuse
We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.



March 19, 2023

Cantor: Andrea Riley
Reader: Michael Wells
Trojca:
Alaina & Nicky Riley
Altar Server: Michael Grega
Counters: Jana Brewer &
Ann Rajala

**Propers for 3/19/2022
4th Sunday of Great Fast
Resurrection Tone 8**

Typical Psalms & Beatitudes - 16,17
& 23

Troparion (Tone 8) - 161
Troparion (GF) - 226
v. Glory...

Kontakion (GF) - 226
v. Now & Ever...
Theotokion - 406

Prokeimenon & Alleluia - 162 & 226
Instead of 'It is Truly Proper' - 231
Our Father- 73
Communion - 78 & 227 [A]

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer
requests to Patricia at pocb@
unm.edu

THE PRAYER WARRIORS IS
OPEN TO EVERYONE--WOMEN,
MEN, & CHILDREN (children who
have their parents' permission)!

Alicia's Hall Report

Glory be to Jesus Christ and con-
gratulations to the Hebert family on
the initiation of their 3 boys! What a
joyous and beautiful celebration! For
the social the Heberts brought
baked potatoes with chili beans and
shredded meat, fresh colorful top-
pings and cake to top it off. God
grant Jesse, Levi, and Jude many
blessed and happy years! Thanks to
all who brought food, helped set up
and cleaned up! Please sign up to
host or co-host a social
here: [https://
www.signupgenius.com/
go/10c054aaaaa2aa4f94-olph#/
/](https://www.signupgenius.com/go/10c054aaaaa2aa4f94-olph#/)

Coming Events—Mark Your Calendars Now

Thurs Mar 23	7:00 pm Matins with Great Canon of St Andrew of Crete / Reading Life story of St Mary of Egypt
Sat Mar 25	Annunciation of the Theotokos Solemn Holy Day / No Fasting 9:00 am - Festive Liturgy of St John Chrysostom / Myrovanije
Mon Mar 27	6:00—9:00 pm Pysanky Workshop
Sat Apr 1	Saturday of Lazarus (End of 40 day Lent) 9:00 am Divine Liturgy
Mon Apr 17	6:30 pm Advisory Board Meeting
Sat May 6	Annual Byzantine Bazaar 10:00 am—3:00 pm
Wed May 17 Thu May 18	Ascension of Our Lord / Holy Day of Obligation 6:00 pm Vigil Divine Liturgy 9:00 am Divine Liturgy
Sun Jul 2	OLPH Patronal Feast Day
Holy Week / Pascha / April 9 (All Services available — YouTube live)	
Monday	6:00 pm Bridegroom Matins / Confessions
Tuesday	6:00 pm Bridegroom Matins / Confessions
Wednesday	7:00 pm Presanctified Liturgy Holy Anointing / Confessions
Thursday	7:00 pm Vespers/ Divine Liturgy of St. Basil / Confessions
Friday	10:00 am Passion Matins 7:00 pm Vespers & Procession With the Burial Shroud/ Confessions
Saturday	11:30 pm Jerusalem Matins/All night Vigil 11:00 am Akathist to the Life Bearing Tomb of Christ
Sunday	6:00 pm Easter Vigil Liturgy / Blessing of Baskets 9:00 am Resurrection Matins / Liturgy/ Blessing of Baskets
Bright Monday	6:00 pm Liturgy / Procession around the church with reading of the Paschal Gospels

MARK YOUR CALENDAR: Our Annual OLPH Bazaar is May 6th. In preparation, we will be making our traditional Slovak Stuffed Cabbage Rolls (Holubky) on Saturday, April 1st. These are the real thing with the recipe handed down over the years by our church founders. **We will be starting around 10:30 after Lazarus Saturday Liturgy and end around 2pm with lunch provided. Kids from 10 and up are welcome!**

The Eparchy, within all its parishes, institutions, and programs, is committed to assuring a Safe Environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any concerns, please contact:
Subdeacon Paul Kilroy, Safe Environment Program Coordinator
Cell: (702) 498-5972 -- Office: (602) 861-9778 ext. 203 -- Email: sbdcnkilroy@ephx.org
Victim Assistance Coordinator, Dcn Michael Hanafin Cell: (480) 307-5182

EPARCHIAL APPEAL 2023: Collected to date: **\$3,085.00**. Thank you to: Serna Family, Tiana Sevachko, Mark and Sharon Sevachko, Tom & Cathy Sullivan, Fr. Chris, Lara Davis, and Helga Dzek. Our parish goal this year is **\$18,320.60 which comes down to \$300.00 per Family**. Parishes meeting their goals will receive a 10% rebate on the goal amount. We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to Holy Protection of Mary Byzantine Eparchy. **Kindly give what you can to help our Eparchy and our Church. Thank you!**

72nd Annual Brother Mathias Barrett St. Patrick's Day Dinner Join us at St. Pius X High School for a night of dinner and entertainment! Friday, March 17th, 2023 4:00 pm to 8:00 pm. Now accepting sponsorships and donations. All proceeds benefit the Good Shepherd Center, a St John of God ministry. For more information visit www.gscnm.org or call 505-249-6416.

Father Chris is preaching a Lenten Mission at Our Lady of Fatima parish,
4020 Lomas Blvd NE. Each night starts at 6:30 pm and includes Confessions.

March 13 The Real Presence in the Eucharist and The Passion; "Father, forgive them"

March 14 The Seven Last Words "The Good Thief, the Virgin Mary,
Why have You forsaken Me?"

March 15 The Seven Last Words "I thirst; It is finished; Into Thy Hands"

Together With God

The Family Life Office along with the support of Archbishop John C. Wester would like to announce a new support group for individuals who have lost a loved one to suicide. The program is titled, Together with God. The program is being led by suicide loss survivors. Those interested in participating in the 8 week discussion group or to be trained as a facilitator for the group, no commitment is necessary, please contact the Office of Family Life at 505-8117 or yduran@archdiosf.org or Kay at kayhockey@comcast.net Group will start meeting March 22, 2023. This program is funded by The Catholic Foundation.

Retrouvaille, a lifeline for troubled marriages. Is your marriage tearing you apart? Is there little or no meaningful communication? Are you considering separation or divorce? We believe Retrouvaille can help. Retrouvaille will teach you a method to re-establish communication. This three phase program consists of a weekend experience, a series of 7 follow-up sessions over a seven week period, and a monthly meeting for lifelong support. Our next program will begin on May 19-21, 2023. Inquire or register on our Website at www.HelpOurMarriage.org.

3rd Sunday of Great Fast – Veneration of the Cross

Regarding Christ and His Cross, the Catechism of the Catholic Church teaches in #618:

The cross is the unique sacrifice of Christ, the "one mediator between God and men". But because in his incarnate divine person he has in some way united himself to every man, "the possibility of being made partners, in a way known to God, in the paschal mystery" is offered to all men. He calls his disciples to "take up [their] cross and follow [him]",⁴⁵⁴ for "Christ also suffered for [us], leaving [us] an example so that [we] should follow in his steps." In fact Jesus desires to associate with his redeeming sacrifice those who were to be its first beneficiaries. This is achieved supremely in the case of his mother, who was associated more intimately than any other person in the mystery of his redemptive suffering.

Apart from the cross there is no other ladder by which we may get to heaven

- St. Rose of Lima

The Divine Office for today is filled with beautiful meditations such as these:

Ode 5: At night I keep watch before You; enlighten me, O life-giving Cross of Christ; let the light of day dawn upon me when I bow before you in fear. Today the Cross, the new Tree of life, is brought forth for our veneration; the world exults as it embraces it, and it rejoices at the coming of the Spirit.

Ikos: Hades asked its servants: Who has driven this spear into my heart? A wooden lance has pierced me, and I am torn apart. What pain penetrated my womb and my heart, what sorrow stabs my spirit? I am forced to give up Adam and his children, those whom I had received from the forbidden Tree, for a new Tree leads them to enter again into Paradise.

Sunday Evening Vespers: O Lord, You willingly stretched out Your hands upon the Cross; now grant us the compunction to venerate it worthily. Illumine our hearts with Your brightness by fasting and prayer, temperance and good deeds; for You are good, and You love mankind.

The Cross is brought out now in the middle of Lent to strengthen us in our journey. If we have been weak, the Cross gives us strength. If we have had a good Lent, the Cross encourages to continue. We are reminded that nothing spiritual is achieved without the Cross – it is our only hope, our only consolation, our true guide to the embrace of the Holy Trinity.

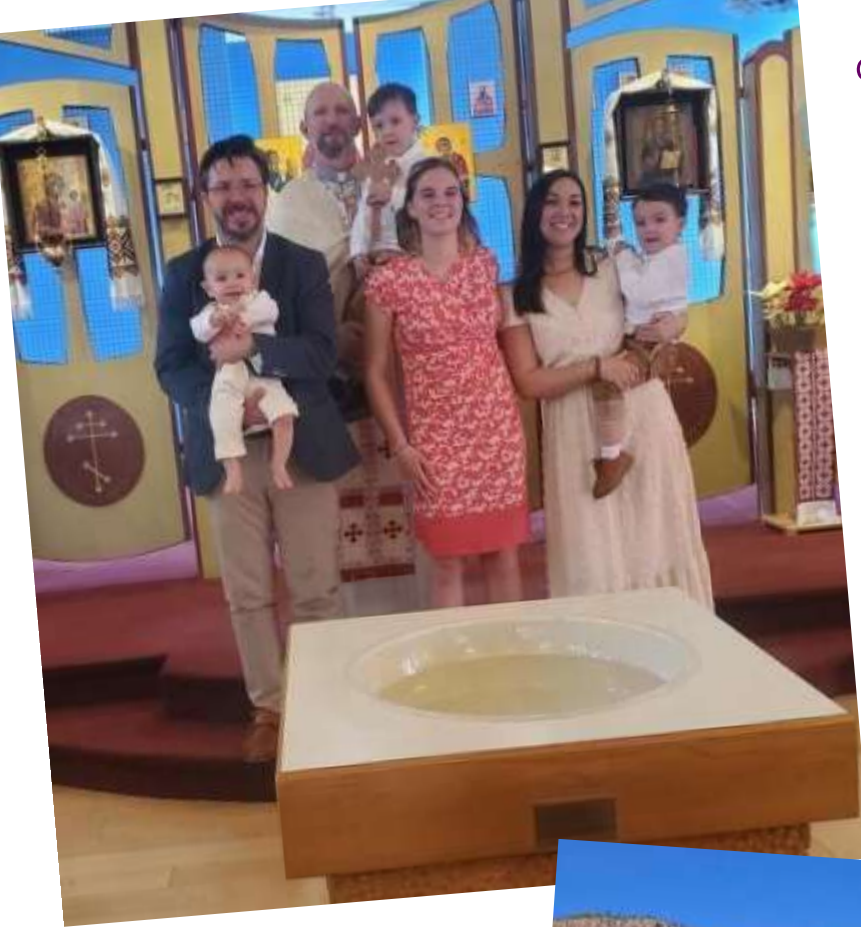
Saint of the Week:

March 17 is the feast of Saint Patrick. In the Byzantine Typikon, he is honored as the "Enlightener of Ireland."

Patrick lived from about 387 to about 417, and he is the most famous of the Romano-British missionary saints. After being enslaved at 16 years of age by Irish raiders, he escaped after six years and was reunited with his family. But he went on to study for the priesthood in order to fulfill the dreams God sent him of saving Irish souls. Consecrated as Bishop of Ireland by Pope Celestine I around 431 AD, he returned to serve the small Christian population and to preach to the pagans. He spent 30 years preaching, ordaining priests, establishing dioceses with bishops, and teaching missionaries. Icons depict him in green vestments, the traditional color of Ireland, holding the three-leaf shamrock. Irish legend has it that Patrick and his missionaries used the shamrock to teach the people about the Three Persons of the Trinity in the One God.

While the shamrock story may be a legend, it is a fact that he established the beautiful Celtic crosses. The story of Patrick driving out the snakes is a metaphor for driving out pagan worship and rooting the Church deep into Irish culture.

In America, the holy day has degenerated into a day of drinking and carousing. In Ireland, it is a day to dress up, go to Mass, and have a festive meal at home, as there is a dispensation from fasting. People wear green as it was forbidden to do so under the British, so it was a form of protest. It is also a day of Irish-language songs as for centuries those were forbidden as well. Parades in America were a way of bringing Irish culture and Catholicism into public view, as the Irish Catholics were discriminated against for employment well into the 1940s.



God's Blessings and Congratulations to the trinity of our newest Church Family members:

Jesse, Levi and Jude Hebert!!!

Last Sunday, we formally welcomed Jesse, Levi and Jude into God's Family and our Byzantine Catholic Church as they received the Holy Mysteries of Christian Initiation (Baptism-Chrismation-Holy Eucharist) at the 10 pm Divine Liturgy. May the Lord grant to the God loving Hebert Family: Jonathan, Lauren and newly enlightened warriors of Christ Jesse, Levi and Jude, peace health and happiness for many and blessed years!

EXPLORER CORNER:

Parishioner Marc Montano making his Promise at our most recent camp. The Explorer Promise "On my honor and with God's grace I promise to do my best, to serve God, the Church, and my country, to help my neighbor at all times and to obey the Explorer Law."

