

February 26, 2023 / T one 5 / 1st Sunday of the Great Fast  
Glory to Jesus Christ! / Glory to Him Forever!  
¡Gloria a Cristo! / ¡Gloria a Él para siempre!



The MISSION SOCIETY is pleased to present an especially beautiful icon of Our Lord, the Good Shepherd, for your use at Easter this year. Given all the turmoil in the world today, and the ongoing war in Ukraine, we thought that this image of Jesus lovingly embracing His sheep - us – and the lamb responding to that embrace with complete trust would be especially appropriate.

For our Easter campaign this year, we have simply designated “UKRAINE RELIEF.” The eparchy (diocese) of Mukachevo continues to serve thousands of displaced people who have sought shelter in the Transcarpathian Oblast of Ukraine. Your Easter card purchases & donations will go to help pay for temporary housing, rent, food, clothing, and fuel. A special need will be generators to keep refrigerators working, as there will be a crucial need to keep food fresh, since electrical supplies work intermittently at best due to the ongoing Russian bombardments. Sometimes the electricity is off for up to twelve hours or even a few days in different districts. To donate or learn more visit our website at <http://missionboronyavo.org>

A packet of 5 cards sells for \$10 including envelopes. Each packet of cards includes a prayer list. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office no later than Easter Sunday, April 9th. Bishop Nil will place all these names on the altar at Holy Cross Cathedral in Ukraine & pray for your intentions at the Divine Liturgy on Easter Sunday. In Ukraine, Easter is celebrated on the Old Calendar, which is April 16th this year. Check out our website at “News and Events” to see pictures of Bishop Nil praying for you & your loved ones during the Christmas Liturgy!

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix  
Most Reverend Kurt Burnette Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church  
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539  
[www.olphnm.org](http://www.olphnm.org)**

**Father Artur Bubnevych, Pastor  
Rectory (505) 268-2877  
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**Father Tyler Strand  
(516) 661-0883  
[tylerastrand@yahoo.co.uk](mailto:tylerastrand@yahoo.co.uk)**

**OFFICE HOURS:**

Monday—Friday 10:00 am—4:00 pm  
Thursday OFF

**THEOSIS:** 2nd & 4th Thursday  
Bible Study 6:45 pm / Zoom

**Advisory Board**

Fr. Chris Zugger, Dan Riley, Rafael Plut,  
Jeff Brewer, Michael Grega, Alicia Wells

**Finance Council**

Matthew Blain, Maria Alden

**Confession (Mystery of  
Reconciliation):**

9:00—10:00 am on Sundays, before or  
after weekday Liturgies, or by appoint-  
ment with Father

**Mysteries of Baptism/Chrismation/  
Eucharist:**

Must be arranged three months in  
advance.  
(Pre-Jordan requirement)

**Mystery of Crowning:**

Must be arranged six months in  
advance  
(Pre-Cana requirement)

**Sick and Shut-Ins:** It is the family's re-  
sponsibility to notify the parish office  
when a parishioner is in the hospital or  
confined to home because of sickness or  
old age. Father will bring the confined  
person the Holy Mysteries on a regular  
basis. It is recommended that one re-  
ceive the Anointing of the Sick before  
any major surgery. Please don't let the  
priest be last to know that someone is ill!

May the Lord Bless your kindness and  
generosity to His House!

**ONLINE GIVING / ONLINE TITHING**

is available on our website:

For those parishioners who can't attend in person or  
traveling or anyone who find this more convenient,  
we just set up a new way to tithe online using your  
credit card or debit card information. You can do a  
one-time donation or setup weekly donations!! You  
will receive a receipt and statement immediately after  
donating. The software takes a very small percent-  
age of the donation, but its worth it for the ease of  
the system. You can donate using your computer /  
smartphone at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

**Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!**

***Hebrews 11:24-26.32-12:2 / John 1:43-51***

**YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions  
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends  
Procession with Icons / Blessing of Icons  
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine  
ECF Classes  
5:30 pm Ask A Priest

**Feb 27 Mon** ***Porphyry of Gaza Bishop / Gen 3:21-4:7; Prov 3:34-4:22***



6:00 pm—9:00 pm Pysanky Workshop

**Feb 28 Tue** ***Basil Venerable-Confessor / Gen 4:8-15; Prov 5:1-15***

**Mar 1 Wed** ***Eudoxia Venerable-Martyr / Gen 4:16-26; Prov 5:15-6:3***



10:00 am Church Tour with Annunciation Catholic School  
5:30 pm OLPH Devotions  
6:00 pm Presanctified Liturgy / +Michael and +Anna Balash by Svenssons /  
YouTube Live

**Mar 2 Thu** ***Eudoxia Venerable-Martyr / Gen 4:16-26; Prov 5:15-6:3***

**Mar 3 Fri** ***Eutropius & Others Martyrs / Gen 5:32-6:8; Prov 6:20-7:1***



9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas  
6:00 pm Presanctified Liturgy / +Gustav and +Nelly Hedlund by Svenssons  
meatless potluck after Liturgy / YouTube Live

**Mar 4 Sat** ***2nd All Souls Saturday / Heb 3:12-16; Mk 1:35-44***

9:00 am All Souls Liturgy / Panachida

**Mar 5 Sun** ***2nd Sunday of the Great Fast / Heb 1:10-2:3; Mk 2:1-12***

4:00 pm Great Vespers YouTube LIVE  
Hebrew Scriptures for Sunday: Exodus 8:1-15; Job 12:1-15; Isaiah 58:1-11  
5:00 pm Divine Liturgy / +Mary Sanchez by Debbie Sanchez

**YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions  
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends  
ECF Classes

Eternal Lamp: +Priscilla Hughes by Ann Rajala

**YOUTUBE LIVE-STREAMING:** OLPH Sunday / Holy Day Liturgies are available on YouTube.

The link is <https://youtube.com/c/olpimedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: [riley.dan@gmail.com](mailto:riley.dan@gmail.com)

### **Remember Those Who Request Our Prayers:**

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Marilyn Fore	Irene Bradley	Linda Granci
Sven & Barbara	Sorilah Chavez	Vicki Frank
Svensson	Abraham Haddad	Christopher
Laurie Bienz	Marianne Gerace	Barlow
Brent Dodson-	Lori Medina	Jordan Smith
Sands	Michael Baron	Janet Worthing-
Lara Davis	Gabriel Preisler	ton
Carol Donlin	Jessica Pieniadz	Patti Klinkovsky
Marcie Dark	Rhonda	Matt Williamson
Jesse Hebert	Glasscock	James Epstein
Fr. Chris Zegger	Amber Roybal	Katy Ford
Fr Chris Andrews	Philip Leahy	Jacob McTernan
	Juanita Montoya	



Vocation Icon

Today: Sullivan Family  
Next Sunday: Carol Donlin

“We have found the one about whom Moses wrote in the law and also the prophets.” Finding our Savior during this Great Lent, we see that our “soiled image was restored to its original form, commingled with divine beauty.” God may be helping you find that a vocation to monasticism or holy orders is the beauty meant for you. To learn more, contact the Vocations Office at 206-329-

### **Intentions of the Rosary:**

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

### **Holy Fathers Intentions February / For parishes**

We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

## Coming Events—Mark Your Calendars Now

**March 5, 2023**

Cantor: Andrea Riley  
 Reader: Michael Wells  
 Trojca: Esther & Tony Gloetzner  
 Altar Server: Michael Grega  
 Counters: Mary Roseman &  
 Michael Wells

**Propers for 3/5 2023**  
**2nd Sunday of Great Fast**  
**Resurrection Tone 6**

Typical Psalms & Beatitudes—16,17 & 23  
 Troparion (Tone 6) - 152  
*v. Glory...*  
 Kontakion (GF) - 222  
*v. Now & Ever...*  
 Theotokion - 406  
 Prokeimenon & Alleluia - 223 & 153  
 Instead of 'It is Truly Proper' - 223  
 Our Father- 71

### **OLPH Prayer Warriors**

Sunday (Zoom). Send your prayer requests to Patricia at [pcb@unm.edu](mailto:pcb@unm.edu)

THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

Mon Mar 6	6:00 pm Advisory Board Meeting
Sat Mar 11	<b>3rd All Souls Saturday</b> 9:00 am Divine Liturgy / Panahida
Wed Mar 15	<b>Mid-Lent</b> 6:00pm Liturgy of the Presanctified Gifts
Sat. Mar 18	<b>4th All Souls Saturday</b> 9:00 am Divine Liturgy / Panahida
Sat Mar 18	11:00 am—2:00 pm Pysanky Workshop
Thurs Mar 23	<b>7:00 pm Matins with Great Canon of St Andrew of Crete / Reading Life story of St Mary of Egypt</b>
Sat Mar 25	<b>Annunciation of the Theotokos Solemn Holy Day / No Fasting</b> 9:00 am - Festive Liturgy of St John Chrysostom / Myrovanije
Mon Mar 27	6:00—9:00 pm Pysanky Workshop
Sat Apr 1	<b>Saturday of Lazarus (End 40 day Lent)</b> 9:00 am Divine Liturgy
Sat May 6	<b>Annual Byzantine Bazaar</b> 10:00 am—3:00 pm
Sun Jul 2	<b>OLPH Patronal Feast Day</b>

**ETERNAL MEMORY!!!** Our beloved Sister +Priscilla Hughes after the long battle with cancer fell asleep in the Lord on Monday evening February 20th at Kaseman Presbyterian Hospice. We offer her family and friends our heartfelt condolences and promise of prayers for Priscilla's eternal repose and her family consolation. The funeral arrangements are pending. May God grant His servant Priscilla blessed repose and remember him forever!  
 Вічна пам'ять, Блажений упокой, Вічна ея пам'ять!

**Alicia's Hall Report** Thanks to all who brought food, set up and cleaned up on Cheese-fare! Darlene brought chips and queso, Rita brought an egg & bacon casserole, Evie brought barbecue chicken, Ashley brought a salad with pineapple, Eva Riley brought a cheeseball, I brought havarti, cheddar, goat cheese, jam, and crackers, and someone brought mac n' cheese. It was a great potluck! The young ladies of the Parish were excellent helpers with setting up and cleaning up, especially the Serna girls, Eva Riley, Esther Gloetzner. Also a couple new families graciously helped clean up- thank you all! Thanks to the Dads for throwing out the trash! Also the kids did a much better job of cleaning up after themselves last Sunday- keep up the good work! The Jileks are hosting today and next Sunday social for special family days. Please check out the calendar and sign up to set up, clean up, host or co-host a meatless, dairy free social for a special occasion or if you have ideas for themes for potlucks. <https://www.signupgenius.com/go/10c054aaaaa2aa4f94-olph#/> Have a blessed 2nd week of the Great Fast!

**The Eparchy**, within all its parishes, institutions, and programs, is committed to assuring a Safe Environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any concerns, please contact:

Subdeacon Paul Kilroy, Safe Environment Program Coordinator

Cell: (702) 498-5972 -- Office: (602) 861-9778 ext. 203 -- Email: [sbdcnkilroy@ephx.org](mailto:sbdcnkilroy@ephx.org)  
Victim Assistance Coordinator, Dcn Michael Hanafin Cell: (480) 307-5182

### **EPARCHIAL APPEAL 2023**

The Annual Eparchial Appeal this year runs from **February 1<sup>st</sup> to August 31<sup>st</sup>**. The pledge form and information for the appeal was mailed directly from the Bishop's office to your home. Our parish goal for this year is **\$18,300 which bring it down to \$300 per family**. We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to the Eparchy of Phoenix. Thank you for your support!

**72nd Annual Brother Mathias Barrett St. Patrick's Day Dinner** Join us at St. Pius X High School for a night of dinner and entertainment! Friday, March 17th, 2023 4:00 pm to 8:00 pm. Now accepting sponsorships and donations. All proceeds benefit the Good Shepherd Center, a St John of God ministry. For more information visit [www.gscnm.org](http://www.gscnm.org) or call 505-249-6416.

### **Pray, Fast, and Help Save Lives!**

Project Defending Life is once again hosting 40 Days for Life this Lent. 22,829 babies saved since 2007 (includes many babies saved in NM). 40 Days for Life starts on Ash Wednesday February 22nd. Your help is needed; a lot of people are coming to New Mexico from Texas and other states to get an abortion. But lives can be saved when people come out to peacefully pray, fast, and witness for Life! Bring a friend and go to the abortion mills at either Southwestern Women's Options late-term abortion mill (522 Lomas Blvd NE) or Planned Parenthood (701 San Mateo Blvd NE) For more information, see the flyer on a greeting table or bulletin board in the hall, the 40 Days for Life national website - <https://www.40daysforlife.com/en/>

**Our Parish is scheduled on Friday February 24<sup>th</sup> and Friday March 24<sup>th</sup>**

### **Why do Byzantine and Orthodox Churches begin the Great Fast (Lent) two days earlier than Roman?**

The answer is that the period of paschal preparation is structured very differently in the two traditions. Byzantine Churches have two major fasting periods in preparation for Pascha (Easter). The first 40-day period, called the Great Fast, begins seven Mondays before Pascha Sunday and ends the Friday before Lazarus Saturday (the day before Palm Sunday). This period includes Sundays, which explains why there is only a mitigation for wine and oil on Sundays and special feast days in the traditional fast. Byzantine Churches then celebrate a second intense fasting period, from Holy Monday to the Divine Liturgy of Pascha (Easter) Sunday. Traditionally, during the weekend between the two fasting periods, namely Lazarus Saturday and Palm Sunday, meat and dairy are allowed. By contrast, the Latin (Roman) Catholic Church has a single 40-day fasting period from Ash Wednesday to Holy Saturday, the day before Easter. There are actually 46 days in this period, but Sundays are counted as "an island in the fast" and therefore not included in the 40 days.

### **What are Aliturgical Days?**

In the Eastern Church as well as in the Roman Church there are prescribed Aliturgical Days. Days on which the Divine Liturgy or Mass is not celebrated. In the Roman Tradition Good Friday is an Aliturgical Day. The Byzantine Churches have a number of days on which the Divine Liturgy is not celebrated which are more connected with fasting days in the Church.

## Sunday of Orthodoxy

Today we celebrate the “**triumph of Orthodoxy**”, meaning of the true faith. It celebrates the final **victory over iconoclasm** in 842, after 130 years of struggles. The Synod of Constantinople had reaffirmed the **Seventh Ecumenical Council’s teaching on the proper use of images in Christian worship**, and to celebrate the event the population of Constantinople took part in a huge procession from the Blachernae Church to Hagia Sophia, carrying icons and other images which had been hidden away in homes and monasteries and now could be restored to the churches. Every parish holds a similar procession today, as the Council had decreed that the first Sunday of Lent, which was the date of that first procession, would include this remembrance. Today, **the service reflects both the original feast, Sunday of the Prophets, and the triumph of orthodox belief over all heresies.**

**Iconoclasm teaches that the Word of God as Incarnate in Jesus cannot be represented in art**, as the divine should not be represented in any way. In this, it reflects both Jewish and Muslim teachings, and raises questions then about the Incarnation: **did God truly become a human being in Jesus or not? This underlies all iconoclastic tendencies, rejecting the great gift of the incarnation through which we are offered salvation.** Iconoclasm was also a reaction to the claims of miracles accompanying icons, and excessive piety which seemed to veer very close to idol-worship. **Much of the ancient Eastern Christian art was lost in this purge. The treasury of Saint Catherine’s Monastery in Sinai – which escaped the destruction - gives us a glimpse of what we have lost.** Officials favored their destruction. Parishioners hid icons in their homes, but soldiers would break in to search for the forbidden images. **Pope Gregory III condemned the heresy, but his messengers to the Emperor were imprisoned.** Finally, Empress Irene, Pope Hadrian I, and Patriarch Tarasios convoked the Seventh Council at Nicaea in 786-87. This Council reaffirmed the classic Christian defense of icons: ***“We define that the holy icons, whether in color, mosaic, or some other material, should be exhibited in the holy churches of God, on the sacred vessels and liturgical vestments, on the walls, furnishings, and in houses and along the roads, namely the icons of our Lord God and Savior Jesus Christ, that of our Lady the Theotokos, those of the venerable angels and those of all saintly people. Whenever these representations are contemplated, they will cause those who look at them to commemorate and love their prototype. We define also that they should be kissed and that they are an object of veneration and honor (timitiki proskynisis), but not of real worship (latreia), which is reserved for Him Who is the subject of our faith and is proper for the divine nature. The veneration accorded to an icon is in effect transmitted to the prototype; he who venerates the icon, venerated in it the reality for which it stands”.***

## St Gerasimos of the Jordan

March 4. St. Gerasimos of the Jordan (5<sup>th</sup> century) is a popular saint, a monk to whom wild animals came because in him they found a man who lived in complete peace. One was a lion who approached Gerasimos for help with a painful splinter in his paw. After Gerasimos tended to him, the lion stayed with him. The monks called him Jordanes. When the elder fell asleep in the Lord and was buried, Jordanes lay down on the grave, roaring in his grief and beating its head against the ground. He could not be consoled and died there. **Stories about saints and wild animals like these show us that when a saint achieves *theosis*, transformation by the Holy Spirit, animals see in the saint a person who is like Adam, living as Adam did in the Garden of Eden, living in peace with God and wildlife alike.** You can learn more about this by looking at Father Chris’ talk “*Scent of Paradise*” on our YouTube channel. There were many such saints, including the famous Mary of Egypt, who had a lion as her companion in the wilderness, and Seraphim of Sarov.

**These are not fables, but documented histories** of holy men and women who lived in the presence of God, escorted by animals. **During Lent, it is worth pondering: how can I get closer to what God wants me to be?** Animals and trusting little children show the way!



Our clergy meeting with Bishop Kurt Burnette at St Stephen's in Phoenix AZ (Feb 9, 2023)



We rejoice with Tom and Natalie Sullivan on birth of their fifth child, baby girl Milagros Sofia Tuesday evening February 21<sup>st</sup>. Baby and the mother are doing great! Grant O Lord to the new born Milagros Sofia and the God-loving Sullivan Family peace, health and happiness for many and blessed years!!!!

**Next Saturday is the  
2nd All Souls Saturday**

"We seem to give them back to you, O God, who gave them first to us. Yet as you did not lose them in giving, so we do not lose them by their return. Not as the world gives do you give. What you give you do not take away. For what is yours is eternal. We are yours and life is eternal. And love is immortal, and death is only a horizon, and a horizon is but the limit of our sight."  
*Bede the Venerable*