

June 4, 2023 / T one 8 / Sunday of All Saints
Christ is Among Us! He is and Always Shall Be!



The Peter and Paul (Apostles) Fast June 5 – June 28:

The Apostles Fast begins this evening after Vespers and lasts until June 28. The Typikon prescribes strict abstinence on Mondays, Wednesdays and Fridays, with mitigated abstinence (Wine and Oil) on Tuesdays and Thursdays.

The Ruthenian Metropolia has identified this period as a penitential season (Canon 880, #2). This fast may be observed voluntarily.

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
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Father Tyler Strand
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tylerastrand@yahoo.co.uk

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:00—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.

(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance

(Pre-Cana requirement)

May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or set-up weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Sunday of All Saints / Hebrews 11:32-12:2a; Matthew 10:32=33.37-38 & 19:27-30

YouTube Live 8:30 am Rosary 9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: Holy Protection of the Mother of God over People of UkraineE

Jun 5 Mon



Start of Apostle's Fast / Dorotheus Bishop-Martyr
Rom 2:28-3:18; Mt 6:31:34 & 7:9-11

9:00 am +Joseph and +Phoebe Patrick by Svenssons
6:30 pm Advisory Board Meeting

Jun 6 Tue

Bessarion and Hilary Venerables / Rom 4:4-12; Mt 7:15-21

9:00 am +Mary Ann Truby by Svenssons

Jun 7 Wed



Theodotus Bishop-Martyr / Rom 4:13-25; Mt 7:21=23

5:30 pm OLPH Devotions
6:00 pm +Rosemary Macken by Wells Family

June 8 Thu

Translation of the Relics of the Great-Martyr Theodore
Rom 5:10-16; Mt 8:23-27

6:45 pm THEOSIS (zoom)

June 9 Fri



Cyril of Alexandria Archbishop / Rom 5:17-6:2; Mt 9:14-17

9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas
6:00 pm +Priscilla Hughes by Juanita Montoya

June 10 Sat

Timothy Bishop-Martyr / Rom 3:19-26; Mt 7:1-8

9:00 am (masks required) +Marie Cuomo by Svenssons

June 11 Sun

2nd Sunday After Pentecost / Rom 2:10-16; Mt 4:18-23

4:00 pm Great Vespers / YouTube LIVE
5:00 pm +Richard Collins by Juanita Montoya
Hebrew Scriptures for Sunday: 1 Peter 1:3-9; 1 Peter 1:13-19; 1 Peter 2:11-24

YouTube LIVE

8:30 am Rosary 9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Marilyn Fore	Irene Bradley	Linda Granci
Sven & Barbara	Soriah Chavez	Vicki Frank
Svensson	Abraham Haddad	Christopher
Laurie Bienz	Marianne Gerace	Barlow
Brent Dodson-	Lori Medina	Jordan Smith
Sands	Michael Baron	Janet Worthing-
Lara Davis	Gabriel Preisler	ton
Carol Donlin	Jessica Pieniadz	Patti Klinkovsky
Marcie Dark	Rhonda	Matt Williamson
Jesse Hebert	Glasscock	James Epstein
Fr Chris Zuger	Amber Roybal	Katy Ford
Fr Chris Andrews	Philip Leahy	Alton & Barbara
Fr Robert Rankin	Juanita Montoya	Bertschinger
	Jacob McTernan	

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions June For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

“The one who saves his life will lose it, but whoever loses his life for my sake will obtain it.” The saints show us the meaning of Christ’s words, when they obtained life by giving their lives for the sake of Christ. Serving as a monk, nun, priest, deacon or in minor orders is one way to lose one’s life. This may be your calling to grow in Christ. Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org



Vocation Icon

Today: Carol Donlin
Next Sunday: Fr Artur

Coming Events—Mark Your Calendars Now

June 11, 2023

Cantor: Andrea Riley
 Reader: Michael Wells:
 Altar Server: Michael Grega
 Trojca: Lucy Brewer
 Counters: Mary Blain &
 Cindy Loescher

**Propers for 6/11/2023
 Second Sunday after Pentecost
 Tone 1**

Troparion - 125

v. Glory...

Kontakion - 126

v. Now & Ever...

Theotokion- 406

Prokeimenon & Alleluia- 127

Our Father- 66

Communion Hymn - 78 & 370 [B]

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at
 pocb@ unm.edu

THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

Report on Hall / Kitchen Remodeling:

Main focus right now on the kitchen area: All the kitchen appliances were purchased. Sewer, electricity wiring and water line have been installed. New cabinets and countertops have been installed. The next major phase will start this week: installation of the tile floor in the hall and kitchen area.

We have half of the tiles in stock already. There are no major delays. The project is going as planned.

May 8— July 28	Hall/Kitchen remodeling
Sat Jun 24 Fri Jun 23	Birth of John the Baptist / Solemn Feast 6:00 pm Vigil Liturgy / Blessing of Litija
Thu Jun 29 Wed Jun 28	SS Peter & Paul/ Holy Day of Obligation 6:00 pm Vigil Liturgy / Blessing of Litija
Sun Jul 2	OLPH Patronal Feast Day
Jul 13-16	Alive in Christ 2023 Father & Son Ascetical Boot Camp Auburn, Washington https://www.ephx.org/alive-in-christ-registration
Thu Jul 20 Wed Jul 19	Elijah Great Prophet / Simple Holy Day 6:00 pm Vigil Liturgy / Blessing of Cars
Jul 20—Aug 8	World Youth Day in Portugal https://www.eparchyofpassaic.com/worldyouthday
Tue August 1	Beginning of Dormition Fast
Aug 7- Aug 11	Clergy Conference in Las Vegas, Nevada
Tue Aug 15	Dormition of the Theotokos Holy Day of Obligation 6:00 pm Deposition of the Shroud / Liturgy/ Blessing of Flowers
Aug 18-20	Annual Pilgrimage to Our Lady of Perpetual Help Shrine in Olympia WA https://stgeorgeolympia.org/shrine/
Mon Aug 28 Tue Aug 29	Beheading of John the Baptist Simple Holy Day 6:00 pm Vigil Liturgy 9:00 am Liturgy
Fri Sep 1	Beginning of the Church Year
Fri Sep 8	Birth of the Theotokos/Solemn Holy Day 6:00 pm Divine Liturgy
Thu Sep 14 Wed Sep 13	Exaltation of the Holy Cross/ Solemn Holy Day 6:00 pm Rite of the Exaltation of the Cross Vigil Liturgy
Nov 2-5	Assembly of the Byzantine Church 2023 in Hillsborough, NJ https://form.jotform.com/230514012134134
Fri & Sat Dec 15 & 16	Women's Day of Reflection

God's Blessings and Congratulations to our newest Church Family member
Emmelia Marigold Griffith!

Last Saturday, we formally welcomed little Emmelia into God's Family and our Byzantine Catholic Church as she received the Holy Mysteries of Christian Initiation (Chrismation-Holy Eucharist) at the 5pm Divine Liturgy. May the Lord grant to the God loving Griffith Family: Tristan and Fiona and the newly enlightened warrior of Christ Emmelia Marigold, peace health and happiness for many and blessed years!

EPARCHIAL APPEAL 2023: Collected to date: **\$7,435.00**. Our parish goal this year is **\$18,320.60 which comes down to \$300.00 per Family**. We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to Holy Protection of Mary Byzantine Eparchy. The Deadline for the Appeal is September 30th.

Kindly give what you can to help our Eparchy and our Church. Thank you!

The Men's March for Life will be held on Saturday June 10th

Fr DePalma will celebrate Mass at 8:30 AM, share a Pro-Life message, and give us a blessing before the March. Then after Mass, our honored guest speaker is Professor John Rice. The Mass and presentation will be at the UNM Newman Center. After John's presentation, we will march one and a half miles to the late-term abortion mill at 522 Lomas Blvd NE and pray a Rosary for an end to abortion.

Overnight Eucharistic Adoration will be held at the UNM Newman Center starting at 9 PM on Friday June 9th. Sign up for your Holy Hour by contacting Jacob Tafoy at muconm@gmail.com or Curt@defendinglife.org. A scriptural Rosary will begin at midnight. This year the Men's March for Life will once again be devoted to Our Lady of Guadalupe, Patroness of the Unborn.

All Saints Sunday by Fr. Chris

All Saints is set on this Sunday to remember all those who have responded to the call of the Holy Spirit, given at Pentecost, and who achieved the fullness of the Christian life. This is the day to remember all those anonymous Christians, people who were humble or royal, monks and nuns or parents of children, workers, soldiers, doctors, farmers, specialists: every soul who now dwells in glory in Heaven. These people, from all nations and all ranks of life, see the full Beatific Vision, the revelation of the Holy Trinity. **All of these people, from little children to the very old, responded to the Holy Spirit's action in their lives. They became holy HERE, most of them while living in the ordinary world. Let us pray that we also LISTEN to the Holy Spirit.**

The principal saints associated with our Byzantine Catholic Church are:

1. SS. Cyril and Methodius, the two Greek brothers who founded the Byzantine Catholic Church in Central Europe.
2. St. Gorazd, successor of St. Methodius, and the helpers of the mission: SS. Naum, Clement of Ochrid, Sava and Angelar who spread the Faith in the Balkans.
3. St. Nicholas of Myra, Wonderworker, patron of the monastery at Mukachevo, and revered as special protector of the Byzantine-Ruthenian Church.
4. The martyrs under Communism: Blesseds Theodore Romzha, Methodius Trcka, Paul Peter Gojdich, and Basil Hopko; Venerable Petro Oros and Companions; Venerable Alexander Chira.

Petrovka – Saints Peter and Paul Fast.

Fast of SS. Peter and Paul begins on Sunday evening and runs until June 28. It is the preparation for the Feast of SS. Peter and Paul. Along with the Dormition (August 15), Christmas and Easter, this was one of the four times when the devout would receive Holy Communion during the centuries when people refrained from Holy Communion due to misdirected theology.

The traditional fast calls for abstinence from meat on Mondays and Wednesday as well as Friday. This Fast is voluntary, and can be followed to whatever degree you wish while preparing for this great feast.

The main focus of almsgiving is to put money aside for Peter's Pence. This is the national collection that is taken up at this time and sent to Pope Francis. The pope uses these donations to fund papal charities, which focus heavily on relief for refugees around the world, support for the family, and aid for Churches in poor countries.

SS. Peter and Paul are the two pillars of the Church. We have this Fast to prepare for their feast. Given the calls to the New Evangelization, it is worthwhile to go back to Acts of the Apostles and read of St Peter's speech immediately after the Descent of the Holy Spirit. The first thing he preaches is the Resurrection of our Lord, and three thousand are baptized that day (Acts, chapter 2). Peter is the foundation of the Church and leader of the apostles, and first bishop in Antioch and in Rome. Thus he is the founder of the papal office. Paul is the great theologian and preacher to the Gentile nations, whose writings give inspiration today, in a completely different world. His travels cover the Mediterranean shore from the Holy Land, along southern Turkey and Greece, Malta, Rome, and Spain. Ask them how you can proclaim the Risen Lord to the people around you who are looking for God. Giving yourself prayer time and Scripture time will lead you on the way of the Holy Spirit, and it is open to everyone.

Do not say to me that I fasted for so many days, that I did not eat this or that, that I did not drink wine, that I endured want; but show me if you from being an angry man has become gentle, if you from a cruel man has become benevolent. If you are filled with anger, why oppress thy flesh? If hatred and avarice are within you, of what benefit is it that you drink water? Do not show forth a useless fast: for fasting alone does not ascend to heaven. - St John Chrysostom

Fr. Joseph Fedyszak:

According to the tradition of the Eastern Church there is a period of fasting before the celebration of the feast of SS. Peter and Paul. This fast begins after the Sunday of All Saints and continues until the feast itself. Most people do not follow this fast since it is not obligatory now, but this does not mean that it is not observed. Saint Paul VI on many occasions said that even though the fasts of the Church are not obligatory in every instance, it does not mean that people should not fast. We have the opportunity to enter freely into the fasting periods.

We may ask why should we fast especially now at the beginning of summer and school vacation time. Let us say, first, that this is not an easy time to fast; but we should remember that fasting is never easy. The very purpose of fasting is to discipline ourselves and this requires hard work and sacrifices.

The discipline of fasting can lead us to be open to God's Spirit and His Word. We look for consolation to today's problems and difficulties and we seek answers in many places. The only true and lasting place to find meaning to the crises that face us is to return to God; but it is only in silent waiting for God to speak to us through His Spirit that we can find this consolation.

Many of us turn to the world for answers, but it rebuffs us each time. For example, today's times teach us to seek personal convenience at all costs. We are not permitted to ask whether what we seek is good for us, our health, our relationship with God or neighbor. "Save time, steps, energy! But this newest and latest item! It will make you happy!" It is easy to see where this emphasis on personal convenience has led us. We will even allow abortion because it is more convenient for a conceived child not to be born.

ST. PETER'S FAST is the most recent of our four yearly fasts. It was probably introduced by monks within the last few centuries in memory of the fact that these two apostles strengthened themselves spiritually by fasting. The Church, using the example of these two illustrious saints, prescribes a period of fast immediately before their feasts.



**Mysteries of
Christian Initia-
tion for Emmelia
Griffith**

