

October 23, 2022 / T one 3/ 20th Sunday After Pentecost  
Christ is Among Us! He is and Always Shall Be!



October 26 – The Feast of  
Saint Demetrius

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix  
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church  
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539  
www.olphnm.org**

**Father Artur Bubnevych, Pastor  
Rectory (505) 268-2877  
abbaolph@gmail.com**

**Father Christopher Zuger  
pastor emeritus  
(505) 256-1787  
Frchris.zugger@gmail.com  
www.frchriszugger.com**

**Father Tyler Strand  
(516) 661-0883  
tylerastrand@yahoo.co.uk**

**OFFICE HOURS:**

Monday—Friday 10:00 am—4:00 pm  
Thursday OFF

**THEOSIS:** 2nd & 4th Thursday  
Bible Study 6:45 pm / Zoom

**Advisory Board**

Fr. Chris Zuger, Dan Riley, Rafael Plut,  
Jeff Brewer, Michael Grega, Alicia Wells

**Finance Council**

Matthew Blain, Maria Alden

**Confession (Mystery of  
Reconciliation):**

9:00—10:00 am on Sundays, before or  
after weekday Liturgies, or by appoint-  
ment with Father

**Mysteries of Baptism/Chrismation/  
Eucharist:**

Must be arranged three months in  
advance.

(Pre-Jordan requirement)

**Mystery of Crowning:**

Must be arranged six months in  
advance

(Pre-Cana requirement)

**Sick and Shut-Ins:** It is the family's re-  
sponsibility to notify the parish office  
when a parishioner is in the hospital or  
confined to home because of sickness or  
old age. Father will bring the confined  
person the Holy Mysteries on a regular  
basis. It is recommended that one re-  
ceive the Anointing of the Sick before  
any major surgery. Please don't let the  
priest be last to know that someone is ill!

May the Lord Bless your kindness and  
generosity to His House!


**ONLINE GIVING / ONLINE TITHING**

is available on our website:

For those parishioners who can't attend in person  
or traveling or anyone who find this more conven-  
ient, we just set up a new way to tithe online using  
your credit card or debit card information. You can  
do a one-time donation or setup weekly dona-  
tions!! You will receive a receipt and statement  
immediately after donating. The software takes a  
very small percentage of the donation, but its  
worth it for the ease of the system. You can  
donate using your computer / smartphone  
at: [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

**Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!**

***Galatians 1:11-19; Luke 16:19-21***

- YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions  
**10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends / Mysteries of Christian Initiation for Isabella Guadalupe Davidson-Talley**  
ECF Classes  
Eternal Lamp: Holy Protection of the Mother of God over Ukraine  
5:30 pm Ask A Priest High school youth meeting
- Oct 24 Mon** ***Arethas and Others Martyrs / Phil 4:10-23; Lk 10:22-25***  
9:00 am God's Blessing on Phillip Leahy
- Oct 25 Tue** ***Marcian and Martyrius Martyrs / Col 1:1-2 & 7:11; Lk 11:1-10***  
9:00 am God's Blessing on Alex Kartsub and his family by Maria Kartsub
- Oct 26 Wed** ***Demetrius Great Martyr / 2 Tim 2:1-10; Jn 15:17-16:2***  
5:30 pm OLPH Devotions  
6:00 pm Pro-life Liturgy by Svenssons
- Oct 27 Thu** ***Nestor Martyr / Col 1:24-29; Lk 11:14-23***
- Oct 28 Fri** ***Paraskevia Martyr / Col 2:1-7; Lk 11:23-26***  
 9:00 am Prayer & witness in front of abortion clinic on San Mateo/Lomas  
6:00 pm God's Blessing on Diane Minor
- Oct 29 Sat** ***Anastasia Venerable Martyr / 2 Cor 3:12-18; Lk 8:16-21***  
9:00 am (masks required) Health and Salvation of Ruth Sousa by Lara Davis
- Oct 30 Sun** ***21st Sunday After Pentecost / Gal 2:16-20; Lk 8:26-39***  
4:00 pm Great Vespers YouTube LIVE  
5:00 pm God's Blessing on Brewer Family  
Hebrew Scriptures for Sunday:  
Deuteronomy 21:14-19, 22-23; 1 Kings 3:16-28; Sirach 45:1-9  
8:30 am Rosary; 9:00 am Matins, Confessions  
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends  
ECF Classes  
Eternal Lamp: Holy Protection of the Mother of God over Ukraine
- YouTube LIVE**

**YOUTUBE LIVE-STREAMING:** OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: [riley.dan@gmail.com](mailto:riley.dan@gmail.com)

### **Remember Those Who Request Our Prayers:**

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorlah Chavez	Vicki Frank
Sven & Barbara Svensson	Abraham Haddad	Christopher Barlow
Laurie Bienz	Marianne Gerace	Jordan Smith
Brent Dodson-Sands	Lori Medina	Janet Worthington
Lara Davis	Michael Baron	Patti Klinkovsky
Carol Donlin	Gabriel Preisler	Matt Williamson
Marcie Dark	Todd Bailey	James Epstein
Fr Chris Zuger	Jessica Pieniadz	Katy Ford
Fr Chris Andrews	Amber Roybal	Jacob McTernan
	Eli Griegos	Juanita Montoya
	Philip Leahy	



Vocation Icon

Today: Carol Donlin; Pam Pettit

Next Sunday:  
Fedorowich Family; Pam Pettit

“If they do not listen to Moses and the prophets, neither will they be convinced if someone rises from the dead.” Abraham spoke to the rich man to emphasize to him and to us that we have many words of truth that show us the right way to live our lives. In his mercy, Our Lord calls servants to be those modern day prophets by living as priests, deacons, subdeacons, monks and nuns. Is this something the Lord may be doing in your life? If so, contact the Vocations Office at 206-329-9219 or email: [vocations@ephx.org](mailto:vocations@ephx.org)

### **Intentions of the Rosary:**

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

### **Holy Fathers Intentions – October A Church Open To Everyone**

We pray for the Church; ever faithful to, and courageous in preaching the Gospel, may the Church be a community of solidarity, fraternity and welcome, always living in an atmosphere of synodality.



**October 30, 2022**

Cantor: Andrea Riley  
Reader: Michael Wells  
Altar Server: Michael Grega  
Trojca: Saphira Dodson-Sands  
Counters: Jana Brewer &  
Ann Rajala

**Propers for 10/30/2022**  
**21st Sunday after Pentecost**  
**Tone 4**

Troparion - 141  
*v. Glory...*  
Kontakion- 141  
*v. Now & Ever...*  
Theotokion - 406  
Prokeimenon & Alleluia - 142  
Our Father- 69

### **OLPH Prayer Warriors**

Sunday (Zoom). Send your  
prayer requests to  
Patricia at pocb@unm.edu

THE PRAYER WARRIORS IS  
OPEN TO EVERYONE--WOMEN,  
MEN, & CHILDREN (children who  
have their parents' permission)!  
Please join us!!

### **Barbara's Hall Report**

There was a Harry Potter cake for  
Saphira's birthday. Also, sausage  
gumbo for Brook's birthday.

Happy October birthdays to Saphira  
and Brook!

### **MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS**

**Reminder:** PLEASE, CHECK your Safe Environ-  
ment Compliance Certificate Expiration date.  
Please note that Online Virtus training for many will  
be expiring within the next 4 to 5 weeks.  
The Eparchy's revised Safe Environment Policy no  
longer allows for lapses in compliance - either in Vir-  
tus training or in background screenings - for ALL  
OLPH VOLUNTEERS AND EXPLORER YOUTH  
GROUP LEADERS. Anyone falling out of compli-  
ance at any point must immediately cease from their  
designated area of service at OLPH until such time  
as they are in compliance once again. No one - not  
members of the clergy, volunteers, educators, em-  
ployees etc. - may serve for even one day when out  
of SEP compliance.

The Eparchy, within all its parishes, institutions, and  
programs, is committed to assuring a Safe Environ-  
ment in ministry for its children and vulnerable adults  
that conforms to the USCCB Charter for the Protec-  
tion of Children and Young People. For ad-  
ditional information regarding the eparchial Safe En-  
vironment Program or to  
report any concerns, please contact:  
Subdeacon Paul Kilroy, Safe Environment Program  
Coordinator

Cell: (702) 498-5972 -- Office: (602) 861-9778 ext.  
203 -- Email: [sbdcnkilroy@ephx.org](mailto:sbdcnkilroy@ephx.org)  
Victim Assistance Coordinator,  
Dcn Michael Hanafin  
Cell: (480) 307-5182 -- Email: [vac@ephx.org](mailto:vac@ephx.org)

### **Lawyers Division of the State Bar of New Mexico is hosting an In Memoriam celebration to honor**

attorneys who have recently died. We are inviting  
friends and families to attend the In Memoriam cele-  
bration, which will take place on November 15, 2022,  
at the State Bar at 5:30 pm (see [https://  
conta.cc/3VnQRJ](https://conta.cc/3VnQRJ)). Friends and families can attend  
the celebration in person or virtually. In addition to  
honoring attorneys, like **Father Brian Escobedo**, the  
Senior Lawyers Division of the State Bar provides  
scholarships to law students to help them carry on  
the work of those attorneys who went before them.

**Ask a Priest group** will meet this Sunday at 5:30 pm for pizza supper followed by a special presentation on Catholic Apologetics by Jana Brewer. This is for all high school students, Grades 9 - 12; friends are welcome. Contact Jana or Fr. Chris for details.

**Theology on Tap:** Tuesday, October 25, 6:30 pm, Hollow Spirits Distillery, 1324 First Street NW. Father Chris is presenting on the Mother of God: the Catholic doctrines concerning her sinlessness, perpetual virginity, and as Mother of God and Mother of the Church; and her role in Eastern Catholic devotion. This is open to all young adults 18-35. Please share this with others.

**Religious Art** (Retablos, Santos, Icons, etc.) at The Gallery ABQ from December 1-31, 2022 Artists are invited to submit their original works. For more information contact: The Gallery ABQ (505) 292-9333 or website: 222.thegalleryabq.com

**Dear OLPH family and friends,**

You are cordially invited to, "In the Steps of Jesus: an Exploration of the Holy Land," a special Zoom presentation by our Miles, Abel, and Esther Gloetzner, along with our Fr. Tyler Strand and FNE Founder and Commissioner, Paul Ritchi, on October 30, 2022 at 6:00-7:30 pm.

You might recall that following enthusiastic fundraising efforts across multiple years, the Explorers group was able to raise the funds to realize this holy pilgrimage. And, at the request of the Prayer Warriors, they have agreed to share their experiences with us. To help them prepare for our time together, the presenters ask that you please submit your questions ahead of time. Send your questions to Patricia at pocb@unm.edu by October 20. Of course, you also will be able to ask questions during the Zoom presentation.

The presentation will include interesting, informative, and personal reflections about an unforgettable experience. Please join us!

The link for the event is:

[https://us02web.zoom.us/j/89504642261?](https://us02web.zoom.us/j/89504642261?pwd=QIRmWUR4TzVVeFFrZDdHRzZMbFY5QT09)  
pwd=QIRmWUR4TzVVeFFrZDdHRzZMbFY5QT09  
Passcode: 972653

Dear Parish Family, **40 Days for Life began on Wednesday September 28th.** Your help is needed; a lot of people are coming to New Mexico from Texas and other states to get an abortion. But lives can be saved when people come out to peacefully pray, fast, and witness for Life! 22,013 babies are saved since 2007 from all of the 40 Days for Life locations. As usual every parish has a designated day to come pray and witness the Sanctity of Life in front of the abortion clinic on San Mateo or Lomas. **Our Parish is scheduled on Friday October 28.** See flyers on greeting table or bulletin board in the hall for more info or visit the PDL website - [www.defendinglife.org/40daysforlife](http://www.defendinglife.org/40daysforlife).

## October 26 – The Feast of Saint Demetrius

The church calendar is filled with warrior saints, soldiers who served in the military faithfully but stood up for their Christian faith when necessary. Demetrius was an officer in the Roman army, and belonged to one of Rome's ancient patrician families with the right to speak in the Senate. He was killed in the last big persecution of Christians under the emperor Diocletian. This persecution was designed to exterminate Christianity completely. A successful orator, his speeches led many to convert to Christianity. He was killed by being pierced with spears, around 306 AD, at the famous town of Sirmium, in modern Serbia, which had a massive military base. His relics were moved south into modern Greece, to the city of Thessalonica. The relics of St Demetrius have poured out liquid myrrh for over 1,200 years. The liquid has to be collected regularly or else the trough at the base of the shrine would overflow. It is used for anointing the sick, and there have been thousands of miraculous cures.

The icons usually show Demetrius as either a soldier in Roman military uniform, or riding a horse and defeating an armed man. This figure is either the Antichrist or a particularly vicious pagan gladiator named Lyaos, who had been defeated by Saint Nestor after young and poorly armed Nestor invoked "the God of Demetrius."

His protection is invoked against evil spirits, and he is the patron saint of Thessalonica, and of course he is a co-patron of soldiers (along with SS. George and Sebastian). On this day, the herds come down from the meadows of the Carpathian Mountains under his protection, having gone up on St. George's Day in April.

### ***Ask a Priest: Can a soldier be holy?***

Certainly! Holiness is open to all the baptized. There are a large number of soldiers on the Christian calendar: SS. Cornelius the Centurion, Longinus the Centurion, George, Sebastian, the Forty Martyrs of Sebaste, Demetrius, Victor Maurus, Andrew the General, Theodore the Recruit, Maurice and the Martyrs of the Theban Legion, Vartan of Armenia, John the Warrior, and Joan of Arc. Ignatius of Loyola and Francis of Assisi were all soldiers before undertaking their missionary work, and incorporated military discipline into their Orders. Some of the soldiers were martyrs, who served honorably in the Roman army but refused to sacrifice to the pagan gods or the emperor. Most militaries today have chaplain corps, so as to guide soldiers in making right choices and help them to grow in faith. Some Catholic chaplains gave everything so as to provide sacraments to our soldiers, precisely to help them die in holiness: Fathers Larry Lynch (Okinawa) and Vincent Capodanno (Vietnam) were shot while giving Last Rites; Aloysius Schmitt died at Pearl Harbor after helping sailors escape from the sinking USS Oklahoma; Emil Kapaun served his fellow POWs in North Korea; John Washington died aboard the USS Dorchester with three other chaplains after giving up his life jacket to save a soldier; Timothy Vakoc died of injuries after offering Mass in Iraq. The career of a soldier does not preclude him/ her from growing in faith. If anything, a good Christian soldier will necessarily be a devout one!



## **Ask a priest anything question: Is Jonah the only ancient prophet with whom Jesus identifies with in the Gospels? If so, why?**

Jesus is the fulfillment of the prophecies of the Messiah, and the first generation of Christians saw Him as such. When He refers to the “sign of Jonah” He is stating that the three days that Jonah spent in the belly of the whale (Jonah 1-2) will be fulfilled in the three days He will spend in the depths of the earth, in the grave (cf. Matthew 12:38-41). Christ was acclaimed as a prophet by the people during His ministry; many of the Jews saw Him as fulfilling the role of the “Prophet who is to come into the world” (John 6:14) fulfilling Deuteronomy 18:15. The crowds refer to Him as a prophet repeatedly, and saw Him as Elijah or “like one of the prophets of old” (Mark 6:15, Mark 8:28, Luke 9:8 and 19). During His Passion, the soldiers reference this when they hit him and say “Prophecy to us, who hit You?” (Matthew 26:28).

Jesus did not identify with any of the prophets, including Jonah; it is the sign of Jonah that would be given. But He definitely had a prophetic role, as identified by the people due to the miracles of healing and raising of the dead. He is preaching what the Father has given (John 8:28, 17:8) and He fulfills the writings of the prophets in His Passion (Matthew 27—28; Mark 15—16; Luke 22—24; and John 18—20).

**WELCOME TO BECOMING BYZANTINE:** CO-SPONSORED BY THE BYZANTINE CATHOLIC EPARCHY OF PHOENIX AND VINEYARD OF THE LORD CATHOLIC MINISTRIES This series is intended to be an online introduction to Byzantine Catholic Faith, Worship, and Life based upon the teachings of the Christ Our Pascha (COP) Catechism. Each month, we will sponsor a 90-minute webinar which will serve as a conversation introducing the topics and themes from the catechism which can be read afterwards (paragraph numbers identified below), as well as from the recorded videos that will be available for free on our YouTube Channel. This can be used for individual, group, or parish study.

This is the link to access the BECOMING BYZANTINE YOU TUBE CHANNEL: <https://www.youtube.com/channel/UCzhBP62eRM1DurlY43SfNJw>

The link to access the online version of the catechism CHRIST OUR PASCHA. <http://catechism.royaldoors.net>

Link to visit Fr. Deacon Anthony Dragani's website: <https://east2west.org>

## **REMINDER ABOUT PARISH SUBSCRIPTION TO FORMED.ORG**

For those who are new to Formed.org: This site offers amazing opportunity to enrich our FAITH. You will find thousands of books, audio talks, movies, documentaries, studies and much more. The content of website is updated on daily basis with new helpful resources. Everyone can use OLPH parish account to log in. This is what you need to do:

1. Go to Formed.org, click sign in and then click "I belong to parish"
2. Enter zip code 87110
3. Find among the parishes OLPH Byzantine
4. Put your name and email (you will get a link in your email to directly log in) Enjoy the content!

Also, you are most welcome and encouraged to share parish subscription with your friends, neighbors, coworkers or just anyone who would benefit.