

January 8, 2023 T one 6  
Sunday After Theophany

CHRIST IS BAPTIZED IN THE JORDAN FROM JOHN!

**ANNUAL THEOPHANY HOUSE BLESSINGS:** Fr. Artur would like to come and visit with you, pray with you and ask God to bless your home. It would help in setting up his schedule if you would kindly FILL OUT the House Blessing Scheduling Form on a greeting table or send an email to [abbaolph@gmail.com](mailto:abbaolph@gmail.com) indicating best days and time. The deadline for Theophany House Blessings is February 9th.



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix  
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church  
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539  
[www.olphnm.org](http://www.olphnm.org)**

**Father Artur Bubnevych, Pastor**  
Rectory (505) 268-2877  
[abbaolph@gmail.com](mailto:abbaolph@gmail.com)

**Father Christopher Zugger**  
pastor emeritus  
(505) 256-1787  
[Frchris.zugger@gmail.com](mailto:Frchris.zugger@gmail.com)  
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**Father Tyler Strand**  
(516) 661-0883  
[tylerastrand@yahoo.co.uk](mailto:tylerastrand@yahoo.co.uk)

**OFFICE HOURS:**

Monday—Friday 10:00 am—4:00 pm  
Thursday OFF

**THEOSIS:** 2nd & 4th Thursday  
Bible Study 6:45 pm / Zoom

**Advisory Board**

Fr. Chris Zugger, Dan Riley, Rafael Plut,  
Jeff Brewer, Michael Grega, Alicia Wells

**Finance Council**

Matthew Blain, Maria Alden

**Confession (Mystery of  
Reconciliation):**

9:00—10:00 am on Sundays, before or  
after weekday Liturgies, or by appoint-  
ment with Father

**Mysteries of Baptism/Chrismation/  
Eucharist:**

Must be arranged three months in  
advance.  
(Pre-Jordan requirement)

**Mystery of Crowning:**

Must be arranged six months in  
advance  
(Pre-Cana requirement)

**Sick and Shut-Ins:** It is the family's re-  
sponsibility to notify the parish office  
when a parishioner is in the hospital or  
confined to home because of sickness or  
old age. Father will bring the confined  
person the Holy Mysteries on a regular  
basis. It is recommended that one re-  
ceive the Anointing of the Sick before  
any major surgery. Please don't let the  
priest be last to know that someone is ill!

**ONLINE GIVING / ONLINE TITHING**


is available on our website:

For those parishioners who can't attend in person  
or traveling or anyone who find this more conven-  
ient, we just set up a new way to tithe online using  
your credit card or debit card information. You can  
do a one-time donation or setup weekly donations!!

You will receive a receipt and statement immedi-  
ately after donating. The software takes a very  
small percentage of the donation, but its worth it for  
the ease of the system. You can donate using your  
computer / smartphone at: [ps://www.olphnm.org/  
giving](https://www.olphnm.org/giving).

**Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!**

***Ephesians 4:7-13; Matthew 4:12-17***

- YouTube Live** 8:30 am Rosary; 9:00 am Festal Matins, Confessions  
10:00 am / Divine Liturgy for Parish Family, Benefactors & Friends  
Eternal Lamp: Holy Protection of the Mother of God Over Ukraine
- Jan 9 Mon** ***Polyeuct Martyr / James 2:14-26; Mk 12:13-17***  
No Liturgy / Clergy Canon Law Conference in Las Vegas, NV
- Jan 10 Tue** ***Gregory of Nyssa Bishop / James 3:1-10; Mk 12:18-27***  
No Liturgy / Clergy Canon Law Conference in Las Vegas, NV
- Jan 11 Wed** ***Theodosius Venerable / 2 Cor 4:6-15; Mt 11:27-30***  
No Liturgy / Clergy Canon Law Conference in Las Vegas, NV
- Jan 12 Thu** ***Tatiana Martyr / James 4:7-5:9; Mk 12:38-44***  
6:45 pm THEOSIS Bible Study (zoom)
- Jan 13 Fri** ***Hermolaus and Stratonicus Martyrs / 1 Pet 1:1-2.10-12; 2:6-10; Mk 13:1-8***  
 9:00 am Prayer & Witness in front of abortion clinic on San Mater/Lomas  
No Liturgy / Clergy Canon Law Conference in Las Vegas, NV
- Jan 14 Sat** ***Venerable Fathers of Sinai and Raitho / Col 1:3-6; Mt 25:1-13***  
9:00 am (masks required) Healing and Salvation of Christopher Webb and his Family  
by Lara Davis  
10:00 am 4:00 pm Explorers Meeting
- Jan 15 Sun** ***32nd Sunday After Pentecost / 1 Tim 1:15-17; Mt 15:21-28***  
4:00 pm Great Vespers YouTube LIVE  
5:00 pm +Patrocinia Marquez by Debbie Sanchez  
Hebrew Scriptures for Sunday: Exodus 14:5-14; Joshua 3:9-17; Isaiah 41:14-2
- YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions  
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends  
Eternal Lamp: Birthday Blessings for Sven Svensson's 78th Birthday

**YOUTUBE LIVE-STREAMING:** OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: [riley.dan@gmail.com](mailto:riley.dan@gmail.com)

### **Remember Those Who Request Our Prayers:**

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Soriah Chavez	Vicki Frank
Sven & Barbara Svensson	Abraham Haddad	Christopher Barlow
Laurie Bienz	Marianne Gerace	Jordan Smith
Brent Dodson-Sands	Lori Medina	Janet Worthington
Lara Davis	Michael Baron	Gabriel Preisler
Carol Donlin	Jessica Pieniadz	Patti Klinkovsky
Marcie Dark	Rhonda Glasscock	Matt Williamson
Jesse Hebert	Amber Roybal	James Epstein
Fr. Chris Zuggar	Philip Leahy	Katy Ford
Fr Chris Andrews	Juanita Montoya	Jacob McTernan



Vocation Icon

Today: Brewer Family  
Next Sunday: Wells Family

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group.

#### **Intentions of the Rosary:**

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

#### **Holy Fathers Intentions – January For Educators**

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.

**January 15, 2023**

Cantor: Evie Jilek

Reader: Brook Jilek

Trojca: Elizabeth & Jacob Montano

Altar Server: Michael Grega

Counters: Jana Brewer & Ann Rajala

**Propers for 1/15/2023**  
**32nd Sunday after Pentecost**  
**Resurrection Tone 7**

**Troparion - 156**  
**v. Glory...**

**Kontakion - 157**  
**Now & Ever...**

**Theotokion - 406**

**Prokeimenon & Alleluia - 158**  
**Our Father- 72**

### **OLPH Prayer Warriors**

Sunday (Zoom). Send your prayer requests to

Patricia at pocb@unm.edu

THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

### **Alicia's Hall Report**

We rang in the New Year with black eyed pea soup, Luda's borscht & mushroom soup, pasta casserole from Julie, salad from Ashley, sourdough by me & last but certainly the one that disappeared the fastest; Lara Davis's decadent fudge. Thank you Lara for sharing your delicious fudge & thanks to all who contributed and helped clean up!

Next week we'll have a post-Theophany feast. Who wants to make a King cake? Please sign up in the hall or on Signup Genius to host or co-host a social!

## **Coming Events—Mark Your Calendars Now**

Mon Jan 16	6:00 pm Advisory Board Meeting
Tue Jan 17	6:00 pm CAFÉ meeting at UNM
Mon Jan 30	<b>Three Holy Hierarchs / Simple Holy Day</b> 6:00 pm Divine Liturgy/ Myrovanije
Wed Feb 1	<b>Meeting of Our Lord With Simeon and Anna</b> 6:00 pm Vigil Liturgy / Blessing of Candles
Sat Feb 11	<b>1st All Souls Saturday</b> 9:00 am Divine Liturgy
Mon Feb 20	<b>Start of the Great Fast</b> 6:00 pm Liturgy of the Presanctified Gifts with anointing on the forehead
Sat Mar 4	<b>2nd All Souls Saturday</b> 9:00 am Divine Liturgy
Sat Mar 11	<b>3rd All Souls Saturday</b> 9:00 am Divine Liturgy
Wed Mar 15	<b>Mid-Lent</b> 6:00pm Liturgy of the Presanctified Gifts
Sat. Mar 18	<b>4th All Souls Saturday</b> 9:00 am Divine liturgy
Thurs March 23	<b>7:00 pm Matins with Great Canon of St Andrew of Crete / Reading Life story of St Mary of Egypt</b>
Sat March 25	<b>Annunciation of the Theotokos Solemn Holy Day / No Fasting</b> 9:00pm - Festive Liturgy of St John Chrysostom / Myrovanije

**The Eparchy**, within all its parishes, institutions, and programs, is committed to assuring a Safe Environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any concerns, please contact:

Subdeacon Paul Kilroy, Safe Environment Program Coordinator

Cell: (702) 498-5972 -- Office: (602) 861-9778 ext. 203 -- Email: [sbdcnkilroy@ephx.org](mailto:sbdcnkilroy@ephx.org)

Victim Assistance Coordinator, Dcn Michael Hanafin  
Cell: (480) 307-5182

## **Sanctity of Life Awareness and Unity Day in Santa Fe**

Annual March for Life in Santa Fe this year is on Wednesday January 25. Let's meet at the church parking lot 10am to carpool for the noon Mass at St Francis Cathedral. For the procession from the cathedral to the Roundhouse, we will be taking the Icon of Our Lady Helper of Mothers and church banners.

**ATTENTION!** We are updating Parish Directory for 2023. If there have been any changes to your address / phone/ email and if you have not yet submitted the changes, please, do so at your earliest convenience by phone: 505-256-1539 or by email: [olphsecretary@gmail.com](mailto:olphsecretary@gmail.com)

Thank you!

### **Please, sign up TODAY for the Traveling Pilgrim Vocation Icon in 2023**

Dear Parish Family, the Love of Christ presses us to respond generously to God's call in our lives. We are all called to pray for vocations to Sainly Christian Marriage, to the Priesthood, the Diaconate and the Religious Life. Prayer is an invisible but essential ministry in the Church. This is an important way to be involved in vocation ministry. Sign up to have the Pilgrim Vocation Icon in your home. You will be greatly blessed

**!!WE NEED GREETERS!!** With the moving of our friends the Domsteads, we have a glaring hole in our schedule of greeters. If you would like to meet everyone in the parish, introduce newcomers to the beauty of the liturgy, and start everyone's Sunday with a warm welcome, then greeting might be the perfect way for you to serve the parish. If you're interested in being a greeter for one Sunday each month, please contact Dan Riley in person or email at [Riley.Dan@gmail.com](mailto:Riley.Dan@gmail.com).

**WELCOME TO BECOMING BYZANTINE:** CO-SPONSORED BY THE BYZANTINE CATHOLIC EPARCHY OF PHOENIX AND VINEYARD OF THE LORD CATHOLIC MINISTRIES This series is intended to be an online introduction to Byzantine Catholic Faith, Worship, and Life based upon the teachings of the Christ Our Pascha (COP) Catechism. Each month, we will sponsor a 90-minute webinar which will serve as a conversation introducing the topics and themes from the catechism which can be read afterwards (paragraph numbers identified below), as well as from the recorded videos that will be available for free on our YouTube Channel. This can be used for individual, group, or parish study.

This is the link to access the BECOMING BYZANTINE YOU TUBE CHANNEL: <https://www.youtube.com/channel/UCzhBP62eRM1DurIY43SfNJw>

The link to access the online version of the catechism CHRIST OUR PASCHA. <http://catechism.royaldoors.net>

Link to visit Fr. Deacon Anthony Dragani's website: <https://east2west.org>

### **REMINDER ABOUT PARISH SUBSCRIPTION TO FORMED.ORG**

For those who are new to Formed.org: This site offers amazing opportunity to enrich our FAITH. You will find thousands of books, audio talks, movies, documentaries, studies and much more. The content of website is updated on daily basis with new helpful resources. Everyone can use OLPH parish account to log in. This is what you need to do:

1. Go to Formed.org, click sign in and then click "I belong to parish"
  2. Enter zip code 87110
  3. Find among the parishes OLPH Byzantine
  4. Put your name and email (you will get a link in your email to directly log in) Enjoy the content!
- Also, you are most welcome and encouraged to share parish subscription with your friends, neighbors, coworkers or just anyone who would benefit.

## FROM BETHLEHEM TO THE JORDAN

In our Church this period from Christmas to Theophany is a festive time, free from fasting in contrast to the previous weeks of fasting. And as the “last and greatest day” of the paschal feast is Pentecost, so too the last and greatest day of our festival is the celebration of Christ’s epiphany at the Jordan: the holy Theophany of our Lord God and Savior Jesus Christ. In highlighting the birth of Christ the Church focuses on the Word of God setting aside His divine glory to identify with us. He “...made Himself of no reputation, taking the form of a bond-servant and coming in the likeness of men” (Philippians 2:7). At the Theophany, however, we see the power of God manifested at Jesus’ baptism. In His emerging public ministry we see that power at work, bringing healing and forgiveness as a sign of the ultimate healing of mankind which will be brought about at the cross. The Gospel portrays John the Forerunner as promising the coming of One who “will baptize you with the Holy Spirit.” He will not simply come; He will act.

Jesus, the incarnate Word of God, is affirmed by the voice of the Father and the Spirit in the form of a dove. This event, a manifestation of “the grace of God that brings salvation to all” (Titus 2:11), is the first epiphany of the Holy Trinity. The Theophany, as might be expected, was one of the baptismal feasts of the early Church: a day when newly-baptized believers would be initiated into the worshipping community. Since witnessing a baptism should always remind us of our own, the Church selects this passage from St Paul’s Epistle to Titus for this feast: “...according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit... that we should become heirs according to the hope of eternal life” (Titus 3:5,7). We are reminded that we have tasted the fruit of Christ’s coming in baptism and chrismation, and have become heirs of the kingdom to come. Both of these feasts evoke yet another epiphany, one still to come: Christ’s manifestation in glory as Judge. While the Gospel readings for the season focus on the events surrounding Christ’s theophany, the Epistle readings point to its consequences for our life. St Paul affirms that Christ will give the crown of righteousness on that day “to all who have loved His appearing [epiphanean]” (2 Timothy 4:8). For this reason we are called, first of all, to live “soberly, righteously and devoutly in the present age” (Titus 2:12) - *sophronos, kai dikaios kai evsovos*. First of all, our love for Christ among us is reflected in our living soberly. *Sophronos* does not mean morosely, gloomily, but moderately, with self-restraint. It is a human virtue prized by the ancients long before Christ. To live prudently is to be self-controlled, without excess or extravagance. Living in moderation speaks about the way we see ourselves in the world: not simply as consumers of goods and entertainment, but as people for whom the inner life predominates. It is a precondition, as it were, for living a Christian life. To live righteously speaks of the way we conduct our relations with others. “Righteousness” in the Scriptures refers, not to justice in the legal sense, but to living in a manner that reflects God’s way for us. It is the path of those who keep the commandments, whose actions reflect the love for neighbor preached by Christ. Finally we are reminded to express our relationship to God by living devoutly. From its earliest days – based upon earlier Jewish practices – Christians have been enjoined to mark the passing of each day with the worship of God. If circumstances allow, we are to join with others in worship; if they do not, we can and should worship alone. Such regularity in worship reminds us that we are being blessed by God our Creator and Redeemer “at all times, at every hour.” We respond to Christ’s coming in the flesh and in power as well as His ultimate coming in glory by a life of moderation, of love of neighbor and of honor to God in all things.

*Leaving Bethlehem in spirit, and turning to the Jordan with Christ, come, all you families of the nations, let us sing to Him with a pure heart and lips. Let us say in faith, "Blessed is Your coming, O our God: glory to You!"*

*Radiant was the Feast that passed – and more radiant yet is the Feast that comes.*

*An angel announced the first; a Forerunner preaches the second. In the first, Bethlehem weeps because of the blood poured out as it was deprived of its infants; in the second, the waters are blessed and the baptismal fonts bring about the rebirth of countless children.*

*Formerly, a star revealed You to the wise men; now the Father reveals You to the world. O Savior who took flesh and now comes to manifest Yourself, O Lord, glory to You!*

*Vespers, Sunday before Theophany*

## **The Theophany at Home**

January is the season for house blessings. The pastor is invited to come to the family home in order to celebrate this annual rite. The Theophany house blessing ideally starts in the family icon corner. Anything else which needs blessings should be placed there, on a white cloth. The mother has a liturgical role, as she takes a lit candle and leads Father through the house, turning on the electric lights as they go. The family joins in singing the Theophany Troparion and Kontakion, either at the icon corner or the family table, or in a little procession while every room is blessed. For protection of the family, all exterior doors are blessed "in the Name of the Father, the Son, and the Holy Spirit" while Father sprinkles holy water. In this home-based ritual, the parish priest comes in his role as spiritual father of the faith community, which is why we call priests "Father", following Saint Paul's example ((Gal. 4:19, 1 Cor. 4:14–15, 2 Tim. 2:1, Titus 1:4, Philem. 10) and St. John throughout his Letters (1 John 2:1, 1 John 2:13–14, 3 John 4). He is able to be welcomed by the family in their own domestic church, the extension of the parish community. It is not a time to worry about the house being spotless: more important is that the family's interior life is spotless! If Father is not able to come, then use the small white pamphlet placed on the announcement table by the front door of the church. The head of the household takes on the liturgical leadership as indeed should be done at family prayer.

## **Theophany in Public Life**

In public life, the Church goes out to flowing water to sanctify creation. Countries with a large population following the Byzantine Rite, either Catholic or Orthodox, are treated to these popular events. In colder climates, this calls for chopping a cross-shaped hole in the ice, and the clergy go out onto the ice to celebrate the blessing ritual. This is always very impressive in Eastern Europe, where a whole town will descend to the river bank to take part in the blessing of the water. In the warmer climates, priests bless the harbors and throw in a special cross into the water, which young men dive after. He who retrieves the cross is expected to be blessed throughout the year. American Greek Orthodox do this in Florida. Why do this? Processions are an integral part of Church life: notice the ones we have in our parish for the two Entrances in every Divine Liturgy, and the ones we do outside on Good Friday and Pascha. Processions led by a processional cross, with people carrying icons and singing hymns is a statement to the world that God is here, that He sanctifies His world, and that the Church presents Him to the world, which is longing for His love even if some people in the world can't define the hole they feel in their hearts as a hole which needs God's love to fill it. And processions make a statement to those who would define separation of Church and State as shoving the Church into a locked closet: we are most definitely here!