

October 20, 2024  
22nd Sunday After Pentecost / T one 5

Christ is Among Us! He is and Always Shall Be!

**October 22—St. John Paul the Great:** One of the most influential popes to ever serve the Catholic Church, John Paul II was born in the newly restored nation of Poland in 1920. He lived through the horrors of Nazi occupation (1939-45), and was very active in the underground. His mother died when he was a little boy, his beloved brother died in 1932, and his much loved father in 1941.

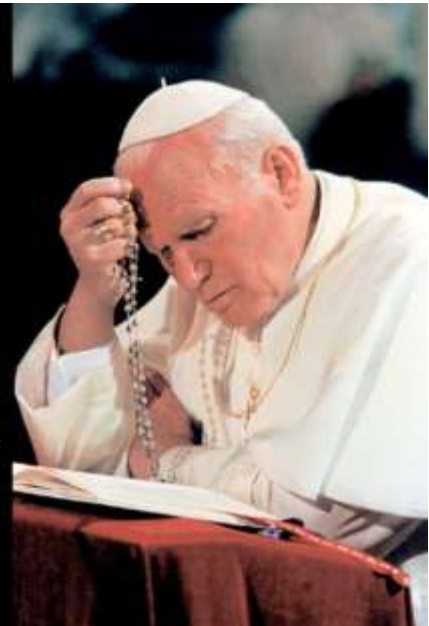
He worked in quarries under the Nazis, was active in the Polish underground, and entered a secret seminary program in 1942. Ordained in 1946 in a now-Communist Poland, he went to Rome for further studies. On his return he was one of the most popular lecturers at the Catholic University of Lublin, and was famous for developing the Theology of the Body while taking students on camping trips, trips that the Soviets firmly forbade. As archbishop of Krakow, he led Poland carefully through the liturgical renewals of Vatican II and fought the Communists so as to keep the faith alive in all Poland.

In 1978 he was elected Pope, the first Slavic pontiff. He had an enormous literary output in encyclicals, letters, and books. His Ukrainian relatives peaked his interest in the Eastern Churches at an early age; he did much to strengthen Eastern Catholicism around the world with appointment of new bishops, creating new eparchies, and through his famous letter *Orientalium Lumen* and support of authentic liturgical and spiritual renewal and a new Code of Canon Law for the Eastern Catholics. On the feast of Our Lady of Fatima, May 13, 1981, a tool of the Soviets tried to assassinate him in St Peter's Square - his health never fully recovered, but the bullet now is in the crown of Our Lady at Fatima.

He instituted World Youth Days, kept up the Synods of Bishops, conducted 104 international apostolic journeys, and proclaimed 482 saints and 1,338 Blesseds, including our own Bl. Theodore Romzha, and is credited with helping the collapse of European and Soviet communism. He died on April 2, 2005, universally mourned.

## ROSARY

"It could be said that each mystery of the Holy Rosary, when carefully meditated, sheds light on the mystery of man: 'cast your burden on the Lord and he will sustain you,' as it says in Psalm 55:23. To pray the rosary is to hand over our burdens to the combined merciful hearts of Christ and His Mother. The rosary does indeed 'mark the rhythm of human life', bringing it into the joyful communion of the Holy Trinity, Who is our life's destiny and deepest longing. Through the rosary, the faithful receive abundant graces as though from the very hands of the Mother of the Redeemer." (Pope John Paul II)



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix**

**Most Reverend Kurt Burnette Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church**

**1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539**

**www.olphnm.org**

**OFFICE HOURS:**

Monday—Friday 10:00 am—4:00 pm

Thursday OFF

**THEOSIS** : 2nd & 4th Thursday

Bible Study 6:45 pm / Zoom

**Advisory Board**

Fr. Chris Zuger, Dan Riley, Rafael Plut,

Jeff Brewer, Michael Grega, Alicia Wells

**Finance Council**

Matthew Blain, Maria Alden

**Father Artur Bubnevych, Pastor**

**Rectory (505) 268-2877**

**abbaolph@gmail.com**

**Father Christopher Zuger**

**pastor emeritus**

**(505) 256-1787**

**Frchris.zugger@gmail.com**

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**Father Tyler Strand**

**(516) 661-0883**

**tylerastrand@yahoo.co.uk**

May the Lord Bless your kindness and  
generosity to His House!

**ONLINE GIVING / ONLINE TITHING**

is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!!

You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at:

<https://www.olphnm.org/giving>.

**Confession (Mystery of Reconciliation):**

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

**Mysteries of Baptism/Chrismation/ Eucharist:**

Must be arranged three months in advance.

(Pre-Jordan requirement)

**Mystery of Crowning:**


Must be arranged six months in advance

(Pre-Cana requirement)

**Sick and Shut-Ins:** It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

**Welcome to our Church! If you are looking for a spiritual home, contact  
Father Artur/Fr Chris or the office staff for more information. God bless you!**

***Galatians 6:11-18; Luke 16:19-31***

- YouTube Live** 8:30 am Rosary  
9:00 am Matins & Confessions
- ECF Classes** 10:00 am Divine Liturgy / Intention for the Parishioners of OLPH  
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine
- Oct 21 Mon** ***Hilary the Great Venerable / 1 Thess 1:1-5; Lk 10:22-25***  
8:30 am Akathist to the Theotokos for the Holy Protection in the coming election  
9:00 am Divine Liturgy / +Jodi de Linde by Damian Dyckman
- Oct 22 Tue** ***Abercius Bishop / 1 Thess 1:6-10; Lk 11:1-10***  
8:30 am Akathist to the Theotokos for the Holy Protection in the coming elections  
9:00 am Divine Liturgy / +Mike & +Nancy Regalla by Andrew Regalia
- Oct 23 Wed** ***James Apostle Brother of God / Gal 1:11-19; Mt 13:54-58***  
5:30 pm OLPH Devotions for the Holy Protection in the coming elections  
6:00 pm Divine Liturgy / Holy Souls by Svenssons
- Oct 24 Thu** ***Arethas and Others Martyrs / 1 Thess 2:9-14; Lk 11:14-23***  
1:00 pm—Akathist to the Theotokos for the Holy Protection in the coming elections
- Oct 25 Fri** ***Marcian and Martyrius Martyrs / 1 Thess 2:14-19; Lk 11:23-26***  
 9:00 am Prayer & Witness in front of abortion clinic on Lomas  
Noon- Akathist to the Theotokos for the Holy Protection in the coming elections  
6:00 pm Divine Liturgy / God's Blessing on Alexander Kartsub by Maria Kartsub
- Oct 26 Sat** ***Demetrius Great Martyr / 2 Tim 2:1-10; Jn 15:17-16:2***  
10:30 am Holy Rosary  
Noon— Crowning in Marriage for Matthew Anderson and Katy Ford
- Oct 27 Sun** ***23rd Sunday After Pentecost / Eph 2:4-10; Lk 8:26-39***  
4:00 pm Great Vespers  
Hebrew Scriptures for Sunday: Deut 21:14-19, 22-23; 1 Kings 3:16-28; Sirach 45:1-9  
5:00 pm Divine Liturgy / +Rudy Telek by Svenssons
- YouTube LIVE** 8:30 am Rosary asking Protection of the Theotokos in the coming Election  
9:00 am Matins & Confessions
- ECF Classes** 10:00 am Divine Liturgy / Intention for the Parishioners of OLPH  
Eternal Lamp : Holy Protection of the Mother of God over People of Ukraine

## Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Harry & Barbara	Jordan Smith
Jenny Ford	De Lap	Janet Worthington
Marilyn Fore	Irene Bradley	Patti Klinkovsky
Sven & Barbara	Sorlah Chavez	Matt Williamson
Svensson	Abraham Haddad	James Epstein Katy
Laurie Bienz	Marianne Gerace	Ford
Brent Dodson-	Michael Baron	Alton Bertschinger
Sands	Jessica Pieniadz	Madalyn Davis
Lara Davis	Rhonda	Rebecca Russo
Carol Donlin	Glasscock	Jacob McTernan
Marcie Dark	Amber Roybal	Paola Terlaza
Fr Chris Zugger	Philip Leahy	Vicki Frank
Fr Chris Andrews	Juanita Montoya	Emily
Fr Robert Rankin	Linda Granci	Wojciechowski
Fr. Steve Washko	Christopher	Fr Joel Barstad
Buster Miscusi	Barlow	Fr. Joseph Wargaki
Richard Jacobs	Joel Ford	Fr James Bankston

### Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

### Holy Father's Intentions / October For a shared mission

We pray that the Church continue to sustain in all ways a Synodal lifestyle, as a sign of co-responsibility, promoting the participation, the communion and the mission shared among priests, religious and lay people.

**"If they do not listen to Moses and the prophets, neither will they be convinced if someone rises from the dead."** Abraham spoke to the rich man to emphasize to him and to us that we have many words of truth that show us the right way to live our lives. In his mercy, Our Lord calls servants to be those modern day prophets by living as priests, deacons, subdeacons, monks and nuns. Is this something the Lord may be doing in your life? If so, contact the Vocations Office at 206-329-9219 or email: [vocations@ephx.org](mailto:vocations@ephx.org)



Vocation Icon

Today: Pam Pettit  
Davidson-Talley Family  
Next Sunday: Pam Pettit

**October 27, 2024**

Cantor: Andrea Riley  
 Reader: Kellen Tyler Gall  
 Altar Server: Michael Grega  
 Trojca: Eva Riley  
 Counters: Miles Gloetznher &  
 Rita Montano

**Propers for 10/27/24**  
**22rd Sunday after Pentecost**  
**Tone 6**

Troparion - 152  
*v. Glory...*  
 Kontakion- 152  
*v. Now & Ever...*  
 Theotokion - 406  
 Prokeimenon & Alleluia - 153  
 Our Father - 71

**The OLPH Prayer Warriors**  
 make intercessory prayer a daily  
 commitment. We pray voluntarily and  
 without bias; that is, we take to the  
 Blessed Trinity the requests that come  
 our way.

The Prayer Warriors meet on Zoom  
 every Sunday at 9:30 a.m. for themed  
 meetings. **If you would like to join the  
 Prayer Warriors**, would like additional  
 information, and/or would like for us to  
 pray for your intentions, please contact  
 Lara Davis at crow-  
 hopdavis@yahoo.com

**Alicia's Hall Report**

Sunday's Update brought to you by  
 Rita Montañó (a big thanks to Rita for  
 running the social!): Brittany Wyatt  
 brought posole and it was delicious!  
 Emily brought black bean salad and  
 others brought tortillas, a cake for  
 Raphael's Senas birthday. Shout out  
 to James and Conrad Wyatt for being  
 on dish duty!

**Coming Events—Mark Your Calendars Now**

Fri Nov 8	<b>Archangel Michael and All Angels Solemn Holy Day</b> 6:00 pm Divine Liturgy
Mon Nov 11	<b>6:00 pm Advisory Board Meeting</b>
Fri Nov 15	<b>Beginning of Phillip's Fast</b>
Thu Nov 21 Wed Nov 20	<b>Entrance of the Theotokos /Solemn Feast</b> 6:00 pm Vigil Divine Liturgy
Fri Dec 6	<b>Nicholas of Myra Archbishop Solemn Holy Day</b> 6:00 pm Divine Liturgy
Tue Dec 24	<b>Vigil of Christmas / Strict Fast</b> 10:00 am Royal Hours 4:30 pm Holy Supper 7:00 pm Vigil Liturgy of St. Basil
Wed Dec 25	<b>Christmas Birth of Our Lord Holy Day of Obligation</b> 9:00 am Matins 10:00 am Festive Liturgy
Thu Dec 26	<b>Synaxis of the Theotokos / Solemn Feast</b> 6:00 pm Divine Liturgy
Fri Dec 27	<b>Stephen Protomartyr / Simple Holy Day</b> 6:00 pm Divine Liturgy
Wed Jan 1	<b>Circumcision of Our Lord / St Basil the Great / Solemn Holy Day</b> 6:00 pm Divine Liturgy of St Basil
Fri Jan 3	<b>Vigil of Theophany (day of strict Fast)</b> 6:00 pm Great Compline / Blessing of Litija
Mon Jan 6	<b>Theophany / Holy Day of Obligation</b> 6:00 pm Liturgy of St Basil / Great Blessing of Water / Myrovanije
Thu Jan 30 Wed Jan 29	<b>Three Holy Hierarchs / Simple Holy Day</b> 6:00 pm Vigil Liturgy
Sat Feb 22	<b>1st All Souls Saturday</b> 9:00 am Divine Liturgy / Panichida
Mon Mar 3	<b>Beginning of Great Fast</b> 6:00 pm Presanctified Liturgy / Anointing on a forehead
Sat Mar 15	<b>2nd All Souls Saturday</b> 9:00 am Divine Liturgy / Panichida

**Inhora, a Catholic home for the dying, needs volunteers 24/7.** There is a sign up at the entrance of the church. To learn more or to donate, visit [www.inhora.org](http://www.inhora.org).

For more info, contact Miles at [miles@inhora.org](mailto:miles@inhora.org) or 505-255-0325.

**TODAY is Eparchial Priests Health Insurance Collection!** This collection is taken in the Eparchy to assist in the cost of funding health insurance for priests in the Eparchy of Phoenix. 100% of proceeds go to the Eparchy of Phoenix. Thank you for your generosity!

### **September 25 – November 3 - the 40 Days for Life locations in Albuquerque**

- The new Mega Planned Parenthood at 4630 Eubank Blvd, just north of Montgomery Blvd. Park just south along Lagrima De Oro Road, on the east side of Eubank, to avoid crossing traffic on Eubank.

- Curtis Boyd's Southwestern Women's Options abortion mill at 522 Lomas Blvd. Park along Woodward Place. The sidewalk counselors are there in the mornings.

Your presence on the sidewalk is often the last chance for the child in the womb to be saved. See the **attached 40 Days for Life flyer** for more information. Requested days of prayer for Our Lady of Perpetual Help parish - Friday October 4 and Friday October 25.

### **MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS**

**Reminder:** PLEASE, CHECK your Safe Environment Compliance Certificate Expiration date.

Please note that Online Virtus training for many will be expiring within August-Sept-October. The Eparchy's revised Safe Environment Policy no longer allows for lapses in compliance - either in Virtus training or in background screenings - for ALL OLPH VOLUNTEERS AND EXPLORER YOUTH GROUP LEADERS. Anyone falling out of compliance at any point must immediately cease from their designated area of service at OLPH until such time as they are in compliance once again. No one - not members of the clergy, volunteers, educators, employees etc. - may serve for even one day when out of SEP compliance.

### **50th JUBILEE THANK YOU NOTE:**

Dear Parish Family, the celebration of the Golden Jubilee was a total success. We offer our thanksgiving to Bishops Kurt and John and to the many clergy of our Eparchy joining us for this important event in the history of the OLPH. Many thanks to the parish benefactors and friends and all our honorable guests sharing this joyous event with us. Special blessings and grateful appreciation to the Anniversary team for their tireless labor to make this celebration a reality: Fr Chris, Rafael and Tom Plut, Ann Rajala, Dan and Andrea Riley, Michael Grega, Alicia Wells, Maria Alden, Altar servers, OLPH choir, beautifiers, cleaning team and many others who worked hard behind in the spirit of St Nicholas. May God reward you 100-fold with Peace, health and happiness for many and blessed years!

### **Please, sign up TODAY for the Traveling Pilgrim Vocation Icon in 2025.**

Dear Parish Family, the Love of Christ presses us to respond generously to God's call in our lives. We are all called to pray for vocations to Sainly Christian Marriage, to the Priesthood, the Diaconate and the Religious Life. Prayer is an invisible but essential ministry in the Church. This is an important way to be involved in vocation ministry. Sign up to have the Pilgrim Vocation Icon in your home. The sign-up sheet is on the greeting table by the Holy Water Font. You will be greatly blessed.

“It is said that a monk is an altar on which and from which pure prayers are offered to the Most High God.”--St. Nilus of Ancyra

### **The Tonsure of Sister Onuphria**

Although it has been more than a year since her tonsure, we still wanted to share about it with you! On Sunday, November 20, 2022, Sister Onuphria was tonsured as a rasophore (“robe’bearer”) nun. During Vespers for the feast of the Entrance of the Mother of God into the Temple, at Holy Resurrection Byzantine Catholic Parish in Euclid, Ohio, the bishop cut four small sections of her hair as a sign of her deepening commitment to God in the monastic life. She was also clothed in the monastic habit, including the tunic, apostolnik (veil), belt, raissa (robe) and skufia (soft-sided hat). And finally, she received her new monastic name, Onuphria, after Saint Onuphrius the Great.

Ahead of time, the dokimos submits three names to the hegumena (abbess), and the hegumena, through prayer, chooses one of the three, or she may choose another. Then the name is spoken by the bishop during the tonsure—Sister (name)-this is the moment that the dokimos (and all of us) find out the name that God is giving her in monastic life. If she is called to remain in the monastic life and make her life profession in a few years, the Holy Spirit will continue to reveal to her the intimate meaning of this name for the rest of her life.

### **Sister Onuphria Reflects:**

In my preparation for rasophore tonsure, I prayed a lot with the idea that a monk (or a nun) is an altar on which sacrifice is offered to God. This is an idea I’ve been drawn to for a long time. My discernment to enter the monastery (in May 2021) really followed the idea of becoming a “burnt offering wholly consumed” as we pray in Psalm 50. When I asked to be tonsured, this idea was on my heart again and more strongly than ever.

I spent five days in retreat preparing to be tonsured, and a major theme was the preparation of the altar of my heart for the offering of everything. My retreat director led me through identifying as many things as I could that need to be offered to the Father in the sacrifice of my monastic death. We just kept laying different parts of me on this altar, the altar of my heart.

At my tonsure, when I stood before the altar and received the name of Saint Onuphrius the Great who burned with love for God so much that he appeared to be on fire, I was glad to be able to actually pray and not be worried at all about whether I was doing everything right. For me, the most beautiful moment was putting on the riassa, the robe we wear for Divine Liturgy, Matins, and Vespers. As I put my arms into the sleeves and was wrapped in it, it felt like everything was going in slow motion. I thought of the altar that I have become by my tonsure, being dressed, as we put fine linens on the altars of our churches. I remembered that during my retreat, I noticed how, in Genesis, when Abraham encounters God, he builds an altar and names it, and isn’t this what happens to me in my tonsure?

I was, and still am, amazed by the beauty and depth of the simple phrase “the monk is an altar.” I look forward to new layers of meaning being uncovered as I journey deeper into the monastic desert with my father among the Saints, Onuphrius, and I beg your prayers that I would be able to keep letting new parts of me burn on the altar, so that one day I may become a “burnt offering wholly consumed.” (“Pomegranate Blossoms” newsletter of Christ the Bridegroom Monastery, Spring 2024, Vol.12, Issue 1)



CAFE Meeting at UNM  
October 1, 2024



**October 26 — Holy Great Martyr Demetrius** is one of the most popular soldier-saints of the Eastern Churches, being honored from Egypt to Lebanon to Russia and all points in between. Demetrius was an officer in the Roman army, and belonged to one of Rome's ancient patrician families with the right to speak in the Senate. He was killed in the last big persecution of Christians, being pierced with spears, around 306, at the famous town of Sirmium, a major Roman city in modern Serbia which had imperial residences, villas of the Roman nobility, and a massive military base. His relics were moved south into modern Greece, to the city of Thessaloniki, before Sirmium's destruction at the hands of the Avars (582). It is from these bones attributed to St Demetrius that liquid myrrh has been pouring out for over 1,200 years. The liquid has to be collected regularly or else the trough at the base of the shrine would overflow. It is used for anointing the sick, and there have been thousands of miraculous cures. In 1987, the tomb poured forth oil for hours, with thousands coming to soak it up into cotton and containers.

In our Byzantine-Ruthenian Catholic Church, his feast day on October 26 marks the movement of the cattle and sheep herds out of the Carpathian Mountains back down to lowland villages for the winter. If you recall, the herds went up on the feast of the other soldier-saint, George the Great Martyr, on April 23. His protection is invoked against evil spirits, and he is the patron saint of Thessaloniki, and of course he is a co-patron of soldiers along with SS. George and Sebastian.