

July 28, 2024 / T one 1 / 10th Sunday After Pentecost

Christ is Among Us! He is and Always Shall Be!



“Do not cast me off in my old age” (cf. Ps 71:9): This sincere plea, taken from Psalm 71, is the theme of the Fourth World Day for Grandparents and the Elderly, which will take place on 28 July 2024.

In his Message for the Fourth World Day for Grandparents and the Elderly, Pope Francis reassured the addressees that “God never abandons His children, never.” He referred to the elderly as “the firm foundation” on which “new” stones can rest, in order to join in erecting a spiritual edifice (cf. 1 Peter 2:5).”

Both the “certainty of God’s closeness at every stage of life and the fear of abandonment, particularly in old age and in times of pain,” can be found in the Bible, Pope Francis writes. And these words “reflect an utterly evident reality. All too of-

ten, loneliness is the bleak companion of our lives as elderly persons and grandparents. There are many reasons for this loneliness, in many places, above all in the poorer countries, the elderly find themselves alone because their children are forced to emigrate.”

Pope describes the situation of the elderly left in their war-torn countries as “the only signs of life in areas where abandonment and death seem to reign supreme.” Also His Holiness decries the beliefs of some local cultures where the elderly “are suspected of using witchcraft to sap the vital energies of the young” and thus are blamed for blows of fate affecting the young. He goes on to say that “this accusation that the elderly ‘rob the young of their future’ is nowadays present everywhere. It appears under other guises even in the most advanced and modern societies.”

“The Psalm cited above,” the Pope writes, “speaks to a conspiracy surrounding the life of the elderly.”

And he explains, that the “abandonment of the elderly is not by chance or inevitable, but the fruit of decisions – political, economic, social and personal decisions – that fail to acknowledge the infinite dignity of each person, ‘beyond every circumstance, state or situation the person may ever encounter’.”

“The passage from ‘us’ to ‘me’ is one of the most evident signs of our times.” The Holy Father laments that “nowadays many women and men seek personal fulfilment in a life as independent as possible and detached from other people. Solitude and abandonment have become recurrent elements in today’s social landscape,” the Pope admits.

The Holy Father cites the story of Naomi from the Book of Ruth: Naomi, who had grown old, urged her two daughters to leave her and return to their native towns and their homes. Naomi sees herself as a burden and considers it better to step aside.

One of her daughters does as the mother suggests. The other, Ruth, “does not leave Naomi’s side and, to her surprise, tells her: ‘Do not press me to leave you’ (Ruth 1:16),” the Holy Father writes. “Ruth is not afraid to challenge customs and inbred patterns of thought.”

The Holy Father’s Message concludes with an appeal: “In place of the self-centered attitude that leads to loneliness and abandonment, let us instead show the open heart and the joyful face of men and women who have the courage to say ‘I will not abandon you’, and to set out on a different path.”

And he conveys his blessing and prayers, “to all of you, dear grandparents and elderly persons, and to all those who are close to you.” (<https://www.vaticannews.va/en/pope/news>)

We rejoice with Dylan and Valerie Davidson-Talley on birth of their fourth child, baby boy Ephrem Nicodemus on Tuesday July 23rd.

Weight 8 lb and 5oz and 19.5 inch tall. Grant O Lord to the new born Ephrem Nicodemus and to the God-loving Davidson-Talley Family peace, health and happiness for many and blessed years!!!!



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
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www.olphnm.org**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

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**Father Tyler Strand
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May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: [ps://
www.olphnm.org/giving](http://ps://www.olphnm.org/giving).

Confession (Mystery of Reconciliation):

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/ Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

1 Corinthians 4:9-16; Matthew 17:14-23

YouTube Live 8:30 am Rosary; 9:00 am Matins & Confessions
10:00 am Divine Liturgy / Intention for the Parishioners of OLPH
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine
5:30-8:00 pm Ask A Priest

July 29 Mon ***Callinicus Martyr / 2 Cor 2:4-15; M5 23:13-22***

9:00 am Divine Liturgy / + Natalia Veresh

July 30 Tue ***Silas and Others Apostles / 2 Cor 2:14-3:3; M5 23:23-28***

9:00 am Divine Liturgy / God's Blessing on Mady Davis by Shari

July 31 Wed ***Eudocimus Venerable / 2 Cor 3:4-11; Mt 23:29-39***

5:30 pm OLPH Devotions

6:00 pm Divine Liturgy / Lesser Blessing of Water / Blessing of Honey / God's Blessing on Shana Davis by Shari

Aug 1 Thu ***Procession of the Cross / Beginning of Dormition Fast
1 Cor 1:18-24;\; Jn 19:6-11.13-20.25-27.30-35***

Aug 2 Fri ***Translation of the Relics of Stephen / 2 Cor 4:13-18; M5 24:27-33 & 42-51***



9:00 am Prayer & Witness in front of abortion clinic on Lomas
6:00 pm Divine Liturgy / +Priest Francis Vivona by David Vonderohe

Aug 3 Sat ***Isaac and Others Venerables / 1 Cor 1:3-9; Mt 19:3-12***

9:00 am Divine Liturgy (masks required) / God's Blessing on OLPH Prayer Warriors

Aug 4 Sun ***11th Sunday After Pentecost / 1 Cor 9:2-12; Mt 18:23-35***

4:00 pm Great Vespers (YouTube Live)

Hebrew Scriptures for Sunday: Numbers 22:20-31; 1 Samuel 10:17-25; Isaiah 5:1-7

5:00 pm Divine Liturgy / +Natalia Veresh

8:30 am Rosary; 9:00 am Matins & Confessions

YouTube LIVE

10:00 am Divine Liturgy / Intention for the Parishioners of OLPH

Eternal Lamp : Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube.

The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Harry & Barbara	Jordan Smith
Jenny Ford	De Lap	Janet Worthington
Marilyn Fore	Irene Bradley	Patti Klinkovsky
Sven & Barbara	Soriah Chavez	Matt Williamson
Svensson	Abraham Haddad	James Epstein
Laurie Bienz	Marianne Gerace	Katy Ford
Brent Dodson-	Michael Baron	Alton Bertschinger
Sands	Gabriel Preisler	Madalyn Davis
Lara Davis	Jessica Pieniadz	Rebecca Russo
Carol Donlin	Rhonda	Jacob McTernan
Marcie Dark	Glasscock	Paola Terlaza
Jesse Hebert	Amber Roybal	Vicki Frank
Fr Chris Zuggger	Philip Leahy	Emily
Fr Chris Andrews	Fr Juanita Montoya	Wojciechowski
Robert Rankin	Fr. Linda Granci	Fr Joel Barstad
Steve Washko	Christopher	Fr Joseph
Buster Miscusi	Barlow	Wargaki
Richard Jacobs	Joel Ford	Fr James
		Bankston

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

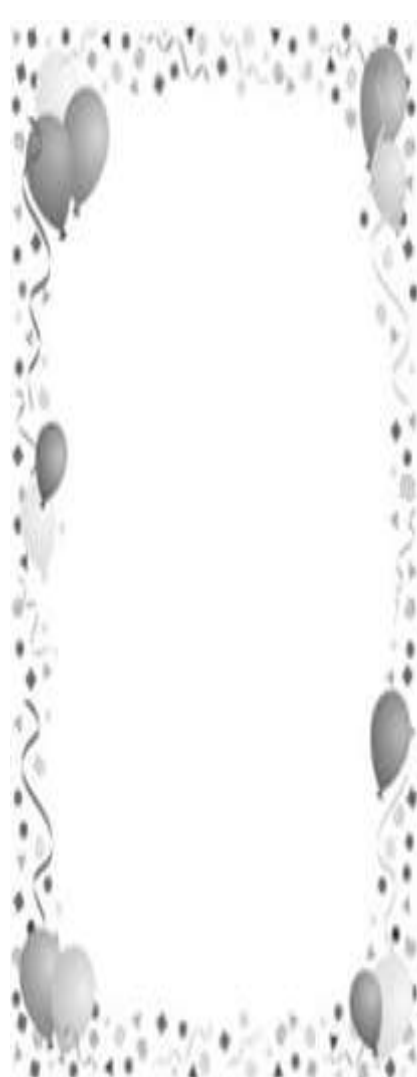
Holy Father's Intentions / July

For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

Prayer for Vocations

Nothing will be impossible for you!" Jesus taught his disciples to pray and to fast with faith. In that faith, nothing would be impossible for them. This same truth is still true today as we begin this Dormition Fast this week. To see this more clearly, we need men and women of faith to serve the Church as priests, deacons, subdeacons, monks and nuns. If God may be calling you to this life, contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org



Vocation Icon

Today:
Davidson-Talley Family
Next Sunday:
Gloetzner Family

August 4, 2024

Cantor: Andrea Riley
Reader: Michael Wells
Altar Server: Michael Grega
Trojca: Zoe Serna
Counters: Laura Serna &
Michael Wells

**Propers for August 4, 2024
11th Sunday after Pentecost
Tone 2**

Troparion - 130
v. Glory...

Kontakion- 131
v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 132
Our Father - 67

The OLPH Prayer Warriors

make intercessory prayer a daily commitment. We pray voluntarily and without bias; that is, we take to the Blessed Trinity the requests that come our way.

The Prayer Warriors meet on Zoom every Sunday at 9:30 a.m. for themed meetings. **If you would like to join the Prayer Warriors**, would like additional information, and/or would like for us to pray for your intentions, please contact Patricia at pcb@unm.edu

Alicia's Hall Report

Last Sunday we had a melting pot of Asian stir fry and New Mexican pinto beans, snacks leftover from the Byzantine youth rally road trip, fruit from Joe and cookies from Emily.

We had plenty of yummy food and great fellowship! Thanks to everyone who brought food and helped set up and clean up- especially to the Montano family! Please sign up on the paper sign up in the hall or on sign up genius to host or co-host a social! <https://www.signupgenius.com/go/10C054AAAAA2AA4F94-olph#/>

Coming Events—Mark Your Calendars Now

Thu Aug 1 Wed Jul 31	Beginning of Dormition Fast 6:00 pm Vigil Divine Liturgy/Lesser Blessing of Water / Blessing of Honey
Mon Aug 5 Tue Aug 6	Transfiguration of Our Lord / Solemn Holy Day 6:00 pm Vigil Divine Liturgy/Blessing of Fruit 9:00 am Divine Liturgy/Blessing of Fruit
Tue Aug 6	6:00 pm Advisory Board Meeting
Wed Aug 14 Thu Aug 15	Dormition of the Theotokos Holy Day of Obligation 6:00 pm Deposition of the Shroud / Liturgy / Blessing of Flowers 9:00 am Divine Liturgy / Myrovanije
Aug 23 & 24	Women's Day of Spiritual Reflection
Thu Aug 29 Wed Aug 28	Beheading of John the Baptist Simple Holy Day 6:00 pm Vigil Divine Liturgy
Sun Sep 1	Beginning of the New Church Year
Fri Sep 13 Sat Sep 14	Exaltation of the Holy Cross Solemn Holy Day 6:00 pm Vigil Divine Liturgy / Blessing of Litija 9:00 am Divine Liturgy
Mon Sep 30	Protection of the Theotokos Solemn Holy Day 6:00 pm Vigil Divine Liturgy
Sep 30— Oct 4	Annual Clergy Retreat in Tucson AZ
Tue Oct 15	Celebration of the OLPH 50th Jubilee 3:30 pm Hierarchical Divine Liturgy 6:00 pm Dinner at Sheraton 7:30 pm Dancing with a live band (Die Polka Schlingels)

Please remind your kiddos that they need to have a parent (or two dedicated adults) with them to go out on the patio at all times. We need to keep our kids safe! And picture this- a set of rotating chaperones take a group of kids to the park so they can play to their hearts' content and the adults can visit in the hall! I'll be out during most of August, but if someone is willing to take the lead on this, and make sure to have 2 adults present (for Safe Environment), you can start sooner than later! And when I'm back, count me in! Blessed week!

Dear Parish Family, our 50th Jubilee celebration is October 15th. We mailed out invitations and reply cards in April. We need them to be returned by August 1, a mere week and a half away. We will need to finalize the plans with the venue and accurate numbers of attendees are needed to ensure that there is enough room and food. If you have not yet returned the reply card, please return it as soon as possible so it reaches us by August 1. If you have lost your invitation, you can ask for a new one. You can return it by mail, donation box, by hand, scan and email (abbaolph@gmail.com), or take a picture and text it (505-377-4197). Thank you!

Please, beware of scam emails or messages using priest's name or name of the parish.

Hackers are constantly changing and improving their techniques sending spam, phishing, and social engineered messages asking for money and info. OLPH will never ask for gift cards, money or your personal info to be given to us by email or by phone. Always check the email addresses or phone number of any email or phone message you receive to make sure that it is an authentic and recognized email. Always check that the "From" name matches the senders email address. Use common sense, if you ever have question, or receive email that looks questionable from OLPH, please be quick to call and ask for verification and guidance. Thank you!

This year's Women's Day of Spiritual Reflection

will be **August 23 and 24 at the Norbertine Abbey**: Our teaching will be an introduction to Lord Teach Me to Pray. LTMTTP is a prayer method based on the Spiritual Exercises of St. Ignatius. This series has been approved by the United States Conference of Catholic Bishops. Fr. Artur has approved of LTMTTP for our Day of Reflection. **Please see the pamphlet on the Cabinet in the back for information and registration.**

EPARCHIAL APPEAL 2024

The Annual Eparchial Appeal this year runs from **February 1st to August 31st**. The pledge form and information for the appeal was mailed directly from the Bishop's office to your home. Collected o date: \$8,812.00. Did you remember to send in your pledge? Our average giving has been about \$300.00 per household. Please, send your pledge directly to the Bishop's office in Phoenix, AZ, and our checks made to the Eparchy of Phoenix. Thank you for your support!

Inhora: a home for every person at the hour of death

NM laws are anti-life from conception (abortion) to the last breath (euthanasia). Inhora will serve those at the end of life, giving those in need a home with compassionate pro-life care.

Help Inhora by: Praying / Donating / Volunteering Contact Miles for more information.

REMINDER ABOUT PARISH SUBSCRIPTION TO FORMED.ORG

For those who are new to Formed.org: This site offers amazing opportunity to enrich our FAITH. You will find thousands of books, audio talks, movies, documentaries, studies and much more. The content of website is updated on daily basis with new helpful resources. Everyone can use OLPH parish account to log in. This is what you need to do:

1. Go to Formed.org, click sign in and then click "I belong to parish"
2. Enter zip code 87110
3. Find among the parishes OLPH Byzantine

4. Put your name and email (you will get a link in your email to directly log in) Enjoy the content!
Also, you are most welcome and encouraged to share parish subscription with your friends, neighbors, coworkers or just anyone who would benefit.

August 1st —The Procession of the Wood of the Venerable and Life-Creating Cross / Start of the Dormition Fast

Praise the Lord, we are entering the Dormition fast . This is the shortest and sweetest of the fasts. It begins with the lesser blessing of water, and then on the Feast of Transfiguration blessing of the fruits. This fast is also the lightest, because the Mother of God takes care that the yoke of Christ would be light for us. She takes care for our bodies as well as our souls. Father Artur will celebrate the lesser blessing of the water and bless Honey during the **Divine Liturgy at 6:00 pm on Wed July 31st.**

The sweetness of the water blessed on August 1st comes from the Cross of Christ which is carried in Procession that day and immersed in the water during the rite of blessing and it is to be revealed to us throughout the fast. Just as once in the Old Testament the wood was lowered into the bitter waters of Marah and they became sweet and pleasant, so let it be with all our lives—let our bitterness be changed to sweetness from our touching the Cross of Christ. We begin the fast with the worship of Christ's Cross because the Dormition fast is a contemplation of the mystery of death and the mystery of life, earthly and heavenly; so that this mystery would become sweet for us, so that it would be more deeply revealed to us during this fast.

The Dormition of Our Lady is a great feast, marked by pilgrimages across Eastern Europe to Marian shrines, and at our eparchy's shrine in Olympia, WA. This was a strict fast in Europe, excluding meat, dairy, fish, oil and wine. Basically people eat vegetables! This Fast is much mitigated today and is voluntary in the United States, and the Church suggests abstinence from meat on Monday and Wednesday in addition to Friday. There is no fasting on August 6 due to the feast of the Transfiguration.

Small or Lesser Blessing of Water – It was the practice in the Byzantine rite to bless holy water on the first day of the month, February – December. Only the August blessing has survived, probably because of the summer heat and the demand for new holy water, and the carrying of the Cross this day (a cross is inserted three times into the water being blessed). Holy water can be sanctified at other times, using the ritual of this day.

Procession of the Holy Cross – In medieval cities, summer was the season of plague and other ailments. This is why the Dormition Blessing of Flowers includes medical herbs, used in medicine. It became the custom to carry the Cross through the streets of Constantinople and other cities on August 1, height of the plague season, to ask for protection from illness. A Cross can be set up at the tetrapod, with flowers around it.

St. Basil the Great: By fasting it is possible both to be delivered from future evils and to enjoy the good things to come. We fell into disease through sin; let us receive healing through repentance, which is not fruitful without fasting. True fasting lies in rejecting evil, holding one's tongue, suppressing one's hatred, and banishing one's lust, evil words, lying, and betrayal of vows.

Holy Righteous John of Kronstadt: the greatest of the virtues is prayer, while their foundation is fasting. Whosoever rejects the fasts, deprives himself and others of weapons against his own much-suffering flesh and against the devil, who have power over us especially as the result of our intemperance.

Venerable Simeon, the New Theologian: Fasting is the mother of health; the friend of chastity; the partner of humble mindedness (illnesses are frequently born in many from a disorderly and irregular diet).



**Byzantine
Youth Rally
2024**

