May 23, 2021, Festal Tone Pentecost Sunday Christ is Among Us! He is and Always Shall Be!



We have seen the true light; we have received the heavenly Spirit; we have found the true faith; and we worship the undivided Trinity, for the Trinity has saved us.

(Liturgical Hymn after the Communion)

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix Bishop: His Grace John Pazak C.Ss.R

Our Lady of Perpetual Help Byzantine Catholic Church 1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539

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May the Lord Bless your kindness and generosity to His House!



OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm Thursday OFF

THEOSIS: 2nd & 4th Thursday Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut, Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

Confession (Mystery of Reconciliation):

9:15—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/ Eucharist:

Must be arranged three months in advance.

(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance

(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Acts 2:1-11; John 7:37-52 & 12

Live streaming through YouTube	8:30 am Rosary ; 9:00 am Matins & Confessions 10:00 am Divine Liturgy for Parish Family, Benefactors and Friends Eternal Lamp: West Family by Gloetzner Family
May 24 Mon	Pentecost Monday / Simple Holy Day / Ephesians 5:8b-19
FAST FREE WEEK	6:00 pm Divine Liturgy followed by procession around the church with reading of 4 gospels / +Daniel Carstens by Gloetzners (YOUTUBE LIVE STREAM)
May 25 Tue	Post festive of Pentecost / 3rd Finding of the Head of John the Baptist 2 Corinthians 4:6-15; Matthew 11:2-15
FAST FREE WEEK	9:00 am God's Blessing on Monica Prince by Mary Alice Cooper/ Jesus Prayer
May 26 Wed	Post festive of Pentecost / Carpus Apostle / Romans 1:18-27; Matthew 5:20-26
FAST FREE WEEK	5:30 pm OLPH Devotions 6:00 pm +Michel Dzek by Helga Dzek
May 27 Thu	Post Festive of Pentecost / Therapont Bishop-Martyr Romans 1:28-2:9; Matthew 5:27-32
FAST FREE WEEK	6:30 pm THEOSIS Bible Study: Revelation (zoom)
May 28 Fri	Post Festive of Pentecost / Nicetas Bishop / Romans 2:14-29; Matthew 5:33-41
FAST FREE WEEK	9:00m am Prayer & witness in front of abortion clinic on San Mateo No Divine Liturgy
May 29 Sat	Leave-taking of Pentecost / Theodosia Venerable Martyr Romans 1:7-12; Mathew 5:42-48
May 30 Sun	Sunday of All Saints / Hebrews 11:32-12:2a; Matthew 10:32-33.37-38 & 19:27-30
	4:00 pm Great Vespers YOUTUBE LIVE STREAM Hebrew Scriptures for Sunday: Isaiah 43:9-14; Wisdom 3:1-9;Wisdom 5:15-6:3 5:00 pm +Richard Joseph Boyle by Fred McEnroe
Live streaming through YouTube	8:30 am Rosary 9:00 am Matins & Confessions 10:00 am Divine Liturgy for Parish Family, Benefactors and Friends Fr. Chris: +Linda Adamsko by Ann Rajala Eternal Lamp: +Igor Castillo by Larysa Castillo
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YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is https://youtube.com/c/olphmedia. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi Jenny Ford Priscilla Hughes Marilyn Fore Sven & Barbara Svensson Laurie Bienz Brent Dodson-Sands John Alden Lara Davis Philip Leahy

Tom Plut

Buster Miscusi
Harry & Barbara
De Lap
Irene Bradley
Soriah Chavez
Abraham Haddad
Olga Bodnar
Marianne Gerace
Lori Medina
Michael Baron
Gabriel Preisler

Ruth Sousa Linda Granci Vicki Frank Christopher Barlow Tracy McTernan Scott Fafrak Jordan Smith Rebecca Baia Ralph Robertson Janet Worthington

Paola Terlaza



Vocation Icon: T oday: Fr. A rtur

Next Sunday: Donlin Family

Intentions of the Rosary:

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church 4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for May The World of Finance

Let us pray that those in charge of finance will work with governments to regulate the financial sphere and protect citizens from its dangers. "Whoever follows me will not walk in the darkness but will have the light of life." The Holy Spirit is our light of life. The Church is strengthened by those servants filled with the Spirit, whose life of prayer and service brings light and life to the world. Is the Holy Spirit guiding you to this life as a priest, deacon, monk or nun? Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

May 30, 2021

Cantor: Evie Jilek Reader: Brook Jilek Altar Server: Michael Grega Counters: Rafael Plut, Ann Rajala

Propers for 5/30/2021
Sunday of All Saints
Tone 8
Troparion (Tone 8) - 211
Troparion (Saints) - 211
v. Glory...
Kontakion (Saints) - 212
v. Now & Ever...
Theotokion- 406
Prokeimenon - 162 & 213
Alleluia - 213
Our Father- 73
Communion Hymn - 78 & 213 [A]

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at pocb@unm.edu THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

5/30, Gratitude 6/6, TBA 6/13, Weather 6/20, Blood 6/27, Seek the Lord

Barbara's Hall Report

Thanks to everyone who has been helping out in the kitchen and the hall during the past year. Things seem to be moving right along to getting our socials back on track.

Coming Events—Mark Your Calendars Now

Mon May 31	Beginning of the Apostle's Fast
June 7—11	Clergy Conference in Phoenix
Wed June 23 Thu June 24	Birth of John the Baptist / Solemn Feast 6:00 pm Vigil Divine Liturgy / Litija 9:00 am Divine Liturgy / Myrovanije
Mon June 28 Tue June 29	St. Peter & Paul / Holy Day of Obligation 6:00 pm Vigil Divine Liturgy / Litija 9:00 am Divine Liturgy / Myrovanije
Sun July 4	OLPH Patronal Feast Day
	Feast of St. Elijah / Simple Holy Day
Mon, July 19 Tue, Jul 20	6:00 pm Vigil Liturgy / Blessing of Cars 9:00 am Divine Liturgy / Blessing of Cars
Mon Aug 2	Beginning of Dormition Fast
Fri Aug 6	Transfiguration of Our Lord / Solemn Holy Day 6:00 pm Divine Liturgy / Blessing of Fruit / Myrovanije

ETERNAL MEMORY!!! Our beloved sister in Christ, Linda Adamsko, fell asleep in the Lord on Monday May 17th, 2021 at the age of 63. We offer our heartfelt condolences to her family and especially to her sister Pam. Let us offer our prayers commending her soul to God and asking peace for the bereaved. Funeral arrangements are pending. May God grant His handmaid Linda blessed repose and remember her forever!

Вічная память, Блажений упокой, Вічная єй память!

May 30th - Sunday of All Saints

Dear children, please, plan to wear the costume of your favorite saint!

save the Date: Father Chris will be observing his 40th anniversary of ordination to the priest-hood with a Divine Liturgy on Tuesday October 12 at 6:00 PM and a celebratory dinner at the Sheraton uptown on October 13 at 6:00 PM. All are welcome to join! Further details will come when we are closer to the date.

Sunday July 4th - OLPH Patronal Feast day

Dear Parish Family, this year the actual date for our church patronal feast falls on Sunday July 4th. The celebration will start with a Holy Rosary at 8.30 am followed by Festal Matins at 9:00 am as usual. The Pontifical Divine Liturgy will begin at 10:00 am with a formal welcome of Bishop John. After the Liturgy there will be a procession around the church with reading of 4 Gospels followed by Myrovanije anointing with partaking of the Litija bread as it is customary on such occasion. Parish Picnic and Pool Party is scheduled at 5pm at Jileks house (817 Lamp Post Circle SE). There will be fireworks on the occasion of the Independence Day.

Dear Parish Family, Sunday May 23rd marks ONE YEAR anniversary of the OLPH Media YouTube Channel thanks to which homebound parishioners were able to join in the worship with the rest of the Parish Family during the storm of COVID pandemic. We are grateful for this gift to Dan Riley, who graciously volunteered to do the research, put together the needed equipment, set it all up (including installation) and make sure it all runs smoothly. Grant O Lord to Your servant Daniel and his family, peace, health and happiness for many and blessed years!

Bishop's Appeal 2021: Collected to date: \$15,109.00. Participation: registered OLPH Families 60; Paid pledges by 32 families (53%). Thank you to families/parishioners: Block Family, McNeil Family, Pam Pettit, Fr. Artur. Our parish goal is \$29,904.84 which breaks down to \$498 per Domestic Church. If we reach our goal, our parish will receive a 10% rebate which is \$2,990.00! Kindly give what you can to help our Eparchy and our Church. Please, pay your pledge online directly to the Bishop's office in Phoenix AZ or mail your check made to Holy Protection of Mary Byzantine Eparchy. Thank you! You can also make your donation to the Appeal via your credit card in the gift shop. May the Lord reward your generosity and sacrificial response!

Vocation Icon at Home Please, sign up for Vocation Icon!!! There are many free spots for the months of June and July. Thank you!!!

Pentecost Feast by Fr. Chris

In Judaism, Pentecost is the 50th day from Passover. In Christianity, it is the 50th day from Easter Sunday. In Judaism, Passover is the deliverance from slavery in Egypt. Pentecost, known as Shavu'ot, is the giving of the Law at Mount Sinai, and so deliverance from idolatry and immorality. It is worth noting that the Jewish tradition emphasizes that the Law was given, but it is constantly being received by faithful Jews, something Christians could consider regarding receiving the Gospel always.

The forty days of Easter lead us through the joy of the Resurrection to the moment when Jesus ascended into Heaven. At that event, on Ascension Thursday, He promised to send an advocate, a comforter, to the disciples. The Bible tells us that the apostles, disciples, and the mother of Jesus – our Blessed Lady – withdrew to the upper room where Jesus had celebrated the Last Supper and in which He had repeatedly appeared after His Resurrection. There they prayed, fasted, studied Scripture, and waited for God to act, while also worshipping at the Temple. After nine days, the Descent of the Spirit came with a great wind that rushed through the building, and tongues of fire danced on the heads of the disciples. (continued on next page)

(continued from previous page) This event, at nine o'clock in the morning, is commemorated every day in the Divine Office at the Third Hour. Some parishes pray the Third Hour before the Divine Liturgy offered on Sunday as a reminder of this descent. At the time of the original Pentecost, Jerusalem would have again been packed with Jews from around the Roman and Persian empires, as is clear from the conversations recorded in Chapter 2 of the Acts of the Apostles. Through the Holy Spirit, Saint Peter is transformed and he begins his preaching ministry in the street outside of the house, and thousands of Jews are converted to faith in Jesus as the Son of God and the true Messiah of Israel. The Church is launched into the world!

St. John Paul II taught: "The Holy Spirit, while bestowing diverse ministries in Church communion, enriches it still further with particular gifts or promptings of grace, called *charisms...* The charisms are *received in gratitude* both on the part of the one who receives them, and also on the part of the entire Church. They are in fact a singularly rich source of grace for the vitality of the apostolate and for the holiness of the whole Body of Christ (*The Lay Members of Christ's Faithful People*, 24).

St. John Paul II wrote: It is in fact He [the Spirit] who raises up prophets in the Church, instructs teachers, guides tongues, works wonders and healings, accomplishes miracles, grants the discernment of spirits, assigns governance, inspires counsels, distributes and harmonizes every other charismatic gift' " (*The Splendor of Truth*, 108).

There is no fasting allowed this week – so enjoy that hamburger this Friday!

The Icon of Pentectost by Fr. Chris

All Pentecost icons show Our Lady in the upper part, just off-center. She is the one who prayed with the apostles and disciples, and this is her last appearance in the bible. She will step aside to let the apostles and disciples undertake their preaching ministry to save souls. The apostles are in a semi-circle, showing their unity in the Body of Christ. The Holy Spirit is at the top, as a dove, with rays of fire coming forth. Many icons have an empty space in the center, where Christ would sit. Instead, His invisible presence is shown by the small gap in the altar or seats. Most icons also show a large black opening at the bottom center, with a king in the center. The king is "Cosmos", a crowned man who represents the universe. The Gospel is to be carried out to all nations, to the cosmos itself. The Gospel is for everyone. With the power of the Holy Spirit, the disciples are able to launch out into the known world, and shortly enough to go beyond the boundaries and trade routes of the Roman and Persian empires as they carry the Good News to all peoples. Within the first generation of Christians, the Faith was carried all the way to India!

Why We Kneel on Pentecost Sunday: On Pentecost, we kneel down while the priest kneels at the Royal Doors and sings "Heavenly King" once, and we repeat it two more times, just like the Easter Troparion. We kneel in humility, waiting for the Spirit of God to descend upon us. Through the gift of sacred time, *kairos*, we are lifted out of our daily time, *chronos*, and so we are present in the Upper Room with Mary and the rest of the apostles and disciples, and we are able to partake in the Spirit's gifts. The Prophet Isaiah listed these gifts for us in chapter 11, verses 2-3: "The Spirit of the Lord shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord." Kneeling shows that we are ready to receive these gifts into our hearts and so become disciples of the Lord and messengers of the Good News, no matter what our age is, what we do, where we live or work. Above all, we must love God. (continued on next page)

Customs: Pentecost gives us new life in the Holy Spirit!

In the East European territory of our Church (Transcarpathia, Slovakia, Hungary, Croatia), this feast is a real holiday. Pentecost is called Green Sunday and it is indeed marked in Eastern Europe by a profusion of greenery. This is actually a Jewish custom: synagogues and homes are decorated on their Pentecost which celebrates the giving of the Law by God to Moses at Mount Sinai. In Jewish neighborhoods of New York City, the fire escapes on apartment buildings are covered in green branches and framed in as prayer houses, as a reminder of how the Israelites lived at the foot of Mount Sinai. (continued on next page)

On this day in Europe, every Greek Catholic and Orthodox home is adorned with green branches at the gates, on apartment balconies, and over doorways. Fresh greenery is put into a vase for the family icon corner, greenery is put over framed photos and mirrors, and if there's no carpet, green grasses and rushes cover the floor. Women wear headscarves filled with green designs when going to church, everyone tries to put on something with green.

In the church, green branches are put across the iconostas so that it becomes a shiny green forest, large sheaves of green grass are on the floor, and all the clergy are vested in green. In many places people bring bouquets of the first flowering plants to church to be blessed and to take home for the icon corner or to put on the dining table in a vase. When these are dried up, they must be buried in the garden or burned.

In many places, people take food to the cemetery, as this is the last weekend for commemorating the dead on the previous Saturday, and families will sit down for picnic meals at the family plots. It serves both as a reminder of the departed and the need to pray for them, and a blunt reminder that we all face the same end and should live accordingly.

Teens Can Ask A Priest Anything!!

Why go to Confession? The Bible says that Jesus is the one mediator between us and only Jesus can forgive sins.

This is a great example of Protestants taking one verse out of Scripture and using it for an argument. Jesus gives Peter and the apostles the power to bind and loose sins, i.e., the power to not forgive or forgive, and this is on earth and heaven (Matthew 18). This is known as the power of the keys, and why Peter is always shown holding keys in his hand. In James 5 the faithful are told to confess their sins to the presbyters (priests) in order for their sins to be forgiven. So the authority and ability to grant absolution is specifically granted to priests. It is an enormous privilege for a priest to be able to hear confessions, and a great blessing to hear the words "you are forgiven." And just a reminder, the priest can never break the seal of confession in any way, nor can he treat the penitent any differently after the confession based on what he has heard. The communication is entirely between you and God. We priests are simply the vehicle of God's grace. (By Fr Chris)