



December 4, 2016
29th Sunday after Pentecost
Tone 4

Epistle: Colossians 3:12-16

Gospel: Luke 17:12-19



Happy Feast of St. Nicholas!

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Bishop: His Grace John Pazzak C.Ss.R**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, New Mexico 87110
Parish office: (505) 256-1539 Fax: (505) 256-1278 www.olphnm.org**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

Advisory Board
Dorothy Curl, Dave Dark, Harry DeLap, Brian
Fitzpatrick, Luba Kmetyk, Dan Riley

**Father Christopher Zugger (pastor emeritus)
(505) 256-1787
Frchris.zugger@gmail.com
www.frchriszugger.com**

Finance Council
Matthew Blain, Tom Ellefson, Maria Alden

SCHEDULE:

SUNDAY: Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am

Daily Liturgy (Schedule of Services, Page 3)

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 1st & 3rd Thursday
pot luck dinner 6:00 pm
Bible Study 7:00 pm

Eastern Christian Formation Program: All grades
meet every Sunday after Liturgy for 45 minutes
(September through May)

Confession (Mystery of Reconciliation):

9:15—10:00 am on Sundays, before or after week-
day Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility
to notify the parish office when a parishioner is in
the hospital or confined to home because of sick-
ness or old age. Father will bring the confined per-
son the Holy Mysteries on a regular basis. It is rec-
ommended that one receive the Anointing of the
Sick before any major surgery. Please don't let the
priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur or the office staff for more information. God bless you.

Today 8:30 am Rosary
9:00 am Matins/Confessions
Canned Goods Collection for Friars 10:00 am Divine Liturgy for Parishioners, Benefactors & Friends
Eternal Lamp: Threima Leech by Dorothy Curl

December 5 Monday ***Sabbas Venerable***
Epistle: Galatians 5:22-6:2; Gospel: Matthew 11:27-30



6:00 pm Vigil Liturgy/Litija for St. Nicholas
Holy Souls in Purgatory by Dawn Ford

December 6 Tuesday ***St. Nicholas of Myra/Solemn Holy Day***
Epistle: Hebrews 13:17-21; Gospel: Luke 6:17-23

9:00 am Divine Liturgy/Mlrovanije
for Parish Family, Benefactors and Friends

December 7 Wednesday ***Ambrose Archbishop***
Epistle: Hebrews 10:1-18; Gospel: Luke 21:5-7.11:20-24



5:30 pm OLPH Devotions
6:00 pm Vigil Liturgy/Litija; Blessing on Tessa Pettit by Pam Pettit

December 8 Thursday ***Maternity of the Holy Anna/Solemn Holy Day***
Epistle: Galatians 4:22-31 Gospel: Luke 8:16-21

9:00 am Divine Liturgy/Mirovanije
for Parish Family, Benefactors and Friends

December 9 Friday ***Patapulus Venerable***
Epistle: Hebrews 11:8.11-16; Gospel: Luke 21:37-22:8



6:00 pm + Al Adamsko by Pam Pettit

December 10 Saturday ***Mennas & Others Martyrs***
Epistle: Ephesians 5:1-8; Gospel: Luke 13:18-29

10:00 am OLPH Mother's Group Outing

December 11 Sunday ***Sunday of the Forefathers***
Epistle: Colossians 3:4-11; Gospel: Luke 14:16-24

4:00 pm Great Vespers
5:00 pm Holy Souls in Purgatory by Dawn Ford

8:30 am Rosary
9:00 am Festive Matins/Confessions
10:00 am Divine Liturgy for Parishioners, Benefactors & Friends

ECF Classes

Eternal Lamp: +Carlos De La Cruz by Sven & Barbara Svensson

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Sharif Rabadi
Stephen Horner
Katrina Anderson
Abraham Haddad
Jenny Ford
Threima Leech
Priscilla Hughes
Steve Jakymiw
Lillian Murphy
Marilyn Fore
Demetrius Yackanich
Sven & Barbara Svensson

Fr. Julian Gnall
Henry Zigger
John & Margie Disque
Phillip Fall
Laura Dominquez
Olga Bodnar
Frances Brannan
John Deflice
Mary Ann Kosty
Jordan Smith
Maggie Batsel
Jean Pesce
Henry Burnette
Tracy McTernan

William Frank
Mary Nell Preisler
Mike Harahuc
Robert Zadel
Jack & Lorraine Hubbell
Quintin Santmaria & Family
Heather Mattax
Larry Bennett
Paola Terlaza
Ruth Sousa
Frank Gerace
Linda Granci

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group

Intentions of the Rosary

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul



Vocation Icon

Today: Blain

Next Sunday: Bonham/Chavez

Holy Father's Intentions for December

Universal: End to Child-Soldiers

That the scandal of child-soldiers may be eliminated the world over.

Evangelization: Europe

That the peoples of Europe may rediscover the beauty, goodness, and truth of the Gospel which gives joy and hope to life.

ETERNAL MEMORY!!! +Carlos De La Cruz, grandfather of our beloved parishioner Andrea Riley fell asleep in the Lord on Tuesday, November 29. We offer Andrea's family our prayerful condolences and promise of prayers for her grandfather's eternal repose and their consolation. Funeral service will be held on Saturday December 3 in Texas. May God grant His servant Carlos blessed repose and remember him forever!

Church Etiquette Series: Movement in Church

When we enter the church, we venerate the icon on the tetrapod, light our candles, go to our place where we begin our formal preparation for Divine Liturgy. Once we are in our place we should remain there, except for receiving Holy Communion. If there is a serious reason to leave the church during Liturgy, we do so quietly and reverently and creating as little of a distraction as we can. We should never be moving around the church during the Great Incensation at the beginning of Liturgy, the Small Entrance with the Gospel Book, the Great Entrance with the bread and wine, during the reading of the Epistle and the Gospel. These are special times that demand our attention. We should always be aware of our individual responsibility to create an atmosphere of prayer within the church by our proper demeanor.

Next Sunday Retired Religious Collection

Dear Parish Family, The United States Conference of Catholic Bishops asks us to take up a special collection for the retired religious Sisters, Brothers and Fathers who have served the Church in the USA so faithfully over the years. Now in their retirement and need, our generous donations become a sign of our gratitude for their service to the Church. Our Sisters of St. Basil benefit from this collection. Please be generous by using the envelope provided with your tithing envelopes. Thank you!

The Toys for Tots box is now in the back of the Church for our annual Toys for Tots collection. Please be generous. We have less than 2 weeks before it is collected for distribution to the children who are not as fortunate!

DATE	READER	TROJCA	GREETER	COUNTER	HOST
Dec. 11	Brook Jilek	Alaina Riley	Samia Rabadi	Open	Open

Barbara's Hall Report

Well, Mr. Nobody was knocking at the door, but we were saved by the heroic Andrea Riley who brought in food for the children, so they would have enough energy to go to their ECF classes. Wow! That was a close one! Thanks Andrea.

Coming Events—Mark Your Calendars Now

	Celebration of the Nativity of Our Lord Jesus Christ
December 15, 29 Thursday	6:00 pm Pot-luck Dinner 7:00 pm THEOSIS: Mystery of the Byzantine Liturgy
December 23 Friday	12 noon Royal Hours 7:00 pm Great Compline
December 24 Saturday	5:00 pm Holy Supper (sign-up list is on the greeting table) Singing of Carols 7:00 pm Vigil Liturgy of St. Basil
December 25 Sunday	Christmas—Birth of Our Lord/Holy Day of Obligation 8:30 am Rosary 9:00 am Matins/Confessions 10:00 am Divine Liturgy
December 26 Monday	Synaxis of Theotokos/Solemn Holy Day 9:00 am Divine Liturgy
December 27 Tuesday	St. Stephen Protomartyr/Simple Holy Day 6:00 pm Divine Liturgy

Saint Nicholas Award - Sunday December 4

Every year in our parish since 1985, the advisory board recommends someone to receive this award. The requirements are simple: that the recipient(s) be practicing Catholics, that they engage in charitable work inside and outside of the parish quietly, not looking for applause, as an act of love for Christ. Also, the board looks for someone who other parishioners recognize as being good souls who exemplify this. An icon of the holy bishop is given to the recipient(s) on the Sunday closest to December 6th. We eagerly and prayerfully await the winner of this honorable prize this year!!! O, who loves Nicholas the Sainly!

Upcoming Mothers' Group Events

Save the dates so you can join us!

12/10/16- Mamas Outing: Adoration at Annunciation and Lunch at Flying Star 10am-noon

12/18/16- Sunday Social

1/14/17- Mothers' Group Meeting 10am-noon

1/28/17- Group Baby shower 10am-noon

2/11/17- Blessing bags- 10am-noon

It's that time of year again for Christmas Fudge!

This will help with Christmas money for my Grand-kids & for my trip to Ohio to visit relatives. Fudge is \$16 for one pound, \$45 for three pounds. All Fudge is chocolate. Nuts can be added. Talk to me if you'd like a different flavor. All Fudge orders will be delivered on Sunday, December 11th. The Fudge freezes extremely well to keep until Christmas Day. (Lara 710-1181)

Year End Finances

ARE YOU UP TO DATE ON YOUR TITHING and FINANCIAL GIFTS TO THE LORD? The auditors tell us that the parish financial books close on December 31, 2016— no exceptions. Please take some time to review your church offerings and again Thank you for being generous to our CHURCH.

!!THANK YOU NOTE!!

Dear OLPH Family,
God Bless You and Thank You for Your generosity and support! Keep us in your prayers and be assured of ours.

In Christ,
Joseph, Cesca and Isabella O'Loughlin

HOLY SUPPER DECEMBER 24

CHRISTMAS EVE: We traditionally have strict fast on Christmas Eve. (This year strict fast is moved to Friday because the Christmas is on Sunday. But still we will have traditional Holy Supper on Saturday) No meat or dairy products are used, and the main meal is the Holy Supper. Animals are fed before the people, since the animals kept the Child Jesus warm in the manger. The spider is not harmed because she wove a web to hide the Holy Family from Herod's anger.

At the first appearance of a star in the evening sky, the Holy Supper is served. The table can be set with straw above and below as reminder of Jesus' poverty. An empty place may be set for Elijah, for he is the prophet who is to come to announce the Messiah. The empty place can also represent the souls of those who have died. The white tablecloth represents the swaddling clothes of the Christ Child. Candles stand for the Star. Three stacked loaves of bread represent the Trinity. Traditionally, dinner was split into twelve separate courses (including the desserts) in honor of the Twelve Tribes and Twelve Apostles.

The traditional ritual of Holy Supper

(Recipes for these dishes can be found in the cookbook in our Gift Shop)

A prayer is offered for thanksgiving for all the blessings of the past year and for good things in the coming year. This is done by the head of the family, or by each member. Each person is anointed by the head of the family with a bit of garlic dripped in honey, making the sign of the cross, as a sign of the bitterness of life and sweetness of Jesus Christ. The first person to enter the house should be male, to announce the Birth of Christ. The following foods can be served:

BREAD HONEY GARLIC
MUSHROOM SOUP (no milk!) PIROHI
FISH (baked or poached, not fried!)
BEANS STEWED PRUNES
DRIED FRUIT WINE KOLACHI ROLLS
NUTS OR RAISINS BOBALKI
POGACH (cabbage pizza)

A REMINDER: WE DO NOT CELEBRATE JESUS' BIRTHDAY: The Church follows Biblical teaching regarding sacred time, which means that we do not observe His anniversary. Rather, we are present at the cave for the Birth of the God-Man among us. Just as the Divine Liturgy allows us to be at the Last Supper, Calvary, and the empty grave of Easter, so too are we present on December 24 at the Birth of Christ. Recognizing this, let's strive for a day that is truly holy, new, and filled with awareness of His presence.

Christmas carols are sung, and a star is carried from house to house.

St. Nicholas—December 6

Saint Nicholas is one of the most popular of all Saints in the East, and there are countless stories that tell of his generosity and intercession for children, especially children who are poor, orphaned, abused or kidnapped; patron of the poor; of sailors and those at sea; those who have been falsely accused or imprisoned; lawyers; pharmacists; shoemakers; merchants; woodcarvers – and thieves! His relics repose in the Italian port city of Bari, at the opposite end of the Mediterranean Sea from his old eparchy, Myra, in Turkey. His bones still give off myrrh, a crystalline substance that pours out and is collected in small bottles.

Such is his fame and importance that every iconostas in every church that uses the Byzantine rite, Catholic or Orthodox, must have his icon at the north end of the screen. **Nicholas is the special patron of our own Byzantine-Ruthenian Catholic Church. The center of monastic life and the residence of the bishops of our Church was the monastery of Saint Nicholas in the town of Mukachevo, for at least 900 years.**

St. Barbara, December 4

St. Barbara the Great Martyr. She is one of the Fourteen Holy Helpers, saints called on frequently for intercession with God, and is the patroness of miners, mathematicians, engineers, and artillerymen. There are many legends about her; we do know that she was killed in the late third century and must have endured terrible tortures, since she is called a “Great Martyr.” In one story, her own pagan father killed her because of her faith, and God struck him down with lightning. Thus she is a patron against both lightning and sudden death!

Conception of St. Anne—December 8

We keep **the feast of the Conception of Saint Anne/** Conception of the Theotokos, known in the West as **the Immaculate Conception.** Declared a dogma in 1854, the Immaculate Conception was taught by many Church Fathers and spiritual writers for centuries. In the Eastern Churches, this is kept on December 9, in order to emphasize that though sinless, Our Lady is still inferior to Christ, Who alone has a perfect pregnancy (March 25-December 25). However, the Latin Church preferred the date of December 8, giving Our Lady a perfect pregnancy (December 8 – September 8). In the United States, which is dedicated to the Immaculate Conception, our Byzantine Catholic Church has accepted the December 8th date.

The feast of the Conception of Saint Anne originates in the monasteries of Palestine in the late 600s; it spread through the Syriac and Byzantine Churches so that by 1166 it was a holy day of obligation in the Byzantine Empire with no work allowed. **In the texts of this feast, Mary is acclaimed as all-holy, immaculate, sinless, and most pure.**

PRO-LIFE CORNER

“And if we can accept that a mother can kill her own child, how can we tell other people not to kill one another?”

-Blessed Mother Teresa of Calcutta-

“Abortion is not a sign that women are free, but a sign that they are desperate.” *Frederica Matthewes-Green*

What Can I do?

The Bible commands us to help “the least of these, my brothers and sisters...” Matthew 25:45.

In our culture of death, no doubt the “least of these our brothers and sisters” are the defenseless, innocent children in the womb who are so incredibly vulnerable. So, here are some ideas of what we can do to make a real difference:

- ◆ Support Project Defending Life especially now after the beak-in and fire in their facility by arsonists
- ◆ Pray for Those Who Have Been Involved in an Abortion
- ◆ Pray for the life of all, particularly giving witness outside our local abortion clinics. Helper of Mothers icon is always there on Friday mornings!!!! Please, come :)

Shut-ins Visits



Explorers hike at the Rio Grande Park



CAFÉ at UNM