

March 11, 2018

4th Sunday of the Great Fast / St. John Climacus / T one 7

Hebrews 6:13-20; Mark 9:17-31

Christ is Among Us! He is and Always Shall Be!





**Holy Protection of Mary Byzantine
Catholic Eparchy of Phoenix
Bishop: His Grace John Pazak C.Ss.R**



**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, New Mexico 87110
Parish office: (505) 256-1539 www.olphnm.org**

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

SCHEDULE

SUNDAY: Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am
Great Vespers 4:00 pm

Wednesday & Friday: Pre-sanctified Liturgy 6:00 pm

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Pot Luck Dinner 6:00 pm
Bible Study 7:00 pm

Eastern Christian Formation Program: All grades meet every Sunday after Liturgy for 45 minutes (September through May)

Father Christopher Zuger (pastor emeritus)
(505) 256-1787
Frchris.zugger@gmail.com
www.frchriszugger.com

Finance Council

Matthew Blain, Tom Ellefson, Maria Alden

Confession (Mystery of Reconciliation):

9:15—10:00 am on Sundays, before or after week-day Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:




Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you

- Today 8:30 am Rosary
9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parishioners, benefactors & Friends
ECF Classes Fr. Chris: +Holy Souls by Karen Barlow
4:00 pm Great Vespers :
- March 12 Monday *Theophane Venerable-Confessor / Genesis 13:12-18; Proverbs 14:27-35*
 10:30 am Shut-ins visits
5:45 Explorers Meeting
- March 13 Tuesday *Translation of the Relics of Nicephorus-Patriarch
Genesis 15:1-15; Proverbs 15:7-19*
12 noon 6th Hour
- March 14 Wednesday *Benedict Venerable / Genesis 17:1-9; Proverbs 15:20-16:9*
 5:30 pm OLPH Devotions
6:00 pm Presanctified Liturgy
- March 15 Thursday *Great Canon of St. Andrew of Crete / Genesis 18:20-33; Proverbs 16:17-33*
7:00 pm Matins / Great Cannon of St. Andrew of Crete with prostrations followed by reading the Life of St. Mary of Egypt
- March 16 Friday *Sabinus & Papas Martyrs / Genesis 18:20-33; Proverbs 16:17-33*
 9:00 am Prayer and witness in front of Abortion Clinic on San Mateo
6:00 pm Pre-Sanctified Liturgy / Meatless Potluck
- March 17 Saturday *Akathistos Saturday / Hebrews 9:24-38; Mark 8:27-31*
9:00 am Akathist to the Most Holy Theotokos
- March 18 Sunday *5th Sunday of Great Fast / St. Mary of Egypt / Hebrews 9:11-14; Mark 10:32-45*
4:00 pm Great Vespers
5:00 pm +JoAnn and Gerald Cooper by Mary Alice Cooper
ECF Classes 8:30 am Rosary
9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
4:00 pm Great Vespers

Sharif Rabadi
 Katrina Anderson
 Abraham Haddad
 Tim & Jenny Ford
 Threima Leech
 Priscilla Hughes
 Steve Jakymiw
 Marilyn Fore
 Demetrius Yackanich
 Sven & Barbara Svensson
 Laurie Bienz
 Brent & Nicole Dodson-
 Sands
 Eva Schuler
 Charlie & Maggie Batsel

Fr. Julian Gnall
 Henry Zuger
 John & Margie Disque
 Phillip Fall
 Laura Dominquez
 Olga Bodnar
 Frances Brannan
 John Deflice
 Mary Ann Kosty
 Jordan Smith
 Jean Pesce
 Tracy McTernan
 Terry Rains
 Eli Griego
 Brother Vittorio

William Frank
 Mary Nell Preisler
 Mike Harahuc
 Lorraine Hubbell
 Heather Mattax
 Larry Bennett
 Paola Terlaza
 Ruth Sousa
 Linda Granci
 Mary Danyluk
 Richard Hornung
 Kris Nelson
 Scott Fafrak
 Dana Papaj
 Peter Dzek

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group.

Intentions of the Rosary

Sorrowful Mysteries daily during Great Lent

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for March:

Formation in Spiritual Discernment

That the Church may appreciate the urgency of formation in spiritual discernment, both on the personal and communitarian levels.



Vocation Icon

Today: BlainFamily

Next Sunday: Laurie Bienz



**Sunday, March 18th,
Explorers Pancake Breakfast
Fundraiser!**

This time with a St. Patrick's Day theme- to include all you can eat pancakes, eggs, colcannon and Irish Soda Bread! \$5.00 per person suggested donation. Thank you for your generosity!!! Collected donations will help with equipment, insurance and field trips for 2018.

Now this I say, whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully, Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. (2 Corinthians 9:6-7)

67th Annual Brother Mathias Corned Beef & Cabbage Dinner Join us for a family friendly evening on Saturday, March 17th, 2008 from 4pm to 8pm at St. Pius High School, located at 4301 ST. Joseph's Dr. NW in Albuquerque, New Mexico. Enjoy a traditional corned beef and cabbage dinner with beverage and dessert, only \$15 per adult and \$5 for children age 13 and under. This is a benefit for God Shepherd Center. There will be music, entertainment, a drawing, and games for the children. Tickets may be purchased in advance at select locations, online at www.goodshepherdcenternm.org. or at the door. Call Mayra at 505-359-4048 for more information

Our Parishioner Demetrius Yackanich moved to the assisted living last Monday. His new address is: **Westwind House Assisted Living, 6600 Los Volcanes Rd NW Albuquerque NM 87121, Room # 40**. He is on the list of the shut ins to be visited on 2nd and 4th Monday of the month. Everyone is cordially welcome to visit him or send Dee a card! Thank you!!!

March 18, 2018	
Cantor	Evie Jilek (Andrea Riley March 17)
Reader	Michael Wells
Trojca	Katara Dodson-Sands
Greeter	Eva Schuler Miles Gloetzner
Usher	Dan Riley, Jeff Brewer
Counter	Michael Wells Miles Gloetzner
Host	Explorers pancake breakfast
Church Cleaners	Tom Plut, Tom Ellefson
Altar Servers:	Thomas Donlin Michael Grega Daniel Fogg Joe Ellefson Patricio Chavez Caden Dodson-Sands Cyrus Dodson-Sands

Barbara's Hall Report

Thanks to Pam Pettit for making brunch for sister Linda's birthday. She brought taquitos, guacamole, salsa, chips, cream cheese rollup, humus, crackers, and scones. Yum! Carly Bonham brought soup, bread, salad and watermelon. Boy, there was plenty of food! Thanks to everyone who helped clean up and do the dishes. It's always appreciated!

Coming Events—Mark Your Calendars

Tuesday March 20	6:00—7:00 pm St. John's Bible Study for tweens
	Holy Week (March 26—March 31)
Monday	6:00 pm Bridegroom Matins
Tuesday	6:00 pm Bridegroom Matins
Wednesd	7:00 pm Presanctified Liturgy / Holy Anointing
Thursday	7:00 pm Vespers / Divine Liturgy of St. Basil
Friday	10:00 am Passion Matins 7:00 pm Vespers & Procession with the Burial Shroud
Saturday	11:30 pm Jerusalem Matins / All night Vigil 11:00 am Akathist to the Lifebearing Tomb of Christ
Sunday	6:00 pm Easter Vigil Liturgy / Blessing of Baskets 9:00 am Resurrection Matins / Liturgy / Blessing of Baskets
May 12 Saturday	Annual Byzantine Bazaar
July 1 Sunday	Patronal Feast of OLPH / visit of Bishop John

Bishop's Appeal 2018: Collected to date: \$5,305.00 **Participation:** registered OLPH Families 59; Paid in full pledges 21 families (42.8%) Thank you to families/parishioners that completed their pledges: Blain, Barlow, Cook, Stockton, Fore, Block, Romero, Fr. Artur, Cooper, Ruedig, Plut, Loescher, Rajala.

Our parish goal is **\$16,225.00** which breaks down to **\$275 per household**. If we reach our goal, our parish will receive a 20% rebate which is \$3,135.00!

You can also make your full donation to the Appeal via your credit card in the gift shop. Deadline for Bishop's Appeal this year is May 31. May the Lord reward your generosity and sacrificial response!

MISSION SOCIETY EASTER CARDS

Beautiful newly designed **Easter Cards are now on sale**. This year proceeds will benefit seminarians from *both* the Ukraine and Slovakia. A packet of 5 cards sell for \$10 including envelopes. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office by Holy Wednesday, March 28th. All names will be sent to Bishop Milan Sasik in the Ukraine. On April 8th (Old Calendar Easter), the Bishop will place all of these names on the altar and pray for each individual. The last day to purchase cards will be Palm Sunday, March 25th. **May the Lord bless your kindness and generosity!**

Cantor Corner

Liturgical Propers for 3/18/18 (5th Sunday of Great Fast & Memory of Our Holy Mother Mary of Egypt)

Resurrection Tone 8 / Divine Liturgy of St. Basil

Typical Psalms & Beatitudes - DL 16,17&23

Troparion (Tone 8) - DL 161

Troparion (Venerable Mother) - DL 230

v. Glory...Now & Ever... (Tone 3)

Kontakion (Venerable Mother) - DL 230

Prokeimenon - DL 162 & 231

Alleluia - DL 163

Instead of 'It is Truly Proper' - DL 98

Our Father (Tone 8) - DL 73

Communion Hymn - DL 78 & 232

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OLPH Prayer Warriors

Believing in Jesus's promise that where two or more are gathered in His name, He is with us, please join our intercessory prayer group, the OLPH Prayer Warriors, Sunday mornings at 9:30 in the conference room to pray for our individual and collective needs. Although we will dedicate our prayers to particular themes each week, and if you cannot participate in our gatherings, do let us know of your particular petitions and we will include them in our prayers. Send your prayer requests to Patricia at pocb@unm.edu

March 2018

March 18: Humility

March 25: Truth

April 2018

April 1 Baptism of Holy Spirit April 8 Sings

Fourth Sunday of Great Lent: The Sunday of Saint John Climacus

John came to the *Vatos* Monastery at Mount Sinai, now Saint Catherine's Monastery, and became a novice when he was about 16 years old. After the death of his teacher he withdrew to a hermitage at the foot of the mountain. In this isolation he lived for some twenty years, **constantly studying the lives of the saints and thus becoming one of the most learned Church Fathers**. When he was about seventy-five years of age, the monks of Sinai persuaded him to become their hegumen (superior or abbot). His reputation for wisdom and learning spread so far that, according to the *Vita*, **Pope Gregory the Great wrote** to recommend himself to his prayers, and sent him a sum of money for the hospital of Sinai, in which the pilgrims lodged.

Of John's literary output we know only the *Ladder of Divine Ascent*, composed at the request of John, Abbot of Raithu, a monastery situated on the shores of the Red Sea, and a shorter work *To the Pastor* (Latin: *Liber ad Pastorem*), most likely a sort of appendix to the *Ladder*.

The *Ladder* describes how to raise one's soul and body to God through the acquisition of ascetic virtues. Climacus uses the analogy of Jacob's Ladder as the framework for his spiritual teaching. Each chapter is referred to as a "step", and deals with a separate spiritual subject. There are thirty Steps of the ladder, which correspond to the age of Jesus at his baptism and the beginning of his earthly ministry. Within the general framework of a 'ladder', Climacus' book falls into three sections. The first seven Steps concern **general virtues** necessary for the ascetic life, while the **next nineteen** (Steps 8-26) give instruction on overcoming vices and building their corresponding virtues. **The final four Steps** concern the higher virtues toward which the ascetic life aims. **The final rung of the ladder**—beyond prayer (προσευχή), stillness (ήσυχία), and even dispassion (άπαθεία)—is love (άγάπη).

Originally written simply for the monks of a neighboring monastery, the *Ladder* swiftly became one of the most widely read and much-beloved books of Byzantine spirituality. This book is one of the most widely-read among Eastern Christians, especially during the season of Great Lent. It is often read in the trapeza (refectory) in monasteries, and in some places it is read in church as part of the Daily Office on Lenten weekdays, being prescribed in the Triodion.

Saint Andrew of Crete

The Great Canon of St Andrew, Bishop of Crete, is the longest canon in all of our services, and is associated with Great Lent, since the only times it is appointed to be read in church are the first four nights of Great Lent (Pure Monday through Pure Thursday, at Great Compline) and at Matins for Thursday of the fifth week of Great Lent, when it is read in its entirety (in this latter service, the entire life of St Mary of Egypt is also read, and this is done at night).

There is no other sacred hymn which compares with this monumental work, which St Andrew wrote for his personal meditations. Nothing else has its extensive typology and mystical explanations of the scripture, from both the Old and New Testaments. One can almost consider this hymn to be a “survey of the Old and New Testament”. Its other distinguishing features are a spirit of mournful humility, hope in God, and complex and beautiful Trinitarian Doxologies and hymns to the Theotokos in each Ode.

The canon is a dialog between St. Andrew and his soul. The ongoing theme is an urgent exhortation to change one’s life. **St Andrew always mentions his own sinfulness placed in juxtaposition to God’s mercy, and uses literally hundreds of references to good and bad examples** from the Bible to “convince himself” to repent.

A canon is an ancient liturgical hymn, with a very strict format. It consists of a variable number of parts, each called an “ode”. Most common canons have eight Odes, numbered from one to nine, with Ode 2 being omitted. The most penitential canons have all nine odes. Some canons have only three Odes, such as many of the canons in the “Triodion” (which means “Three Odes”).

In any case, all Odes have the same basic format. An “Irmos” begins each Ode. This is generally sung, and each Irmos has a reference to one of the nine biblical canticles, which are selections from the Old and New Testament, which can be found in an appendix in any complete liturgical Psalter (book of Psalms, arranged for reading in the services). A variable number of “troparia” follow, which are short hymns about the subject of the canon. These are usually chanted, and not sung. After each troparion a “refrain” is chanted. At the end of each Ode, another hymn, called the “Katavasia”, either the Irmos previously sung, or one like it is sung. There are varying traditions about bows and prostrations. Some people prostrate on the ground, and some make the sign of the cross and bow three times after the Irmos and each troparion.