

March 1 Tone 5

1st Sunday of the Great Fast / Hebrews 11:24-26.32-12:2; John 1:43-51



Following the tradition of our holy Fathers, we paint the images of Christ and all the saints, and with our lips, our heart and spirit, we venerate these icons as we cry out: Bless the Lord, all you works of the Lord.



**Holy Protection of Mary Byzantine
Catholic Eparchy of Phoenix
Bishop: His Grace John Pазak C.Ss.R**

**Our Lady of Perpetual Help
Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110
Parish office: (505) 256-1539**



**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zuger
pastor emeritus
(505) 256-1787
Frchris.zugger@gmail.com
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**Father Tyler Strand
in residence
(516) 661-0883
tylerstrand@yahoo.co.uk**

Confession (Mystery of Reconciliation):
9:15—10:00 am on Sundays, before or after weekday Liturgies, or by
appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:
Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:
Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Pot Luck Dinner 6:00 pm
Bible Study 6:45 pm

Eastern Christian Formation Program: All grades meet every Sunday after Liturgy for 45 minutes (September through May)

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

OLPH Prayer Warriors

Sunday 9:30 am in the
conference room. Send
your prayer requests to
Patricia at pcb@unm.edu

March 8, Climbing
Mountains

March 15, Lamb

March 22, Righteousness

March 29 Pomegranate(s)

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/
Fr Chris or the office staff for more information. God bless you!

Today 8:30 am Rosary
9:00 am Matins & Confessions
ECF Classes 10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Collection for 10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Friars Procession with Icons / Blessing of Icons
Fr. Chris: +Alan Strand
4:00 pm Vespers Eternal Lamp: Intention of Bryan & Cielo Doherty

March 2 Mon *Theodotus Bishop-Martyr / Genesis 3:21-4:7; Proverbs 3:34-4:22*



10:00 am Jesus Prayer with spiritual reading
12:30 pm Catholic Expo at UNM Student Building: Fr. Chris will speak about
Eucharistic Miracles

March 3 Tue *Eutropius & Others Martyrs / Genesis 4:8-15; Proverbs 5:1-15*

10:00 am Jesus Prayer with Spiritual Reading
6:30 pm CAFE at UNM

March 4 Wed *Gerasimus Venerable / Genesis 4:16-26; Proverbs 5:15-6:3*



5:30 pm OLPH Devotions
6:00 pm Presanctified Liturgy/God's Blessing on Georgiana Martinez and her
family
6:30 pm Annunciation parish hall: Fr. Chris will present "Hitler's Pope? The Black
Legend of Pope Pius XII"

March 5 Thu *Conon Martyr / Genesis 5:1-24; Proverbs 6:3-20*

March 6 Fri *42 Martyrs of Ammorium / Genesis 5:32-6:8; Proverbs 6:20-7:1*



9:00 am Prayer & witness in front of abortion clinic on San Mateo
6:00 pm Presanctified Liturgy/God's Blessing on Georgiana Martinez and her family /
meatless potluck and movie night in the hall

March 7 Sat *2nd All Souls Saturday / Hebrews 3:12-16; Mark 1:35-45*

7:30 am No Man Left Behind man's group meeting
9:00 am All Souls Liturgy / Panichida
11:00 am—2:00 pm OLPH Helpers Lenten Video Series at Loescher's House

March 8 Sun *2nd Sunday of the Great Fast / Hebrews 1:10-2:3; Mark 2:1-12*

4:00 pm Great Vespers
5:00 pm Health and Salvation of Alan Pettit by Pam Pettit

**DAYLIGHT
SAVINGS**

8:30 am Rosary
9:00 am Matins & Confessions
ECF Classes 10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
4:00 pm Vespers Eternal Lamp: Intention of Bryan & Cielo Doherty

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine.

Sharif Rabadi	Fr. Julian Gnall	Paola Terlaza
Jenny Ford	Abraham Haddad	Ruth Sousa
Priscilla Hughes	Phillip Fall	Linda Granci
Steve Jakymiw	Olga Bodnar	Kris Nelson
Marilyn Fore	Marianne Gerace	Vicki Frank
Sven & Barbara	Paula Amrein	Christopher Barlow
Svensson	Lori Medina	Tracy McTernan
Laurie Bienz	Michael Baron	Scott Fafrak
Brent Dodson-	Fr. Stephen	Jordan Smith
Sands	Casmus	Rebekah Lyons
Dorothy Curl	Fr Frank Knusel	
	Rebecca Baia	



Vocation Icon

Today: Dodson-Sands Family

Next Sunday: Donlin Family

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group.

Intentions of the Rosary

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul



Holy Father's Intentions for March

Catholics in China

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

BISHOP'S APPEAL 2020 you will be getting in the mail from Bishop's Office your 2020 Eparchial Appeal brochure, Pledge / Payment form and a Postal-Paid Return Envelope. **Our parish GOAL IS \$23,769.46 which brings us to approximately 390\$ per Domestic Church**
Kindly give what you can to help our Eparchy and our Church. Thank you!

OLPH Bazaar Volunteer Survey

The Annual Byzantine Bazaar on **Saturday, May 2** and we need volunteers to make it a success. A survey has been created to gather information on you can help. Return printed copies of the survey to Andrea Riley or you can complete it online at <https://www.surveymonkey.com/r/YF975F9>. Please take time to complete this survey with your availability to help, as well as comments & suggestions. Contact Andrea Riley at 505-220-9137 or andrea.riley@gmail.com for more information.

May the Lord Bless your kindness and generosity to His House!

40 Days for Life by PDL in Albuquerque - a peaceful prayer vigil at Planned Parenthood's abortion mill at 701 San Mateo Blvd starts on Wednesday February 26th. **Our Parish is scheduled on Friday February 28 and Friday April 3rd**. Thanks to your support, PDL has been able to host this event every spring and fall and lives have been saved each time. In the mean time before 40 Days for Life begins ... Sidewalk Advocates greatly appreciate having prayer partners and they invite you to join them at the following times and locations ... Tuesday - Thursday from 7-10 AM at Southwest Women's Options (the late term abortion mill) at 522 Lomas Blvd (west of I-25) ... and Tuesday and Friday from 8-11 AM at Planned Parenthood at 701 San Mateo Blvd.

March 8, 2020	
Cantor	Andrea Riley
Reader	Jose Salazar
Trojca	Alaina Riley
Greeter	Ann Rajala
Usher	Dan Riley Jeff Brewer
Counter	Michael Sena Sebastian Martinez
Host	Jilek Family
Church Cleaners	Tom Plut Michael Paul Mary Blain
Altar Servers:	Michael Grega Daniel Fogg Colin Herring Jeremiah Jilek Cyrus Dodson-Sands Abel Gloetzner Mikey Grega

Barbara's Hall Report

Thanks to Evie Jilek for hosting the social in honor of St. Susanna. We had a pre-lenten meal fest with cheesy lasagna, yummy salad with feta cheese, bread, and much to the delight of the children, ice cream bars.
 What a great way to say "Hello Lent" the next day!
 Thanks Evie!

Coming Events—Mark Your Calendars Now

Thur March 12	9:00 am Nutroll baking
Sat March 14	9:00 am 3rd All Souls Saturday
Tue March 16	6:00 pm Advisory Board Meeting
Sat March 21	10:00 am Holubki making
Wednesday March 25	Annunciation of the Theotokos/Solemn 6:00 pm Vigil Liturgy of St John Chrysostom
Thursday March 26	7:00 pm Matins with Great Canon of St. Andrew and Prostrations / Reading Life of St Mary of Egypt
Sat May 2	10:00am—3 pm Annual Byzantine Bazaar

Cantor Corner
Propers for 3/8/20
Second Sunday of
Great Fast Tone 6
Typical Psalms & Beati-
tudes: DL 16 & 23
Troparion (Tone 6) - DL 152
v. Glory...
Kontakion (Great Fast) - DL
222
v. Now & Ever ...
Theotokoion- DL 406
Prokeimenon - DL 223
Alleluia - DL 153
Anaphora of St. Basil - DL 96
-100
Our Father- DL 71

Movie nights on Fridays of Great Fast! Every Friday during the Great Fast we will be having a meatless potluck AND projector movie night in the hall after Presanctified Liturgy. Below is our tentative movie list for the 6 Fridays of Lent, all of which are family friendly except for 2 nights when 2 movies will be playing.

- 1) Clare and Francis (3 hours 18 minutes—first half)
- 2) Clare and Francis (next half)
- 3) What is Man for a Woman and Woman for a Man (13ish+) & The Messengers:
The Birth of the Early Church (The Witness Trilogy for children)
- 4) Mother Teresa Life
- 5) Mother Teresa Legacy
- 6) The Island (13ish+) & War of the Vendee (children)

Friends of St. John

Prayer group for pre-teens (ages 10 through 13)
 Rooted in the traditions of the Eastern Rite of the Catholic Church
 Tuesday evenings, every other week Flying Star @ 4501 Juan Tabo Blvd NE
 (north of Montgomery) 6:00-7:30 pm (optional dinner starting @ 5:30 PM)
 2 sets of 6 meetings throughout the year:
 For more information, contact Mike Sena at olphnm.youth@gmail.com

Cycle 1

3/10 3/24 4/21 5/5 5/19

Cycle 2

9/8 9/22 10/6 10/20 11/3 11/17

Pysanky Workshops: OLPH will host a series of instructional workshops for those interested in learning how to make pysanky (decorated Easter eggs). The workshops will be held twice a month from January-March and are open to all (children do need a supervising adult).

Supplies are needed for all participants, so please RSVP with Andrea Riley: 505-220-9137 or andrea.riley@gmail.com. Monday evening workshop will be held on 3/9 at 6pm and last Saturday morning workshop will be on 3/28 at 9am

Corporal and Spiritual Works of Mercy

Corporal works of mercy are those that tend to the bodily needs of others. They come from Isaiah 58 and the commandment of hospitality. The seventh work of mercy comes from the Book of Tobit and from the commandment of burial, although it was not added to the list until the Middle Ages.

- To feed the hungry.
- To give water to the thirsty.
- To clothe the naked.
- To shelter the homeless.
- To visit the sick.
- To visit the imprisoned, or ransom the captive.
- To bury the dead.

Works of mercy can be directed not only toward the needs of the body, but the needs of the soul as well. Indeed, the most serious form of poverty of all can be the *poverty of the spirit*, not only because it drains life of all energy, joy, and sense of purpose, but also because it is the one kind of poverty that can last forever. Indeed, the human spirit longs for the nourishment of truth, goodness, and beauty if it is to be healthy and strong and if it is to grow in sanctification and be prepared for the life to come.

That's why, in addition to the corporal works of mercy, the Church has outlined the spiritual works of mercy. The first four works of mercy come from Ezekiel 33, the fifth comes from the commandment of forgiving others before receiving forgiveness from God, the sixth comes from Deuteronomy 15, and the seventh comes from Maccabees 2.

The works include:

- To instruct the ignorant.
- To counsel the doubtful.
- To admonish the sinners.
- To bear patiently those who wrong us.
- To forgive offenses.
- To comfort the afflicted.
- To pray for the living and the dead.

The Lord always chooses to heal us, to save us, to deliver us, and to raise us up from the dead through the prayers and intercession of one another. Silouan the Athonite observes, "When God wants to have mercy on someone, he inspires someone *else* to pray for him, and he helps in this prayer." Why does God do this? Could he not act for our good directly and without this intercession? Of course he could! He's God! But this is not how he chooses to act. Maybe he wants to teach us something. Maybe he wants to teach us to love one another by giving our intercessory prayer, which is an expression of our love for one another, so much power. Never doubt the great power of your prayers for those you love – for your family, your neighbors, your friends, and your enemies. Pray for them – for everyone you can think of. Fervently.

Our prayer beseeches God, who is mighty. *He* can overcome obstacles we cannot even touch or fathom. For example: death. I can and should give a hungry person food, but can I raise the dead? Only if I *pray* for those who have died – because it is Christ, the life of all, who raises the dead. I can bury them with prayers for their resurrection and I can help them in no other way but by the power of prayer.

Pray for the living and the dead: this is the synthesis of both Spiritual and Corporal works of mercy because prayer is a gift of God in his relationship with man. Prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him. To sum up prayer is a covenant relationship between God and man in Christ and therefore sustains all the works of mercy. It highlights communion of saints: "Thy will be done on earth as it is in heaven."



Mission Society Easter Cards

God Bless all who support the Mission Society all year long. Coming up, beautiful *newly designed Easter Cards* to support our mother church in Mukachevo, Ukraine (where Father Artur came to us from) **are now on sale**. The income is going **to help the eparchy finish the construction of a new two story youth center for the Holy Cross cathedral parish**. This is going to serve as the youth center for both the parish and eparchy events. As the chancellor wrote, "*Finally, after years of battles we got permission to build it, so we want to finish it as soon as possible.*"

A packet of 5 cards sell for \$10 including envelopes. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office by Easter Sunday, April 12th. On April 19th (Old Calendar Easter), Bishop Milan Sasik will pray for all your intentions in front of the altar at the Holy Cross Cathedral in Uzhgorod.

Our Christmas Card Campaign for 2019 was an enormous success. **We sent \$10,000 to the Eparchy of Mukachevo for the construction of the Romzha Shrine** (\$7,550 from Christmas Card Campaign + \$2,450 from Greatest Need donations), which will be a center for worship and education at the site where Blessed Theodore was attacked in 1947 by the Soviets. **We also sent \$1,580 to the Korolevo Orphanage; \$455 in Divine Liturgy intentions; \$70 for the Sisters of Saint Basil the Great; \$12 for the Seminary**, all for the Mukachevo eparchy. **May Almighty God grant to each of us a holy Great Lent!**