

February 15, 2015



Expulsion of Adam and Eve from Paradise



**Our Lady of Perpetual Help
Byzantine Catholic Church**

1837 Alvarado Dr. NE

Albuquerque New Mexico 87110

Office: 256-1539 FAX: 256-1787 www.olphnm.org

Father Artur Bubnevych, Pastor
Rectory: 268-2877
pastorolph@yahoo.com

Father Christopher Zuger (retired)
Phone: 256-1787
Frchris.zuger@gmail.com
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SCHEDULE:

Sunday: Rosary 8:45 am
Matins 9:00 am
Divine Liturgy 10 am

Saturday: Great Vespers 5:00 pm

Weekday: Wednesday Presanctified 6:00 pm
Friday Presanctified 6:00 pm

Holy Days of Obligation
Check the bulletin or call the office

OFFICE HOURS:
Monday - Friday: 10 am – 4 pm
Thursday & Evenings by appointment.

Parish Advisory Board Members:
Dorothy Curl, Dave Dark, Lubomyra Kmetyk,
Brian Fitzpatrick, Harry DeLap

Parish Finance Council Members:
Matthew Blain & Eva Schuler

Confession Schedule (Mystery of Reconciliation):
9:30-9:50 am on Sundays, after weekday Liturgies, or
by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:
Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning (Matrimony):
Must be arranged six months in advance
(Pre-Cana requirement)

Anointing of the Sick on Sundays before
hospitalization
For emergencies, call immediately.

Eastern Christian Formation Program:
All grades meet every Sunday after Liturgy for
45 minutes

Theosis:
2nd & 4th Thursday
6 pm Potluck Dinner
7 pm Bible Study

Knights of Columbus meet the first Monday of the
month at 7:00 pm

February 15, 2015

Sunday of Cheesefare

Epistle: Romans 13:11-14:4; Gospel: Matthew 6:14-21

Today
9:30 am Third Hour
9:30 Confessions
10:00 am Divine Liturgy for the Parish Family followed by rite of mutual forgiveness
Fr. Chris: +Angela R. Ilasi by Mrs. Rosemary Caito
4:00 pm Forgiveness Vespers
Eternal Lamp: Health of William Frank by sister Barbara Svensson

Monday
Feb. 16 **First Day of the Great Fast**
Readings: Genesis 1:1-13; Proverbs 1:1-20
Strict Fast & 12 Noon 6th Hour
Abstinence 6:00 pm Presanctified Liturgy with mirovanjie

Tuesday
Feb. 17 **Theodore the Recruit Great-Martyr**
Readings: Genesis 1:14-23; Proverbs 1:20-33
12 pm 6th Hour
6:15 pm CAFE meeting at UNM

Wednesday
Feb. 18 **Leo the Great Pope**
Readings: Genesis 1:24-2:3; Proverbs 2:1-21
Abstinence 6:00 pm Presanctified Liturgy

Thursday
Feb. 19 **Archippus Apostle**
Readings: Genesis 2:1-3; Proverbs 3:1-18
Welcome to our spiritual home, contact Father Arturo or the office staff for more information. God bless you.
9 am - 12 noon OASIS class. Our Weeping Icons

Friday
Feb. 20 **Leo of Catania Bishop**
Readings: Genesis 2:20-3:20; Proverbs 3:19-34
Abstinence 6:00 pm Presanctified Liturgy/Blessing of Kolyva followed by meatless potluck

Saturday
Feb. 21 **Commemoration of the Miracle of the Great-Martyr Theodore**
Epistle: Hebrews 1:1-12; Gospel: Mark 2:23-3:5
9:00 am Divine Liturgy/Blessing of Kolyva
+Ursula Joyce by Larry Joyce
10 am – 1 pm Women's Retreat at Cindy Loescher's
5:00 pm Great Vespers

Sunday
Feb. 22 **First Sunday of the Great Fast**
Epistle: Hebrews 11:24-26.32-12:2; Gospel: John 1:43-51
8:40 am Rosary of Our Lady
9:00 am Matins
10:00 am Divine Liturgy for the Parish Family
Procession & blessing of icons
Fr. Chris: Open
4:00 pm Great Vespers

***Physician and Help of those in sickness, Redeemer and Savior of the infirm;
O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those
who have sinned much, and deliver them, O Christ, from their
Iniquities, that they may glorify Your might divine!***

Fr. George Reamulto
Fr. Julian Gnall
Fr. Alberto Villalobos
Fr. Anthony Romero
Fr. James Lane



Roy Smith
Sven & Barbara Svensson
Michele Koetter
Abraham Haddad
Lillian Murphy
Stephen Horner
Demetrius Yackanich
Jenny Ford
Marilyn Fore
Robert Hasaka
Frank & Martha Arden
Pricilla Hughes
Sharif Rabadi

Paola Terlaza
Henry Zuggler
John & Margie Disque
Phillip Fall
Walter Jakymiw
Olga Bodnar
Frances Brannan
John Deflice
Kristoff Rajala
Jordan Smith
Marge Merrills
Theresa Doherty
Maggie Batsel

Carla Matthes
Laura Dominguez
Robert Zadel
Joseph Koetter
Mary Nell Preisler
Jackie De Paolis
Donny Terry
Mary Murphy
Lorraine Hubbell
Quintin Santamaria & Family
Heather Mattax
Larry Bennett

*Prayers in honor of and to the Blessed Virgin are a powerful
weapon against sin, and for healing. **The Sorrowful
Mysteries are said everyday until Pascha.***

*If you recite the Rosary at home, please offer these intentions,
and join us on Sunday at 9 am.*



Intentions of the Rosary

- 1st Decade:** Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade:** Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade:** Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade:** Repose of the souls who have no one praying for them
- 5th Decade:** Peace in Ukraine and the Middle East

Holy Father's Intentions for February

Universal: That prisoners, especially the young, may be able to rebuild lives of dignity.

Evangelization: That married people who are separated may find welcome and support in the Christian community.

Those who recite the Akathist to the Mother of God or the Rosary of the Virgin Mary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group

Parents: Please supervise your children outside on the concrete patio! There must be adults watching over our little ones for their safety when they play outside. Do not think that all is well just because they are on church property. Also, **small children MUST be accompanied by a parent or guardian when they want to use the restroom.** Safe Environment policy requires this. There are unaccompanied children going back and forth on Sunday - what will you do if your child is hurt or, God forbid, hurt by someone? **Please cooperate in this**

Tithing & Attendance Report

February 8, 2015

Attendance: 118

Sunday
Eternal Lamp
Presentation
Calendars
TOTAL:

Bishop's Appeal

Paid in Full Pledges to date:
Payments to date:
Parish Goal:

"In all things I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how He himself said, 'It is more blessed to give than to receive.'" Acts 20:35.

Your parish needs \$4,000 per week to meet expenses. Thank you for your generosity.

THEOSIS

Thursday, Feb. 26

6 pm--potluck dinner

7 pm--Bible Study: Ephesians



VOCATION ICON

Today: Gloetzner

Next Sunday: Donlin

Women's Lenten Mini-Retreat

All women are invited to the Loescher home for Brunch and a video retreat/teaching on Saturday, February 21st from 10 AM till 1 PM. We will learn how to Grow in Trust as we being the holy season of The Great Fast. Call Cindy at 503-0082 for more information.

Please consider putting your personal or business ad in the bulletin. The annual cost would be \$100 and it would help us with bulletin expenses.

Date	Reader	Trojca	Greeter	Counter	Host
2/22	Brook Jilek	Christy Talamante	Irene Bradley Luba Kmetyk	Cindy Loescher Barbara DeLap	Open

Barbara's Hall Report:

Thanks to Mary Blain for making her famous Frito Pie. It's always good and everyone looks forward to it. Pauline and Luke helped serve. Everything was delicious!

A carrot cake was brought for Father Artur. Yes, it's a little late, but we are so busy in this parish, it kind of got pushed back. So welcome to our parish, Father Artur!

I am hoping everyone noticed the new coffeepot donated to the church by Barbara DeLap. The old one was having electrical problems and it could have been a shocking experience to get a cup of coffee!



Byzantine Book & Gift Shop

“O Lord, Hear My Prayer”

Private devotions for the Great Fast. .50

Great Lent and Great and Holy Week with Blessed Theodore Romzha, \$3

Journey through Great Lent and Holy Week, \$3

The Lenten Spring by Thomas Hopko, \$17

Great Lent—Journey to Pascha by Alexander Schememann,

Journey Through the Great Fast—Daily Meditations and Reflection Questions, \$7

Your purchases support ministries of our parish, and help us to buy new stock that will continue to educate minds and lift up souls in prayer!

First day of Great Lent: Liturgy of Presanctified Gifts with Anointing for the Fast. Start Lent right!
Please make an effort to attend the Lenten Services: the Liturgy of the Presanctified Gifts on Wednesday and Friday at 6:00 pm. On Friday night, we will meet for meatless pot-luck in the hall.

Please sign up NOW for your Easter Paskas. These traditional breads are the centerpiece of the Byzantine Catholic Easter Sunday meal (the word for Paskas comes from Pascha, the Resurrection of Jesus).

Made with an abundance of eggs after the Lenten fast, these beautiful breads will be baked by parishioners at the kitchen of the Friars of the Renewal before Holy Week and can be picked up on Palm Sunday. Get yours now!

Order Paska breads for your Easter tables. \$10 each including beeswax candle.

Pysanky classes on March 14 (noon to 4 pm) and March 21 (11 am – 4 pm), cost of materials and \$5. Please register by March 8 by phoning the office or signing up. Thank you to Michael Grega for presenting this.

Making better use of the green Pew Book:

- On the weekends of Great Lent, the music changes when the Liturgy of Saint Basil the Great is offered. For these changes, go to pp. 96-103. These melodies are part of our Byzantine-Ruthenian Church's patrimony of music compiled over the last 1,000 years!
- Come early to church and participate in the Matins, beginning next Sunday. - Read the beautiful prayers to prepare oneself for Holy Communion. The Psalms and prayers are found on pp. 4 – 10.
- After returning from Holy Communion, open your book to pp. 96-103. These are the traditional prayers that are used after receiving Christ in the Most Holy Eucharist and are designed to help one grow in appreciation of this Mystery (Sacrament).
- Remember that we stand during services, however if you are tired or unable to stand a long time, then by all means please be seated!

Fasting Directives for the Great Fast—2015

The Most Reverend Gerald N. Dino, Bishop of the Eparchy of Phoenix, has asked that the following directives be communicated to the parochial clergy, religious and faithful.

1. **ABSTINENCE**
 - a. The law of abstinence forbids the use of meat, but permits the use of eggs and dairy products.
 - b. Abstinence is to be observed on all Wednesdays and Fridays of the Great Fast.
 - c. All of the faithful of the Eparchy who receive Holy Communion are obligated to abstain.

2. **STRICT ABSTINENCE**
 - a. The law of strict abstinence (fast) forbids the use of meat, eggs and dairy products.
 - b. Strict Abstinence is to be observed on the
 - First Day of the Great Fast, Monday, February 16th
 - Good Friday, April 3rd.
 - c. All Adult faithful—18 years and older—who receive Holy Communion are obligated to observe strict abstinence.

3. **DISPENSATIONS:** Pastors and Administrators may, for a just cause, grant to individual faithful and to individual families dispensations or commutations of abstinence and strict abstinence into other pious practices.

Fasting is core to the Lenten spirit. But, remember the warning of Saint John Chrysostom: It is possible for one who fasts not to be rewarded for his fasting. How? When indeed we abstain from foods, but do not abstain from iniquities; when we do not eat meat, but gnaw to pieces the homes of the poor; when we do not become drunkards with wine, but we become drunkards with evil pleasures; when we abstain all the day, but all the night we spend in impure shows.

Then what is the benefit of abstention from foods, when on the one hand you deprive your body of a selected food, but on the other offer your soul unlawful food?"

Use the Lenten Readings calendar which gives the readings from Isaiah to be read in the day (especially at noon) and Genesis and Proverbs, which are read at the Liturgy of the Presanctified Gifts. These readings take us through prophecies about Jesus, salvation history, and truly holy advice. This week is known as Pure Week. It is a week in which we should strive to be vigilant about our interior life.

Remember that while we undertake fasting, penance, Scripture reading, and prayer, Satan looks to stir things up. Pray for patience so as to avoid hasty comments or judgments on any unpleasant situation that pops up during Lent or Holy Week. Remember that we must always be armed against the devil.

Adam and Eve are expelled from Paradise. They are clothed in rough animal skins, a sign of their degradation. Previously they lived naked and innocent. In the Bible, those who are holy wear fine linen. Adam and Eve are deprived of that, and even of the comfort of sandals. They are lower than slaves because of their rebellion against God.

From *Great Lent*, by Father Alexander Schmemmann:

Lent is the liberation of our enslavement to sin, from the prison of "this world." And the Gospel lesson of this last Sunday (Matt. 6:14-21) sets the conditions for that *liberation*.

The first one is *fasting*-- the refusal to accept the desires and urges of our fallen nature as normal, the effort to free ourselves from the dictatorship of flesh and matter over the spirit. To be effective, however, our fast must not be hypocritical, a "showing off." We must "appear not unto men to fast but to our Father who is in secret."

The second condition is *forgiveness*-- "If you forgive men their trespasses, your Heavenly Father will also forgive you." The triumph of sin, the main sign of its rule over the world, is division, opposition, separation, hatred. Therefore, the first break through this fortress of sin is forgiveness: the return to unity, solidarity, love.

To forgive is to put between me and my "enemy" the radiant forgiveness of God Himself. To forgive is to reject the hopeless "dead-ends" of human relations and to refer them to Christ. Forgiveness is truly a "breakthrough" of the Kingdom into this sinful and fallen world.

This Saturday is the first Saturday of Great Lent. It is given over to the commemoration of the miracle of Saint Theodore of Tyre. Theodore was a Roman soldier who was martyred in the persecution of Diocletian, the last empire-wide persecution of Christians in the early 4th century.

Fifty years after the death of St Theodore, the emperor Julian the Apostate (361-363), as a part of his general policy of persecution of Christians, commanded the governor of Constantinople during the first week of Great Lent to sprinkle all the food provisions in the marketplace with the blood offered to pagan idols, knowing that the people would be hungry after the strict fasting of the first week. Thus he would force the Christians to unknowingly eat food "polluted" (from the Christian perspective) with the blood of idolatry.

St. Theodore appeared in a dream to the Archbishop of Constantinople, Eudoxius, ordering him to inform all the Christians that no one should buy anything at the market, but rather to boil the wheat they had at home and eat it sweetened with honey. – Wikipedia

This dish, kolyva, is still served. On the Saturday of the miracle, it is served in church. It is also done for the dead, but then with a sugar frosting, candle, and initials of the deceased.

Next Sunday is The Triumph of Orthodoxy, or True Belief, commemorating the restoration of icons to the churches of the Byzantine Empire. There will be a procession with children from the ECF class (holding icons from home/ holding icons from the store).