

March 1, 2015



St. Gerasimos



Our Lady of Perpetual Help  
Byzantine Catholic Church

1837 Alvarado Dr. NE

Albuquerque New Mexico 87110

Office: 256-1539 FAX: 256-1787 www.olphnm.org

**Father Artur Bubnevych, Pastor**  
**Rectory: 268-2877**  
**abbaolph@gmail.com**

**Father Christopher Zugger (retired)**  
**Phone: 256-1787**  
**Frchris.zugger@gmail.com**  
**www.frchriszugger.com**

**SCHEDULE:**

**Sunday:** Rosary 8:40 am  
Matins 9:00 am  
Divine Liturgy 10 am  
Vespers, 4:00 pm

**Saturday:** Great Vespers 5:00 pm

**Weekday:** Monday & Tuesday  
6<sup>th</sup> Hour 12 noon  
  
Wednesday & Friday  
Presanctified Liturgy 6:00 pm

**Holy Days of Obligation**  
**Check the bulletin or call the office**

**OFFICE HOURS:**  
Monday - Friday: 10 am – 4 pm  
Thursday & Evenings by appointment.

**Parish Advisory Board Members:**  
Dorothy Curl, Dave Dark, Lubomyra Kmetyk,  
Brian Fitzpatrick, Harry DeLap

**Parish Finance Council Members:**  
Matthew Blain & Eva Schuler

**Confession Schedule (Mystery of Reconciliation):**  
9:30-9:50 am on Sundays, after weekday Liturgies, or  
by appointment with Father

**Mysteries of Baptism/Chrismation/Eucharist:**  
Must be arranged three months in advance.  
(Pre-Jordan requirement)

**Mystery of Crowning (Matrimony):**  
Must be arranged six months in advance  
(Pre-Cana requirement)

**Anointing of the Sick** on Sundays before  
hospitalization  
*For emergencies, call immediately.*

**Eastern Christian Formation Program:**  
All grades meet every Sunday after Liturgy for  
45 minutes

**Theosis:**  
2<sup>nd</sup> & 4<sup>th</sup> Thursday  
6 pm Potluck Dinner  
7 pm Bible Study

**Knights of Columbus** meet the first Monday of the  
month at 7:00 pm

**March 1, 2015**  
**First Sunday of the Great Fast**  
**Epistle: Hebrews 1:10-2:3; Gospel: Mark 2:1-12**

<b>Today</b>	8:40 am	Rosary
	9:00 am	Matins
Canned Goods	9:30	Confessions
Collection	10:00 am	Divine Liturgy for the Parish Family
		Fr. Chris: +Sam Caito by wife "Sis"
	4:00 pm	Vespers
Eternal Lamp:		Open

<b>Monday</b>	<b>Theodotus Bishop-Martyr</b>	
March 2	Readings: Genesis 6:9-22; Proverbs 8:1-21	
	12 Noon	6 <sup>th</sup> Hour
	7:00 pm	Knights of Columbus meeting

<b>Tuesday</b>	<b>Eutropius &amp; Others Martyrs</b>	
March 3	Readings: Genesis 7:1-5; Proverbs 8:31-9:11	
	12 Noon	6 <sup>th</sup> Hour
	6:15 pm	CAFE meeting at UNM

<b>Wednesday</b>	<b>Tarasius Patriarch</b>	
March 4	Readings: Genesis 7:6-9; Proverbs 9:12-18	
Abstinence	6:00 pm	Presanctified Liturgy

<b>Thursday</b>	<b>Conon Martyr</b>	
March 5	Readings: Genesis 7:11-8:4; Proverbs 10:1-22	

<b>Friday</b>	<b>42 Martyrs of Ammorium</b>	
March 6	Readings: Genesis 8:4-21; Proverbs 10:31-11:12	
Abstinence	6:00 pm	Presanctified Liturgy/followed by meatless potluck

<b>Saturday</b>	<b>3rd All Souls Saturday</b>	
March 7	Epistle: Hebrews 10:32-38; Gospel: Mark 2:14-17	
	10:00 am	Divine Liturgy/Panachida
	5:00 pm	Great Vespers

<b>Sunday</b>	<b>3rd Sunday of the Great Fast/Veneration of the Cross</b>	
March 8	Epistle: Hebrews 4:16-5:6; Gospel: Mark 8:34-9:1	
	8:40 am	Rosary of Our Lady
	9:00 am	Matins
	10:00 am	Divine Liturgy for the Parish Family
	4:00 pm	Great Vespers

***Physician and Help of those in sickness, Redeemer and Savior of the infirm;  
O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those  
who have sinned much, and deliver them, O Christ, from their  
Iniquities, that they may glorify Your might divine!***

Fr. George Reamulto  
Fr. Julian Gnall  
Fr. Alberto Villalobos  
Fr. Anthony Romero  
Fr. James Lane



Roy Smith  
Sven & Barbara Svensson  
Michele Koetter  
Abraham Haddad  
Lillian Murphy  
Stephen Horner  
Demetrius Yackanich  
Jenny Ford  
Marilyn Fore  
Robert Hasaka  
Frank & Martha Arden  
Pricilla Hughes  
Sharif Rabadi

Paola Terlaza  
Henry Zuggler  
John & Margie Disque  
Phillip Fall  
Walter Jakymiw  
Olga Bodnar  
Frances Brannan  
John Deflice  
Kristoff Rajala  
Jordan Smith  
Marge Merrills  
Theresa Doherty  
Maggie Batsel

Carla Matthes  
Laura Dominguez  
Robert Zadel  
Joseph Koetter  
Mary Nell Preisler  
Jackie De Paolis  
Donny Terry  
Mary Murphy  
Lorraine Hubbell  
Quintin Santamaria & Family  
Heather Mattax  
Larry Bennett

*Prayers in honor of and to the Blessed Virgin are a powerful  
weapon against sin, and for healing. **The Sorrowful  
Mysteries are said everyday until Pascha.***

*If you recite the Rosary at home, please offer these intentions,  
and join us on Sunday at 9 am.*



### ***Intentions of the Rosary***

- 1<sup>st</sup> Decade:** Help for persecuted Catholics, especially in communist and Islamic states
- 2<sup>nd</sup> Decade:** Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3<sup>rd</sup> Decade:** Increase in vocations to priesthood, diaconate, and consecrated life to serve  
the Byzantine Catholic Church
- 4<sup>th</sup> Decade:** Repose of the souls who have no one praying for them
- 5<sup>th</sup> Decade:** Peace in Ukraine and the Middle East

### ***Holy Father's Intentions for March***

**Universal:** That those involved in scientific research may serve the well-being of the whole human person.

**Evangelization:** That the unique contribution of women to the life of the Church may be recognized always.

*Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group*

**As a sign of love for God and our continual commitment to His Church** we are asked to participate in the annual Bishop's Appeal. Please, prayerfully consider your pledge to support our God loving Bishop in his meritorious work in the Lord's Vineyard of our God saving Eparchy. With each of us doing our part, we can strengthen our Church. Recommended sacrificial pledge is 200.00 per household, which can be paid in monthly installments until May 31, 2015. May the Lord watch over you and reward your generosity!

***THEOSIS***

*Thursday, Feb. 26  
6 pm--potluck dinner  
7 pm--Bible Study: Ephesians*



***VOCATION ICON***

*Today: Blain  
Next Sunday: Riley*

**!!! ATTENTION!!!!**

Dear Parish Family,  
This is to inform you about the change of the e-mail address for the pastor. Present e-mail pastorolph@yahoo.com will not be in usage after 30 days. New e-mail is as follows: abbaolph@gmail.com The new e-mail address is active and can receive e-mails now.

**Daylight Saving Time Reminder:** Daylight Saving time change begins Sunday, March 8. Remember to turn your clocks ahead one hour before retiring on Saturday night.

<b>Date</b>	<b>Reader</b>	<b>Trojca</b>	<b>Greeter</b>	<b>Counter</b>	<b>Host</b>
3/8	Jose Salazar	AnaElisa Talamante	Open	Open	Barbara DeLap Marilyn Fore

**Barbara's Hall Report:**

Well, it was typical that on the first Sunday of Lent, Mr. Nobody showed up and brought no food! I thought we had seen the last of that guy, but I guess not! At least there was nothing to clean up!

**Have you noticed the different improvements done recently?** The parish **office moved** into the large room on the east side of the office area, and all of the offices and the corridor have been painted; ceiling molding finished/ installed; new brighter lights put in; new French **doors with glass windows to comply with Safe Environment** for all offices.

The old **exit signs** needed to be replaced as they weren't functioning well, and so we now have newer brighter ones with better emergency lights. Also, thank you to the parents who are paying for the **plaza to be fenced in**, complete with gates on the sidewalk entrances, to provide for a safer setting for children to play in.

Join us on Wednesdays when parishioners and other **volunteers serve lunch to homeless and poor** people, 11:30 am - 2 pm at San Juan Diego Friary, corner of San Mateo NE and Copper NE. The Franciscan Friars of the Renewal cook the food and manage the crowd, while volunteers serve the food restaurant-style to clients and keep service going until all are fed, busing the tables and cleaning afterward. It is a rewarding experience, and believe it or not, **we have a good time doing it**. Ask Dorothy Curl, Barbara DeLap, Melinda Fitzpatrick, Lillian Haddad, or Rafael Plut for more information.

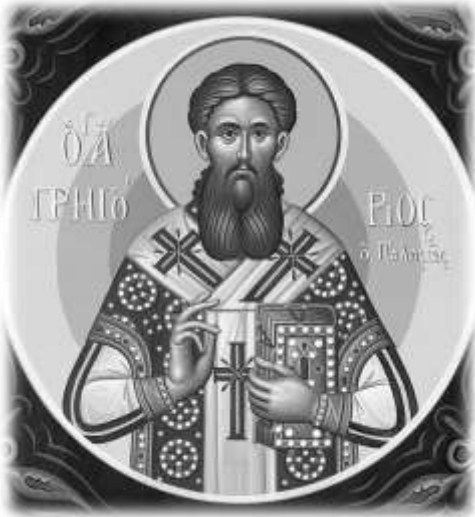
**Theology on Tap** in Rio Rancho - Fr. Chris will be speaking on the Eastern Catholic Churches for Theology on Tap at the Club Rio Rancho, 500 Country Club Dr in Rio Rancho, at 7 pm on Tuesday. This is an open group, anyone is welcome to attend.



Father Artur and parishioners take the gold-covered icon of the Helper of Mothers to the **Planned Parenthood Abortion Clinic** at 701 San Mateo NE on Friday mornings, 9 - 11 am. Abortions are now done only on Tuesday and Friday mornings (which is a good sign), and **last week two women changed** their minds and did not go through with their planned abortions. You can park at Project Defending Life (PDL) on the corner or else on a side street. **We read the Akathist to Our Lady, recite the rosary, and sing hymns, while displaying the icon high for all to see.** PDL has literature on hand to give to help a woman change her mind, giving alternatives.



**Pysanky classes** on March 14 (noon to 4 pm) and March 21 (11 am – 4 pm), cost of materials and \$5. **Please register by March 8** by phoning the office or signing up. Thank you to Michael Grega for presenting this.



St. Gregory Palamas was archbishop of Thessalonika in the 14<sup>th</sup> century. St. Gregory taught that all Christians are called to union with God, which is the object of the Christian life.

St. Gregory was a great ascetic, and a great master of the monastic life, but he teaches that this invitation to union with God is open to every Christians. This is the challenge of Lent, but that challenge faces us all year round.

An Italo-Greek monk named Barlaam taught that educated philosophers knew God better than the Old Testament prophets ever did. He derided contemplative prayer - the heart of Eastern Christian spirituality - in favor of academic learning. Barlaam and Gregory debated via their writings, and finally a synod was held on Constantinople in 1340-41 which upheld Gregory's arguments. It is interesting to note that the greatest mind of the contemporary Christian world, St. Thomas Aquinas, was on Gregory's side. Addressing the question of how it is possible for humans to have knowledge of a transcendent and unknowable God, he drew a distinction between knowing God in his **essence** (in Greek, ουσία) and knowing God in his **energies** (in Greek, ενέργεια).

He maintained the Orthodox doctrine that it remains impossible to know God in his essence (God in himself), but possible to know God in his energies (to know what God does, and who he is in relation to the creation and to man), as God reveals himself to humanity. In doing so, he made reference to the Cappadocian Fathers and other early Christian writers.

Gregory further asserted that when the Apostles Peter, James and John witnessed the Transfiguration of Jesus Christ on Mount Tabor, that they were in fact seeing the **uncreated light** of God; and that it is possible for others to be granted to see that same uncreated light of God with the help of repentance, spiritual discipline and contemplative prayer, although not in any automatic or mechanistic fashion.

He continually stressed the Biblical vision of the human person as a united whole, both body and soul. Thus, he argued that the physical side of hesychastic prayer was an integral part of the contemplative monastic way, and that the claim by some of the monks of seeing the uncreated light was indeed legitimate. Like St. Simeon the New Theologian, he also laid great stress in his spiritual teaching on the vision of the divine light. - *Orthodoxwiki.org with additions by Fr. Chris Zuger*



Blessed Leonid Feodorov

On, March 7, we commemorate the death of Blessed Leonid Feodorov, exarch of the Russian Greek-Catholic Church, who died in Arctic exile that day in 1935. Though that Church was small, with less than 3,000 members in western Russia (or around the size of our own eparchy today), the Soviet government persecuted it ruthlessly. Its nuns were repeatedly jailed and exiled, as were all of the priests and most laity.

At his trial in 1923, he presented himself as a son of the ordinary Russian people, and was acclaimed as such by all believers. Exiled, tortured, starved, he endured and arranged for secret religious services in prisons.

He died among strangers who cared for him; they were stunned when a white dove appeared, the symbol of the Holy Spirit, and it flew around his body. They buried him with whispered prayers, in the dark, at 8 pm, when the police would not see them.

The little Russian Greek-Catholic Church survived, and today several parishes exist in Siberia and Russia. He was beatified by St. John Paul II in 2001.

*Fulfill quickly, O grace-giving Lord, your promise that there shall be one flock and one Divine Shepherd of Your Church; and may we be made worthy to glorify Your Holy Name now and ever and unto the ages of ages. Amen.*

– Bl. Leonid Fedorov

## St. Gerasimos of the Jordan

March 4

St. Gerasimos of the Jordan is a popular saint, a monk to whom wild animals came because in him they found a man who lived in complete peace. One was a lion who approached Gerasimos for help with a painful splinter in his paw. After Gerasimos tended to him, the lion stayed with him. The monks called him Jordanes.

When the elder fell asleep in the Lord and was buried, Jordanes lay down on the grave, roaring in his grief and beating its head against the ground. He could not be consoled and died there. Tales like these show us that when a saint achieves theosis, transformation by the Holy Spirit, animals see in the saint Adam as he was in the Garden of Eden, living in peace with God and wildlife alike. These are not fables, but documented histories of holy men and women who lived in the presence of God, escorted by animals.

During Lent, it is worth pondering: how can I get closer to what God wants me to be? Animals and trusting little children show the way!