



December 11, 2016
 Sunday of the Forefathers
 Tone 5

Epistle: Colossians 3:4-11
 Gospel: Luke 14:16-24

Glory to Jesus Christ!
 Glory to God Forever!



Our Lady of Guadalupe

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
 Bishop: His Grace John Pazzak C.Ss.R**

**Our Lady of Perpetual Help Byzantine Catholic Church
 1837 Alvarado Dr. NE, Albuquerque, New Mexico 87110**

Parish office: (505) 256-1539 Fax: (505) 256-1278 www.olphnm.org

**Father Artur Bubnevych, Pastor
 Rectory (505) 268-2877
 abbaolph@gmail.com**

Advisory Board
 Dorothy Curl, Dave Dark, Harry DeLap, Brian
 Fitzpatrick, Luba Kmetyk, Dan Riley

**Father Christopher Zuger (pastor emeritus)
 (505) 256-1787
 Frchris.zuger@gmail.com
 www.frchriszuger.com**

Finance Council
 Matthew Blain, Tom Ellefson, Maria Alden

SCHEDULE:

SUNDAY: Rosary 8:30 am
 Festal Matins 9:00 am
 Divine Liturgy 10:00 am

Daily Liturgy (Schedule of Services, Page 2)

Saturday: Great Vespers 4:00 pm
 Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
 Thursday OFF

THEOSIS: 1st & 3rd Thursday
 pot luck dinner 6:00 pm
 Bible Study 7:00 pm

Eastern Christian Formation Program: All grades
 meet every Sunday after Liturgy for 45 minutes
 (September through May)

Confession (Mystery of Reconciliation):
 9:15—10:00 am on Sundays, before or after week-
 day Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:
 Must be arranged three months in advance.
 (Pre-Jordan requirement)

Mystery of Crowning:
 Must be arranged six months in advance
 (Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility
 to notify the parish office when a parishioner is in
 the hospital or confined to home because of sick-
 ness or old age. Father will bring the confined per-
 son the Holy Mysteries on a regular basis. It is rec-
 ommended that one receive the Anointing of the
 Sick before any major surgery. Please don't let the
 priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur or the office staff for more information. God bless you.

Today
8:30 am Rosary
9:00 am Matins/Confessions
10:00 am Divine Liturgy for Parishioners, Benefactors & Friends
Chrismation and First Communion to Liliana and Monica Sena
ECF Classes
Eternal Lamp: +Carlos De La Cruz by Sven & Barbara Svensson

December 12
Monday

Our Lady of Guadalupe
Epistle: Hebrews 9:1-7; Gospel: Luke 1:39-56

9:00 am +Fr. Wes Izer
10:30 am Shut-ins Visits
6:00 pm Advisory Board Meeting

December 13
Tuesday
Eustratius & Others Martyrs
Epistle: Ephesians 6:10-17; Gospel: Luke 21:12-19

9:00 am Holy Souls in Purgatory by Dawn Ford
10:00 am Emmanuel Moleben

December 14
Wednesday

Thrysus & Others Martyrs
Epistle: James 1:1-18; Gospel: Mark 8:30-34

5:30 pm OLPH Devotions
6:00 pm Blessing on Tessa Pettit by Pam Pettit

December 15
Thursday
Eleutherius Bishop—Martyr
Epistle: James 1:19-27 Gospel: Mark 9:33-41

6:00 pm Pot-luck dinner
7:00 pm THEOSIS: Mystery of the Byzantine Liturgy

December 16
Friday

Haggai Prophet
Epistle: James 2:1-13; Gospel: Mark 9:33-41

6:00 pm +Rose Horner by Steve Horner

December 17
Saturday
Daniel Great Prophet
Epistle: Colossians 1:3-6; Gospel: Luke 14:1-11

December 18
Sunday
Sunday Before Christmas of the Ancestors
Epistle: Hebrews 11:9-10 & 32-40; Gospel: Matthew 1:1-25

4:00 pm Great Vespers
5:00 pm +Joseph Karcher by Charity Karcher

8:30 am Rosary
9:00 am Festive Matins/Confessions
10:00 am Divine Liturgy for Parishioners, Benefactors & Friends
ECF Classes

Eternal Lamp: +Marvin Curl by Dorothy Curl

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Sharif Rabadi
Stephen Horner
Katrina Anderson
Abraham Haddad
Jenny Ford
Threima Leech
Priscilla Hughes
Steve Jakymiw
Lillian Murphy
Marilyn Fore
Demetrius Yackanich
Sven & Barbara Svensson

Fr. Julian Gnall
Henry Zugger
John & Margie Disque
Phillip Fall
Laura Dominguez
Olga Bodnar
Frances Brannan
John Deflice
Mary Ann Kosty
Jordan Smith
Maggie Batsel
Jean Pesce
Henry Burnette
Tracy McTernan

William Frank
Mary Nell Preisler
Mike Harahuc
Robert Zadel
Jack & Lorraine Hubbell
Quintin Santmaria & Family
Heather Mattax
Larry Bennett
Paola Terlaza
Ruth Sousa
Frank Gerace
Linda Granci
Barbara Irving

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group

Intentions of the Rosary

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul



Vocation Icon

Today: Bonham/Chavez

Next Sunday: Brewer

Holy Father's Intentions for December

Universal: End to Child-Soldiers

That the scandal of child-soldiers may be eliminated the world over.

Evangelization: Europe

That the peoples of Europe may rediscover the beauty, goodness, and truth of the Gospel which gives joy and hope to life.

**Philip's Fast Continues: Fridays No Meat;
Wednesdays and Mondays Abstinence from Meat
Encouraged!**

Fasting does not just include abstinence from certain foods. "Fasting" is the length of time we do without eating food while "abstinence" is the type of food(s) we do without eating. Most people say the word "fasting" when they mean to say "abstinence." So "fasting" is an umbrella term to include "abstinence" and/or "fasting". Beyond food, fasting might include abstaining from certain activities in order to make more room for prayer and God. Let's reflect on how we are "preparing the way of the Lord" (Matthew 3:3) for the remainder of this fast which concludes on the Holy Supper December 24.

Year End Finances

For those parishioners who use their tithe as a part of their income tax charitable deductions for 2016, all contributions must be received at the church by December 31, 2016.

**ATTENTION PARISH FAMILY
TITHING ENVELOPE BOXES FOR 2017
WITH YOUR NAME ON IT ARE AVAILA-
BLE FOR YOU ON THE FRONT PEW AT
THE ENTRANCE. IF YOU CAN'T FIND
YOUR NAME PLEASE COME TO THE
OFFICE AND SEE ANN.**

!!!Retired Religious Collection!!!

Today, the United States Conference of Catholic Bishops asks us to take up a special collection for the retired religious Sisters, Brothers and Fathers who have served the Church in the USA so faithfully over the years. Now in their retirement and need, our generous donations become a sign of our gratitude for their service to the Church. Our Sisters of St. Basil benefit from this collection. For those who forgot to bring their contribution today, you can place it in the collection next Sunday or the following Sunday. Please be generous by using the envelope provided with your tithing envelopes or using the handouts on greeting table. THANK YOU!!!

FUNDRAISER FOR PROJECT DEFENDING LIFE

Perpetual Helpers Mothers' Group will be hosting the Social on **December 18**. This is a free-will offering for the meal. Donations will go to Project Defending Life and to fund one last fold up table to complete the childrens' area "remodel". Thank you in advance for your support! Please contact Alicia or Nicole to contribute food for the social.

DATE	READER	TROJCA	GREETER	COUNTER	HOST
Dec. 18	Michael Wells	Sarah Brewer	Eva Schuler Miles Gloetzner	Michael Wells Miles Gloetzner	OLPHelpers

Barbara's Hall Report

Thanks to the Perpetual Helpers for organizing a big St. Nicholas Day potluck for all the parishioners to participate in. There was everything from sausage and kraut to biscotti. And with a visit from St. Nicholas, the day was complete. Special thanks to Tom Plut for doing all the cleanup and washing all the dishes! You know I like that!

Coming Events—Mark Your Calendars Now

	Celebration of the Nativity of Our Lord Jesus Christ
December 15, 29 Thursday	6:00 pm Pot-luck Dinner 7:00 pm THEOSIS: Mystery of the Byzantine Liturgy
December 23 Friday	12 noon Royal Hours 7:00 pm Great Compline
December 24 Saturday	5:00 pm Holy Supper (sign-up list is on the greeting table) Singing of Carols 7:00 pm Vigil Liturgy of St. Basil
December 25 Sunday	Christmas—Birth of Our Lord/Holy Day of Obligation 8:30 am Rosary 9:00 am Matins/Confessions 10:00 am Divine Liturgy
December 26 Monday	Synaxis of Theotokos/Solemn Holy Day 9:00 am Divine Liturgy
December 27 Tuesday	St. Stephen Protomartyr/Simple Holy Day 6:00 pm Divine Liturgy

Heartfelt congratulations to Sena Family children on reception of the Holy Mysteries of Chrismation and First Holy Communion: Lili-ana and Monica. May they continue to grow in faith as members of our parish family!!!!

OLPH Choir Christmas Rehearsal

Tuesday, December 20th at 6:30pm @ The Riley's House. Join us as we review our Christmas Carols. Contact Andrea Riley at 505-220-9137 for more information and location address.

THANK YOU NOTE

Sincere GRATITUDE to all parishioners who responded generously with their time, talent and treasure and helped much in making the Feast of Saint Nicholas very special for our children and our beloved OLPH family!!! God Bless You Always!!!

Mission Society Christmas Cards !!!

Our newly designed Christmas cards to support our mother church in Mukachevo, Ukraine **are now on sale**. The Russian-backed war has resulted in severe inflation, reducing income to only 50% of pre-war levels, crippling their work. Please encourage your relatives, friends, co-workers to buy our cards and to spread the joy of Jesus' Birth by helping the resurrection of the Byzantine Catholic Church's mother eparchy!

A packet of 5 cards sell for \$10 including envelopes. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office. All names will be sent to Bishop Milan Sasik in the Ukraine. On January 7th (Old Calendar), the Bishop will place all of these names on the altar and pray for each individual. The last day to purchase cards will be Sunday, December 18th.

Sign up sheet for Holy Supper

The sign up sheet is now available for our parish's Holy Supper meal on Christmas Eve in the parish hall at 5pm. All dishes will contain no meat or dairy, as Christmas Eve is a strict fast. We are limited to 50 participants, so please sign up early. If you have any questions, please contact Andrea Riley at 220-9137.

HOLY SUPPER DECEMBER 24

CHRISTMAS EVE: We traditionally have strict fast on Christmas Eve. (This year strict fast is moved to Friday because the Christmas is on Sunday. But still we will have traditional Holy Supper on Saturday) No meat or dairy products are used, and the main meal is the Holy Supper. Animals are fed before the people, since the animals kept the Child Jesus warm in the manger. The spider is not harmed because she wove a web to hide the Holy Family from Herod's anger.

At the first appearance of a star in the evening sky, the Holy Supper is served. The table can be set with straw above and below as reminder of Jesus' poverty. An empty place may be set for Elijah, for he is the prophet who is to come to announce the Messiah. The empty place can also represent the souls of those who have died. The white tablecloth represents the swaddling clothes of the Christ Child. Candles stand for the Star. Three stacked loaves of bread represent the Trinity. Traditionally, dinner was split into twelve separate courses (including the desserts) in honor of the Twelve Tribes and Twelve Apostles.

The traditional ritual of Holy Supper

(Recipes for these dishes can be found in the cookbook in our Gift Shop)

A prayer is offered for thanksgiving for all the blessings of the past year and for good things in the coming year. This is done by the head of the family, or by each member. Each person is anointed by the head of the family with a bit of garlic dripped in honey, making the sign of the cross, as a sign of the bitterness of life and sweetness of Jesus Christ. The first person to enter the house should be male, to announce the Birth of Christ. The following foods can be served:

BREAD HONEYGARLIC
MUSHROOM SOUP (no milk!) PIROHI
FISH (baked or poached, not fried!)
BEANS STEWED PRUNES
DRIED FRUIT WINE KOLACHI ROLLS
NUTS OR RAISINS BOBALKI
POGACH (cabbage pizza)

A REMINDER: WE DO NOT CELEBRATE JESUS' BIRTHDAY: The Church follows Biblical teaching regarding sacred time, which means that we do not observe His anniversary. Rather, we are present at the cave for the Birth of the God-Man among us. Just as the Divine Liturgy allows us to be at the Last Supper, Calvary, and the empty grave of Easter, so too are we present on December 24 at the Birth of Christ. Recognizing this, let's strive for a day that is truly holy, new, and filled with awareness of His presence.

Christmas carols are sung, and a star is carried from house to house.

December 12 is the feast of Our Lady of Guadalupe.

Under this title, the Mother of God is invoked as the patroness of the Americas, as well as of Mexico. In our day, she is invoked as the protectress of the unborn against abortion, as she is revealed in the miraculous image as being pregnant. In 1531 a "Lady from Heaven" appeared to a humble Native American convert named Juan Diego at Tepeyac, a hill northwest of what is now Mexico City. She identified herself as the "ever virgin Holy Mary, Mother of the True God for whom we live, of the Creator of all things, Lord of heaven and the earth." In particular, the Virgin Mary described herself using the Aztec Nahuatl word-name of Coatlxopeuh (pronounced "quatlachupe") which the Spanish misunderstood as being the word "Guadalupe", a Marian title they knew from their homeland. In the Nahuatl language, "Coa" meant serpent, "tla" the noun ending which can be interpreted as "the", and "xopeuh" means to crush or to stamp out, translating to mean: "*the one who crushes the serpent.*" Obviously, this is tied to the Catholic vision of Mary trampling the devil, as shown in popular art and based on Revelation 12. She made a request for a church to be built on the site, and submitted her wish to the local Bishop. When the Bishop hesitated, and requested her for a sign, the Mother of God obeyed, and sent Juan Diego to the top of the hill in mid-December to gather an assortment of roses for the Bishop. He gathered these into the tilma he wore around his neck, and headed to the bishop's residence. There, he opened the tilma to pour the roses out to the bishop and his attendants, only to be surprised to see them kneel down. The reason was that the Lady from Heaven had sent two signs: the roses, and her own image miraculously reproduced on the cloth. This tilma, a poor quality ayate cactus-cloth, should have deteriorated in 20 years in the humid climate of colonial Mexico City, but it shows no sign of decay 480 years later and still defies all scientific explanations of its origin.

In 2001, scientists made a new discovery in the sacred image. In the Virgin's eyes, digital technology discerned the images of kneeling men: *The eyes reflect the witnesses of the Guadalupean miracle, the moment Juan Diego unfurled his tilma before the bishop, according to Tonsmann. In other words, the Virgin's eyes have the reflection that would have been imprinted in the eyes of any person in her position.*

In the eyes, Jose Aste Tonsmann believes, it is possible to discern a seated Indian, who is looking up to the heavens; the profile of a balding, elderly man with a white beard, much like the portrait of Bishop Zumárraga, painted by Miguel Cabrera, to depict the miracle; and a younger man, in all probability interpreter Juan González. Once again, science and faith combine to give us fascinating results!

Church Etiquette Series:

As you have noticed we started a series on proper Byzantine Catholic Church etiquette. Some may say that our Church is one of the last institutions where dignity, protocol, respect and reverence are maintained. This is primarily because we come to the church and its services to enter the Kingdom of God on earth, His Habitation, and we choose to honor this sacred place by our attentiveness to what is proper and ordered. We have the opportunity to reflect the image of Christ within us by our actions. *You are a chosen generation, a royal priesthood, a holy nation (1 Peter 2:9).* Keep in mind that there are different traditions within our Byzantine Rite whether celebrated in Catholic and/or Orthodox Churches. First and foremost we must always remember that WE come to church to pray and worship God above all else. He is our only focus!

Lighting Candles

It is an ancient pious custom to light candles before icons for personal petitions and intercession upon entering the church before Divine Liturgy begins. Burning candles symbolize our prayers rising to heaven and the Light of Christ in our midst. When we light our candles, we should pause to pray and ask God to accept our prayer and lit candle for our particular intentions. Here at OLPH, we can light candles before the icons of Christ and/or the Theotokos in front of the iconostasis, also before the icons of Our Lady Helper of Mothers, St Anthony, St Francis, St Panteleimon, Our Lady of Perpetual Help, Blessed Bishop Martyr Theodore when we enter church. If we wish to have eternal light 7-day votive candle burn above the Tetrapod, there are special envelopes in the back of the church for that purpose.

St. Nicholas Play



St. John Bible Study Group

Know the Word... Mike Sena will be leading a 6-week Bible study for preteens (ages 10-13) starting Tuesday, Jan 10, 2017, and meeting every other week through Feb 21.

Besides delving into the Sacred Scriptures, meetings will include prayer and dinner. The first 5 kids to sign up will get a free book and a free dinner. For more information send an email to olphnm.youth@gmail.com

The Toys for Tots box is in the back of the Church for our annual Toys for Tots collection. Please be generous.