



March 19, 2017 , T one 3
Mark 8:34-9:1 /Hebrews 4:14-5:6
Third Sunday of the Great Fast
Veneration of the Holy Cross

Glory to Jesus Christ!
Glory to God Forever!



Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Bishop: His Grace John Pazak C.Ss.R

Our Lady of Perpetual Help Byzantine Catholic Church
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Finance Council
Matthew Blain, Tom Ellefson, Maria Alden

SCHEDULE

SUNDAY: Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am
Great Vespers 4:00 pm

Monday, Tuesday 12 noon Lenten Hours
Wednesday 5:30 pm OLPH Devotions
6:15 pm Presanctified Liturgy
Friday 6:00 pm Presanctified Liturgy

Saturday: Great Vespers 5:00 pm
Divine Liturgy 6:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 1st & 3rd Thursday
pot luck dinner 6:00 pm
Bible Study 7:00 pm

Eastern Christian Formation Program: All
grades meet every Sunday after Liturgy for 45
minutes (September through May)

Confession (Mystery of Reconciliation):
9:15—10:00 am on Sundays, before or after week-
day Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:
Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:
Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility
to notify the parish office when a parishioner is in
the hospital or confined to home because of sick-
ness or old age. Father will bring the confined per-
son the Holy Mysteries on a regular basis. It is rec-
ommended that one receive the Anointing of the
Sick before any major surgery. Please don't let the
priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur or the office staff for more information. God bless you.

Today	8:30 am	Rosary
<i>Final Day of Retreat</i>	9:00 am	Matins/Confessions / Veneration of the Holy Cross
<i>ECF Classes</i>	10:00 am	Divine Liturgy for Parishioners, Benefactors & Friends Fr. Chris: Health of Henry Zuger
	4:00 pm	Great Vespers
March 20 Monday		<i>Venerable Fathers of the St. Sabbas Monastery</i> <i>Readings: Genesis 8:21-9:7; Proverbs 11:19-12:6</i>
	9:00 am	Akathist to the Holy Cross
March 21 Tuesday		<i>James of Catania Bishop—Confessor</i> <i>Readings: Genesis 9:8-17; Proverbs 12:8-22</i>
	12 noon	Akathist to the Holy Cross
March 22 Wednesday		<i>Basil of Ancyra Priest-Martyr</i> <i>Readings: Genesis 9:18-10:1; Proverbs 12:23-13:9</i>
MID-LENT	5:30 pm	OLPH Devotions
	6:15 pm	Presanctified Liturgy
March 23 Thursday		<i>Nicon and Others Venerable-Martyrs</i> <i>Readings: Genesis 10:32-11:9; Proverbs 13:19-14:6</i>
	10:30 am	OASIS Class
	6:00 pm	pot-luck dinner
	7:00 pm	THEOSIS: Mystery of the Byzantine Liturgy
March 24 Friday		<i>Zachary Venerable</i> <i>Readings: Genesis 12:1-7; Proverbs 14:14-26</i>
	9-10:30 am	Prayer & Witness For Life in front of Planned Parenthood on San Mateo
	6:00 pm	Presanctified Liturgy /Blessing of Litija meatless potluck
March 25 Saturday		<i>Annunciation of the Theotokos / Solemn Holy Day</i> <i>Epistle: Hebrews 2:11-18; Gospel: Luke 1:24-38</i>
	9:00 am	Divine Liturgy for the Parish Family, Benefactors & Friends / Mirovanije
March 26 Sunday		<i>Fourth Sunday of the Great Fast / Synaxis of the Archangel Gabriel</i> <i>Epistle: Hebrews 6:13-20; Gospel: Mark 9:17-31</i>
	5:00 pm	Great Vespers
<i>ECF Classes</i>	6:00 pm	Divine Liturgy; Blessing on John & Akela Danovich
	8:30 am	Rosary
	9:00 am	Matins/Confessions
	10:00 am	Divine Liturgy for Parishioners, Benefactors & Friends Fr. Chris: Health of Chelsea Griego & unborn child by grandparents Harry & Barbara DeLap
	4:00 pm	Great Vespers

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Sharif Rabadi
Stephen Horner
Katrina Anderson
Abraham Haddad
Tim & Jenny Ford
Threima Leech
Priscilla Hughes
Steve Jakymiw
Lillian Murphy
Marilyn Fore
Demetrius Yackanich
Sven & Barbara Svensson
Keith Romero

Fr. Julian Gnall
Henry Zugger
John & Margie Disque
Phillip Fall
Laura Dominquez
Olga Bodnar
Frances Brannan
John Deflice
Mary Ann Kosty
Jordan Smith
Maggie Batsel
Jean Pesce
Henry Burnette
Tracy McTernan
Terry Rains

William Frank
Mary Nell Preisler
Mike Harahuc
Robert Zadel
Jack & Lorraine Hubbell
Heather Mattax
Larry Bennett
Paola Terlaza
Ruth Sousa
Frank Gerace
Linda Granci
Barbara Irving
Mary Danyluk
Richard Hornung

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group

Intentions of the Rosary

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul



Vocation Icon

Today: Talamante

Next Sunday: Brewer

Holy Father's Intentions for March

Support for Persecuted Christians.

That persecuted Christians may be supported by the prayers and material help of the whole Church

!!!ATTENTION !!!

ALL GIRLS AND WOMEN AGES 7 AND UP!!!

Save the Date

Myrrh Bearer's Retreat in Scottsdale AZ

Dates: June 23-25, 2017

The theme for Myrrh-Bearers Retreat, 2017 is Feasting and Fasting.

Our Byzantine Catholic Church has spread over the course of the year a cycle of feasts and fasts.

They unfold God's saving plan of salvation for us, highlighted by the life, death and resurrection of Christ and the presence of the Holy Spirit.

Embracing the moments of Redemption will be the primary focus of reflections. Pasha and the Twelve Major Feasts take us step by step through the course of the liturgical year.

How do we celebrate these Feasts? One author suggests that the Feasts are sublime moments when "Heaven meets Earth". To experience as fully as possible such celebrations, participation in the liturgical life of the Church is primary, preceded by preparation of the domestic (home) church. In addition, the greater the Feast; the greater the Fast.

Please join us for the Myrrh-Bearers Retreat this year at the Franciscan Renewal Center in Scottsdale, AZ.

Registrations forms will be available soon.

For more information and if you have any questions please see Carli Bonham. Thank you!!!

The Explorers need some good men to serve as role models for the children. Safe Environment Training is required, and takes only about two hours. Please see Miles Gloetzner. Thank you!!!

Dear Parish Family, beginning March 1 through April 9 we are invited to join other Christians for 40 Days for Life - 40 days of prayer and fasting for an end to abortion. A prayer campaign for those who respect the dignity of all human life and strive for justice for the poorest, most vulnerable, and the least of God's children - the pre-born. We are also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Planned Parenthood, 701 San Mateo NE, and also to help spread the word about this important community outreach. For more info, especially for those who would like to volunteer to help, please contact: Project Defending Life at 505-266-4100 or go to: www.defendinglife.org **OUR PARISH IS SCHEDULED TO PRAY AND WITNESS THE CULTURE OF LIFE IN FRONT OF PLANNED PARENHOOD ON FRIDAY APRIL 7TH. THANK YOU AND GOD BLESS YOU**

DATE	READER	TROJCA	GREETER	COUNTER	HOST
March 26	Sven Svensson	Soriah Chavez	Open	Cindy Loescher Barbara DeLap	

Barbara's Hall Report

Thanks to Jana Brewer for getting people together to host a rice and beans social. Yes, I said rice and beans! And they were delicious. Lots of crock pots and rice cookers filled with yummy Lenten food. Plus lots of shredded cheese and flour tortillas. People commented it was the best meal they had been served in our kitchen in a long time! Thanks to all who participated!

Coming Events—Mark Your Calendars Now

March 23 Thursday	6:00 pm pot luck dinner 7:00 pm THEOSIS: Mystery of the Byzantine Liturgy
March 25 Saturday	Annunciation of the Theotokos / Solemn Holy Day 9:00 am Divine Liturgy
March 27 Monday	10:30 am Shut-ins Visits 5:45 pm Explorers Meeting 6:00 pm Bazaar meeting in the conference room
March 28 Tuesday	6:30 pm CAFÉ meeting at UNM
March 30 Thursday	7:00 pm Matins with Great Canon of St. Andrew of Crete with prostrations
April 1 Saturday	9:00 am Akathist to the Most Holy Theotokos
April 3 Monday	6:00 pm Advisory Board Meeting
April 8 Saturday	9:00 am Divine Liturgy Saturday of Lazarus
April 10 Monday	6:00 pm Bridegroom Matins
April 11 Tuesday	6:00 pm Bridegroom Matins
April 12 Wed.	7:00 pm Presanctified Liturgy / Holy Anointing
April 13 Thursday	Holy Thursday 7:00 pm Divine Liturgy of St. Basil the Great
April 14 Friday	Good Friday 10:00 am Passion Matins 7:00 pm Vespers & Procession with the Burial Shroud 9 pm — 11:30 am Saturday—All Night Vigil 11:30 pm Jerusalem Matins
April 15 Saturday	Holy Saturday 11:00 am Akathist to the Life-bearing Tomb of Christ 6:00 pm Vigil Divine Liturgy / Blessing of Easter Baskets
April 16 Sunday	Resurrection of Our Lord—THE FEAST OF FEASTS 9:00 am Resurrection Matins and Divine Liturgy Blessing of Easter Baskets

Sunday of the Cross

God Speaks From the Cross (\$10.95) Fr. Anthony Coniaris provides food for thought on Jesus' Seven Last Words in which, quite literally, God speaks to us from the Cross of Christ. This is a book to use during all of Lent!

The Zacchaeus Tree: A Family Guide Through the Season of the Great Fast (\$27). Scriptures, prayers, and activities to make this week come alive for yourself and those around you. Great ideas for children's crafts and things to do for others, including: Our Father paper chain, litanies, Jesus' Scourging.

Dear Parish Family, we are cordially invited to attend Lenten Mission by Fr Simon Carian: March 20th, 21st & 22nd at 7pm at San Clemente Parish (Address: 244 Luna Ave SE, Los Lunas, NM 87031 Phone: (505) 865-7385)

The theme will be: The Three Secrets and the 100th anniversary of Our Lady of Fatima. For more detailed info, please, see flyer on the bulletin board in the hall or pick one from the greeting table.

Our ANNUAL BAZAAR this year is on Saturday, May 20, 10AM-4PM!!! Kick off meeting is scheduled on **Monday March 27 at 6 pm in the conference room.**

All "Bazaar Helpers" are invited. We need a good team which will include following assignments: Book Store, Greeters, Money collection for food, Baking, Raffle, Food sales/food preparation, drinks, set up decorations, outside signs, tables, umbrellas, chairs e.c.t. Our Annual Bazaar is always an opportunity to make our wonderful church known to other people, to reach out, to evangelize, to advertise our Gift Shop, an excellent fundraiser. Above all it is a blessing and fun when we work together!!! Thank you and see you there.

Upcoming Mothers Group Events

Mothers Group Meeting

Wednesday 3/29 @ 9am

To review past events, bazaar activities, baby shower, next adoration date & discuss how to meet needs of mothers in parish. New ideas welcomed!

At Alicia Wells house: 2951 Hyder Ave. SE 87106. Please RSVP to Alicia 720-280-0710 aliciawell-spt@gmail.com.

Clean hall with Knights of Columbus

Saturday April 1 after the Akathist to the Most Holy Theotokos (around 11am)- come one, come all- children & adults & bring some elbow grease to help make the childrens area & hall squeaky clean!

Bishop's Appeal 2017: Our parish goal is **\$15,675.00** which breaks down to **\$275 per household**. If we reach our goal, our parish will receive a **30% rebate which is \$4,702.5!** Many can contribute \$275, some less, others more. The important thing is that each household makes an effort to show Bishop John our support to help with varied ministries our Eparchy offers. Working together we can easily make our goal!

Thank you to families/parishioners that completed their pledges this week: Beverly Stockton. **Collected to date: \$5,570.00** May God bless you for your generous and sacrificial response. Thank you!

The ECED (Eastern Catholic Eparchial Directors of Religious Education) is presenting a Bible Conference at St. Stephen's Cathedral in Phoenix AZ. May 19th - 20th, 2017, Friday 6:30 - 9pm and Saturday 10am - 4:30pm.

The theme is ***The Book of Beginnings: Genesis in the Eastern Christian Traditions***. There will be five presenters at this two day event. For more information please, see flyer on the greeting table at the holy water font/bulletin board in the parish hall. Thank you.

Save the Date!

Back by popular demand, the Women's Spiritual Enrichment Weekend has been scheduled for this fall once again at the Norbertine Abbey. The dates will be Friday night, **September 22nd** and Saturday **September 23rd**. All women are welcome. Please consider joining us. If you have any ideas or input or would like to help with the planning, please see Mary Blain or Cindy Loescher. Planning meetings will be forthcoming.

Holy Cross

The Cross is brought out now in the middle of Lent to strengthen us in our journey. If we have been weak, the Cross gives us strength. If we have had a good Lent, the Cross encourages to continue. We are reminded that nothing spiritual is achieved without the Cross – it is our only hope, our only consolation, our true guide to the embrace of the Holy Trinity.

The Divine Office for today is filled with beautiful meditations such as these:

Ode 5: At night I keep watch before You; enlighten me, O life-giving Cross of Christ; let the light of day dawn upon me when I bow before you in fear. Today the Cross, the new has pierced me, and I am torn apart. What pain penetrated my womb and my heart, what sorrow stabs my spirit? I am forced to give up Adam and his children, those whom I had received from the forbidden Tree, for a new Tree leads them to enter again into Paradise.

Sunday Evening Vespers: O Lord, You willingly stretched out Your hands upon the Cross; now grant us the compunction to venerate it worthily. Illumine our hearts with Your brightness by fasting and prayer, temperance and good deeds; for You are good, and You love mankind.

Regarding Christ and His Cross, the Catechism of the Catholic Church teaches in #618:

The cross is the unique sacrifice of Christ, the "one mediator between God and men". But because in his incarnate divine person he has in some way united himself to every man, "the possibility of being made partners, in a way known to God, in the paschal mystery" is offered to all men. He calls his disciples to "take up [their] cross and follow [him]",⁴⁵⁴ for "Christ also suffered for [us], leaving [us] an example so that [we] should follow in his steps." In fact Jesus desires to associate with his redeeming sacrifice those who were to be its first beneficiaries. This is achieved supremely in the case of his mother, who was associated more intimately than any other person in the mystery of his redemptive suffering.

Apart from the cross there is no other ladder by which we may get to heaven - St. Rose of Lima

The Cross is the defining image for all Christians. Saint Paul wrote that he could boast of only one thing, the cross of Christ. It is still baffling to modern pagans, agnostics, and atheists alike who wonder at this image of a God Whose Son willingly endured such a painful death in order to save the human race. And the only reason that He ascends the cross is because of His great love for humanity. The Cross is our hope, our salvation. The sixth century Latin hymn, *Vexilla Regis*, reads in part: O hail the cross, our only hope in this Passiontide! Grant increase of grace to believers and remove the sins of the guilty.

"Bright sadness" is a popular term for Lent, and this is best found in the main service of Lent: the **Liturgy of the Presanctified Gifts**. This is also called the **Liturgy of Saint Gregory**. The "Presanctified Gifts" are the Body and Blood of Christ consecrated on Sunday, and reserved in the tabernacle. Vespers is celebrated, with special verses for each night reflecting the Lenten themes. The Scriptures come from Genesis and Proverbs.

Prostrations take place at the bringing out of the single candle, representing Christ; at the Prayer of Saint Ephrem; and when the Holy Eucharist is brought out in procession. The Holy Eucharist is transferred from the altar to the Preparation Altar during the psalms. It is then carried in a solemn, silent procession around the church and into the sanctuary, where It is incensed and covered. The Consecrated Gifts are mingled with wine so as to assist with swallowing, and this is how Communion is distributed.



Shut-ins Visits



Meet our latest "catechumen" :) Joseph Theodore

40 days for life / OLPH Day

