



February 14, 2016
**1st Sunday of the Great Fast/
Sunday of Orthodoxy**
Epistle: Hebrews 11:24-26.32-12:2
Gospel: John 1:43-31

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Our Lady of Perpetual Help Byzantine Catholic Church
Bishop: His Grace Gerald N. Dino

Father Artur Bubnevych, Pastor
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1837 Alvarado Drive NE
Albuquerque, New Mexico 87110

SCHEDULE:

Sunday:

Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am
Great Vespers 4:00 pm

Monday, Tuesday 12 noon 6th Hour
Wednesday, Presanctified Liturgy 6:00 pm
OLPH Devotions, 5:30 pm
Friday, Presanctified Liturgy 6:00 pm

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday - Friday: 10:00 am – 4:00 pm
Thursday OFF

Parish Advisory Board Members:

Dorothy Curl, Dave Dark, Lubomyra Kmetyk,
Brian Fitzpatrick, Harry DeLap, Dan Riley

Parish Finance Council Members:

Matthew Blain & Eva Schuler

Confession Schedule (Mystery of Reconciliation):

9:15-10:00 am on Sundays, before or after weekday Liturgies,
or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Eastern Christian Formation Program:

All grades meet every Sunday after Liturgy for 45 min

**Welcome to our Church! If you are looking for a spiritual home,
contact Father Artur or the office staff for more information. God bless you.**

Today	8:30 am	Rosary
	9:00 am	Festal Matins
	9:15 am	Confessions
	10:00 am	Divine Liturgy for Parish Family & Friends ECF classes after Liturgy
	4:00 pm	Great Vespers
Monday	Onesimus Apostle	
February 15	Readings: Genesis 3:21-4:7; Proverbs 3:34-4:22	
	12 noon	6 th Hour
Tuesday	Pamphilus & Others Martyrs	
February 16	Readings: Genesis 4:8-15; Proverbs 5:1-15	
	12 noon	6 th Hour
	6:15 pm	CAFÉ Meeting at UNM Topic: Theology of the Body
Wednesday	Theodore the Recruit	
February 17	Readings: Genesis Genesis 4:16-26; Proverbs 5:15-6:3	
Abstinence	5:30 pm	OLPH Devotions
	6:00 pm	Presanctified Liturgy
Thursday	Leo the Great Pope	
February 18	Readings: Genesis 5:1-24; Proverbs 6:3-20	
	Father's Day Off	
Friday	Archippus Apostle	
February 19	Readings: Genesis 5:32-6:8; Proverbs 6:20-7:1	
Abstinence	6:00 pm	Presanctified Liturgy/followed by meatless potluck
Saturday	2nd All Souls Saturday	
February 20	Epistle: Hebrews 3:12-16; Gospel: Mark 1:35-45	
	9:00 am	Divine Liturgy & Panachida for Souls of Deceased
Sunday	2nd Sunday of the Great Fast	
February 21	Epistle: Hebrews 1:10-2:3; Gospel: Mark 2:1-12	
	4:00 pm	Great Vespers
	5:00 pm	Divine Liturgy; +Keenan Alan Wofford by Jilek Family
	8:30 am	Rosary
	9:00 am	Festal Matins
	9:30 am	Confessions
	10:00 am	Divine Liturgy for Parish Family & Friends ECF Classes after Liturgy
	4:00 pm	Great Vespers

***Physician and Help of those in sickness, Redeemer and Savior of the infirm;
O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those
who have sinned much, and deliver them, O Christ, from their
Iniquities, that they may glorify Your might divine!***

Fr. Julian Gnall	Paola Terlaza	William Frank
Fr. Anthony Romero	Henry Zuggger	Joseph Koetter
Michele Koetter	John & Margie Disque	Mary Nell Preisler
Lillian Murphy	Phillip Fall	Jackie De Paolis
Marilyn Fore	Walter Jakymiw	Donny Terry
Roy Smith	Olga Bodnar	Mary Murphy
Sven & Barbara Svensson	Frances Brannan	Jack & Lorraine Hubbell
Abraham Haddad	John Deflice	Quintin Santamaria & Family
Jenny Ford	Kristoff Rajala	Heather Mattax
Robert Hasaka	Jordan Smith	Larry Bennett
Threima Leech	Maggie Batsel	Mary Ellis
Pricilla Hughes	Tony Lucero	Mike Harahuc
Sharif Rabadi	Chris Overlin	Robert Zadel
Stephen Horner	Laura Dominguez	Nathan Barkocyc
Demetrius Yackanich		

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. Sorrowful Mysteries are recited from the beginning of Great Lent until Easter Sunday.

If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group



Vocation Icon
Today: Gloetzner
Next Sunday: Bonham

Intentions of the Rosary

- 1st Decade:** Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade:** Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade:** Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade:** Repose of the souls who have no one praying for them
- 5th Decade:** Healing of the sick in body, mind and soul

Holy Father's Intentions for January

Universal: That those from diverse religious traditions and all people of good will may work together for peace.

Evangelization: That in this year dedicated to consecrated life, religious men and women may rediscover the joy of following Christ and strive to serve the poor with zeal.

.How the faith community relates to its older members—recognizing their presence, encouraging their contributions, responding to their needs, and providing appropriate opportunities for spiritual growth—is a sign of the community's spiritual health and maturity. *United States Conference of Catholic Bishops.*

The Pastoral Outreach Office, Archdiocese of Santa Fe will hold their annual conference "**Blessings of Age**" for Seniors, Caregivers, Pastors & Parishioners. Over 300 people attend the 1/2 day event which will be held **Thursday, March 3, 2016 at the Shrine of St. Bernadette located at 11401 Indian School Drive NE.**

The day begins with Mass and will include a presentation on "The Joy of Aging" by Fr. Thomas Noesen, OP with lunch following. Deadline to register is Friday, February 26th. You can pick up a registration form on the table located inside the church just outside the door to the office.

The OASIS class on icons by Father Chris will take place on Thursday at 10:30 until 12 noon.

Registration is \$8, with OASIS by phone at _____ Father will be explaining the iconostas, what an icon is, and the colors and symbols, while displaying treasures from our church and parishioners.

His next OASIS class will be on March 3 on the Prophet Elijah in the Jewish, Christian and Muslim traditions, also at 10:30. You can register for that by phone or online at <http://www.oasisnet.org/Albuquerque-NM>

DATE	READER	TROJCA	GREETER	HOST	COUNTER
Feb.21	Brook Jilek	Olga Youssef	Eva Schuler Miles Gloetzner	Doberman	Eva Schuler Brian Fitzpatrick

Barbara's Hall Report:

Thanks to everyone who brought food for our Super Bowl Brunch. The participation was overwhelming. I think we had everything from A to Z. There were no leftovers! Guess we were all hungry. We even had cakes to celebrate two important birthdays: Lillian Murphy turned 90, and Thomas Donlin turned 18!

Tom Plut did all the dishes-- **and the best thing**--the Broncos won the Super Bowl later in the day! Yippee! Guess those orange flowers on the altar brought good luck. Thanks Lily at Albertson's.

Coming Events—Mark Your Calendars Now!

Thursday, February 18	OASIS Class 10:30 am; Icons Doorways to Heaven
Saturday, February 20	2 nd All Souls Saturday 9:00 am Divine Liturgy & Panachida
Thursday, February 25	7:00 pm THEOSIS Bible Study; Gospel of Matthew
Saturday, February 27	3 rd All Souls Saturday 9:00 am Divine Liturgy & Panachida
February Tuesdays	6:15 pm CAFÉ meeting at UNM

Spiritual Food for the Great Fast

The Perpetual Helpers women are sponsoring 2 events during the Great Fast season:

The book club will be reading “The Lenten Spring”. This easy to read book has 40 short meditations to take you through our fasting season. We will meet on Saturday, April 2nd at 10 am at the church to discuss it together. See Lara Davis for more information.

There will be Lenten Video Meditation and brunch at Cindy Loescher’s home on Saturday, March 5th from Noon – 2:30 pm. We’ll view the very inspiring “The Widow’s Might” teaching and reflection video

Great Fast Casserole (meat and dairy free)

2 large onions (sliced in rings)
 1 can garbanzo beans
 1 package mughrarbia
 (find at mid-eastern grocery)
 olive oil

Brown and carmelize onions in cooking oil.
 Boil mughrarbia until done.
 Combine mughrarbia and beans.
 Mix in some olive oil to taste.
 Top with browned onions. Serve warm.

Reflection on Fasting

Fast from judging others;
 Feast on Christ dwelling within them.

Fast from fear of illness;
 Feast on the healing power of God.

Fast from words that pollute;
 Feast on speech that purifies.

Fast from discontent; Feast on gratitude.

Fast from anger; Feast on patience.

Fast from pessimism; Feast on optimism.
 Fast from negatives; Feast on affirmations.
 Fast from bitterness; Feast on forgiveness.

Fast from suspicion; Feast on trust.

Fast from gossip; Feast on silence.

Fast from problems that overwhelm;

Feast on the prayer that sustains.

Fast from worry; Feast on faith.

In our bookstore: *Time for the Lord to Act*, by our own Father David Petras, was written to explain the revisions to our Divine Liturgy which were issued in 2005.

It is an excellent source book on the formation of our Liturgy, as he goes through each section—including those rarely seen by the laity—and explains the significance of what is taking place. Only \$10.

Meditation for second All Souls Saturday

“We seem to give them back to you, O God, who gave them first to us. Yet as you did not lose them in giving, so we do not lose them by their return. Not as the world gives do you give. What you give you do not take away. For what is yours is also ours. We are yours and life is eternal. And love is immortal, and death is only a horizon, and a horizon is but the limit of our sight.”

Bede the Venerable

MONTHLY BULLETIN SERIES 2015-2016
From the Eparchial Office of Evangelization and Religious Education
#5 Lesson in Evangelization – Share Your Encounter with God

Go, therefore, and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age - Matthew 28:19-20.

In the previous four lessons of this evangelization series, we discussed the importance of prayer, reading sacred scripture, receiving the Eucharist and becoming a servant of God. This lesson focuses on how to live out an authentic Byzantine Catholic faith by

Sharing your encounter with God

You notice Jesus does not say, “Go therefore, and think about making disciples but... if you don't want to, or your friends disapprove, or you are embarrassed... then, it's okay, do whatever feels comfortable.”

Jesus' last command makes explicit your first priority as a Catholic Christian – to make disciples of all nations. Sadly, many feel uncomfortable about this sacred duty of sharing the faith with others. Most think (hope), “It's not my job. That's what bishop, priests, deacons and religious sisters are supposed to do.” Yet, Jesus does not let you off the hook. If you do not share in living the Great Commission, you are living the Great Omission. You cease to be His follower. And then you must question who you ARE following.

This fear of evangelizing is understandable. After all, you often don't know what to say, and, then when you finally manage to confess your beliefs, the response is unpredictable. On the other hand, if you were to meet a celebrity, you would want to tell everyone – because you know they'd be excited and impressed.

The road to heaven is narrow and demanding. The ways of God are not the ways of the world. Pray for the courage to follow your Redeemer, through the narrow gate of scorn and persecution. His kingdom is not of this world; and that is why he was condemned to die. Can we call ourselves Christian without being prepared to follow where He leads?

Yet there is no more glorious encounter than to meet Jesus Christ personally. When this encounter enters your heart through prayer, scripture reading and receiving the Eucharist, you will have a light that you must put on a

stand to illuminate others (Matthew 5:14-16). If you don't let it shine for them, they will be left in the dark. If another is lost in the darkness of unbelieving because you have not shared your faith, he will be lost and you will be answerable. Remember what Jesus says, “*My brethren, if any one among you wanders from the truth and some one brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins*” (James 5:19-20).

As an Eastern Catholic, you have the divine privilege of meeting, knowing, and communing with Jesus in the Liturgy, with the Word of God and the Holy Eucharist. You have encountered the living God, the Creator of the universe! Do you realize this? God wants and desires to commune with you. God wants you to spend eternity with Him.

To be invited at the end of your life to enjoy this eternal privilege, He demands something of you - to go and share what you have received. To bring others to Him by inviting them to church, welcoming them when they arrive as strangers, and confessing your beliefs in hostile conversation. Be willing to bear the thorns of possible hostility to give Life to your neighbor.

Let every person you encounter receive the living water of the Spirit of God. In no other way, except through your personal witness of what you believe, can the solace and salvation of Jesus enter your family, your community and your nation.

Sunday of Orthodoxy

Today we celebrate the “**triumph of Orthodoxy**”, **meaning of the true faith**. It celebrates the final victory over iconoclasm in 842. The Synod of Constantinople had reaffirmed the Seventh Ecumenical Council’s teaching on the proper use of images in Christian worship, and to celebrate the event the population of Constantinople took part in a huge procession from the Blachernae Church to Hagia Sophia, carrying icons and other images which had been hidden away and now could be restored to the churches. Every parish holds a similar procession today, as the Council had decreed that the first Sunday of Lent, which was the date of that first procession on February 19, 842, would include this remembrance. Today, the service reflects both the original feast, and the triumph of orthodox belief over all heresies.

Iconoclasm teaches that the Word of God as Incarnate in Jesus cannot be represented in art, as the divine should not be represented in any way. In this, it reflects both Jewish and Muslim teachings, and raises questions then about the Incarnation: did God truly become a human being in Jesus or not? This underlies all iconoclastic tendencies, rejecting the great gift of the incarnation through which we are offered salvation. Iconoclasm was also a reaction to the claims of miracles accompanying icons, and excessive piety which seemed to veer very close to idol-worship. Iconoclasm was very popular in the imperial army, in the Balkan peninsula, and among refugees from the provinces conquered by the Muslim armies. These people preferred to use crosses, not crucifixes, and decorative paintings that had no figures in them.

Emperor Leo III ordered that the image of Jesus over the main gate of the palace in Constantinople be pulled down around 727, and replaced with a plain cross, and rioting broke out among the defenders of the icons and the iconoclasts. Many towns saw similar riots break out, as monks defended the use of icons, and soldiers and imperial officials favored their destruction. Pope Gregory III condemned the heresy, but his messengers to the east were imprisoned by iconoclast sympathizers.

Finally, Empress Irene, Pope Hadrian I, and Patriarch Tarasios convoked the Seventh Council at Nicaea in the presence of the child-emperor Constantine VI in 786-87. This Council reaffirmed the classic Christian defense of icons:

We define that the holy icons, whether in color, mosaic, or some other material, should be exhibited in the holy churches of God, on the sacred vessels and liturgical vestments, on the walls, furnishings, and in houses and along the roads, namely the icons of our Lord God and Savior Jesus Christ, that of our Lady the Theotokos, those of the venerable angels and those of all saintly people. Whenever these representations are contemplated, they will cause those who look at them to commemorate and love their prototype.

We define also that they should be kissed and that ***they are an object of veneration and honor (timitiki proskynisis), but not of real worship (latreia), which is reserved for Him Who is the subject of our faith and is proper for the divine nature. The veneration accorded to an icon is in effect transmitted to the prototype; he who venerates the icon, venerated in it the reality for which it stands***".



He Is Risen!

Mission Society Easter Cards

Our *newly* designed Easter cards (see front image) to support our mother church in Mukachevo, Ukraine **go on sale Sunday, February 21st**. Proceeds will help complete a new church in Uzhgorod (where Father Artur came to us from). The Russian-backed war has resulted in severe inflation, reducing income to only 50% of pre-war levels, crippling their work.

Please encourage your relatives, friends, co-workers to buy our cards and to spread the joy of Jesus' Resurrection by helping the resurrection of the Byzantine Catholic Church's mother eparchy!

A packet of 5 cards sell for \$10 including envelopes. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office. All names will be sent to Bishop Milan Sasik in the Ukraine. On May 1stth (Old Calendar), the Bishop will place all of these names on the altar and pray for each individual.

The last day to purchase cards will be Palm Sunday, March 20th.



Sunday play--"Sharks & Minnows"



Playing chess