

January 9, 2022 / Sunday After Theophany / Tone 8

CHRIST IS BAPTIZED IN THE JORDAN FROM JOHN!

2022 THEOPHANY HOUSE BLESSINGS: Fr. Artur would like to come and visit with you, pray with you and ask God to bless your home. It would help in setting up his schedule if you would kindly FILL OUT the House Blessing Scheduling Form on a greeting table or send an email to abbaolph@gmail.com indicating best days and time. The deadline for Theophany House Blessings is February 9th.



“For the great and powerful of this world, there are only two places in which their courage fails them, of which they are afraid deep down in their souls, from which they shy away. These are the manger and the cross of Jesus Christ. No powerful person dares to approach the manger, and this even includes King Herod. For this is where thrones shake, the mighty fall, the prominent perish, because God is with the lowly. Here the rich come to nothing, because God is with the poor and hungry, but the rich and satisfied he sends away empty. Before Mary, the maid before the manger of Christ, before God in lowliness, the powerful come to naught; they have not right, no hope; they are judged.” – Dietrich Bonhoeffer

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

Father Artur Bubnevych, Pastor

**Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zegger
pastor emeritus**

**(505) 256-1787
Frchris.zegger@gmail.com
www.frchriszegger.com**

**Father Tyler Strand
(516) 661-0883**

tylerastrand@yahoo.co.uk

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zegger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:15—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.

(Pre-Jordan requirement)

Mystery of Crowning:


Must be arranged six months in
advance

(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's
responsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness
or old age. Father will bring the con-
fined person the Holy Mysteries on a
regular basis. It is recommended that
one receive the Anointing of the Sick
before any major surgery. Please don't
let the priest be last to know that some-
one is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Ephesians / **4:7-13; Mt 4:12-17**

- YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Eternal Lamp: Amanda Pettit by her mom
- Jan 10 Mon** ***Post festive of Theophany / Gregory of Nyssa Bishop/
Heb 8:7-13; Mk 8:11-21***
- House Blessings** 9:00 am Liturgy / +Tom Casey by Fitzpatrick Family
- Jan 11 Tue** ***Post festive of Theophany / Theodosius Venerable
2 Cor 4:6-15; Mt 11:27-30***
- House Blessings** 9:00 am Liturgy / +Jason Chavez by Fitzpatrick Family
- Jan 12 Wed** ***Post festive of Theophany / Tatiana Martyr / Heb 10:1-18; Mk 8:30-34***
- House Blessings** 6:00 pm Liturgy / God's Blessing on Fr. Chris / Fr. Tyler / Fr Artur
by Talamante Family
- Jan 13 Thu** ***Post festive of Theophany / Hermolaus and Stratonicus Martyrs
Heb 10:35-11:7; Mk 9:10-16***
- 6:45 pm THEOSIS Bible Study (zoom)
- Jan 14 Fri** ***Leave taking of Theophany / Venerable Fathers of Sinai and Raitho
Heb 11:8 & 11-16; Mk 9:33-41***
-  9:00 am Prayer & witness in front of abortion clinic on San Mateo / Lomas
6:00 pm Liturgy / +Jean Loomis by Fitzpatrick Family
- Jan 15 Sat** ***Paul and John Venerables / Col 1:3-6; Lk 16:10-15***
- Jan 16 Sun** ***34th Sunday After Pentecost / 1 Tim 15:17; Lk 18:35-43***
- House Blessings** 4:00 pm Vespers (YouTube Live)
5:00 pm Liturgy / +Vladislav & +Antonina Gunner by Meilani, Trevor, Natalya
and Kristina
Hebrew Scriptures for Sunday: Exodus 14:5-14; Joshua 3:9-17; Isaiah 41:14-2
- YouTube LIVE** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Eternal Lamp: 77th Birthday Blessings for Sven Svensson

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorilah Chavez	Vicki Frank
Sven & Barbara	Abraham Haddad	Christopher
Svensson	Marianne Gerace	Barlow
Laurie Bienz	Lori Medina	Tracy McTernan
Brent Dodson-	Michael Baron	Scott Fafrak
Sands	Gabriel Preisler	Jordan Smith
Lara Davis	Todd Bailey	Rebecca Baia
Jessica Pieniadz	Fr Chris Zugger	Janet Worthington
Rhonda Glasscock	Marcie Dark	Patti Klinkovsky
		Matt Williamson



Vocation Icon

Today: Sullivan Family
Next Sunday: Herring Family

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for January For true human fraternity

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

"The people who sat in darkness saw a great light." The Unapproachable Light of Christ showed himself to us. Our Lord may be calling you to the priesthood, diaconate, or religious life. If this may be the case, contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

January 16, 2022

Cantor: Evie Jilek

Reader: Michael Wells

Altar Server: Michael Grega

Trojca: Alaina & Nicky Riley

Counters: Rafael Plut, Ann Rajala

Propers for 1/16/2022

34th Sunday after Pentecost

Tone 1

Troparion - 125

v. Glory...

Kontakion - 126

v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 127

Our Father - 66

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at pocb@unm.edu

THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

Barbara's Hall Report

Happy New Year, Everyone! May you all be blessed with, peace, good health and happiness. And maybe one of these days we can share cookies and a cup coffee!

Coming Events—Mark Your Calendars Now

TueFeb 1	6:00 pm Advisory Board Meeting
Wed Feb 2	Meeting of Our Lord with Simeon & Anna Simple Holy Day (YouTube Live) 6:00pm Liturgy / Blessing of Candles
Sat Feb 19	First All Souls Saturday (YouTube live) 9:00 am— All Souls Liturgy / Panichida
Mon Feb 28	First Day of the Great Fast 6:00pm—Presanctified Liturgy with anointing
March 6	Sunday of Orthodoxy 10:00 am Divine Liturgy / Procession with Icons / Blessing of Icons
Sat Mar 12	Second All Souls Saturday 9:00 am—All Souls Liturgy / Panichida
Sun Mar 13	DAYLIGHT SAVINGS BEGINS move your clock an hour ahead
Sat March 19	Third All Souls Saturday 9:00 am—All Souls Liturgy / Panichida
Fri Mar 25	Annunciation of the Theotokos Solemn Holy Day 6:00pm - Vesper Liturgy of St John Chrysostom / Blessing of Litija
Sat March 26	9:00 am—Divine Liturgy for the Leave taking of Annunciation followed by All Souls Panichida
Thurs March 31	7:00 pm Matins with Great Canon of St Andrew of Crete / Reading Life story of St Mary of Egypt
Sat April 2	Akathistos Saturday 9:00am—Akathist to the Most Holy Theotokos
Sat April 9	Saturday of Lazarus (End of 40 day Lent) 9:00am Divine Liturgy

ONLINE GIVING / ONLINE TITHING is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: [tps://www.olphnm.org/giving](https://www.olphnm.org/giving).

THANK YOU TO all who contributed to our Christmas celebrations: cantors and choir and servers at the Liturgies; those who decorated the church and the hall for Holy Supper, those who care the outdoor flower bed; those who participated in Holy Supper on Christmas Eve; all of those who attended the services. Thank YOU dear Parish Family!

ALL SOULS SATURDAYS

Following the Byzantine Catholic tradition, five Saturdays are set aside for the remembrance of the departed members of our families and of our friends. This year, the first All Souls Saturday is February 19th. Using the envelope provided in your packet or on a sheet of paper, please submit the names of those you wish to have remembered at the Divine Liturgy / Panachida on these five Saturdays. Only write the first names of the individuals to be commemorated; if the list of names is the same as last year, simply write "same as last year," or write "add the following names to my list." Return your requests to the parish office by mail or by placing them in the collection basket. Deadline for returns is Sunday, February 13th. **THANK YOU!**

Please pick up the 2022 wall calendar. A simple way to begin a rule of prayer is read the Epistle and Gospel that are listed for each day of the week. In the course of the year, you will have completed nearly all of the New Testament, except for the Book of Revelation. A good way to do this is to buy the Ignatius New Testament in our bookstore, as that has copious footnotes that explain the text, especially in terms of the culture and history of the time and accurate translations of phrases whose meanings are lost when rendered in English.

REMINDER ABOUT PRAISH SUBSCRIPTION TO FORMED.ORG

For those who are new to Formed.org:

This site offers amazing opportunity to enrich our FAITH. You will find thousands of books, audio talks, movies, documentaries, studies and much more. The content of website is updated on daily basis with new helpful resources. Everyone can use OLPH parish account to log in.

This is what you need to do:

1. Go to Formed.org, click sign in and then click "I belong to parish"
 2. Enter zip code 87110
 3. Find among the parishes OLPH Byzantine
 4. Put your name and email (you will get a link in your email to directly log in) Enjoy the content!
- Also, you are most welcome and encouraged to share parish subscription with your friends, neighbors, coworkers or just anyone who would benefit.

Saints of the Week

January 10 - Gregory of Nyssa; a married priest, brother of St. Basil the Great (and five other saints were in this family) who became a great theologian. He was persecuted as bishop of Nyssa for refusing to yield to heresy; after he was restored to his throne was sent to the Arabs to keep them orthodox. To support Gregory was to be considered orthodox in faith, and he was nicknamed "mainstay of the Church" in his lifetime. The Armenian and Syro-Malabar Churches list him as a Doctor of the Church.

January 10: OUR HOLY FATHER MARCIAN, THE TREASURER OF CONSTANTINOPLE

We are celebrating the feast of our Lord's baptism, and one part of this we may not have considered. He went into the waters of the Jordan naked. "What has astonished you, O River Jordan? I have seen the invisible one naked, and I became frightened." (Sessional Hymn, Matins)

Jesus would be stripped naked again on the Cross, and the Gospel tells us, "When the soldiers had crucified Jesus, they took his clothes and divided them into four shares, a share for each soldier. They also took his tunic, but the tunic was seamless, woven in one piece from the top down. (John 19:23)" We, too, must enter baptism naked. "Come then, O naked children of Adam, and let us clothe ourselves in him that we may warm ourselves. For the light that no one can approach, the One who is a protection and a mantle for the naked, the Light to those in darkness, has appeared and revealed himself today. (Ikos, Matins)" St. Paul tells us that this is the taking off of the old man, and being clothed in the new, so that "all of you who have been baptized into Christ have been clothed with Christ." "You should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth. (Ephesians 4:22-24)" On January 10, we commemorate St. Marcian the Treasurer of the Great Church, who lived in the fifth century. He gave a practical lesson on the meaning of nakedness. As a priest, on his way to concelebrate the Divine Liturgy, we saw a poor beggar. Having no money with him, he gave him the tunic he was wearing underneath his vestments. During the Liturgy, his other concelebrants thought he was wearing an ostentatious robe and informed the patriarch, who called him aside and saw that he was naked underneath his vestments, because of his love for the poor. What, indeed, is baptism but the stripping off of our old selves in order to love the poor? (By Fr David Petras)

January 11: OUR HOLY FATHER THEODOSIUS THE CENOBITE

The monastic life is the extension of baptism. When we are baptized, we renounce evil and commit ourselves to Christ. Monastic consecration is the perfection of this choice, in which we follow the commandment of our Lord, "Be perfect, just as your heavenly Father is perfect. (Matthew 5:48)" This is done, as St. Gregory of Nyssa explains, by "constant growth in the good," in which we give ourselves over to love of God and love of neighbor. This can be done only by a spiritual struggle, in which "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it. (Mark 8:34-35)" True monks were not frightened by this for they knew our Lord also said, "Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light. (Matthew 11:29-30)" On January 11 we remember a man who exemplified the monastic life, our Holy Father Theodosius the Cenobite. There are many forms of monasticism, he chose the monastic life in community (cenobitism), for many need the spiritual support of a community to live the life of perfection. Certainly, not all of us are called to be monks, but most are called to work in the world and bear children, but everyone of us must in some way take up the life of asceticism (struggle) proper to a monk. The command of our Lord to be perfect was not given only for monks, but for all Christians. The feast of St. Theodosius, who lived in the fifth century, is celebrated in the time of Theophany, and, therefore, his life is closely connected with the mystery of baptism, "Without ceasing, you glorify Christ, who is God of God, and the Word, the Deliverer who bowed his head to the Forerunner, and who sanctified the nature of water," "Without ceasing, you glorify Christ, the one Son in two natures, who was baptized by the hand of the Forerunner and who was attested to by the voice of the Father," "With the bodiless powers you now unceasingly glorify Christ, who ineffably received his flesh from the Virgin, and who drowned our sins by his baptism in the currents of the Jordan." (Stichera at Psalm 140, Vespers, January 11)

Holy Supper

