



September 13, 2015
Sunday Before the Exaltation of the Cross
Epistle: Galatians 6:11-18
Gospel: John 3:13-17



Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Our Lady of Perpetual Help Byzantine Catholic Church
Bishop: His Grace Gerald N. Dino

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Father Christopher Zugger (pastor emeritus)
(505) 256-1787 Frchris.zugger@gmail.com
www.frchriszugger.com

1837 Alvarado Dr. NE

Albuquerque, New Mexico 87110

Parish Office: (505) 256-1539

Fax: (505) 256-1278

www.olphnm.org

SCHEDULE:

Sunday:

Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am

Monday, Divine Liturgy 9:00 am

Tuesday, Divine Liturgy 9:00 am

Wednesday

OLPH Devotions, 5:30 pm

Divine Liturgy 6:00 pm

Friday, Divine Liturgy 6:00 pm

Saturday: Great Vespers 5:00 pm

Divine Liturgy 6:00 pm

OFFICE HOURS:

Monday - Friday: 10:00 am – 4:00 pm

Thursday OFF

Parish Advisory Board Members:

Dorothy Curl, Dave Dark, Lubomyra Kmetyk,
Brian Fitzpatrick, Harry DeLap

Parish Finance Council Members:

Matthew Blain & Eva Schuler

Confession Schedule (Mystery of Reconciliation):

9:15-10:00 am on Sundays, before or after weekday
Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to
notify the parish office when a parishioner is in the
hospital or confined to home because of sickness or old
age. Father will bring the confined person the Holy
Mysteries on a regular basis. It is recommended that
one receive the Anointing of the Sick before any major
surgery. Please don't let the priest be last to know that
someone is ill!

Eastern Christian Formation Program:

All grades meet every Sunday after Liturgy for 45 min

Physician and Help of those in sickness, Redeemer and Savior of the infirm;

Today	8:30 am	Rosary
	9:00 am	Festal Matins
	9:15 am	Confessions
	10:00 am	Divine Liturgy for Parish Family & Friends Fr. Chris: Intention of Dorothy Curl
	Eternal Lamp:	Open
Monday	Exaltation of the Holy Cross/Solemn Holy Day	
Sept. 14	Epistle: 1 Corinthians 1:18-24; Gospel: John 19:6-11.13-21.25-27.30-35	
	6:00 pm	Divine Liturgy for the parish family, benefactors and friends Fr. Chris: Blessings for Fr. Artur on his 1 st Anniversary Veneration of the Holy Cross, blessing of Litija Bread & Mirovanije
Tuesday	Nicetas Great-Martyr	
Sept. 15	Epistle: Ephesians 2:19-3:7; Gospel: Mark 11:11-23	
	9:00 am	Divine Liturgy; Blessing on Preisler Family
	6:15 pm	CAFE Meeting at UNM; Topic: ISIS and the Middle East
Wednesday	Euphemia Great-Martyr	
Sept. 16	Epistle: Ephesians 3:8-21;; Gospel: Mark 11:23-26	
	5:30 pm	OLPH Devotions
	6:00 pm	Divine Liturgy Blessing on Dark Family
Thursday	Sophia and Others Martyrs	
Sept. 17	Epistle: Ephesians 4:14-19; Gospel: Mark 11:27-33	
Friday	Eumenius Bishop	
Sept. 18	Epistle: Ephesians 4:14-19; Gospel: Mark 11:27-33	
	6:00 pm	Divine Liturgy Blessing on Maria and John Alden
Saturday	Saturday after the Exaltation of the Cross	
Sept. 19	Epistle: 1 Corinthians 1:26-29; Gospel: John 8:21-30	
	5:00 pm	Great Vespers
	6:00 pm	Divine Liturgy Blessing on Irene Bradley
Sunday	Sunday after the Exaltation of the Cross	
Sept. 20	Epistle: Galatians 2:16-20; Gospel: Mark 8:34-9:1	
	8:30 am	Rosary
<i>State Fair</i>	9:00 am	Festal Matins
<i>Closes</i>	9:15 am	Confessions
	10:00 am	Divine Liturgy for Parish Family & Friends Fr. Chris: Intention of MacMurchadha & Santamaria Families
	Eternal Lamp:	Open

O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine!

Fr. Julian Gnall
Fr. Anthony Romero



Roy Smith
Sven & Barbara Svensson
Michele Koetter
Abraham Haddad
Lillian Murphy
Jenny Ford
Marilyn Fore
Robert Hasaka
Frank & Martha Arden
Pricilla Hughes
Sharif Rabadi
Threima Leech
Stephen Horner
Demetrius Yackanich

Paola Terlaza
Henry Zuger
John & Margie Disque
Phillip Fall
Walter Jakymiw
Olga Bodnar
Frances Brannan
John Deflice
Kristoff Rajala
Jordan Smith
Marge Merrills
Maggie Batsel
Katrina Anderson
Ricky Harrison
Tony Lucero

Laura Dominguez
Robert Zadel
William Frank
Joseph Koetter
Mary Nell Preisler
Jackie De Paolis
Donny Terry
Mary Murphy
Lorraine Hubbell
Quintin Santamaria & Family
Heather Mattax
Larry Bennett
Chris Overlin
Mary Ellis
Mike Harahuc

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing.

Glorious Mysteries are recited on Sunday, Tuesday & Thursday; Joyful Mysteries on Monday & Saturday; Sorrowful Mysteries on Wednesday & Friday.

If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group



Intentions of the Rosary

- 1st Decade:** Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade:** Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade:** Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade:** Repose of the souls who have no one praying for them
- 5th Decade:** Healing of the sick in body, mind and soul

Holy Father's Intentions for September

Universal: That opportunities for education and employment may increase for all young people.

Evangelization: That catechists may give witness by living in a way consistent with the faith they proclaim.

VOCATION ICON
 Today: Riley
 Next Sunday: Brewer



Don't forget the words of the Fathers who encourage us to combine fasting with prayer and almsgiving to combat all our sinful desires:

"There are three things, my brethren, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door; fasting obtains; mercy receives. Prayer, fasting and mercy - these three are one, and they give life to each other."

**Special Priests' Medical Insurance Collection
 Eparchial Factoid**

Your generous response to last year's medical insurance collection raised just over \$40,125, enough to pay our medical premium for one month with about \$6,600 remaining to help pay part of another month's premium.

We are very grateful for your thoughtful and generous contribution last year. Currently, our monthly premium averages \$33,500 for which we collect from the parishes only \$18,782. The Eparchy must find the difference of \$14,718 per month! This is becoming more and more difficult for the Eparchy to pay each month without having a direct impact on eparchial programs and other operational needs.

Your generosity this year will make a tremendous difference! Thank you for your generosity and love for your priests and your Eparchy. Your sacrifice is deeply appreciated.

DATE	READER	TROJCA	GREETER	HOST	COUNTER
9/20	Dave Dark	Sarah Brewer	Eva Schuler Miles Gloetzner	Open	Eva Schuler Brian Fitzpatrick

Barbara's Hall Report:

Thanks to Savannah Gloetzner and Nicole Dodson-Sands for making sub sandwiches for everyone. I couldn't believe how fast they were eaten. Yum! There were also potato chips. There was a birthday cake for Carol Donlin. Happy Birthday Carol, and may God grant you many more!

We need more social signups to go through the end of the year!

Coming Events—Mark Your Calendars Now!

Sunday, September 13	Catechist Safe Environment; 9-9:45 am
Monday, September 14	Solemn Feast of the Exaltation of the Holy Cross: Day of Abstinence Liturgy: 6:00 pm
Sunday, September 20	Catechetical Sunday: Commissioning of teachers Parent meeting in church then students go with teachers Safe Environment forms for parents – sign at meeting
Friday, September 25	OLPH Women's Community meeting, 6 – 8 pm
Sunday, September 27	Safe Environment Classes for Students
Thursday, October 1	Solemn Feast of the Holy Protection of Mary— Patronal Feast of our Eparchy Vesper Divine Liturgy: Wednesday, 6:00 pm Festive Divine Liturgy: Thursday, 9:00 am
Saturday, October 3	Blessing of Animals, 10:00 am
Sunday, October 4	Medical Insurance Collection ECF Classes start

NEXT SUNDAY IS CATECHETICAL SUNDAY

It's hard to believe, next Sunday is Catechetical Sunday. Parents should be sure to have their children ready for the blessing. And, if you are already beyond the phase in life that you have children in school, be sure to be present to pray for next generation of holy people.

They are here, looking up to you as an example. Aunts, uncles, older brothers and sisters along with grandparents are all included in the term "family" and, as such share in the imagery of God. God is Trinity - three persons, yet one God. Family is not confined to the number "three" but the principle is the same. Each individual shares a common bond with each other individual - that makes them "one".

All OLPH WOMEN:

We're organizing a women's community to help strengthen and serve each other and the OLPH Church!

We will meet on Friday, September 25 in the OLPH Social Hall from 6:00 pm to 8:00 pm. POTLUCK tea & snacks will be available. Let us all come together & share our ideas on building this community.

"We can do no great things; only small things with great love." Bl. Teresa of Calcutta

Marriage Enrichment:

Marriage Enrichment Evenings of Celebration will be held each month at Queen of Heaven Parish from 6:30pm to 8:30pm. Please bring a potluck dish to share. Dates are September 18, October 15, November 20 and December 18. Child care is provided.

Christ calls each of us to “Make Disciples of All Nations”

How many of us anxiously await the return to the church of our missing family, friends, neighbors, and co-workers! Yet, are our hearts really open to greet and embrace them in their tentative steps to return to the fold of the Good Shepherd? How often do we refuse to engage with others about our glorious Faith? Perhaps, we equate parish activities with actually sharing our faith. Or we are caught up in a false humility, thinking that telling others about the true faith makes us seem judgmental.

Maybe, we feel it is just better to have the “live and let live” attitude so that we can hold on to our own sense of faith; this way, we can avoid all discussion of our faith and not have to explain or defend it.

Our Holy Father Pope Francis continually implores us to give concrete witness to our Christianity – by following the call of Jesus to seek out the stranger, minister to the sick and welcome the lost and weary that surround us in our daily lives.

Each day brings fresh opportunities to answer the call of Christ to witness to our faith. During the coming months, we will attempt to lead you on a journey of learning, growing and guiding others along the loving Way of our Beloved Lord and Savior, Jesus Christ.

Future bulletins will have inserts on topics such as

- The Kingdom of God is among us - now, today
- How to seek the eternal Kingdom within our daily lives
- Confronting our fears of evangelizing
- Simple methods for reaching out to others and inviting them into the abode of Christ

To call ourselves Christians truthfully, we must put into action the words of Our Lord: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.” Matthew 28:19-20

We share our faith with others not because we think it is a good idea or believe that we are good at it. No, we evangelize because God told us to, and we must obey his orders. Sharing our faith is essential to being a Christian. We cannot excuse ourselves from this. Our lives will end, and we will be judged – did we feed the hungry, give drink to the thirsty, counsel the doubtful, and clothe the naked?

Let us not abandon our posts; but be ready to act as St. Peter writes: “Have no fear of them, nor be troubled... Always be prepared to make a defense to anyone who calls you to account for the hope that is in you. 1 Peter 3:14-15

CAFE meets every Tuesday at 6:15 pm at the Santa Ana Room on the top floor of the Student Union Building (Saint Ann's Room, how appropriate a name is that?).

We start with the Divine Mercy chaplet (Roman rite) and intercessions for people in need, and end with Little Compline (Night Prayer) according to the Byzantine Rite. In between are talks, Bible study, sharing, and all kinds of good Catholic things. And since it is college, there is food and beverage available for "the kids."

Share this information with your friends, co-workers, neighbors and relatives who have students at UNM and encourage those students to join us! Questions? Ask one of the Fathers or Tianna Sevachko (575-639-1790)

EXALTATION OF THE HOLY CROSS

The finding of the Cross by the Empress Helen (the mother of St. Constantine the Great) in Jerusalem in 326 AD, the place where Christ was crucified. Emperor Hadrian had buried Jerusalem, and covered the Jewish and Christian sites with pagan temples. As a result, believers had continued to make discreet visits to the remnants of the holy places, and when Helen came there searching for relics, it was a matter of digging down to the level of first-century Jerusalem and those sites.

The Cross of Christ had been saved by the early faithful as a major relic, but in the designated spot, there was other wood. Legend has it that these were those used to crucify the two thieves on either side of Christ. It may just have been a way to save the cross, or perhaps enemies dumped in other wood to mock the Christians. Tradition holds that the sign with the inscription, "Jesus of Nazareth, the King of the Jews", the remnants of which can be seen today in Rome's Santa Croce Church, also lay among the three crosses. In order to determine which one was the true cross, a sick woman was told to kiss each of three crosses. The woman kissed the first cross with no result. She kissed the second cross and again nothing happened. However, when the ailing woman kissed the True Cross, she was immediately made well.

It so happened that a funeral procession was passing that way, and so the body of the dead man was placed on each of the crosses, and when it was placed on the True Cross, the dead man came to life — thus the name the "Life-Giving" Cross, which gives life not only to that man, but to each person who believes in the sacrifice of Christ on the Cross and His all-glorious three day Resurrection.

When the true Cross was identified, it was lifted on high for all the people to see, who then continually sang Kyrie eleison, a practice which we repeat in Matins and the Divine Liturgy of the feast.

The Cross was being broken into small pieces to provide relics for churches and the devout by the 340s. The remaining main part of the Cross was lost after Saladin conquered Jerusalem in 1187. If all the existing parts of the Cross were pieced together, they do not constitute the size of the original large arm on which Jesus' hands were crucified. Our parish has a tiny relic, with a Roman certificate of authenticity, which is brought out on this day for our veneration.

Worship services of the Feast of the Exaltation

During the Vigil, a cross is placed on the Holy Table/ altar where it reposes during the Vigil. This cross is placed on a tray that has been decorated with fresh basil leaves and red flowers. The cross reposes on the "High Place" of the Holy Table, where the Gospel Book would normally be. Basil is used because this plant's name means "king" and Jesus is our true king, and because it is associated with Mount Calvary, where our Lord was crucified.

At Matins, the transfer of the Cross takes place. After the Great Doxology the priest brings the Cross out of the sanctuary, led by candle-bearers and the deacon with incense. He sets the cross on the *tetrapod* which always stands in the center of Byzantine-Ruthenian churches as the choir sings.

The special "Exaltation" is then celebrated, echoing the one done in Jerusalem. This consists of the priest taking the cross in his hands and lifting it above his head. At the prayer sung by him or the deacon, the people sing "Lord, Have Mercy". As they sing, the priest slowly blesses the congregation, and then bows down to the ground and up again, lifting the cross on high. This process is repeated four more times to the four points of the compass.

Everyone bows during the singing of "We bow to Your Cross, O Lord" and stands up at the following verse "and we glorify Your holy resurrection" The cross will remain in the center of the temple throughout the octave and the faithful will venerate it whenever they enter or leave the church. Finally, on the leave-taking of the Feast, the priest and deacon will cense around the cross, there will be a final veneration of the cross, and then they will solemnly bring the cross back into the sanctuary through the Royal Doors.

Many churches are named in honor of this feast, the most important to our Church being the Cathedral of the Mukachevo Eparchy, the mother diocese of the Byzantine Catholic Metropolia of the United States (to which we belong), in the city of Uzhhorod. In this cathedral, a special reliquary with a sliver of the True Cross is exposed in a glass-enclosed box over the Royal Doors of the iconostas.



First day of the fair & first volunteers!