

March 4, 2018

3rd Sunday of the Great Fast / T one 6

Veneration of the Precious & Life-Giving Cross

Hebrews 4:14-5:6; Mark 8:34-9:1

Christ is Among Us! He is and Always Shall Be!





**Holy Protection of Mary Byzantine
Catholic Eparchy of Phoenix
Bishop: His Grace John Pazak C.Ss.R**



**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, New Mexico 87110
Parish office: (505) 256-1539 Fax: (505) 256-1278**

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

SCHEDULE

SUNDAY: Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am
Great Vespers 4:00 pm

Wednesday & Friday: Pre-sanctified Liturgy 6:00 pm

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Pot Luck Dinner 6:00 pm
Bible Study 7:00 pm

Eastern Christian Formation Program: All grades meet every Sunday after Liturgy for 45 minutes (September through May)

Father Christopher Zuger (pastor emeritus)
(505) 256-1787
Frchris.zuger@gmail.com
www.frchriszuger.com

Finance Council

Matthew Blain, Tom Ellefson, Maria Alden

Confession (Mystery of Reconciliation):

9:15—10:00 am on Sundays, before or after week-day Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you

Today 8:30 am Rosary
Canned Goods Collection for Friars 9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parishioners, benefactors & Friends
ECF Classes Fr. Chris: Intention of Donor
4:00 pm Great Vespers :

March 5 Monday *Conon Martyr / Genesis 8:21-9:7; Proverbs 11:19-12:6*



12 noon Akathist to the Holy & Life Giving Cross
5:00 pm Bazaar planning meeting

March 6 Tuesday *42 Martyrs of Ammorium / Genesis 9:8-17; Proverbs 12:8-22*

12 noon Akathist to the Holy & Life Giving Cross
6:00—7:00 pm **St. John's Bible Study for Tweens** at I-Hop (Wyoming & Paseo Del Norte)
6:30 pm CAFÉ meeting at UNM

March 7 Wednesday *MID-LENT / Basil & Others, Bishop-Martyrs of Cherson*
Genesis 9:18-10:1; Proverbs 12:23-13:9



5:30 pm OLPH Devotions
6:00 pm Presanctified Liturgy

March 8 Thursday *Theophylact Bishop-Confessor / Genesis 10:32-11:9; Proverbs 13:19-14:6*

6:00 pm pot-luck dinner
7:00 pm THEOSIS

March 9 Friday *40 Martyrs of Sebaste / Genesis 12:1-7; Proverbs 14:14-26;*
Hebrews 12:1-10; Matthew 20:1-16



9:00 am Prayer and witness in front of Abortion Clinic on San Mateo
11:00 am Finance Board meeting
6:00 pm Pre-Sanctified Liturgy / Meatless Potluck

March 10 Saturday *4th All Souls Saturday / Hebrews 6:9-12; Mark 7:31-37*

9:00 am All Souls Liturgy followed by Panachida

March 11 Sunday *4th Sunday of the Great Fast / St. John Climacus / Hebrews 6:13-20; Mark 9:17-31*

Daylight Savings Begins 4:00 pm Great Vespers
5:00 pm Blessing on Linda and John Sedillos by Mary Alice Cooper

ECF Classes 8:30 am Rosary
9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
Fr. Chris: +Holy Souls by Karen Barlow
4:00 pm Great Vespers

Sharif Rabadi
 Katrina Anderson
 Abraham Haddad
 Tim & Jenny Ford
 Threima Leech
 Priscilla Hughes
 Steve Jakymiw
 Marilyn Fore
 Demetrius Yackanich
 Sven & Barbara Svensson
 Laurie Bienz
 Brent & Nicole Dodson-
 Sands
 Eva Schuler
 Charlie & Maggie Batsel

Fr. Julian Gnall
 Henry Zuger
 John & Margie
 Disque
 Phillip Fall
 Laura Dominquez
 Olga Bodnar
 Frances Brannan
 John Deflice
 Mary Ann Kosty
 Jordan Smith
 Jean Pesce
 Tracy McTernan
 Terry Rains
 Eli Griego
 Brother Vittorio

William Frank
 Mary Nell Preisler
 Mike Harahuc
 Lorraine Hubbell
 Heather Mattax
 Larry Bennett
 Paola Terlaza
 Ruth Sousa
 Linda Granci
 Mary Danyluk
 Richard Hornung
 Kris Nelson
 Scott Fafrak
 Dana Papaj
 Peter Dzek

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group.

Intentions of the Rosary

Sorrowful Mysteries daily during Great Lent

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for March:

Formation in Spiritual Discernment

That the Church may appreciate the urgency of formation in spiritual discernment, both on the personal and communitarian levels.



Vocation Icon

Today: Donlin Family

Next Sunday: Blain Family



MISSION SOCIETY EASTER CARDS

February 25, 2018 / Attendance 131

Beautiful newly designed **Easter Cards are now on sale.** This year proceeds will benefit seminarians from *both* the Ukraine and Slovakia. Over two dozen graduates of the Mukachevo and Prešov seminaries are serving parishes in the United States, from New Jersey to Alaska. Thus, in supporting this year's Easter Card project, you are not only helping to build up the Body of Christ by assisting the formation of future priests in Slovakia and Transcarpathia, but **you may very well be helping the man who will come to lead YOUR parish family.**

A packet of 5 cards sell for \$10 including envelopes. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office by Holy Wednesday, March 28th. All names will be sent to Bishop Milan Sasik in the Ukraine. On April 8th (Old Calendar Easter), the Bishop will place all of these names on the altar and pray for each individual. The last day to purchase cards will be Palm Sunday, March 25th. ***May the Lord bless your kindness and generosity!***

Now this I say, whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully, Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. (2 Corinthians 9:6-7)

.Alive in Christ: The Holy Protection Eparchy of Phoenix Vocations Office announces "Alive in Christ 2018." This "ascetical boot camp" retreat is to take place **Thursday to Sunday, 12 to 15 July 2018 at Palomar Christian Conference Center, CA. Parish boys from 7 to 17 years of age and their fathers are invited to attend. Boys under 11 years old must have a father or legal male guardian in attendance.** The camp aims at helping young men mature in their Catholic faith and a life of authentic Christian discipleship by means of an intensive spiritual program coupled with recreation and friendship building. Application forms and further information are now available. **Applications and tuition are due by May 18th.**

Registration forms are available on the greeting table. For further details, please feel free to contact **Father Michael O'Loughlin**, Eparchial Vocations Director, at 720-254-9219 or michaelpauloloughlin@gmail.com. Or, **Father Michael Mandelas**, Assistant Vocations Director, at 206329-9219 or mjmandelas@gmail.com

Barbara's Hall Report

Thanks to Jose and Mia Salazar for making delicious Frito Pie to celebrate Vito's 7th Birthday. There was also salad and plenty of tasty chocolate cupcakes. Happy Birthday, Vito, and may God grant you many more happy and blessed years!

March 11, 2018

Cantor	Andrea Riley, Evie Jilek, March 10
Reader	Brook Jilek
Trojca	Soriah Chavez
Greeter	
Usher	Dan Riley, Jeff Brewer
Counter	
Host	Jilek Family
Church Cleaners	Tom Plut, Tom Ellefson
Altar Servers:	Thomas Donlin Michael Grega Daniel Fogg Joe Ellefson Patricio Chavez Jerry Jilek Elijah Jilek

Coming Events—Mark Your Calendars

March 10	9:00am 4th All Souls Liturgy followed by Panachida
Tuesday March 20	6:00—7:00 pm St. John's Bible Study for tweens
Thursday March 15	7:00 pm Matins with Canon of St. Andrew of Crete followed by reading the Life of St. Mary of Egypt
	Holy Week (March 26—March 31)
Monday	6:00 pm Bridegroom Matins
Tuesday	6:00 pm Bridegroom Matins
Wednesd	7:00 pm Presanctified Liturgy / Holy Anointing
Thursday	7:00 pm Vespers / Divine Liturgy of St. Basil
Friday	10:00 am Passion Matins
	7:00 pm Vespers & Procession with the Burial Shroud
	11:30 pm Jerusalem Matins / All night Vigil
Saturday	11:00 am Akathist to the Lifebearing Tomb of Christ
	6:00 pm Easter Vigil Liturgy / Blessing of Baskets
Sunday	9:00 am Resurrection Matins / Liturgy / Blessing of Baskets
May 12 Saturday	Annual Byzantine Bazaar
July 1 Sunday	Patronal Feast of OLPH / visit of Bishop John

Bishop's Appeal 2018: Collected to date: \$2,450.00 **Participation:** registered OLPH Families 59; Paid in full pledges 8 families (13.5%)

Our parish goal is **\$16,225.00** which breaks down to **\$275 per household**. If we reach our goal, our parish will receive a 20% rebate which is \$3,135.00!

You can also make your full donation to the Appeal via your credit card in the gift shop. Deadline for Bishop's Appeal this year is May 31. May the Lord reward your generosity and sacrificial response!

Our ANNUAL BYZANTINE BAZAAR this year is on Mother's Day weekend: Saturday, May 12, 10AM-4PM!!! Kick off meeting is scheduled on **Monday March 5 at 5pm in the church Hall**. All "Bazaar Helpers" are invited. We will discuss following preparation chores: Baking, Food preparation, Raffle, set up decorations, outside signs, Advertisement, Book Store, Greeters, Money collection for food, Food sales, drinks etc. Bazaar is this unique opportunity to make our wonderful church known to other people, to reach out, to evangelize, to advertise our Gift Shop, and of course it's been always an excellent fundraiser. Above all it is a blessing and fun when we work together!!! Thank you and see you there.

Cantor Corner

Liturgical Propers for 3/11/18 (4th Sunday of Great Fast & Commemoration of Venerable Father John Climacus)
Resurrection Tone 7 / Divine Liturgy of St. Basil

Typical Psalms & Beatitudes - DL 16,17&23
Troparion (Tone 7) - DL 156
Troparion (St. John Climacus) - DL 226
v. Glory...Now & Ever... (Tone 4)
Kontakion (St. John Climacus) - DL 226
Prokeimenon & Alleluia - DL 156 & 226-227
Instead of 'It is Truly Proper' - DL 98
Our Father (Tone 7) - DL 72
Communion Hymn - DL 78 & 277
[A]

OLPH Prayer Warriors
Believing in Jesus's promise that where two or more are gathered in His name, He is with us, please join our intercessory prayer group, the OLPH Prayer Warriors, Sunday mornings at 9:30 in the conference room to pray for our individual and collective needs. Although we will dedicate our prayers to particular themes each week, and if you cannot participate in our gatherings, do let us know of your particular petitions and we will include them in our prayers. Send your prayer requests to Patricia at pocb@unm.edu

March 2018

March 11: Spiritual Growth
March 18: Humility
March 25: Truth

We bow to Your Cross, O Lord, and we praise Your holy resurrection!

Each of the Sundays of Great Lent has its own special theme. This Sunday's theme is that in the cross of Christ crucified lies both "the power of God and the wisdom of God" for those being saved (1 Cor 1:24). On this Sunday in the middle of the Lenten season, the cross stands in the middle of the church, not merely to remind the faithful of Christ's redemption and for them to keep the goal of their Lenten efforts, but also as a reminder: "He who does not take up his cross and follow me is not worthy of me" (Mt 10:38). The historical theme, as seen in the hymnology, is the victory and joy of the cross, not the suffering. The Church fathers equate the life-giving cross with the tree of life and plant it in the middle of the Lenten pilgrimage. It was the tree that was planted in Paradise; it is to remind the faithful of both Adam's bliss and how he was deprived from it. For the catechumens of the early church, and the faithful preparing for Pascha today, the spiritual theme starts to change from personal faith, and personal effort, to Christ. The Church teaches that it is Christ's cross that saves. One cannot take up his own cross and follow Christ unless one has Christ's cross which he took up to save mankind. Partaking of this tree, one will no longer die, but will be kept alive. This Sunday is here to refresh, reassure and to encourage those participating in Great Lent. We are now at the halfway point of the Great Fast, and we are encouraged to either keep up the good work, or get moving on our conversion! The Church equates the appearance of the cross at this time to the banners and symbols that precede the return of a victorious king. The Epistle reading is from Hebrews 4:14-5:6 and explains Christ's priesthood, and the Gospel lesson from Mark 8:34-9:1 ends with And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.

Explanation of the Cross on the Front Cover

The symbolism of the "*complete*" Cross is quite complex. Through the Cross came our Salvation. We are constantly reminded that Christ died for us when we see the Image of the Cross (depicting the crucified Lord), and we are reminded that He rose from the dead when we behold the **Image of Christ "Not made by hands"** (Slavonic: **Нерукотворенному образу**) on the towel (depicting the Lord risen from the dead). Worshipping the crucified Lord are two flying angels. In some depictions of the Cross the Angels are bearing an image of the Holy Trinity, but traditions vary in allowing this; usually the Angels are simply holding towels, indicating their position as messengers who serve the Lord and who wait on Him. The top bar of the Cross is the title-board which Pilate ordered to be hung in mockery over Christ's head. On this board was inscribed: "Jesus of Nazareth, King of the Jews" in Hebrew, Greek and Latin (abbreviated to the Greek initials 'INBI', or the Latin initials 'INRI' in the Western tradition). This has been replaced with the Christian inscription: "**King of Glory**" (Slavonic: **Царь славы**), placed below the knees of the angels. [Note that while the use of the inscription 'I.H.C.I.' does not usually appear in the Russian tradition, examples of its occurrence are occasionally found on newer Russian Crosses.] In addition, just above Christ's arms we see the inscription: "**IC XC**", being the first and last letters of Christ's name in Greek (Greek: Iisous Khristos; Old Rite Slavonic: Исоуь Христось; New Rite Slavonic: Исусь Христось). On the bottom we see the Mother of Jesus with St John the Beloved Disciple. Note that in the proper Orthodox tradition the Savior does not wear a crown of thorns (as in the Western tradition), nor is He portrayed alive on the Cross, nor in any aspect of suffering, but in a state of humble and peaceful repose, with inclined head. Also note that His feet are nailed with two nails.]

Prayer of Contrition of the Third Sunday for the Great Fast

I confess to the Lord God Almighty, One in the Holy Trinity, all of my evil acts which I have done, said or thought from baptism to this present day. I have not kept the vows of my baptism and have made myself unwanted before the face of God.

I have sinned before the Lord by lack of faith and by doubts concerning the Catholic Faith and Holy Church; by ungratefulness for all of God's great and unceasing gifts; His long-suffering and His providence for me, a sinner; **by lack of love for the Lord, as well as fear, through not fulfilling the Holy Commandments of God and the canons and rules of the Church.**

I have not preserved a love for God and for my neighbor nor have I made enough efforts, because of laziness and lack of care, to observe the Commandments of God, the Beatitudes and the precepts of the Holy Fathers.

I have sinned by not praying in the morning and in the evening and in the course of the day; by not attending the services or by **coming to Church only half-heartedly, lazily and carelessly;** by conversing during the services, by not paying attention and by letting my mind wander.

I have sinned by **not respecting the feasts, breaking the fasts**, and by immoderation in food and drink.

I have sinned by **self-importance, disobedience, willfulness, self-righteousness**, and the seeking of approval and praise.

I have sinned by unbelief, **lack of faith, doubts, despair, despondency, abusive thoughts, blasphemy and swearing.**

I have sinned by pride, a high opinion of my self, narcissism, vanity, conceit, envy, love of praise and love of honors.

I have sinned **by judging, malicious gossip, anger, remembering offenses done to me, hatred and returning evil for evil;** by slander, reproaches, lies, slyness, deception and hypocrisy; by prejudices, arguments, stubbornness, and an unwillingness to give way to my neighbor; by gloating, spitefulness, taunting, insults and mocking; by speaking too much and by empty speech.

I have sinned by unnecessary and excessive laughter, by **reviling and dwelling upon my previous sins, by arrogant behavior, insolence and lack of respect.**

I have sinned by not keeping my physical and spiritual passions in check, by my enjoyment of impure thoughts, **licentiousness and unchastity in thoughts, words and deeds.**

I have sinned by **lack of endurance towards my illnesses and sorrows and a devotion to the comforts of life**

I have sinned by hardening my heart, having a weak will and by not forcing myself to do good.

I have sinned by miserliness, a love of money, the acquisition of unnecessary things and immoderate attachment to things.

I have **sinned by self-justification, a disregard for the admonitions of my conscience and failing to confess my sins through negligence or false pride.**

I have sinned many times by my Confession: belittling, justifying and keeping silent about sins.

I have sinned against the Most-holy and Life-creating Mysteries of the Body and Blood of our Lord by coming to Holy Communion without humility or the fear of God.

I have sinned in deed, word and thought, knowingly and unknowingly, willingly and unwillingly, thoughtfully and thoughtlessly, and it is impossible to enumerate all of my sins because of their multitude. But I truly repent of these and all others not mentioned by me because of my forgetfulness and I ask that they be forgiven through the abundance of the Mercy of God.