

**March 8, 2015**





Our Lady of Perpetual Help  
Byzantine Catholic Church

1837 Alvarado Dr. NE

Albuquerque New Mexico 87110

Office: 256-1539

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**Father ArturBubnevych, Pastor**

**Rectory: 268-2877**

**[abbaolph@gmail.com](mailto:abbaolph@gmail.com)**

**Father Christopher Zuggar**

*(pastor emeritus)*

**Phone: 256-1787**

**[Frchris.zuggar@gmail.com](mailto:Frchris.zuggar@gmail.com)**

**[www.frchriszuggar.com](http://www.frchriszuggar.com)**

**SCHEDULE:**

**Sunday:** Rosary 8:30 am

Matins 9:00 am

Divine Liturgy 10 am

Vespers, 4:00 pm

**Saturday:** Great Vespers 5:00 pm

**Weekday:** Monday & Tuesday

6<sup>th</sup> Hour 12 noon

Wednesday & Friday

Presanctified Liturgy 6:00 pm

**Holy Days of Obligation**

**Check the bulletin or call the office**

**OFFICE HOURS:**

Monday - Friday: 10 am – 4 pm

Thursday & Evenings by appointment.

**Parish Advisory Board Members:**

Dorothy Curl, Dave Dark, Lubomyra Kmetyk,

Brian Fitzpatrick, Harry DeLap

**Parish Finance Council Members:**

Matthew Blain & Eva Schuler

**Confession Schedule (Mystery of Reconciliation):**

9:30-9:50 am on Sundays, after weekday Liturgies, or  
by appointment with Father

**Mysteries of Baptism/Chrismation/Eucharist:**

Must be arranged three months in advance.

(Pre-Jordan requirement)

**Mystery of Crowning (Matrimony):**

Must be arranged six months in advance

(Pre-Cana requirement)

**Anointing of the Sick** on Sundays before  
hospitalization

*For emergencies, call immediately.*

**Eastern Christian Formation Program:**

All grades meet every Sunday after Liturgy for  
45 minutes

**Theosis:**

2<sup>nd</sup> & 4<sup>th</sup> Thursday

6 pm Potluck Dinner

7 pm Bible Study

**Knights of Columbus** meet the first Monday of the

month at 7:00 pm

**March 8, 2015**  
**Third Sunday of the Great Fast**  
**Veneration of the Holy Cross**  
 Epistle: Hebrews 4:14-5:6; Gospel: Mark 8:34-9:1

**Today**  
 8:30 am            Rosary  
 9:00 am            Matins with Veneration of the Holy Cross.  
 9:30                 Confessions  
 10:00 am          Divine Liturgy for the Parish Family  
 4:00 pm            Great Vespers

**Monday**  
 March 9            **40 Martyrs of Sebaste**  
 Readings: Genesis 8:21-9:7; Proverbs 11:19-12:6; Hebrews 12:1-10; Matthew 20:1-16  
 12 Noon            6<sup>th</sup> Hour  
 7:00 pm            Advisory Board Meeting

**Tuesday**  
 March 10          **Codratus and Others Martyrs**  
 Readings: Genesis 9:8-17; Proverbs 12:8-22  
 12 Noon            6<sup>th</sup> Hour

**Wednesday**  
 March 11          **MID-LENT**  
 Abstinence        Readings: Genesis 9:18-10:1; Proverbs 12:23-13:9  
 6:00 pm            Presanctified Liturgy  
 7:00 pm            Theology on Tap in Rio Rancho

**Thursday**  
 March 12          **Theophane Venerable-Confessor**  
 Readings: Genesis 10:32-11:9; Proverbs 113:19-14:6  
 6:00 pm            Pot luck dinner  
 7 – 8:30 pm        THEOSIS Bible Study

**Friday**  
 March 13          **Translation of the Relics of Nicephorus - Patriarch**  
 Abstinence        Readings: Genesis 12:1-7; Proverbs 14:14-26  
 6:00 pm            Presanctified Liturgy followed by meatless potluck

**Saturday**  
 March 14          **4th All Souls Saturday**  
 Epistle: Hebrews 6:9-12; Gospel: Mark 7:31-37  
 10:00 am          Divine Liturgy/Panachida  
 Noon – 4:00 pm    Pysanky class  
 5:00 pm            Great Vespers

**Sunday**  
 March 15          **4<sup>th</sup> Sunday of the Great Fast**  
 Epistle: Hebrews 6:13-20; Gospel: Mark 9:17-31  
 8:30 am            Rosary  
 9:00 am            Matins  
 10:00 am          Divine Liturgy for the Parish Family  
 Eternal Lamp:     Open  
 4:00 pm            Great Vespers

***Physician and Help of those in sickness, Redeemer and Savior of the infirm;  
O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those  
who have sinned much, and deliver them, O Christ, from their  
Iniquities, that they may glorify Your might divine!***

Fr. George Reamulto  
Fr. Julian Gnall  
Fr. Alberto Villalobos  
Fr. Anthony Romero  
Fr. James Lane



Roy Smith  
Sven & Barbara Svensson  
Michele Koetter  
Abraham Haddad  
Lillian Murphy  
Stephen Horner  
Demetrius Yackanich  
Jenny Ford  
Marilyn Fore  
Robert Hasaka  
Frank & Martha Arden  
Pricilla Hughes  
Sharif Rabadi

Paola Terlaza  
Henry Zugger  
John & Margie Disque  
Phillip Fall  
Walter Jakymiw  
Olga Bodnar  
Frances Brannan  
John Deflice  
Kristoff Rajala  
Jordan Smith  
Marge Merrills  
Theresa Doherty  
Maggie Batsel

Carla Matthes  
Laura Dominguez  
Robert Zadel  
Joseph Koetter  
Mary Nell Preisler  
Jackie De Paolis  
Donny Terry  
Mary Murphy  
Lorraine Hubbell  
Quintin Santamaria & Family  
Heather Mattax  
Larry Bennett  
William Frank

*Prayers in honor of and to the Blessed Virgin are a powerful  
weapon against sin, and for healing. **The Sorrowful  
Mysteries are said every day until Pascha.***

*If you recite the Rosary at home, please offer these intentions,  
and join us on Sunday at 8.30 am.*



### ***Intentions of the Rosary***

- 1<sup>st</sup> Decade:** Help for persecuted Catholics, especially in communist and Islamic states
- 2<sup>nd</sup> Decade:** Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3<sup>rd</sup> Decade:** Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4<sup>th</sup> Decade:** Repose of the souls who have no one praying for them
- 5<sup>th</sup> Decade:** Peace in Ukraine and the Middle East

**As a sign of love for God and our continual commitment to His Church** we are asked to participate in the annual Bishop's Appeal. Please, prayerfully consider your pledge to support our God loving Bishop in his meritorious work in the Lord's Vineyard of our God saving Eparchy. With each of us doing our part, we can strengthen our Church. Recommended sacrificial pledge is \$200.00 per household, which can be paid in monthly installments until May 31, 2015. May the Lord watch over you and reward your generosity!

### ***Holy Father's Intentions for March***

**Universal:** That those involved in scientific research may serve the well-being of the whole human person.

**Evangelization:** That the unique contribution of women to the life of the Church may be recognized always.

*Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group*

***THEOSIS***

*Thursday, March 12*

*6 pm--potluck dinner*

*7 pm--Bible Study: Ephesians*



***VOCATION ICON***

*Today: Riley*

*Next Sunday: Talamante*

**Eternal Lamp** intentions are open now through the end of May. Sign-up list is in the office. Candles are \$10 each.

<b>Date</b>	<b>Reader</b>	<b>Trojca</b>	<b>Greeter</b>	<b>Counter</b>	<b>Host</b>
3/15	Sven Svensson	Sarah Brewer	Eva Schuler Miles Gloetzner	Eva Schuler Brian Fitzpatrick	Preisler

**Barbara's Hall Report:**

Thanks to Carla Sankel, Savannah Gloetzner and Tom Sullivan for bringing their own versions of black beans and rice. All different and very tasty! And lots of salad. Yes, it's Lent, all right!

**Theology on Tap** in Rio Rancho - Fr. Chris will be speaking on the Eastern Catholic Churches for Theology on Tap at the Club Rio Rancho, 500 Country Club Dr in Rio Rancho, at 7 pm on Wednesday. This is an open group, anyone is welcome to attend.

**OLPH Women's Book Club** will meet Saturday, March 21 from 1 - 3 pm @ Cindy Loescher's house. Bring tea sandwiches or other light snack to share. We will be discussing Lent blessings from the book: "Our Paschal Pilgrimage" by Most Reverend Basil Losten (available in OLPH gift shop \$10) Contact Lara Davis (710-1181) for more info.

**Nativity of the Blessed Virgin Mary Church  
9502 Fourth Street NW, Albuquerque, NM 87114**

MARRIAGE ENRICHMENT WEEKEND for MARRIED AND PRE-CANA COUPLES  
April 11-12, 2015 (Saturday full day, Sunday half day)  
To register or for more information:  
George & Loretta: 505-306-7728 (or) Daniel & Elizabeth Rodriguez: 505-553-0346



**Pysanky classes** on March 14 (noon to 4 pm) and March 21 (11 am – 4 pm), cost of materials and \$5. **This is the last day to register** by phoning the office or signing up. Thank you to Michael Grega for presenting this.

**Please sign up NOW** for your Easter Paskas. These traditional breads are the centerpiece of the Byzantine Catholic Easter Sunday meal (the word for Paskas comes from Pascha, the Resurrection of Jesus).

Made with an abundance of eggs after the Lenten fast, these beautiful breads will be baked by parishioners at the kitchen of the Friars of the Renewal before Holy Week and can be picked up on Palm Sunday. Get yours now!



Order Paska breads for your Easter tables. \$10 each including beeswax candle.



The symbolism of the "*complete*" Cross is quite complex. Through the Cross came our Salvation. We are constantly reminded that Christ died for us when we see the Image of the Cross (depicting the crucified Lord), and we are reminded that He rose from the dead. Worshipping the crucified Lord are two flying angels, with the inscription between them: "**Angels of the Lord**" (in Slavonic: **Ангели Господни**). In some depictions of the Cross the Angels are bearing an image of the Holy Trinity, but traditions vary in allowing this; usually the Angels have their hands covered, indicating their position as messengers who serve the Lord who dare not touch Him.

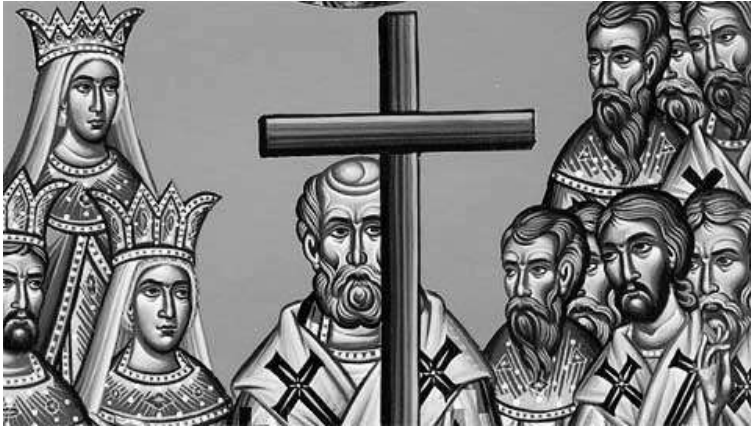
The top bar of the Cross is the title-board which Pilate ordered to be hung in mockery over Christ's head. On this board was inscribed: "Jesus of Nazareth, King of the Jews" in Hebrew, Greek and Latin (abbreviated to the Greek initials 'INBI', or the Latin initials 'INRI' in the Western tradition). This can be replaced with the Christian inscription: "**King of Glory**" (Slavonic: **Царь Славы**), placed below the knees of the angels. [Note that while the use of the inscription 'I.H.C.I.' is occasionally found on Slavic Crosses.]

On the title-board is inscribed the initials '**IC XC**', being the first and last letters of Christ's name in Greek (Greek: Iisous Khristos; Slavonic: Иисусъ Христосъ). In addition, just above Christ's arms we see the inscription: '**NIKA**', which in Greek means: "He conquers" or "He is victorious." [Frequently, especially on the prosphora seal for the Communion bread, we see these last two inscriptions together with the simple two-barred Cross: 'IC XC NI KA', meaning: "Jesus Christ is victorious" (i.e., over death and sin).

Note that in the proper Byzantine tradition the Savior does not wear a crown of thorns (as in the Western tradition), nor is He portrayed alive on the Cross, nor in any aspect of suffering, but in a state of humble and peaceful repose, with inclined head. Also note that His feet are nailed with two nails, not one.

Stylized crosses like the one above have greenery or flowers to show that the Cross brings us new life. The bottom bar is slanted, either for the cross of St. Andrew, or to emphasize the foot-rest's angle and thus Jesus' pain, or as a sign that even in death, the Savior links heaven and earth as the Son of God.





### **Meditations on the Holy Cross and its place in our lives:**

The cross is the door to mysteries. Through this door the intellect makes entrance in to the knowledge of heavenly mysteries. The knowledge of the cross is concealed in the sufferings of the cross. And the more our participation in its sufferings, the greater the perception we gain through the cross. For, as the Apostle says, 'As the sufferings of Christ abound in us, so our consolation also abounds in Christ. - St Isaac of Syria

Of course, it would be easier to get to paradise with a full stomach, all snuggled up in a soft feather-bed, but what is required is to carry one's cross along the way, for the kingdom of God is not attained by enduring one or two troubles, but many! – Elder Anthony of Optina

The knowledge of the Cross is concealed in the sufferings of the Cross.  
--Pope Gregory the Great

We have been born anew through baptism and restored by the tree of the cross. The passion of the Lord effects the resurrection of our race and its readiness by grace to paradise whence it had fallen by sin freely willed. When Christ provided for us the refuge of his cross, the Lord destroyed the sting of death which was reigning over us. – St Benedict of Nursia

The cross is taken up by us, when either our body is pained by abstinence, or our soul afflicted by fellow-feeling for our neighbor. – St Bede the Venerable

***We bow to Your Cross, O Lord,  
and we praise Your holy resurrection!***