

March 6, 2022
1st Sunday of the Great Fast / Sunday of Orthodoxy / Tone 8
Glory to Jesus Christ! / Glory to Him Forever!

An icon of the Virgin Mary seated and holding the Christ Child. Mary is wearing a red maphorion and a red mantle over a blue garment. The Christ Child is wearing a yellow garment and a white tunic. They are framed by a decorative arch with a sunburst background. The entire icon is surrounded by a wide, ornate border with green, gold, and red patterns.

Our Lady of Pochaev, where Mary left her footprint in
a rock after her apparition in 1198 in Ukraine

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zugger
pastor emeritus
(505) 256-1787**

**Frchris.zugger@gmail.com
www.frchriszugger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:15—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's
responsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness
or old age. Father will bring the con-
fined person the Holy Mysteries on a
regular basis. It is recommended that
one receive the Anointing of the Sick
before any major surgery. Please don't
let the priest be last to know that some-
one is ill!

May the Lord Bless your kindness and
generosity to His House!



Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/
Fr Chris or the office staff for more information. God bless you!

Hebrews 11:24-26.32-12:2; John 1:43-51


YouTube Live
8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Procession with Icons / Blessing of Icons from Poland
Eternal Lamp: Intention of Cielo Doherty
ECF Classes after Liturgy

Mar 7 Mon

Basil and Others Bishop-Martyrs of Cherson
Gen 3:21-4:2; Prov 3:34-4:22

Mar 8 Tue
6:00 PM Advisory Board Meeting
Theophylact Bishop Confessor / Gen 4:8-15; Prov 5:1-15

Mar 9 Wed
6:30 pm CAFÉ Meeting at Parish Hall
40 Martyrs of Sebaste / Gen 4:16-26; Prov 5:15-6:3; Hebr 12:1-10; Mt 20:1


5:30 pm OLPH Devotions
6:00 pm Presanctified Liturgy / +Keenan & Lilly Allen by Jilek Family

Mar 10 Thu
Codratus and Others Martyrs / Gen 5:1-24; Prov 6:3-20

6:45 pm THEOSIS Bible Study (zoom)

Mar 11 Fri
Sophronius Patriarch of Jerusalem / Gen 5:32-6:8; Prov 6:20-7:1



9:00 am Prayer & witness in front of abortion clinic on San Mateo / Lomas
6:00 pm Akathist to Mother of God for Peace in Ukraine / confessions
Lenten Prayers with Holy Communion

Mar 12 Sat
2nd All Souls Saturday / Heb 3:12-16; Mk 1:35-44

9:00 am All Souls Liturgy / Panachida
10:30 am—4:00 pm Explorers Youth Group

Mar 13 Sun
2nd Sunday of the Great Fast / Heb 1:10-2:3; Mk 2:1-12

Daylight Savings Begins
4:00 pm Vespers (YouTube Live)
5:00 pm Liturgy / +Al Adamsko by Pam Pettit
Hebrew Scriptures for Sunday:
Exodus 8:1-15; Job 12:1-15 or Proverbs 11:17-26; Isaiah 58:1-11

YouTube LIVE
8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends /
Eternal Lamp: Sylvia Adamsko by her sister
ECF classes after Liturgy

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorilah Chavez	Vicki Frank
Sven & Barbara	Abraham Haddad	Christopher
Svensson	Marianne Gerace	Barlow
Laurie Bienz	Lori Medina	Tracy McTernan
Brent Dodson-	Michael Baron	Scott Fafrak
Sands	Gabriel Preisler	Jordan Smith
Lara Davis	Todd Bailey	Rebecca Baia
Fr Chris Zugger	Jessica Pieniadz	Janet Worthington
Marcie Dark	Rhonda Glasscock-	Patti Klinkovsky
Philip Leahy	Ashley Garcia	Matt Williamson
		James Epstein

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for March.

For a Christian response to bioethical challenges We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.



Vocation Icon

Today: Michael Sena Family

Next Sunday:
Sullivan Family

"We have found the one about whom Moses wrote in the law and also the prophets." Finding our Savior during this Great Lent, we see that our "soiled image was restored to its original form, commingled with divine beauty." God may be helping you find that a vocation to monasticism or holy orders is the beauty meant for you. To learn more, contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

March 13, 2022

Cantor: Evie Jilek

Reader: Michael Wells

Altar Server: Michael Grega

Trojca: Elizabeth & Jacob Montano

Counters: Rafael Plut, Ann Rajala

Propers for 3/13/2022

2nd Sunday of Great Fast

Tone 1

Typical Psalms & Beatitude - 16,17 & 23

Troparion (Tone 1) - 125

v. Glory...

Kontakion (GF) - 222

v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 223 & 127

Instead of 'It is Truly Proper' - 223

Our Father- 66

OLPH Prayer Warriors

Sunday (Zoom). Send your
prayer requests to Patricia at
pocb@unm.edu

THE PRAYER WARRIORS IS OPEN TO
EVERYONE--WOMEN, MEN, & CHILDREN
(children who have their parents'
permission)! Please join us!!

BARBARA'S HALL REPORT

For Cheesefare Sunday, we had a
variety of egg casserole dishes,
along with some French
Toast! What a great way to kick off
Lent! Just a reminder-no meat or
fancy cakes during Lent. We don't
want to tempt the people who have
given up those items during the
Great Fast!

Coming Events—Mark Your Calendars Now

Sun Mar 13	DAYLIGHT SAVINGS BEGINS move your clock an hour ahead
Sat Mar 19	Third All Souls Saturday 9:00 am—All Souls Liturgy / Panichida
Fri Mar 25	Annunciation of the Theotokos Solemn Holy Day 6:00pm - Vesper Liturgy of St John Chrysostom / Blessing of Litija
Sat Mar 26	9:00 am—Divine Liturgy for the Leave taking of Annunciation followed by All Souls Panichida
Thurs Mar 31	7:00 pm Matins with Great Canon of St Andrew of Crete / Reading Life story of St Mary of Egypt
Sat April 2	Akathistos Saturday 9:00am—Akathist to the Most Holy Theotokos
Sat April 9	Saturday of Lazarus (End of 40 day Lent) 9:00am Divine Liturgy

Holy Week / Pascha April 11-17

(All Services available — YouTube live)

Monday	6:00 pm	Bridegroom Matins
Tuesday	6:00 pm	Bridegroom Matins
Wednesday	7:00 pm	Presanctified Liturgy Holy Anointing
Thursday	7:00 pm	Vespers/ Divine Liturgy of St. Basil
Friday	10:00 am	Passion Matins
	7:00 pm	Vespers & Procession With the Burial Shroud
Saturday	11:00 am	Akathist to the Life Bearing Tomb of Christ
	6:00 pm	Easter Vigil Liturgy Blessing of Baskets
Sunday	9:00 am	Resurrection Matins Liturgy Blessing of Baskets

Father Chris will be hearing Lenten Confessions on Sunday mornings as usual, starting at 9 am, and during the Akathist on Friday evenings. Since the room used for confessions is small with no ventilation, he asks that you still be so kind as to wear a mask. Please line up along the north wall of the church by the hall door. Thank you for your cooperation.

Please consider donating to Catholic Relief Services or our own Mission Society in support of the Ukrainian people. You can donate to Catholic Relief Services. They are already in Ukraine, working with the Catholic Church, and have "boots on the ground" - go to: www.crs.org, which is their website. Click on "Help Families in Ukraine" to make your donation. Please share with others.

Updates from the Eparchial Commissions: Come Together This Summer!

Dear Faithful, we look forward to coming together as a broader Church once again. In addition to pilgrimages and other events, there are 2 wonderful opportunities for our youth supported by the Intereparchial Youth Committee and the Vocations Office. Mark your calendars and consider how our communities can support these events!

ByzanTeen Rally: June 30th-July 3rd at Mt. St. Mary University in Emmitsburg, Maryland. Teens 13-19 are invited to a nationwide gathering of Byzantine Catholics to grow together to love and serve the Lord. For more info visit: <https://archpitt.org/byzan-teen/>
Alive in Christ: July 14-17 at Black Diamond Camps near Auburn, Washington. Boys 7-17 and their fathers are invited to an Ascetical Boot Camp full of competitions, prayer and brotherhood in Christ. For more info, contact Fr Michael Mandelas Vocation Director at frmandelas@ephx.org

PYSANKY WORKSHOPS

OLPH will host workshops for anyone interested in learning how to make pysanky (Ukrainian Easter eggs). The workshops are open to all (children do need a supervising adult) and will be held in March at the following dates and times:
3/17 6-9pm, 3/26 11am-2pm. Supplies are needed for all participants, so please RSVP with Andrea Riley at 505-220-9137 or andrea.riley@gmail.com

ONLINE GIVING / ONLINE TITHING

is available on our website: For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or set-up weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at:

[ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

EPARCHIAL APPEAL

The annual appeal has begun. Bishop Olmsted wrote in his letter that *“we once again request your generosity, so that, in this year of 2022, the Eparchy will have sufficient financial means by which to continue its divinely commissioned work. Our geographic circumstances may present some challenges, perhaps like being told by the Master to go out to ‘all the nations’, but through your annual assistance, guided by the Holy Spirit, we have been making progress in our evangelical reach.”* If you did not receive a letter, you can donate online, at www.ephx.org, by clicking on “Eparchial Appeal” and then our parish’s name.

Ask A Priest

A priest can’t tell any sins heard in confessions, but can someone who went to confession say that they confessed specific sins to that certain priest?

You are free to talk about your confession, although it's not necessarily a good idea to do so.

The priest can never, ever discuss what he has heard, allude to it in any way, or make reference to it.

Is breaking the law a sin?

If it is a just law, whose content would be approved by the Church, then yes, I would say it is sinful to violate it. We are members of society, and part of the social contract that keeps a society functioning is obeying its laws. Thus, we stop when we see a red traffic light, and go on green. We are not bound by any unjust laws though.

Sunday of Orthodoxy

We commemorate the restoration of sacred images to churches after two waves of destruction during the iconoclast heresy in the Eastern Roman Empire. Icons are venerated by burning lamps and candles in front of them, by the use of incense and by kissing.

But there is a clear doctrinal distinction between the veneration paid to icons and the worship due to God. The former is not only relative, it is in fact paid to the person represented by the icon. This distinction safeguards the veneration of icons from any charge of idolatry. The theme of the victory of the icons, by its emphasis on the incarnation, points us to the basic Christian truth that the one whose death and resurrection we celebrate at Easter was none other than the Word of God who became human in Jesus Christ.

The heresy of iconoclasm – destroying icons and other sacred images—recurred in the Protestant Reformation. Luther allowed sacred images to remain in the churches, but did not allow their veneration, Calvin and Zwingli ordered the removal of all statues, paintings, and crucifixes. Catholic churches in Britain and Protestant-ruled Western Europe were wrecked by enthusiastic mobs that smashed great treasures of medieval art in their campaign to “purify” Christian worship in Europe. Those Puritans of the sixteenth and seventeenth centuries were walking in the footsteps of heretics of the ninth century whose wholesale destruction of Christian art wiped out much of our religious history and devotional practices. To this day, evangelical Protestants will criticize Catholics and Orthodox for venerating sacred images.



CHRIST IS RISEN!
Christos Voskrese!

BY DEATH HE TRAMPLED DEATH AND TO
THOSE IN THE TOMBS HE GRANTED LIFE

AVAILABLE NEXT SUNDAY -

Beautiful newly designed **Easter Cards** to support our mother church in Mukachevo, Ukraine (where Father Artur came to us from). We do not know what the political situation will be. **We do know that the eparchy will still be in need of spiritual and financial assistance.** The Mission Society uses the banking system in Slovakia to send funds to the eparchy, so our money transfers are not affected by the Russian cyberattacks on the Ukrainian banking system.

Bishop Nil had originally asked for the Easter card donations to be designated **for a new Catholic grammar school which is being built at Holy Cross Cathedral in Uzhhorod.**

This is on the grounds of the episcopal residence-chancery next to and behind the cathedral. Despite the uncertain political situation, the Church is continuing its work, and looking forward to developing the faith and education of its young people. Again, if things deteriorate further, these donations will be safe for the eparchy to use. Last week one of the parish houses we helped build housed 45 refugees from Kyiv. God Help Us!

Thank you for your generosity, and please encourage family, friends & other parishioners to purchase our cards!

Sincerely yours in Christ,
Rev. Christopher L. Zugger, Chaplain
Mission Society of the Mother of God of Boronyavo, Inc.