



December 18, 2016
Sunday Before Christmas
of the Ancestors
Tone 6

Epistle: Hebrews 11:9-10 & 32-40

Gospel: Matthew 1:1-25

Glory to Jesus Christ!

Glory to God Forever!



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Bishop: His Grace John Pazzak C.Ss.R**

Our Lady of Perpetual Help Byzantine Catholic Church

1837 Alvarado Dr. NE, Albuquerque, New Mexico 87110

Parish office: (505) 256-1539 Fax: (505) 256-1278 www.olphnm.org

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Advisory Board

Dorothy Curl, Dave Dark, Harry DeLap, Brian
Fitzpatrick, Luba Kmetyk, Dan Riley

Father Christopher Zuger (pastor emeritus)
(505) 256-1787
Frchris.zuger@gmail.com
www.frchriszuger.com

Finance Council

Matthew Blain, Tom Ellefson, Maria Alden

SCHEDULE:

SUNDAY: Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am

Daily Liturgy (Schedule of Services, Page 2)

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 1st & 3rd Thursday
pot luck dinner 6:00 pm
Bible Study 7:00 pm

Eastern Christian Formation Program: All grades
meet every Sunday after Liturgy for 45 minutes
(September through May)

Confession (Mystery of Reconciliation):

9:15—10:00 am on Sundays, before or after week-
day Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:



Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility
to notify the parish office when a parishioner is in
the hospital or confined to home because of sick-
ness or old age. Father will bring the confined per-
son the Holy Mysteries on a regular basis. It is rec-
ommended that one receive the Anointing of the
Sick before any major surgery. Please don't let the
priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur or the office staff for more information. God bless you.

Today	8:30 am	Rosary
	9:00 am	Matins/Confessions
	10:00 am	Divine Liturgy for Parishioners, Benefactors & Friends
	Eternal Lamp:	Fr. Chris: Intention of Kevin Keenan Family +Marvin Curl by Dorothy Curl ECF Classes
December 19 Monday	<i>Boniface Martyr</i>	<i>Epistle: James 2:14-26; Gospel: Mark 9:42-10:1</i>
	9:00 am	+Patrick Nielsen by Charity Karcher
December 20 Tuesday	<i>Prefestive of Christmas/ Ignatius Bishop—Martyr</i>	<i>Epistle: James 3:1-10; Gospel: Mark 10:2-12</i>
	9:00 am	Blessing on Chris Cutter
	10:00 am	Emmanuel Moleben
	6:30 pm	Choir Christmas rehearsal at Riley's
December 21 Wednesday	<i>Prefestive of Christmas/ Juliana Martyr</i>	<i>Epistle: James 3:11-4:6; Gospel: Mark 10:11-16</i>
	5:30 pm	OLPH Devotions
	6:00 pm	Holy Souls in Purgatory by Svenssons Fr. Chris: Intention of Gary Henry Family
December 22 Thursday	<i>Prefestive of Christmas/ Anastasia Great Martyr</i>	<i>Epistle: James 4:7-5:9; Gospel: Mark 10:17-27</i> <i>Father's Day Off</i>
December 23 Friday	<i>Prefestive of Christmas/ Ten Holy Martyrs of Crete</i>	<i>Epistle: James 2:1-13; Gospel: Mark 9:33-41</i>
Strict fast	12 noon	Royal Hours
	7:00 pm	Great Compline
December 24 Saturday	<i>Saturday Before Christmas—Vigil (Holy Eve)</i>	<i>Epistle: Hebrews 1:1-12; Gospel: Luke 2:1-20</i>
	5:00 pm	Holy Supper in the Parish Hall
	7:00 pm	Christmas Vigil Liturgy of St. Basil, for Parish family, benefactors and friends Fr. Chris: Benefactors, Helpers, and Family
December 25 Sunday	<i>Christmas—Birth of Our Lord/Holyday of Obligation</i>	<i>Epistle: Galatians 4:4-7; Gospel: Matthew 2:1-12</i>
<i>Holy Day of Obligation</i>	8:30 am	Rosary
	9:00 am	Festive Matins/Confessions
	10:00 am	Divine Liturgy for Parishioners, Benefactors & Friends

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Sharif Rabadi
Stephen Horner
Katrina Anderson
Abraham Haddad
Jenny Ford
Threima Leech
Priscilla Hughes
Steve Jakymiw
Lillian Murphy
Marilyn Fore
Demetrius Yackanich
Sven & Barbara Svensson

Fr. Julian Gnall
Henry Zuggler
John & Margie Disque
Phillip Fall
Laura Dominguez
Olga Bodnar
Frances Brannan
John Deflice
Mary Ann Kosty
Jordan Smith
Maggie Batsel
Jean Pesce
Henry Burnette
Tracy McTernan

William Frank
Mary Nell Preisler
Mike Harahuc
Robert Zadel
Jack & Lorraine Hubbell
Quintin Santmaria & Family
Heather Mattax
Larry Bennett
Paola Terlaza
Ruth Sousa
Frank Gerace
Linda Granci
Barbara Irving

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group

Intentions of the Rosary

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul



Vocation Icon

Today: Brewer

Next Sunday: Donlin

Holy Father's Intentions for December

Universal: End to Child-Soldiers

That the scandal of child-soldiers may be eliminated the world over.

Evangelization: Europe

That the peoples of Europe may rediscover the beauty, goodness, and truth of the Gospel which gives joy and hope to life.

December 11, 2016/Attendance: 103

Income Tax Reminder: All charitable donations MUST be received by December 30. Your donations to the parish and/or the Mission Society will be acknowledged with written statements in January ,2017. Remember that Liturgy intentions given to the priest personally are NOT tax-deductible. Those given to the Mission Society are as they go the Society itself, which then distributes to the priests in Europe through the bishops.

Thank you for supporting senior religious. We were able to collect 565\$. By your generosity you truly honor them and their many years of service. Religious across the US offer sincere thanks your sacrificial offerings to last week's collection for the Retirement Fund for Religious. God Bless You!

PARENTS—PLEASE ACCOMPANY YOUR CHILDREN WHEN THEY GO TO THE RESTROOM DURING THE DIVINE LITURGY! *This is a requirement of the Eparchy and is for the safety of **YOUR** children. Thank you!*

Doors of the hall must be LOCKED and SHUT during the Liturgy. People have wandered into the hall and store through doors left open. *If you open it, close it.*

If you want to go and pray outside Planned Parenthood, they perform abortions on Tuesday and Friday. Ask Father Artur for suggestions and Philip Leahy can provide advice if a woman comes to you for help. PDL is working to get its office restored as soon as possible after the arson-caused fire which stopped its work to assist pregnant women in need.

ATTENTION PARISH FAMILY TITHING ENVELOPE BOXES FOR 2017 WITH YOUR NAME ON IT ARE AVAILABLE FOR YOU ON THE FRONT PEW AT THE ENTRANCE. IF YOU CAN'T FIND YOUR NAME PLEASE COME TO THE OFFICE AND SEE ANN. THANK YOU.

DATE	READER	TROJCA	GREETER	COUNTER	HOST
Dec. 25	Jose Salazar	Delilah Chavez	Open	Cindy Loescher Barbara DeLap	No social today

Barbara's Hall Report

Thanks to Mike and Clare Sena for bringing two delicious cakes to celebrate the Chrismation and First Holy Communion of their daughters, Monica and Lilyana! Congratulations to all and may God grant you many more blessed years!

Coming Events—Mark Your Calendars Now

December 26 Monday	Synaxis of Theotokos/Solemn Holy Day 9:00 am Divine Liturgy
December 27 Tuesday	St. Stephen Protomartyr/Simple Holy Day 6:00 pm Divine Liturgy
December 29 Thursday	6:00 pm Pot-luck Dinner 7:00 pm THEOSIS: Mystery of the Byzantine Liturgy
	Feast of Circumcision of Our Lord/St. Basil the Great
December 31 Saturday	5:00 pm Great Vespers with Litija 6:00 pm Divine Liturgy
January 1 Sunday	9:00 am Festal Matins 10:00 am Divine Liturgy/Mirovanije
	Theophany of Our Lord (HOLY DAY OF OBLIGATION)
January 5 Thursday	9:00 am Royal Hours 6:00 pm Vigil Divine Liturgy/Great Blessing of water
January 6 Friday	9:00 am Matins 10:00 am Divine Liturgy/Great Blessing of Water

Sign up sheet for Holy Supper

The sign up sheet is now available for our parish's Holy Supper meal on Christmas Eve in the parish hall at 5pm. All dishes will contain no meat or dairy, as Christmas Eve is a strict fast. We are limited to 50 participants, so please sign up early. If you have any questions, please contact Andrea Riley at 220-9137.

OLPH Choir Christmas Rehearsal

Tuesday, December 20th at 6:30pm @ The Riley's House. Join us as we review our Christmas Carols. Contact Andrea Riley at 505-220-9137 for more information and location address.

2017 Liturgical Wall Calendars Available

The 2017 Liturgical Wall Calendars are now available on the greeting table by the Holy Water font. Parishioners are encouraged to take two calendars home—one for a family area and another for an important gathering area. Thank you!

Mission Society Christmas Cards !!!

Our newly designed Christmas cards to support our mother church in Mukachevo, Ukraine **are now on sale**. The Russian-backed war has resulted in severe inflation, reducing income to only 50% of pre-war levels, crippling their work. A packet of 5 cards sell for \$10 including envelopes. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office. All names will be sent to Bishop Milan Sasik in the Ukraine. On January 7th (Old Calendar), the Bishop will place all of these names on the altar and pray for each individual.

**Today is the last day to purchase
cards!**

Christmas Eve is a day of strict fast: no meat or dairy products, one full meal in the evening, two light ones during the day. The full meal is traditionally the Holy Supper, which is eaten when the first star appears in the evening sky.

With its first shining, all approach the table, and the father greets everyone: Christ is born! To which all reply "Glorify Him!" Animals are fed before the Holy Supper, because they kept the Christ Child warm in the stable, and the ox and the donkey recognized their True Lord (Isaiah 1:3). One place setting is left open for the Prophet Elijah, who will come to announce the coming of the Messiah, according to both Jewish and Christian beliefs (Malachi 4:1-5). At the end of Supper, the father reads the Birth of Christ from the Bible.

Holy Supper handouts with recipes and customs are available on the table by the front door of the church or as insert to this bulletin

This year because Christmas eve falls on Saturday traditionally **Strict fast** is moved to Friday and also **Royal Hours / Great Compline** will be celebrated on Friday (see schedule of the services). Great Compline is the night service of the Divine Office. The main part of this Compline, though, is the singing of "God Is With Us", a magnificent setting of the titles of the Messiah from the prophet Isaiah, interspersed with the phrase "God is with us, understand all you nations and submit yourselves, for God is with us."

Next Sunday is Christmas Day. So many of us live here far from our homes and families. Consider inviting someone without relatives near by to join you both at the Eucharistic table and your family table! Especially invite someone who has stopped going to church - or never been to church! - to join you on Christmas, New Year's , or any day of the year. **Half of unchurched people will go to church if someone invites them to come along.**

Church Etiquette Series: Arriving

Arriving at church in a timely manner is critical! This usually means about 10 minutes before a scheduled Divine Liturgy or 15 minutes before if we have a responsibility for Liturgy: cantor, reader, server, usher, etc. Arriving a few minutes before Divine Liturgy will help us to calm down to begin our preparation to encounter the Lord of Hosts. We make no excuses about arriving early at a concert or to see an important person. Isn't God more important? We come to church on time, as if to a great banquet, and with reverence, because we are partaking of the most holy, most precious Body and Blood of Our Lord Jesus Christ. Coming early to church will ensure that we will be settled in plenty of time to pray without distraction before Divine Liturgy begins.

Both the Eastern and Roman Churches have Jesse Trees, which depict the ancestors of Jesus through his foster-father St. Joseph. These Trees are based on the prophecy of Isaiah: *"There shall come forth a shoot from the stump of Jesse, and a branch shall grow out of his roots."* (Is 11:1), and thus will show Jesse as the base of the Tree. Much more common among Western Christians, the image of Matthew's and Luke's genealogies did appear in Byzantine icons from the 12th – 16th centuries in the Byzantine Empire itself. The Trees can often show Our Lady in the center of the Tree, holding the Infant Jesus in her lap, based on St. Irenaeus of Lyons who hailed Mary as the "rod" of Jesse, since it is she who conceived Christ through the Holy Spirit, and Jesus is the flower of the rod.

The Gospel of Christmas Day is from Matthew, chapter 2, and includes the coming of the Magi, popularly known as the Three Kings (2:1-12). In the Roman rite, the Magi come on January 6, which is Epiphany as the revelation of the God-Man in Jesus to the Gentiles. In the Eastern Churches, Epiphany is the Baptism of the Lord, the revelation of the Holy Trinity, and so called Theophany: manifestation of God.

Both traditions celebrate the Twelve Days of Christmas, December 25 – January 6. Plan now to keep Christmas joy alive in your home:

a. **Keep up the tree** at least until January 5 (In Transcarpathia we keep it up until the Feats of Encounter, February 2) if possible. For your family prayers, read part of the Christmas story from the Gospel from St. Matthew or St. Luke in front of your Christmas icon or Nativity set. Did you put up **Christmas lights**? Try to keep those up too.

b. **Encourage Christmas carols** during the season. This is the last week for "Come O Jesus Our Savior" and "O Come, O Come Emmanuel." There are lots of traditional western and Byzantine carols that you can sing yourself or with your spouse or your family.

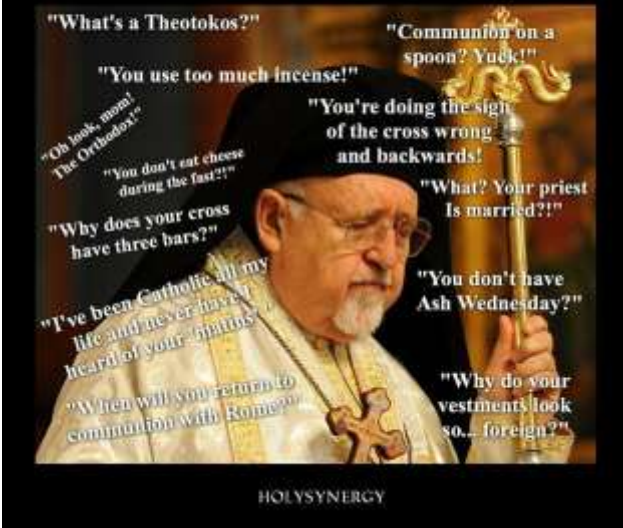
c. **Everybody goes to see the infirm in nursing homes.** Ask Father Artur about visiting our shut-ins during the Twelve Days and what you can take to them. Take children along - you'd be surprised what a difference it makes for the elderly infirm to have children around!

d. **If you have children, be sure that they make phone calls or write notes** to thank people who sent them presents for the holiday. Perhaps have them thank a special person in their life, just for being a gift of joy to them. Help them learn to appreciate others and what they do for them: teachers, neighbors, relatives, friends.

e. **Let us all make a point of thanking Jesus** for coming into the world to save us from sin and death, and to open the gates of heaven to us once more.

Did you know that the Pew Book contains prayers to prepare for the Divine Liturgy, beginning on page 1, and prayers to read after receiving Holy Communion, on page 95? **Make good use of them in order to enrich your reception of Christ in the Holy Eucharist!**

HOW TO STRESS OUT EASTERN CATHOLICS



Mother's Day Out



Shut-ins Visit

