

January 23, 2022 / 35th Sunday After Pentecost / Tone 2

Glory to Jesus Christ! / Glory to Him Forever!
¡Gloria a Cristo ! / ¡Gloria a Él para siempre!



Church Etiquette Series: Preparing for Divine Liturgy

Real preparation for Divine Liturgy begins on Saturday evening. Before going to bed, we are encouraged to read the Sunday Epistle and Gospel. Let those words be the last we hear as we fall asleep. On Sunday morning, make an effort to reflect on those words as we follow our routine for getting ready and driving to church. Upon entering the church and venerating icons and lighting candles, we go to our pew and spend time with the Lord in prayer and reflection. For this reason, we should never engage in idle chit-chat before Liturgy begins as it disrupts our own preparation and that of those already in church. Even when driving to church as a family, we can ask each other what his/her thoughts are about the readings. This also means that we need to arrive at least ten minutes before church begins in order to have that sacred time with the Lord. If we do all this, Divine Liturgy will be more meaningful for us!

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
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**Frchris.zugger@gmail.com
www.frchriszugger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:15—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.

(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance

(Pre-Cana requirement)


Sick and Shut-Ins: It is the family's
responsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness
or old age. Father will bring the con-
fined person the Holy Mysteries on a
regular basis. It is recommended that
one receive the Anointing of the Sick
before any major surgery. Please don't
let the priest be last to know that some-
one is ill!

May the Lord Bless your kindness and
generosity to His House!



Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

2 Corinthians 6:16-7:1; Matthew 15:21-28

- YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Eternal Lamp: +Mary Garza by Ann Rajala
5:00 pm Ask A Priest Anything Meeting
- Jan 24 Mon** ***Xenia Venerable / James 2:14-26; Mk 10:46-52***
9:00 am Liturgy / God's Blessing on Glenna Barthe-Boxrud by Mary Alice Cooper
- Jan 25 Tue** ***Gregory the Theologian Bishop / 1 Cor 12:7-11; Jn 10:9-16***
9:00 am Liturgy / God's Blessing on Glenna Barthe-Boxrud by Mary Alice Cooper
6:30 pm CAFE meeting at parish hall
- Jan 26 Wed** ***Xenophon & Mary Venerables / James 3:11-4:6; Mk 11:23-26***
6:00 pm Liturgy / +Linda Adamsko by Fitzpatrick Family
- Jan 27 Thu** ***Translation of the Relics of John Chrysostom / Heb 7:26-8:2; Jn 10:9-16***
6:45 pm THEOSIS Bible Study (zoom)
- Jan 28 Fri** ***Ephrem the Syrian Venerable / 1 Pet 1:1-2.10-12:2:6-10; Mk 12:1-12***
 9:00 am Prayer & witness in front of abortion clinic on San Mateo / Lomas
6:00 pm Liturgy / +Richard Loomis by Fitzpatrick Family
- Jan 29 Sat** ***Translation of the Relics of Ignatius Martyr / 1 Thess 5:14-23; Lk 17:3-10***
- Jan 30 Sun** ***Sunday of Zaccheus / Three Holy Hierarchs***
1 Tim 1:15-17; Heb 13:7-16 / Lk 18:35-43; Mt 5:14-19
4:00 pm Vespers (YouTube Live)
5:00 pm Divine Liturgy / Mysteries of Christian Initiation for Angel Santos and Michelle Santos / Mystery of Chrismation and First Holy Communion for Ray Mejia
Hebrew Scriptures for Sunday:
Deuteronomy 1:8-11.15-17a; Deuteronomy 10:14-21; Wisdom 3:1-9
- YouTube LIVE** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Eternal Lamp: Intention of Cielo Doherty

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Sorilah Chavez	Vicki Frank
Sven & Barbara	Abraham Haddad	Christopher
Svensson	Marianne Gerace	Barlow
Laurie Bienz	Lori Medina	Tracy McTernan
Brent Dodson-	Michael Baron	Scott Fafrak
Sands	Gabriel Preisler	Jordan Smith
Lara Davis	Todd Bailey	Rebecca Baia
Fr Chris Zuger	Jessica Pieniadz	Janet Worthington
Marcie Dark	Rhonda Glasscock	Patti Klinkovsky
		Matt Williamson



Vocation Icon

Today: Grega Family
Next Sunday: Carol Donlin

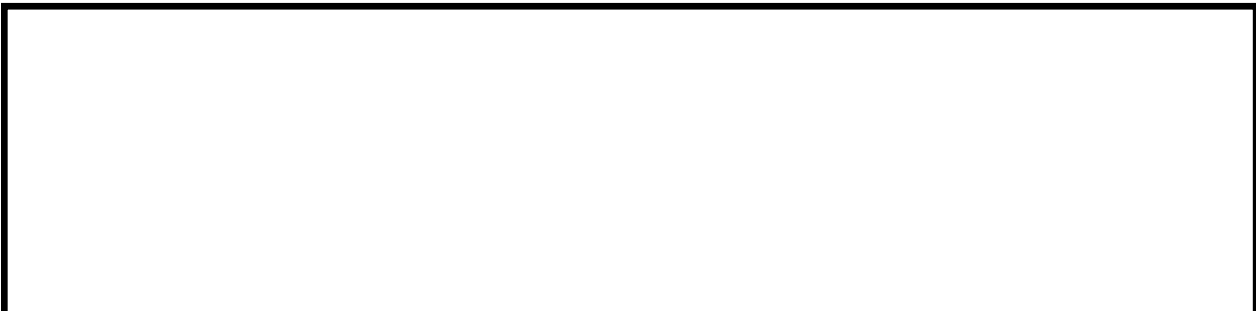
Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for January For true human fraternity

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

“...even the little dogs eat the crumbs from their masters' table.” Today's encounter between the Canaanite woman and our Lord shows us what hunger for salvation looks like. The entire world seeks fulfillment that comes to us through union with God. Is He calling you to serve and show this mystical reality by serving as a monk or nun, or through a life in the holy orders? Reach out to the Vocations Office at 206-329-9219 or email: vocations@ephx.org



January 30 2022

Cantor: Evie Jilek

Reader: Michael Wells

Altar Server: Michael Grega

Trojca: Maddy Riley &

Zachary Fedorowich

Counters: Rafael Plut, Ann Rajala

Propers for 1/30/2022

36th Sunday after Pentecost

Three Holy Hierarchs

Tone 3

Troparion (Tone 3) - 135

Troparion (Hierarchs) - 318

v. Glory...

Kontakion (Tone 3) - 136

v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 137 & 319

Our Father - 68

Communion Hymn - 79 & 283 [D]

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at pocb@unm.edu

THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)!

BARBARA'S HALL REPORT

More good news! In case you hadn't heard, Father Artur got his Green Card! Now he won't have to worry about being deported, and he can leave the US to go back to the Ukraine to visit his family!

Coming Events—Mark Your Calendars Now

Tue Feb 1	6:00 pm Advisory Board Meeting
Wed Feb 2	Meeting of Our Lord with Simeon & Anna Simple Holy Day (YouTube Live) 6:00pm Liturgy / Blessing of Candles
Sat Feb 19	First All Souls Saturday (YouTube live) 9:00 am— All Souls Liturgy / Panichida
Mon Feb 28	First Day of the Great Fast 6:00pm—Presanctified Liturgy with anointing
Mar 6	Sunday of Orthodoxy 10:00 am Divine Liturgy / Procession with Icons / Blessing of Icons
Sat Mar 12	Second All Souls Saturday 9:00 am—All Souls Liturgy / Panichida
Sun Mar 13	DAYLIGHT SAVINGS BEGINS move your clock an hour ahead
Sat Mar 19	Third All Souls Saturday 9:00 am—All Souls Liturgy / Panichida
Fri Mar 25	Annunciation of the Theotokos Solemn Holy Day 6:00pm - Vesper Liturgy of St John Chrysostom / Blessing of Litija
Sat Mar 26	9:00 am—Divine Liturgy for the Leave taking of Annunciation followed by All Souls Panichida
Thurs Mar 31	7:00 pm Matins with Great Canon of St Andrew of Crete / Reading Life story of St Mary of Egypt
Sat April 2	Akathistos Saturday 9:00am—Akathist to the Most Holy Theotokos
Sat April 9	Saturday of Lazarus (End of 40 day Lent) 9:00am Divine Liturgy

PYSANKY WORKSHOPS

OLPH will host workshops for anyone interested in learning how to make pysanky (Ukrainian Easter eggs). The workshops are open to all (children do need a supervising adult) and will be held in February & March at the following dates and times: 2/17 6-9pm, 2/26 9am-12pm, 3/17 6-9pm, 3/26 11am-2pm. Supplies are needed for all participants, so please RSVP with Andrea Riley at 505-220-9137 or andrea.riley@gmail.com.

Holy Mysteries of Christian Initiation

Next Saturday, January 29th, Michelle & Ray Mejia and Angel Santos will receive the Holy Mysteries of Christian Initiation at the 5:00PM Divine Liturgy. Let us pray for them and their families as they prepare to become part of God's family and our Byzantine Catholic Church.

CAFE will resume in our hall on Tuesday, January 25, at 6:30 pm. After prayers and supper, we will have "Ask A Priest Anything" as our first session, and take ideas for future gatherings. CAFE is Catholic Apologetics Fellowship Evangelization, and is a chartered club at UNM. It is open to all young adults and all are welcome to participate in our meetings and outings. We meet on the second and fourth Tuesdays of the month. Our thanks to our generous sponsors who enable us to serve the young people.

The patterns for Easter basket covers are in the capable hands of Clare Sena. If you would like to try your hand at making one, Clare is offering to help and to share her experience. Her phone number is in the parish directory. The patterns require a light table to transfer the image to cloth. If you need a light table, Pam Pettit has one to either loan or give away if you can use it. Her number is 299-1609. Happy stitching, and may God prosper the work of your hands!

ALL SOULS SATURDAYS : Following the Byzantine Catholic tradition, five Saturdays are set aside for the remembrance of the departed members of our families and of our friends. This year, the first All Souls Saturday is February 19th. Using the envelope provided in your packet or on a sheet of paper, please submit the names of those you wish to have remembered at the Divine Liturgy / Panachida on these five Saturdays. Only write the first names of the individuals to be commemorated; if the list of names is the same as last year, simply write "same as last year," or write "add the following names to my list." Return your requests to the parish office by mail or by placing them in the collection basket. Deadline for returns is Sunday, February 13th.

ONLINE GIVING / ONLINE TITHING is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: [tps://www.olphnm.org/giving](https://www.olphnm.org/giving).

REMINDER ABOUT PARISH SUBSCRIPTION TO FORMED.ORG

For those who are new to Formed.org:

This site offers amazing opportunity to enrich our FAITH. You will find thousands of books, audio talks, movies, documentaries, studies and much more. The content of website is updated on daily basis with new helpful resources. Everyone can use OLPH parish account to log in. This is what you need to do:

1. Go to Formed.org, click sign in and then click "I belong to parish"
2. Enter zip code 87110
3. Find among the parishes OLPH Byzantine
4. Put your name and email (you will get a link in your email to directly log in) Enjoy the content!

Also, you are most welcome and encouraged to share parish subscription with your friends, neighbors, coworkers or just anyone who would benefit.

January 24: **Blessed Vincent Lewoniuk and Companions - Martyrs of Pratulin.**

In 1873, the Russian Empire declared that all of the parishes of the last Greek Catholic eparchy in the country would become Orthodox. In 1874, **Orthodox priests were forcibly introduced into the parishes, accompanied by soldiers from the army.** In several places where there was resistance, the soldiers engaged in massacre, rape, and looting. Most of the faithful refused to convert, and were known as "The Stubborn Ones" by the Russian state.

Bl. Vincent Lewoniuk and twelve other boys and men, ages 12 – 50, gathered at the front door of their church in the town of Pratulin on January 24, 1874, to prevent a Russian Orthodox priest from taking over their parish. Vincent opened his shirt to reveal his baptismal cross on his chest. "You can kill me, but you cannot kill the Church." At that, the soldiers opened fire, killing these thirteen and wounding others. The crucifix which they held was saved by survivors and today hangs in the museum at the site.

They are exemplars of the apostolate of the laity: defending the Faith unto death. **The survivors also show the apostolate of the laity, as the Stubborn Ones maintained secret priests** brought in from the Austrian Empire, organized lay-led prayer services, and taught the Byzantine Catholic Faith to their communities. In 1905, Tsar Nicholas II allowed the Stubborn Ones to become officially Catholic again, but only by joining Latin rite parishes only: 100,000 did so. **We face growing challenges to our faith in America. How strong is our own faith as Catholics? What will we do if, God forbid, persecution should come our way?** Will we hold fast, or give it all up? Consider **Aniceti Hryciuk, only twelve years old, who dressed in his best clothes before going to the church.** He asked his parents, "Will I be worthy to be killed for my Faith?" How strong is *our* faith?

January 25: **St Gregory the Theologian**

Also known as Gregory Nazianzen after his home town, he is one of the great Doctors of the Church. Gregory and St. Basil the Great were classmates and friends in Athens. Gregory was the son of a bishop, and famous for his writing and preaching. He was ordained a priest against his will and fled to Basil's monastery when the people of Nazianzus tried to make him their bishop. Later both men returned to Cappadocia to fight the Arian heresy. Basil was made archbishop of Caesarea, and he made Gregory the bishop of Sasima.

In 378 Basil agreed to send Gregory to Constantinople to fight the many heresies afflicting the capital. Gradually his preaching defending the Nicene Creed and Christ's equal humanity and divinity won over many heretics. He became the archbishop in 380 after fierce struggles with the Arians, but ultimately went home to defeat yet another heretical movement. He was able to spend his last years, marked by physical pain, as a hermit and died in 390.

He left a legacy of many books and sermons which are still used today. His eloquent defenses of the divinity of the Holy Spirit and the two natures of Christ resulted in him being granted the title "Theologian," which was given only to Saint John the Evangelist and Saint Simeon the New Theologian.



GREAT BLESSING OF RIO GRANDE



"Ask A Priest Anything" Youth Group meets tonight in our hall for pizza at 5 pm, followed by submission of questions to Father Chris. This is open to all high-school aged youth. In addition to asking questions, we have special sessions on topics, social activities, and retreats. For more information see Jana Brewer. We meet on the fourth Sunday of each month. **ASK A PRIEST ANYTHING QUESTION:**

- (1) Were Mary and Jesus lying about Joseph being Jesus's father, since he was his foster father?
- (2) Was Mary also a descendant of King David? If not, isn't Jesus technically not the direct descendant of King David?

1. Legally, Joseph was the father of Jesus. Therefore, when Mary says in Luke 2:48 "your father and I" she is being quite accurate. We see in the two genealogies in Matthew and Luke that Jesus' connections to the House of David are through Saint Joseph. Joseph's role as parent is through his marriage to Our Lady. God arranged things so that Our Lord would be raised in a traditional family of father and mother, and the angel specifically gives Joseph the paternal duty of naming Jesus; in Judaism only the father can name the baby. Note that Joseph is not called Jesus' father until after His birth, which emphasizes that Jesus is the Son of God.

2. Legend says that Mary was from David's family, but actually we have no idea. The historian Eusebius of Caesarea (+340) thought that Mary and Joseph came from the same tribe, which could be possible.