



January 31, 2016
Sunday of Meatfare
Epistle: 1 Corinthians 8:8-9:2
Gospel: Matthew 25:31-47

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Our Lady of Perpetual Help Byzantine Catholic Church
Bishop: His Grace Gerald N. Dino

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Father Christopher Zugger (pastor emeritus)
(505) 256-1787 Frchris.zugger@gmail.com
www.frchriszugger.com

1837 Alvarado Dr. NE

Albuquerque, New Mexico 87110

Parish Office: (505) 256-1539 Fax: (505) 256-1278 www.olphnm.org

SCHEDULE:

Sunday:

Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am

Monday, Vesper Divine Liturgy 6:00 pm

Tuesday, Divine Liturgy 9:00 am

Wednesday, Divine Liturgy 6:00 pm

OLPH Devotions, 5:30 pm

Friday, Divine Liturgy 6:00 pm

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday - Friday: 10:00 am – 4:00 pm
Thursday OFF

Parish Advisory Board Members:

Dorothy Curl, Dave Dark, Lubomyra Kmetyk,
Brian Fitzpatrick, Harry DeLap

Parish Finance Council Members:

Matthew Blain & Eva Schuler

Confession Schedule (Mystery of Reconciliation):

9:15-10:00 am on Sundays, before or after weekday
Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

**Welcome to our Church! If you are looking for a spiritual home,
contact Father Arturo or the office staff for more information. God bless you.**

Today	8:30 am 9:00 am 9:15 am 10:00 am	Rosary Festal Matins Confessions Divine Liturgy for Parish Family & Friends Fr Chris: +Molly Jaques by M/M SvenSvensson ECF classes after Liturgy
Monday February 1	<i>Prefestive of the Encounter/Tryphon Martyr</i> <i>Epistle: 3 John 1:15; Gospel: Luke 19:29-40 & 22:7-39</i> 6:00 pm	Vesper Divine Liturgy; Blessing on Jennifer West by M/M MacMurchadha, Blessing of Candles Blessing of Litije Bread & Mirovanije Fr. Chris: Intention of Fitzpatrick Family
Tuesday February 2	<i>Encounter of Our Lord with Simeon & Anna/Solemn Holy Day</i> <i>Epistle: Hebrews 7:7-17; Gospel: Luke 2:22-40</i> 9:00 am	Festive Divine Liturgy for Parish Family, Benefactors and Friends, Blessing of Candles, Myrovanie
Wednesday February 3	<i>Post Festive of the Encounter/ Synaxis of the Holy Prophets Simeon & Anna</i> <i>Epistle: Joel 2:12-26; Gospel: Joel 4:12-21</i> 5:30 pm 6:00 pm	CAFE meeting at UNM OLPH Devotions Divine Liturgy; +Efren Navarro by Svenssons Fr. Chris: Intention of Dorothy Curl
Thursday February 4	<i>Post Festive of the Encounter/Isidore Venerable</i> <i>Epistle: Jude 11-25; Gospel: Luke 23:34 & 44-56</i> <i>Father's day off</i>	
Friday February 5 Abstinence	<i>Post Festive of the Encounter/Agatha Martyr</i> <i>Epistle: Zech 8:7-17; Gospel: Zech 8:19-23</i> 6:00 pm	Divine Liturgy; +Lucille Mulcahy by Lupe Baca Fr. Chris: Intention of C. Phillip Eberl
Saturday February 6	<i>Leave Taking of the Encounter/All Holy Ascetics</i> <i>Epistle: Romans 14:19-26; Gospel: Matthew 6:1-13</i>	
Sunday February 7	<i>Sunday of Cheesefare/Forgiveness Sunday</i> <i>Epistle: Romans 13:11-14:4; Gospel: Matthew 6:14-21</i> 4:00 pm 5:00 pm 8:30 am 9:00 am 9:30 am 10:00 am	Great Vespers Divine Liturgy; +Keenan Alan Wofford by Jilek Family Rosary Festal Matins Confessions Divine Liturgy for Parish Family & Friends and Forgiveness service Father Chris: Helpers & Benefactors ECF classes after Liturgy
<i>Canned Goods Collection for Friars</i>	4:00 pm	Great Vespers

***Physician and Help of those in sickness, Redeemer and Savior of the infirm;
O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those
who have sinned much, and deliver them, O Christ, from their
Iniquities, that they may glorify Your might divine!***

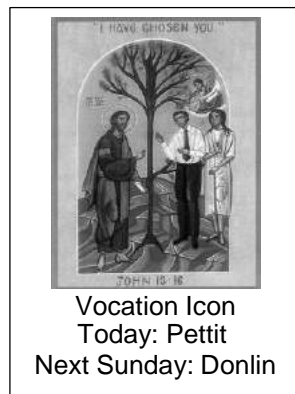
Fr. Julian Gnall
Fr. Anthony Romero
Michele Koetter
Lillian Murphy
Marilyn Fore
Roy Smith
Sven & Barbara Svensson
Abraham Haddad
Jenny Ford
Robert Hasaka
Threima Leech
Pricilla Hughes
Sharif Rabadi
Stephen Horner
Demetrius Yackanich

Paola Terlaza
Henry Zuger
John & Margie Disque
Phillip Fall
Walter Jakymiw
Olga Bodnar
Frances Brannan
John Deflice
Kristoff Rajala
Jordan Smith
Maggie Batsel
Tony Lucero
Chris Overlin
Laura Dominguez

William Frank
Joseph Koetter
Mary Nell Preisler
Jackie De Paolis
Donny Terry
Mary Murphy
Jack & Lorraine Hubbell
Quintin Santamaria & Family
Heather Mattax
Larry Bennett
Mary Ellis
Mike Harahuc
Robert Zadel
Nathan Barkocy

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. Joyful Mysteries are recited until February 2.

If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group



Intentions of the Rosary

- 1st Decade:** Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade:** Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade:** Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade:** Repose of the souls who have no one praying for them
- 5th Decade:** Healing of the sick in body, mind and soul

Holy Father's Intentions for January

Universal: That those from diverse religious traditions and all people of good will may work together for peace.
Evangelization: That in this year dedicated to consecrated life, religious men and women may rediscover the joy of following Christ and strive to serve the poor with zeal.

This Saturday is the **Day of All Holy Ascetics**. All of the men and women of the era of the Desert Fathers are remembered. The Divine Office speaks of their abstinence from meat, their fasting from foods from sunrise to sunset in the Lenten periods, their penances.

But the main thing is their heroism in prayer and charity, without which all of the penances are worthless. **They must be done for the glory of God, for repentance of our own sins, for the sins of the world which rejects God, and as an act of love for God.**

Lenten Passports

The church is offering Lenten Passports for the children this year. They are a fun way for the children to record their Lenten “journey”. These passports are small books that come with stamps (stickers) that are placed in the book each time a service is attended or special activity is completed.

Beginning the first Sunday of Lent, there will also be postcards at the entrance for the children to complete during liturgy. These postcards can then be placed in the blue mailbox on the bookshelf in the parish hall. The postcards will be “mailed” to Father Artur so he can see what the children have been learning. The postcards are a great way to encourage the children to listen during the gospel reading.

If you have any questions or need your passports, please come see Jana or Evie.

Next week is Cheesefare AND the Super Bowl, so let’s haul out the last of those delectable goodies hidden in the recesses of our pantries to share before we start the Great Fast. Instead of having just one family host, we are asking that each family bring a super or cheesy snack to share. Please let Evie or Barbara know what you will bring.

DATE	READER	TROJCA	GREETER	HOST	COUNTER
Feb. 7	Christy MacMurchadha	Delilah Chavez	Dorothy Curl Melinda Fitzpatrick	All	Rafael Plut Dorothy Curl

Barbara’s Hall Report:

Thanks to the Knights of Columbus for hosting their annual Frito Pie fundraiser, and thanks to all who donated to their cause. Everything was delicious, and the kitchen was spotless when they were done. You know I like that!

Books for Great Lent are in our store. Check out these titles: *Journey Through the Great Fast*: Daily Scriptures, meditations, reflection questions Excellent guide for anyone who wants to have “a good Lent.” \$7

Great Lent, Fr. Alexander Schmemmann upacks the meaning of the Sundays, the beauty of the Presanctified Liturgy, Confession in order to help the reader go deeper into Byzantine spirituality and be ready for Holy Week and Pascha. \$16

Guide to the Domestic Church How to celebrate the year; icon corners, fasting recipes, feast day crafts, etc. \$18

Marquee Sign

Coming project for 2016 is the renovation of the lower part of the Marquee sign, which would be the announcement board, Divine Liturgy schedule and welcome board. Right now we are thinking of the possible best design of the lower part.

Ideas and sketches would be really appreciated. Please, talk to Fr. Artur.

40 Days for Life is beginning soon. Our parish's first day is Friday, February 12. Please plan to be there at 9 am to pray with Father Artur and to help hold the icon. Please pick up a flyer on the credenza near the front door

Friars's List

Powdered coffee creamer
Peanut butter
Jelly/jam
Cumin
Garlic powder
Chili powder
Drink mixes powdered or liquid
55 gal black trash bags
Hot sauce

The OLPH Women's group has adopted the small flowerbed to the left of the main entrance to the church. In an effort to magnify the beauty of what lies within, we will maintain the bed with colorful and fragrant flowers and herbs. If you enjoy gardening or have recommendations for what to plant and when, please contact Pam Pettit. If you like playing in the dirt, stay tuned to your bulletin for the date and time of our first plantings.

What Do You Know? When we refer to our faith as a treasury of blessings, we're talking endless treasure, bottomless, ever-giving. The OLPH Women's group will explore the wisdom of the Eastern Rite by offering mini workshops twice-a-year focusing on the sometimes overlooked or unrecognized jewels of our faith.

If you have a burning “why?” or “how come?” about our traditions or services, please send your suggestions for topics to Pam Pettit either at padamsko@hotmail.com or 299-1609. If you can help Pam organize these presentation workshops, your help will be richly rewarded!

OASIS Classes

There will be two OASIS classes at our church during Great Lent: Icons: Doorways to Heaven, on Feb. 18 and St. Elijah: Jewish Prophet, Christian Saint, Muslim Guide, on March 3. Both run from 10:30 am - Noon, and registration costs \$8 for each.

Register with OASIS online www.oasisabq.org; by phone 884-4529, or in person at the American Square Shopping Center, Suite 18, on Menaul Blvd. and Carlisle Blvd NE.

OASIS provides education in all kinds of areas and day trips to historic and scenic sites to adults 50 and up.

Coming Events—Mark Your Calendars Now!

Tuesday, February 2	Encounter of Our Lord with Simeon & Anna/Solemn Holy Day Monday 6:00 pm Vesper Liturgy/Blessing of Litije Bread & Myrovanie Blessing of Candles Tuesday, 9:00 am Divine Liturgy with Myrovanie; Blessing of Candles
Monday, February 8	First Day of the Great Fast (strict abstinence) 6:00 pm Presanctified Liturgy with Anointing
Thursday, February 11	7:00 pm THEOSIS Bible Study; Gospel of Matthew
Friday, February 12	40 Days for Life 9:00 am at abortion clinic on San Mateo
Thursday, February 18	OASIS Class 10:30 am; Icons Doorways to Heaven
Saturday, February 20	2 nd All Souls Saturday, 9:00 am Divine Liturgy & Panachida
Thursday, February 25	7:00 pm THEOSIS Bible Study; Gospel of Matthew
Saturday, February 27	3 rd All Souls Saturday 9:00 am Divine Liturgy & Panachida
February Tuesdays	6:15 pm CAFÉ meeting at UNM

Announcement from our Cantor Steven Block:

“I will be retiring from UNM and beginning a new position as the Founding Dean of the College of Fine Arts at the University of Texas – Rio Grande Valley, the first new University in Texas of the 21st Century. I am already beginning my role as Dean in the current semester, traveling back and forth. It will be a bittersweet leave-taking for Stephanie and me as we depart from so many friends from a wide variety of rich associations (Church, Home-School, the University, and so many friends from Los Lunas and Albuquerque) that have given us deep roots in this part of the country. It’s been honor and a privilege to serve as the Cantor for the best Byzantine Church in the country and we will miss everyone so very much to put it mildly.”

Since this transition is happening so quickly, we are setting up a **meeting on Thursday, February 4th at 7pm to talk about the music transition**. Steven has given me a thumb drive with a large amount of electronic resources, including templates for music scheduling and he will want to address everyone at the meeting as well about the music resources in the church. He assures me that he will always be available to answer questions even though, from this point on, he will be in Texas for much of the time. We as a church need to address this soon, as we head into the Great Fast, so we can maintain the high standards and expectations for our liturgy.

***The Last Judgment, 19th century, from Vladimir Region of Russia.
The souls of the damned are being taken into the jaws of hell (bottom and lower right), while
the souls of the just are being judged and ultimately escorted
into the glory of the Trinity.***

The statement of this icon is this: at the end of time, no matter how much Man may protest that God does not exist, there will be an accounting for each and every individual. And those who have failed to follow God's commandments among Christians, and the natural law among non-Christians, are doomed. Great the joy of those who are saved! How awful must be the hatred that binds Satan and his sinful followers together! And where exactly do I think I am going to end up? No one is assured of salvation: it is a free gift from God, and we, to whom the fullness of revelation has been given in the teachings of the Church, are responsible indeed for what we do and say here and now. May our prayer be that of the Kontakion for today:

.Every creature shall tremble before you. A river of fire shall flow before your judgment seat; the books shall be opened, and all secrets revealed. On that day, O righteous Judge, deliver me from the unquenchable fire, and make me worthy to stand at your right!

This Saturday is the Day of All Holy Ascetics. All of the men and women of the era of the Desert Fathers are remembered. The Divine Office speaks of their abstinence from meat, their fasting from foods from sunrise to sunset in the Lenten periods, their penances. But the main thing is their heroism in prayer and charity, without which all of the penances are worthless. **They must be done for the glory of God, for repentance of our own sins, for the sins of the world which rejects God, and as an act of love for God.**

Whatever you are planning to do for Lent, do it with that last sentence above in mind.

The Fast of Cheesefare Week is a preparation for the Great Fast. This week, the structure of the church services changes, music becomes more solemn, and abstinence from meat is introduced on Wednesday as well as Friday. For those who will follow the strict fasting regulations, this is also the week in which to eliminate dairy products from the kitchen, so that by next Sunday, there will be none left.

For daily prayers, the *Prayer of Saint Ephrem* is added on Monday, Wednesday, and Friday. The prayer is said in three sections, each verse followed by either a deep bow, or kneeling on the floor and lowering one's head in prostration.

Lord and Master of my life,
Spare me from the spirit of indifference, despair, lust of power, and idle chatter.

Instead, bestow on me, Your servant, the spirit of integrity, humility, patience, and love.

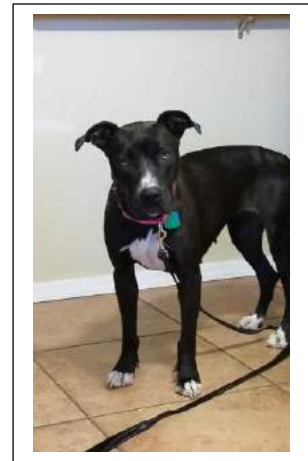
Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters: for You are blessed forever and ever. Amen.



OLPHelpers meeting



House Blessing



Our newest parishioner, Frost Zuggler, is shown on her first day in her new forever home with Father Chris. She is a rescue, who after 14 weeks in the city shelter is still underweight as she was found in dire condition. There is every certainty that she will finally gain her target weight now!
Frost is a Lab/Terrier/something else cross, very gentle. She'll be coming around to church life slowly.