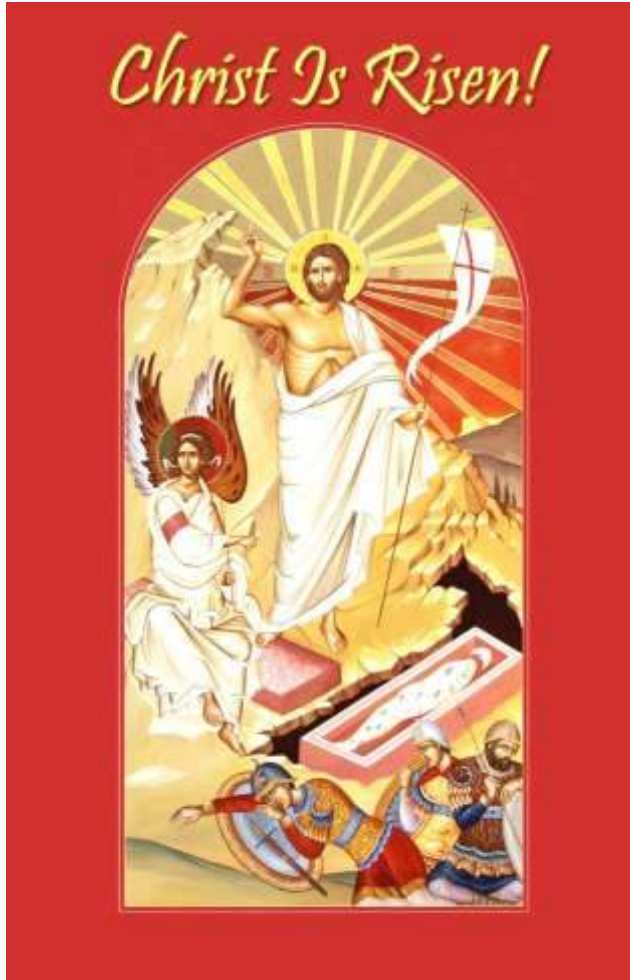


February 25, 2018

2nd Sunday of the Great Fast / T one 5

Hebrews 1:10-2:3; Mark 2:1-12

Christ is Among Us! He is and Always Shall Be!



### MISSION SOCIETY EASTER CARDS

Beautiful newly designed **Easter Cards** are now on sale. This year proceeds will benefit seminarians from *both* the Ukraine and Slovakia. Over two dozen graduates of the Mukachevo and Prešov seminaries are serving parishes in the United States, from New Jersey to Alaska. Thus, in supporting this year's Easter Card project, you are not only helping to build up the Body of Christ by assisting the formation of future priests in Slovakia and Transcarpathia, but **you may very well be helping the man who will come to lead YOUR parish family.**

A packet of 5 cards sell for \$10 including envelopes. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office by Holy Wednesday, March 28<sup>th</sup>. All names will be sent to Bishop Milan Sasik in the Ukraine. On April 8<sup>th</sup> (Old Calendar Easter), the Bishop will place all of these names on the altar and pray for each individual. The last day to purchase cards will be Palm Sunday, March 25<sup>th</sup>. ***May the Lord bless your kindness and generosity!***



**Holy Protection of Mary Byzantine  
Catholic Eparchy of Phoenix  
Bishop: His Grace John Pazak C.Ss.R**



**Our Lady of Perpetual Help Byzantine Catholic Church  
1837 Alvarado Dr. NE, Albuquerque, New Mexico 87110  
Parish office: (505) 256-1539 Fax: (505) 256-1278**

**Father Artur Bubnevych, Pastor**  
Rectory (505) 268-2877  
abbaolph@gmail.com

**Advisory Board**

Fr. Chris Zuger, Dan Riley, Rafael Plut,  
Jeff Brewer, Michael Grega, Alicia Wells

**SCHEDULE**

**SUNDAY:** Rosary 8:30 am  
Festal Matins 9:00 am  
Divine Liturgy 10:00 am  
Great Vespers 4:00 pm

Wednesday & Friday: Pre-sanctified Liturgy 6:00 pm

Saturday: Great Vespers 4:00 pm  
Divine Liturgy 5:00 pm

**OFFICE HOURS:**

Monday—Friday 10:00 am—4:00 pm  
Thursday OFF

**THEOSIS:** 2nd & 4th Thursday  
Pot Luck Dinner 6:00 pm  
Bible Study 7:00 pm

**Eastern Christian Formation Program:** All grades meet every Sunday after Liturgy for 45 minutes (September through May)

**Father Christopher Zuger (pastor emeritus)**  
(505) 256-1787  
Frchris.zuger@gmail.com  
www.frchriszuger.com

**Finance Council**

Matthew Blain, Tom Ellefson, Maria Alden

**Confession (Mystery of Reconciliation):**

9:15—10:00 am on Sundays, before or after week-day Liturgies, or by appointment with Father

**Mysteries of Baptism/Chrismation/Eucharist:**

Must be arranged three months in advance.  
(Pre-Jordan requirement)

**Mystery of Crowning:**

Must be arranged six months in advance  
(Pre-Cana requirement)

**Sick and Shut-Ins:** It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you

Today 8:30 am Rosary  
9:00 am Matins & Confessions  
*ECF Classes* 10:00 am Divine Liturgy for Parishioners, benefactors & Friends  
Fr. Chris: Intention of Donor  
4:00 pm Great Vespers

Feb. 26 Monday *Porphyry of Gaza Bishop / Genesis 6:9-22; Proverbs 8:1-21*



10:30 am Shut-ins Visits  
5:45 pm Explorers Meeting

Feb 27 Tuesday *Procopius Venerable-Confessor / Genesis 7:1-15; Proverbs 8:32-9:11*

12 noon Akathist to the Cross  
6:30 pm CAFÉ meeting at UNM

Feb 28 Wednesday *Basil Venerable-Confessor / Genesis 7:6-9; Proverbs 9:12-18*



5:30 pm OLPH Devotions  
6:00 pm Presanctified Liturgy

March 1 Thursday *Eudoxia Venerable-Martyr / Genesis 7:11-8:4; Proverbs 10:1-22*

March 2 Friday *Theodotus Bishop-Martyr / Genesis 8:4-21; Proverbs 10:31-11:12*



9:00 am Prayer and witness in front of Abortion Clinic on San Mateo  
6:00 pm Pre-Sanctified Liturgy / Meatless Potluck

March 3 Saturday *3rd All Souls Saturday / Hebrews 10:32-38; Mark 2:14-17*

9:00 am All Souls Liturgy followed by Panachida

March 4 Sunday *3rd Sunday of the Great Fast / Veneration of the Cross  
Hebrews 4:14-5:6; Mark 8:34-9:1*

4:00 pm Great Vespers  
5:00 pm Blessing on Isaac Covarrubias by Patricia Covarrubias

*Canned Goods Collection for Friars* 8:30 am Rosary  
9:00 am Matins & Confessions  
*ECF Classes* 10:00 am Divine Liturgy for Parish Family, Benefactors & Friends  
Fr. Chris: Intention of Donor  
4:00 pm Great Vespers

Sharif Rabadi  
 Katrina Anderson  
 Abraham Haddad  
 Tim & Jenny Ford  
 Threima Leech  
 Priscilla Hughes  
 Steve Jakymiw  
 Marilyn Fore  
 Demetrius Yackanich  
 Sven & Barbara Svensson  
 Laurie Bienz  
 Brent & Nicole Dodson-  
 Sands  
 Eva Schuler  
 Charlie & Maggie Batsel

Fr. Julian Gnall  
 Henry Zugger  
 John & Margie  
 Disque  
 Phillip Fall  
 Laura Dominquez  
 Olga Bodnar  
 Frances Brannan  
 John Deflice  
 Mary Ann Kosty  
 Jordan Smith  
 Jean Pesce  
 Tracy McTernan  
 Terry Rains  
 Eli Griego  
 Brother Vittorio

William Frank  
 Mary Nell Preisler  
 Mike Harahuc  
 Robert Zadel  
 Lorraine Hubbell  
 Heather Mattax  
 Larry Bennett  
 Paola Terlaza  
 Ruth Sousa  
 Linda Granci  
 Mary Danyluk  
 Richard Hornung  
 Kris Nelson  
 Scott Fafrak  
 Dana Papaj  
 Peter Dzek

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group.

### Intentions of the Rosary

#### Sorrowful Mysteries daily during Great Lent

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them

#### Holy Father's Intentions for February:

##### Universal: Say "No to Corruption"

That those who have material, political or spiritual power may resist any lure of corruption



#### Vocation Icon

Today: Laurie Bienz

Next Sunday: Donlin Family



February 18, 2018 / Attendance 116

Now this I say, whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully, Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. (2 Corinthians 9:6-7)

### March 4, 2018

Cantor	Evie Jilek Andrea Riley, March 3
Reader	Sven Svensson
Trojca	Sarah Brewer
Greeter	Dorothy Curl
Usher	Dan Riley, Jeff Brewer
Counter	Rafael Plut, Dorothy Curl
Host	Open
Church Cleaners	Tom Plut, Tom Ellefson
Altar Servers:	Thomas Donlin Michael Grega Daniel Fogg Joe Ellefson Patricio Chavez Caden Dodson-Sands Cyrus Dodson-Sands

**Our ANNUAL BYZANTINE BAZAAR this year is on Mother's Day weekend: Saturday, May 12, 10AM-4PM!!!** Kick off meeting is scheduled on **Monday March 5 at 5pm in the church Hall.** All "Bazaar Helpers" are invited. We will discuss following preparation chores: Baking, Food preparation, Raffle, set up decorations, outside signs, Advertisement, Book Store, Greeters, Money collection for food, Food sales, drinks etc. Bazaar is this unique opportunity to make our wonderful church known to other people, to reach out, to evangelize, to advertise our Gift Shop, and of course it's been always an excellent fundraiser. Above all it is a blessing and fun when we work together!!! Thank you and see you there.

**July 12 to 15 Alive in Christ 2018:** The next Alive in Christ Ascetic Boot Camp, sponsored by the Eparchy of Phoenix Vocations Office, will take place at Palomar Christian Conference Center, Palomar Mountain California, from July 12th - 15th. Be sure to mark your calendars for this wonderful and action-packed event open to boys ages 7-17 and their dads. Watch for upcoming information in the near future.

### **Online Bible Study by the Byzantine Catholic Eparchy of Parma Free and Open to ALL** "DIVINE LITURGY: TRAVELING THROUGH SCRIPTURE"

*A Five-week Bible study for the Great Fast (February 22, & March 1, 8, 15, 22) 8:00 p.m. EST*  
*Links to the YouTube and Facebook Live videos will be provided at this link: <http://www.parma.org/online-bible-study>*  
on each day of the study.  
*Please check back on Thursday, February 22 at 8 p.m.*

### **Barbara's Hall Report**

Thanks to Savannah for baking lots of regular potatoes and sweet potatoes. Along with all kinds of toppings, sour cream, cheese, green onions, plus lots of salad. Patricia brought apples and a bag of Cuties. See, we don't need meat and fancy cakes during Lent!

## Coming Events—Mark Your Calendars

March 10	9:00am 4th All Souls Liturgy followed by Panachida
Tuesdays March 6, 20	6:00—7:00 pm St. John's Bible Study for tweens
Thursday March 15	7:00 pm Matins with Canon of St. Andrew of Crete followed by reading the Life of St. Mary of Egypt
	<b>Holy Week (March 26—March 31)</b>
Monday	6:00 pm Bridegroom Matins
Tuesday	6:00 pm Bridegroom Matins
Wednesday	7:00 pm Presanctified Liturgy / Holy Anointing
Thursday	7:00 pm Vespers / Divine Liturgy of St. Basil
Friday	10:00 am Passion Matins 7:00 pm Vespers & Procession with the Burial Shroud
Saturday	11:30 pm Jerusalem Matins / All night Vigil
Sunday	11:00 am Akathist to the Lifebearing Tomb of Christ 6:00 pm Easter Vigil Liturgy / Blessing of Baskets 9:00 am Resurrection Matins / Liturgy / Blessing of Baskets
May 12 Saturday	<b>Annual Byzantine Bazaar</b>
July 1 Sunday	Patronal Feast of OLPH / visit of Bishop John

### Bishop's Appeal 2018

Dear Parish Family! Bishop John is asking each Domestic church to pray over their special offering to the Appeal this year and make a decision what that gift will be. Please, complete the pledge form and return it in the Sunday collection with your first payment or the entire amount if possible (**Please, note** that starting with this year you can also send your pledges directly to the Bishop's office in Phoenix, your checks and credit cards made to Holy Protection of Mary Byzantine Eparchy NOT to OLPH in that case).

**Collected to date:** \$2,450.00 **Participation:** registered OLPH Families 59; Paid in full pledges 8 families (13.5%) Thank you to families/parishioners that completed their pledges: Minor, Riley, Dzek, Ford, Heinsman, Preisler, Ellefson, Fr. Chris

Our parish goal is **\$16,225.00** which breaks down to **\$275 per household**. If we reach our goal, our parish will receive a 20% rebate which is \$3,135.00!

You can also make your full donation to the Appeal via your credit card in the gift shop. Deadline for Bishop's Appeal this year is May 31. May the Lord reward your generosity and sacrificial response!

## Cantor Corner

**Liturgical Propers for 3/4/18 (3rd Sunday of Great Fast & Veneration of the Holy Cross)**  
Resurrection Tone 6 / Divine Liturgy of St. Basil

**Typical Psalms & Beatitudes** - DL 16,17&23  
**Troparion (Tone 6)** - DL 152  
**Troparion (Holy Cross)** - DL 223  
*v. Glory...Now & Ever (Tone 7)*  
**Kontakion (Holy Cross)** - DL 224  
**Instead of 'Holy God'** - We Bow to Your Cross - DL 33B  
**Prokeimenon & Alleluia (Holy Cross)**- DL 224-5  
**Instead of 'It is Truly Proper'** - DL 98  
**Our Father (Tone 6)** - DL 71  
**Communion Hymn** - DL 225

**OLPH Prayer Warriors**  
 Believing in Jesus's promise that where two or more are gathered in His name, He is with us, please join our intercessory prayer group, the OLPH Prayer Warriors, Sunday mornings at 9:30 in the conference room to pray for our individual and collective needs. Although we will dedicate our prayers to particular themes each week, and if you cannot participate in our gatherings, do let us know of your particular petitions and we will include them in our prayers. Send your prayer requests to Patricia at [pocb@unm.edu](mailto:pocb@unm.edu)

### March 2018

March 4: Obedience  
 March 11: Spiritual Growth  
 March 18: Humility  
 March 25: Truth

## St. Polycarp of Smyrna

Polycarp, bishop of Smyrna (modern Izmir), disciple of Saint John the Apostle and friend of Saint Ignatius of Antioch, was a revered Christian leader during the first half of the second century. He was baptized as an infant circa 66 AD, and died in the arena as a martyr in 155 AD, at the age of 86. The Asia Minor Churches recognized Polycarp's leadership by choosing him as a representative to discuss with Pope Anicetus the date of the Easter celebration in Rome—a major controversy in the early Church. Only one of the many letters written by Polycarp has been preserved, the one he wrote to the Church of Philippi in Macedonia.

He was arrested during the persecution under Emperor Antoninus and condemned to being burned at the stake for not worshipping the emperor and the pagan gods. To the surprise of the crowds, the flames did not harm him and he was finally killed by a dagger. The centurion ordered the saint's body burned, but his remaining bones were preserved as relics. The "Acts" of Polycarp's martyrdom were sent around the Empire's churches and are the earliest preserved, fully reliable account of a Christian martyr's death.

Previously, Churches using the Byzantine rite celebrated St. Polycarp of Smyrna, who was ordained bishop by St. John the Evangelist, on the second Sunday of Lent. That commemoration has been replaced by that of St. Gregory Palamas, the famous defender of hesychasm in the 14<sup>th</sup> century. Replacing such an ancient commemoration as that of Polycarp gives us an idea of just how important the hesychast controversy was.

## St. Gregory Palamas

The monks of Mount Athos had been condemned by the monk Barlaam, an Italo-Greek monk from Calabria in Italy, who favored education over contemplation, and who emphasized that God is unknowable in this life. The monks taught hesychasm, using the Jesus Prayer and certain body postures or breathing, so as to draw very close to God, and for some, to see the Divine Light in this lifetime. **In this, they were following the practices of the Desert Fathers of old. The Jesus Prayer is one of the most ancient in the Church: Lord Jesus Christ, Son of God, have mercy on me, a sinner.**

The monks recommended certain breathing techniques, or positions of the body, while reciting the Prayer. This **rigid use of the body postures was repeatedly – and rightly - condemned by many saints** and writers as people could end making the physical position and breathing more important than the Prayer. **Gregory himself emphasized that such physical practices had to be done only with the guidance of a true spiritual elder.** The Jesus Prayer, so central in our spirituality, when used well, has a profound effect so that:

*he who is in prayer experiences the fullness of the divine presence, of Life Itself, of Life abundant and unfathomable, then his own life strikes him as a tiny drop in comparison to the boundless ocean. That is what the righteous and long-suffering Job felt as he attains the height of spiritual perfection. He felt himself to be dust and ashes; he felt that he was melting and vanishing as does snow when struck by the sun's burning rays (Job 42:6) (Orthodox Life, vol. 28, no. 5, 1978).*

Further, **St. Gregory taught that the mystic, even without education, could have greater knowledge of God than others**, but he made the crucial distinction between energies of God, and the essence of God. Essentially, **God can not be known in His essence by any human, but His energies (what God sends forth in His creation), can be known.** In this, he quoted the ancient Cappadocian Fathers. these energies are mediated to mankind. That is, how God *acts* in forgiving and spiritual healing. Grace is the working of God himself, not a created substance of any kind. As for the body postures and breathing, since the person is body and soul, uses of the body can affect the soul. In the end, **he wrote that hesychasm teaches that one can see the Light of God, but only with repentance, interior conversion, constant prayer, and spiritual direction.** This invitation to union with God is open to every Christian.



1st Sunday  
of the Great  
Fast—  
Triumph of  
Orthodoxy—  
Procession  
with Icons

