

April 24, 2022, Festival One
Thomas Sunday

Christ is Risen! / Indeed He is Risen



FNE Mother's Day Cards For Sale!

The Federation of North American Explorers Sangre de Cristo Group are selling Mother's Day cards for \$5 each.

The cards include artwork created by the Explorers and they will be praying a rosary for the intentions of the mothers who receive the cards. The proceeds from this fundraiser will be used to support the FNE group as they continue to grow.

Contact Andrea Riley
at andrea.riley@gmail.com or
505-220-9137 for more
information.

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Father Christopher Zuger
pastor emeritus
(505) 256-1787
Frchris.zuger@gmail.com
www.frchriszuger.com

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk

Finance Council

Matthew Blain, Maria Alden

Parish Membership

From time to time it is good for us to reflect on what constitutes membership at Our Lady of Perpetual Help...a time to reflect on our relationship to God and His Church which is expressed by our commitment to this parish.

Our parish community is open to any Catholic and to anyone

1. who is interested in seeking the Lord Jesus through His Word, the teachings of the Apostles, and the Sacred Mysteries;
2. who accepts the teachings of the Catholic Church;
3. who will help form a community based on the Lord's love;
4. who is willing to grow as a Christian within the legitimate spiritual traditions of the Byzantine Catholic Church within our American context;
5. who acknowledges the legitimate authority of the Pope, Bishop, and Pastor;
6. who will attend liturgical services on Sundays and great holydays;
7. and who is willing to support the growth of the Church (Eparchy and Parish) by sharing his/her time, talent and treasure (financial support);


Actual Parish membership is based on the above and is determined by the following criteria:

1. Being registered
2. Attending liturgical services regularly on Sundays and Holydays
3. Contributing to the support of the Church—both Eparchy (Bishop's Appeal) and Parish through use of the Sunday Tithing envelopes!

Membership in the parish gives the parishioners the right to have their children receive the Holy Mysteries of Christian Initiation, be married in church and be buried from the church.

Summary from the Eparchial Pastoral Handbook on "Membership in a Parish"

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!
Acts 5:12-20; John 20:19-31

- YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
Fr. Chris: +Katrina Anderson
Eternal Lamp: Intention of Cielo Doherty
ECF Classes after Liturgy
5:30 pm Ask a Priest
- April 25 Mon** ***Mark Apostle Evangelist / Acts 3:19-26; Pet 5:6-14; Jn 2:1-11: Mk 6-7:13***
9:00 am Divine Liturgy / +Gerald and +JoAnn Cooper by Mary Cooper
- Apr 26 Tue** ***Basil Bishop Martyr / Acts 4:1-10; Jn 3:16-21***
4/6—4/29 Vibrant Parish Leadership Essentials Conference for Clergy & Laity in Phoenix
No Liturgy
- Apr 27 Wed** ***Simeon Bishop Martyr / Acts 4:13-22; Jn 5:17-24***
5:30 pm OLPH Devotions
6:00pm—Divine Liturgy / Sr. Benedicta Ward, SLG / Main Celebrant Fr. Tyler
- Apr 28 Thu** ***Jason & Sosipater Apostles / Acts 4:23-31; Jn 5:24-30***
- April 29 Fri** ***The Nine Holy Martyrs of Cyzice / Acts 5:1-11; Jn 5:30-6:2***
 9:00 am Prayer & witness in front of abortion clinic on San Mater/Lomas
No Liturgy
- Apr 30 Sat** ***James the Greater Apostle / Acts 12:1-11; Lk 5:1-11***
- May 1 Sun** ***Sunday of the Myrrh-Bearers / Acts 6:1-7; Mk 15:43-16:8***
4:00 pm Great Vespers
5:00 pm Divine Liturgy / +Gerald and +JoAnn Cooper by Mary Cooper
Hebrew Scriptures for Sunday:
Leviticus 19:1-4.9-15; Wisdom 1:12-3-2:6.21-24; Isaiah 63:7-9
- YouTube LIVE** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Fr. Chris: Open
ECF Classes after Liturgy
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glo-

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Priscilla Hughes	Irene Bradley	Linda Granci
Marilyn Fore	Soriah Chavez	Vicki Frank
Sven & Barbara Svensson	Abraham Haddad	Christopher Barlow
Laurie Bienz	Marianne Gerace	Tracy McTernan
Brent Dodson- Sands	Lori Medina	Scott Fafrak
Lara Davis	Michael Baron	Jordan Smith
Fr Chris Zugger	Gabriel Preisler	Janet Worthington
Marcie Dark	Todd Bailey	Patti Klinkovsky
Philip Leahy	Jessica Pieniadz	Matt Williamson
	Rhonda Glasscock	James Epstein
	Amber Roybal	Katy Ford



Vocation Icon
Today: Carol Donlin
Next Sunday:
Gloetzner Family

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

“If you forgive anyone’s sins, they are forgiven...” The priestly life is a beautiful way to bring forgiveness to this world. Is God calling you to consider this life, other holy orders, or the monastic life of prayer, fasting and almsgiving? Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

Holy Father’s Intentions for April / Health Care Workers

We pray for health care workers who serve the sick and the elderly, especially in the poorest countries; may they be adequately supported by governments and local communities.



May 1, 2022

Cantor: Andrea Riley
Reader: Michael Wells
Altar Server: Michael Grega
Trojca: Katara Dodson-Sands
& Nathaniel Brewer
Counters: Michael Wells &
Mary Roseman

Propers for 5/1/2022
Sunday of the Myrrh-Bearing Women

Troparia - 177-8
v. Glory...

Kontakion - 179
v. Now & Ever

Kontakion - 179

Prokeimenon & Alleluia - 180
Instead of 'It Is Truly Proper' - 167
Our Father- 167
Communion Hymn - 168 & 78
Dismissal - 170

OLPH Prayer Warriors

Sunday (Zoom). Send your
prayer requests to Patricia at
pocb@unm.edu

THE PRAYER WARRIORS IS OPEN
TO EVERYONE--WOMEN, MEN, &
CHILDREN (children who have their
parents' permission)! Please join us!!

Coming Events—Mark Your Calendars Now

Sat May 7	10:00 am—2:30 pm
Sat May 14	10:30 am—4:00 pm Explorers Youth Group Meeting
	Ascension of Our Lord Holy Day of Obligation
Wed May 25 Thurs May 26	6:00 pm Vigil Divine Liturgy / Litija 9:00 am Divine Liturgy / Myrovaniye
Sat June 4	5th ALL SOULS Saturday 9 am Divine Liturgy / Panichida
Mon June 6	Pentecost Monday/Simple Holy Day 8:00 am Liturgy/Procession around the church with reading of the Gospels
June 13-28	Apostles Fast
June 6-10	Clergy Conference
Fri June 24	Birth of John the Baptist Solemn Holy Day 6:00 pm Divine Liturgy
Wed June 29	St Peter & Paul / Holy Day of Obligation 6:00 pm Divine Liturgy
Sun June 26	OLPH Patronal Feast Day

Barbara's Hall Report

Blessed Pascha to all! Thank you to
all who helped with the Paschal
Brunch, and for sharing their baskets
of food! What a wonderful way to fin-
ish the the day after the beautiful Di-
vine Liturgy we all experienced. Christ
is Risen!
Indeed he is Risen!

OUR ANNUAL BAZAAR this year is Saturday, **May 7th, 10am - 2:30pm**. We are once again asking for homemade baked goods. There is a **Bakers' sign up sheets is available on the greeting table** by the Holy Water font. We will sell whole cakes, whole pies, breads, cookies by the dozen etc. Please, think about making your favorite baked goods. Traditional Eastern European bakery products are most popular. Make sure that cakes and pies are in containers that will be sold with the item. Your items must be visible. If we know in advance exactly what you are making, we can make professional tags and have professional boxes. Please, no gluten free or sugar free - they do not sell. Breads (which sell very well) can be either sweet or savory. There will be baking day for kolachi, so that is already covered. All baked goods must be brought to the church the Friday before the Bazaar. If you have questions or need ideas, please, see Rafael or Alicia. Thank you!

EPARCHIAL APPEAL

Bishop's Appeal 2022: Collected to date: \$7,305.00. Thank you to the following individuals/families: Blain, Stockton, Wells, Schuler, McEnroe, Bienz, Doherty, Dzek, Fogg, Kopczynski, McNeil & Sevachko. Our parish goal this year is \$22,054.74. If we reach our goal, our parish will receive a 10% rebate which is \$2,205.00! **Kindly give what you can to help our Eparchy and our Church. Thank you!** We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to Holy Protection Byzantine Eparchy.

TODAY is Catholic Home Mission Appeal collection. Our Eparchy receives a substantial blessing each year as a recipient of the Catholic Home Mission grant. I am not exaggerating when I say that our Eparchy has received over \$1 million dollars in recent years from Catholic Home Missions Grant. **PLEASE**, prayerfully consider a gift to an organization that has truly been a financial lifeline to the Eparchy. Thank you for your generosity

Why have so many people not heard of Christianity?

It depends on where one is. In traditionally Christian countries of the West (Europe, the Americas) the problem is that we now live in societies that know parts of Christianity well but are woefully ignorant of much of the teachings of Christ. For that matter, a lot of what people "know" is wrong. Islamic-majority societies legally forbid preaching the Gospel to Muslims, and forbid the conversion of Muslims on pain of imprisonment or even death. Communist China forbids the religious instruction of anyone under 18. The collapse of Catholic Religious Orders in the 1960s sharply reduced missionary outreach, and for a good 40 years there was a feeling that Catholics should not preach the Faith to non-Catholics and instead only emphasize the social justice and human improvement projects (e.g. helping the poor and sick, improving health, providing clean water). All of that combined to create our current conditions of religious ignorance. But the internet gives the opportunity for outreach on the Faith on a scale never seen before. That's why dictatorships work so hard to block the internet. Also new Religious Orders have arisen in Africa, Russia, the Americas and Asia dedicated to missionary work. Pray for the salvation of those who do not know Christ, who do not truly know the Catholic Faith, and for the conversion of sinners. And study on your own from the Catechism and good solid Catholic websites. And when in doubt about something "ask a priest!"

THE ARTOS (adopted from the article by Msgr. Ernest Dunda)

"Artos" is a Greek word which means bread made with yeast. The Artos is blessed on Easter Sunday after the Ambon Prayer which is said at the end of the Liturgy.

The prayer used in the blessing of the Artos is as follows: "We bless and sanctify this bread on this Paschal day, for the honor, praise and memory of the glorious Resurrection of our Lord Jesus Christ by whom we are released, freed ... We further ask Almighty God to bless this bread and that all who partake of it may share in His Heavenly gifts and be free of all pain and sickness, and be granted salvation of soul and health of body."

During the Bright Week, the blessed bread, covered with an icon of the Resurrection, remains on the Tetrapod to be kissed until St. Thomas Sunday, when the Artos is distributed to the faithful. In the former centuries the faithful would preserve little pieces of bread for those who were seriously ill or in danger of death and unable to receive Holy Communion. They would be given a piece of Artos as a substitute for Holy Communion.

The Artos reminds the faithful that Christ came from Heaven to Earth, took on a human body, suffered for us, was crucified, and on the third day arose from the dead to be with us always to the end of the world. Our Lord said of Himself: "I am the living bread who came down from Heaven"(John 6:51).

According to the oldest tradition, the Apostles, after the Ascension of Our Lord, placed bread on the table (altar) each time during the services, for the Divine Master. This they did for their Master, confessing or believing in His invisible presence among them. At the end of the services they took the bread and lifted it up with the words: "Glory be to You, O Christ, Our God, Glory be to You. Glory be to the Father, and to the Son, and to the Holy Spirit." The Apostles, after receiving the Holy Spirit on Pentecost Day, went to preach the Gospel throughout the world and, according to tradition, left a loaf of bread on the altar in remembrance of His Glorious Resurrection.

The origin of the blessing of bread can be found in the Old Testament, where we read that on a table set on the right side of the Sanctuary of the Temple were twelve loaves of bread representing the twelve tribes of Israel. This bread was replaced each Saturday (Sabbath) by the celebrating priest, who alone was permitted to eat this bread. The Holy Bible does tell us about the exceptional case when David and his soldiers were permitted to eat the bread because of being near starvation (Matt 12:4).

As the unleavened bread had a great significance to the Jews in the Old Testament, so the Artos has for us in the New Testament. As bishop, St. Cyril, the great writer and preacher in the 12th century writes: "As the Jews in Egypt were preparing unleavened bread for their big journey through the Red Sea, and after crossing the Sea they did eat the bread, so we, Christians, saved through the Resurrection of our Savior from sin, lift up the Artos, which is exposed on the table during Bright Week and eat it on Saturday, the last day of Bright Week. As the unleavened bread was eaten for the health of the people who ate it, so is this bread given for the health and sanctification of our soul and body."

This example which was set by the Apostles is still followed in many monasteries and some parishes today. After the Holy Liturgy during Bright Week, with the singing of "Christ is Risen," the celebrant elevates the Artos and carries it from the church to the monastery dining room. After dinner, he again elevates the Bread and welcomes the brethren with the words, "Christ is Risen," and they respond "Indeed He is Risen." The celebrant then takes the Artos Bread back into the church as the singing of "Christ is Risen..." continues. May we note that in the Byzantine Church, at the Vespers with the Litija, on the solemn holy days, we have the blessing of five loaves of bread, wheat, wine and oil. The celebrant in prayer asks God to "bless these loaves, wheat, wine and oil" and "multiply them in this city and throughout the world and to sanctify the faithful who partake of them." The blessing of the five loaves brings to mind the miracle of Jesus Christ when He blessed the five loaves in the wilderness and thus fed 5,000 men, not counting the women and children (Mt.14:20-21). The Blessed Bread should remind us of the Heavenly Bread -- the Holy Eucharist -- our daily bread, which we need in order to sustain our spiritual life. In the first centuries when Services called for an all-night vigil, this bread was distributed to all participants to give them the strength the body needed to fulfill the all-night vigil.



Pascha 2022

