

February 19, 2017 , T one 7

E pistle: 1 Corinthians 8:8-9:2; Gospel: Matthew 25:31-46

Glory to Jesus Christ! Glory to God Forever!



Sunday of Meat fare / Last Judgement



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Bishop: His Grace John Pzak C.Ss.R**

Our Lady of Perpetual Help Byzantine Catholic Church

1837 Alvarado Dr. NE, Albuquerque, New Mexico 87110

Parish office: (505) 256-1539 Fax: (505) 256-1278 www.olphnm.org

Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com

Advisory Board

Rafael Plut, Dave Dark, Harry DeLap, Brian
Fitzpatrick, Luba Kmetyk, Dan Riley

Father Christopher Zuger (pastor emeritus)
(505) 256-1787
Frchris.zuger@gmail.com
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Finance Council

Matthew Blain, Tom Ellefson, Maria Alden

SCHEDULE:

SUNDAY: Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am

Daily Liturgy (Schedule of Services, Page 3)

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
pot luck dinner 6:00 pm
Bible Study 7:00 pm

Eastern Christian Formation Program: All
grades meet every Sunday after Liturgy for 45
minutes (September through May)


Confession (Mystery of Reconciliation):
9:15—10:00 am on Sundays, before or after
weekday Liturgies, or by appointment with
Father

**Mysteries of Baptism/Chrismation/
Eucharist:** Must be arranged three months
in advance. (Pre-Jordan requirement)

Mystery of Crowning:
Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's respon-
sibility to notify the parish office when a parish-
ioner is in the hospital or confined to home
because of sickness or old age. Father will
bring the confined person the Holy Mysteries
on a regular basis. It is recommended that
one receive the Anointing of the Sick before
any major surgery. Please don't let the priest
be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur or the office staff for more information. God bless you.

- Today**
8:30 am Rosary
9:00 am Matins/Confessions
10:00 am Divine Liturgy for Parishioners, Benefactors & Friends
Fr. Chris: Intention of Col. Gary N. Henry, USAF
ECF Classes
- February 20
Monday**
Leo of Catania Bishop
Epistle: 3 John 1-15; Gospel: Luke 19:29-40 & 22:7-39
9:00 am +Jacob Frederick by Jileks
- February 21
Tuesday**
Timothy Venerable
Epistle: Jude 1:10; Gospel: Luke 22:29-42 & 45-23:1
9:00 am Health of Katy Maguire by Jileks
6:00 pm St. John Bible Study for Tweens at Flying Star
6:30 pm CAFÉ Meeting at UNM
- February 22
Wednesday**
Finding of the Relics of the Martyrs of Eugenia
Epistle: Joel 2:12-26; Gospel: Joel 4:12-21
5:30 pm OLPH Devotions
6:00 pm Health of Katy Maguire by Jileks
6:00 pm K of C Homeless Outreach
- February 23
Thursday**
First & Second Findings of the Head of John the Baptist
Epistle: 2 Corinthians 4:6-15; Gospel: Matthew 11:2-15
6:00 pm pot-luck dinner
7:00 pm THEOSIS: Mystery of the Byzantine Liturgy
- February 24
Friday**

Venerable Father Erasmus
Epistle: Zechariah 8:7-17; Gospel: Zechariah 8:19-23
9-10:30 am Prayer & Witness For Life in front of Planned Parenthood on San Mateo with Our Lady Helper of Mothers Icon
6:00 pm Health of Katy Maguire by Jileks
- February 25
Saturday**
All Holy Ascetical Fathers and Mothers
Epistle: Romans 14:19-26; Gospel: Matthew 6:1-13
- February 26
Sunday**
Sunday of Cheesefare
Epistle: Romans 13:11-14:4; Gospel: Matthew 6:14-21
4:00 pm Great Vespers
5:00 pm Health of Katy Maguire by Jileks
8:30 am Rosary
9:00 am Matins/Confessions
10:00 am Divine Liturgy for Parishioners, Benefactors & Friends
ECF classes

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Sharif Rabadi
 Stephen Horner
 Katrina Anderson
 Abraham Haddad
 Jenny Ford
 Threima Leech
 Priscilla Hughes
 Steve Jakymiw
 Lillian Murphy
 Marilyn Fore
 Demetrius Yackanich
 Sven & Barbara Svensson
 Keith Romero

Fr. Julian Gnall
 Henry Zugger
 John & Margie Disque
 Phillip Fall
 Laura Dominquez
 Olga Bodnar
 Frances Brannan
 John Deflice
 Mary Ann Kosty
 Jordan Smith
 Maggie Batsel
 Jean Pesce
 Henry Burnette
 Tracy McTernan

William Frank
 Mary Nell Preisler
 Mike Harahuc
 Robert Zadel
 Jack & Lorraine Hubbell
 Quintin Santmaria & Family
 Heather Mattax
 Larry Bennett
 Paola Terlaza
 Ruth Sousa
 Frank Gerace
 Linda Granci
 Barbara Irving
 Mary Danyluk
 Richard Hornung

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group

Intentions of the Rosary

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul



Vocation Icon

Today: Sena

Next Sunday: Gloetzner

Holy Father's Intentions for February

Comfort for the Afflicted.

For all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities

New Mexico Symphonic Chorus

Vaughan Williams: Mass in G minor
Britten: Hymn to St. Cecilia, op. 27; and Festival Te Deum, op.32

If anyone is interested in going to this concert as a group, we can meet in the church parking lot at 2:15 and carpool. Please let Pam Pettit know if you plan on going. Her number is 299-1609 or hunt her down after Liturgy. You can order your tickets in advance through the information below.

3 pm, Sunday, February 26, 2017, at First United Methodist Church, 315 Coal Ave. SW

If you would like to attend, you can order your tickets at <http://www.nmschorus.org/concerts/> or The Pit—1111 University SE, Mon-Fri 8:30 am-5:pm UNM Bookstore—Tue-Fri, 10 am-6 pm, or 800-838-3006, open 24 hours a day.

Vaughan Williams Mass in G minor is technically difficult, but harmonically astounding. Benjamin Britten sets W.H. Auden's poem to a wondrous English medieval carol in Hymn to St. Cecilia. His imaginative Festival Te Deum op. 32 has the freedom of Gregorian chant, but passion and energetic rhythm from the organ.

Dear Parish Family, we are cordially invited to attend Lenten Mission by Fr Simon Carian: March 20th, 21st & 22nd at 7pm at San Clemente Parish (Address: 244 Luna Ave SE, Los Lunas, NM 87031 Phone: (505) 865-7385)

The theme will be: The Three Secrets and the 100th anniversary of Our Lady of Fatima. For more detailed info, please, see flyer on the bulletin board in the hall or pick one from the greeting table.

February 12, 2017; Attendance: 99

Spiritual Friendship Group Meeting

The Perpetual Helpers Spiritual Friendship Group will be meeting on Saturday February 25 from 11:30 am until about 2:30 pm at Cracker Barrel near San Antonio & I-25.

The group is open to ALL WOMEN in the OLPH Parish. We meet & have a good meal & share with each other about our relationship with God. We love & support each other through the rough walk of the Narrow Way. Join us! Contact Lara or Rafael for more information.

The ECED (Eastern Catholic Eparchial Directors of Religious Education) is presenting a Bible Conference at St. Stephen's Cathedral in Phoenix AZ. May 19th - 20th, 2017, Friday 6:30 - 9pm and Saturday 10am - 4:30pm.

The theme is ***The Book of Beginnings: Genesis in the Eastern Christian Traditions***. There will be five presenters at this two day event. For more information please, see flyer on the greeting table at the holy water font/bulletin board in the parish hall. Thank you.

DATE	READER	TROJCA	GREETER	COUNTER	HOST
Feb. 26	Sven Svensson	Grace Brewer	Open	Cindy Loescher Barbara DeLap	Salazar

Barbara's Hall Report

Thanks to the Perpetual Helpers for another outstanding Sunday Social. They made pulled pork sliders, had lots of chips, potato salad, coleslaw, and baked beans. There were cookies and a birthday cake for Thomas Donlin!. Everything was beautifully decorated in Valentine colors. Even the punch was pink. Thanks again, Perpetual Helpers! We look forward to your next Sunday Social!

Coming Events—Mark Your Calendars Now

EVERY Friday	9:00—10:30 am—an hour of Prayerful witness For Life in front of Planned Parenthood (abortion clinic) on San Mateo with Our Lady Helper of Mothers Icon
February 27 Monday	10:30 am Shut-ins Visits
February 21, 28 Monday	6:30 pm CAFÉ meeting at UNM
February 21 Tuesday	6:00 pm Final session of St. John Bible Study for our tweens at the Flying Star
February 23 Thursday	6:00 pm pot luck dinner 7:00 pm THEOSIS: Mystery of the Byzantine Liturgy
February 27 Monday	First Day of the Great Fast 6:00 pm Presanctified Liturgy
March 2 Thursday	6—8:00 pm Women's Adoration at Annunciation / dinner & dessert at Flying Star on Menaul
March 11 Saturday	Second All Souls Saturday 9:00 am Divine Liturgy / Panachida and the reading of the names of our Deceased 12:30—3:30 pm Home School Group Meeting

Homeless Outreach by the Knights of Columbus will take place on **Wednesday, Feb. 22nd**. Meet at the parish at 6 PM head out by 6:30 PM. All men who are able and interested are invited (not just Knights, any men of goodwill who wish to help).

The Knights thank the OLPH Helpers (Mothers Group) who got together on Feb. 11 and made bags for the homeless. God Bless you!!!

MEAT FARE SUNDAY 2017

Since Zacchaeus Sunday, the Byzantine Church has presented themes of humility, repentance, reconciliation with God, and avoiding judgment of others. Now today the Last Judgment is brought forward. This is the blunt reminder that no one escapes a personal judgment at death, and at the end of time the General Judgment will take place. Today the Church cries out: *Every creature shall tremble before you. A river of fire shall flow before your judgment seat; the books shall be opened, and all secrets revealed. On that day, O righteous Judge, deliver me from the unquenchable fire, and make me worthy to stand at your right!*

Today was the last day to eat meat, thus the name “Meat-Fare”, as it is farewell to meat for those who are keeping the traditional fasting rules of Great Lent. Then this week was the time to use up all the dairy products in the house. All of these foods would not appear on the table again until Pascha, Easter Sunday.

The Fast of Cheesefare Week is a preparation for the Great Fast. This week, the structure of the church services changes, music becomes more solemn, and mandatory abstinence from meat is introduced on Wednesday as well as Friday. For those who will follow the strict fasting regulations, this is also the week in which to eliminate dairy products from the kitchen, so that by next Sunday, there will be none left.

For daily prayers, the *Prayer of Saint Ephrem* is added on Monday, Wednesday, and Friday. The prayer is said in three sections, each verse followed by either a deep bow, or kneeling on the floor and lowering one’s head in prostration.

Lord and Master of my life, Spare me from the spirit of indifference, despair, lust of power, and idle chatter.

Instead, bestow on me, Your servant, the spirit of integrity, humility, patience, and love.

Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters: for You are blessed forever and ever. Amen.

Saturday Feb 25 is the Day of All Holy Ascetics. All of the men and women of the era of the Desert Fathers are remembered (2nd- 4th centuries). The Divine Office speaks of their abstinence from meat, their fasting from foods from sunrise to sunset in the Lenten periods, their penances, their fasting from the passions, i.e., disordered feelings that inhibit one’s spiritual progress.

But the main thing is their heroism in prayer and charity, without which all of the penances are worthless. They must be done for the glory of God, for repentance of our own sins, for the sins of the world which rejects God, and as an act of love for God.

Whatever you are planning to do for Lent, do it with that last sentence above in mind.

Parish Lenten Retreat March16—19

Dear Parish Family,

Soon we will be welcoming Father John Sianchuk, CSsR of the Yorkton Redemptorists that are an Eastern Church Branch of the world-wide Congregation of the Most Holy Redeemer in Canada. He is the present director of the Bishop Velychkovsky Martyr’s Shrine, at St. Joseph’s Ukrainian Catholic Church in Winnipeg, Manitoba.

This is a unique gift and a great blessing from the Lord to have Father John at OLPH for the spiritual exercises. Please use this exceptional opportunity to improve your spiritual life. Retreat flyers are available on the Greeting Table by the Holy Water font. Please plan now to attend this special event as often as you are able to and invite your relatives, co-workers, and friends to join us. God bless you!



Triple Byzantine Thank YOU
to OLPH Helpers for hosting
lovely Valentine Social!!!
God Grant You Many Years!!!



Adoration for Women at An-
nunciation with Dinner/Dessert at
Flying Star is officially resched-
uled for Thursday 3/2 from 6-
8pm. Ladies of all ages, please
come join us for some quiet re-
flection in Adoration of the
Blessed Sacrament & some
down time to spend together in
fellowship after! Nurslings wel-
come.



Dear Parish Family, beginning March 1 through April 9 we are invited to join other Christians for 40 Days for Life - 40 days of prayer and fasting for an end to abortion. A prayer campaign for those who respect the dignity of all human life and strive for justice for the poorest, most vulnerable, and the least of God's children - the pre-born. We are also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Planned Parenthood, 701 San Mateo NE, and also to help spread the word about this important community outreach. For more info, especially for those who would like to volunteer to help, please con tact: Project Defending Life at 505-266-4100 or go to: www.defendinglife.org **OUR PARISH IS SCHEDULED TO PRAY AND WITNESS THE CULTURE OF LIFE IN FRONT OF PLANNED PARENTHOOD ON FRIDAY MARCH 3RD AND FRIDAY APRIL 7TH. THANK YOU AND GOD BLESS YOU**