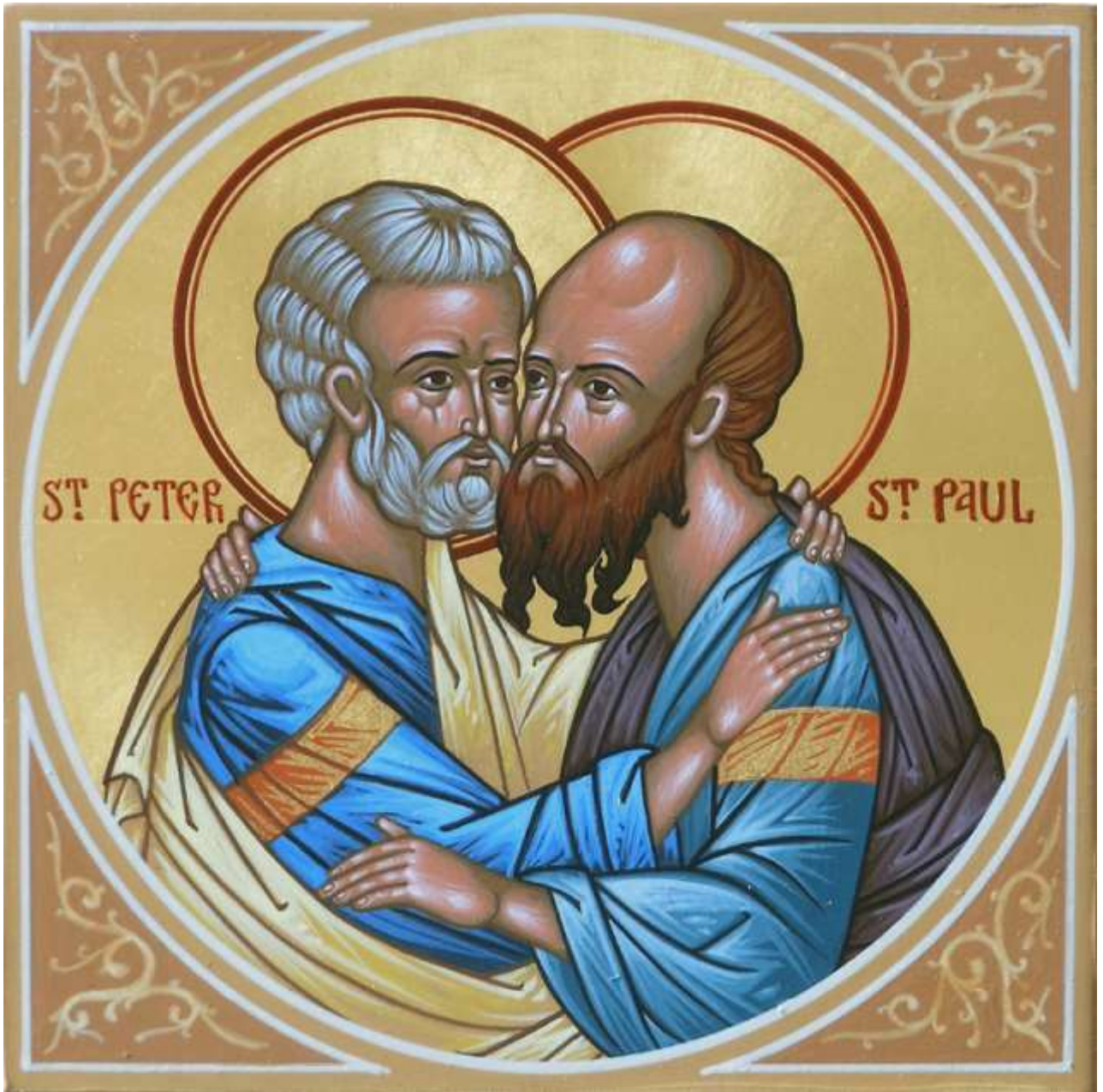


June 29, 2025 / T one 2
2nd Sunday After Pentecost
Peter and Paul Prime Apostles
Christ is Among Us! He is and Always Shall Be!



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Artur Bubnevych**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

Advisory Board

Fr. Chris Zegger, Dan Riley, Jeff Brewer,
Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

Father Thomas Donlin

Administrator

(505) 515-1519

Frdonlin@ephx.org

Father Christopher Zegger

Pastor Emeritus

(505) 256-1787

Frchris.zegger@gmail.com

**Confession (Mystery of
Reconciliation):**

9:00—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.

(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance

(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's
responsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one
receive the Anointing of the Sick before
any major surgery. Please don't let the
priest be last to know that someone is ill!


May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or
traveling or anyone who find this more convenient,
we just set up a new way to tithe online using your
credit card or debit card information. You can do a
one-time donation or setup weekly donations!! You
will receive a receipt and statement immediately
after donating. The software takes a very small per-
centage of the donation, but its worth it for the ease
of the system. You can donate using your comput-
er / smartphone at [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

**Welcome to our Church! If you are looking for a spiritual home, contact
Fr Chris or the office staff for more information. God bless you!
*Romans 5:1-10 & 2 Corinthians 11:21-12; Matthew 6:22-34 & Matthew 16:13-19***

- YouTube Live** 8:30 am Rosary
9:00 am Matins & Confessions
10:00 am Divine Liturgy / Intention for the Parishioners of OLPH
Veneration of the Relics of Saints Peter and Paul from Rome
12:30 pm Inquiry Class with Father Chris
- June 30 Mon** *Synaxis of the Twelve Apostles / 1 Cor 4:9-16; Mk 3:13-19*
9:00 am +Sven Svensson by Mary Alice Cooper
CGS Conference in the hall, 8 am—4:30 pm daily
- July 1 Tue** *Cosmas and Damian Unmercenaries / Rom 10:11-11:2; Mt 11:16-20*
9:00 am Divine Liturgy / +Sven Svensson by Mary Alice Cooper
CGS Conference
- July 2 Wed** *Deposition of the Robe of the Tehotokos / Heb 9:1-7; Lk 10:38-42 & 11:27-28*
CGS Conference
6:00 pm Divine Liturgy / Isaac Covarrubias by Patricia Covarubias
- July 3 Thu** *Hyacinth Martyr / Rom 11:13-24; Mt 11:27-30*
CGS Conference
- July 4 Fri** *Independence Day / Andrew of Jerusalem Archbishop
Rom 11:24-36; Mt 12:1-8*
 CGS Conference
9:00 am Prayer & Witness in front of abortion clinic on Lomas
6:00 pm Divine Liturgy / +David Martinez by Patricia Covarrubias
- July 5 Sat** *Athanasius of Mount Athos Venerable / Gal 5:22-6:2; Lk 6:17-23*
CGS Conference
4:00 pm Great Vespers
Hebrew Scriptures for Sunday: Numbers 5:5-10; Sirach 8:1-10; Isaiah 48:12-22
5:00 pm Vigil Divine Liturgy / +Sven Svensson by Barbara Svensson
- July 6 Sun** *4th Sunday After Pentecost / Rom 6:18-23; Mt 8:5-13*
8:30 am Rosary
YouTube LIVE 9:00 am Festal Matins
10:00 am Hierarchical Divine Liturgy / Intention for the Parishioners of OLPH
3:00 pm Parish picnic & pool party
ECF Classes Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Irene Bradley	Matt Williamson
Jenny Ford	Sorjah Chavez	James Epstein
Marilyn Fore	Abraham Haddad	Katy Ford
Barbara Svensson	Marianne Gerace	Madalyn Davis
Laurie Bienz	Michael Baron	Rebecca Russo
Brent Dodson-	Jessica Pieniadz	Jacob McTernan
Sands	Rhonda Glasscock	Paola Terlaza
Lara Davis	Amber Roybal	Vicki Frank
Carol Donlin	Philip Leahy	Emily
Marcie Dark	Juanita Montoya	Wojciechowski
Fr Chris Zugger	Linda Granci	Fr Joel Barstad
Fr Robert Rankin	Christopher	Fr. Joseph Wargaki
Fr. Steve Washko	Barlow	Fr James Bankston
Buster Miscusi	Joel Ford	Eric Forrest
Richard Jacobs	Andrew Martinez	Natalie Forrest
Lourdes Lasin	Jordan Smith	Ann Marie Gurule
Harry & Barbara	Janet Worthington	Tracy McTernan
De Lap	Sarah Chavez	Melissa Allen

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions / June 2025

That the world might grow in compassion

“But you, who do you say that I am?” The Apostles professed the faith throughout the world, and gave their lives to bear witness to the truth that Jesus is the Christ, the Son of the living God. On this Feast of the Apostles Peter and Paul we see this testimony and give thanks for their lives. Is this life of professing the truth something that he is asking you to consider by discerning a vocation to the monastic life or to holy orders? Contact the Vocations Office at 602-861-9778 or email: vocations@ephx.org



Vocation Icon

Today: Sullivan Family
Next Sunday: Garcia Family

July 6, 2025

Cantors: Andrea Riley & Evie
Jilek

Reader: Brook Jilek

Altar Servers for Hierarchical
Team: see Subdeacon Michael
Trojca Maddie Riley
Counters: Michael Wells &
Michael Fedorowich

Propers for 7/6/25

4th Sunday after Pentecost Patroness Feast of Miraculous Icon of OLPH Tone 3

Troparion (Tone 3) - 135
Troparion (OLPH) – Handout
v. Glory...

Kontakion (OLPH) - Handout
Kontakion (Tone 3) – 136
v. Now & Ever...

Theotokion – Handout

Prokeimenon & Alleluia - Handout
& 137

Our Father- 68

The OLPH Prayer Warriors

make intercessory prayer a daily commitment. We pray voluntarily and without bias; that is, we take to the Blessed Trinity the requests that come our way. The Prayer Warriors meet on Zoom every Sunday at 9:30 a.m. for the meetings. **If you would like to join the Prayer Warriors**, would like additional information, and/or would like for us to pray for your intentions, please contact
Lara Davis at
crowhopdavis@yahoo.com

Coming Events—Mark Your Calendars Now

Sun July 6	Parish Patronal Feast 10:00 am Hierarchical Divine Liturgy 3:00 pm Pool party at Jilek's
Mon July 7	6:00 pm Advisory Board Meeting
July 13-14	Apologetics Retreat
July 25-27	Guided by Mary Camp for Girls 9-17 Santa Fe, NM
Sat Aug 2	Holubki making
Thu Aug 21	9:00 am Nut Roll baking
Aug 22-23	Otpust Olympia, WA
Aug 29 -Sep 1	Otpust Uniontown, PA
Fri Sep 26	Bring baked goods for bake sale Load Holubki roasters Slice kielbasa Set-up for Bazaar inside hall
Sat Sep 27	Bazaar

THANK YOU TO Noah Braunschweiger for his work on cleaning up and reorganizing the Lending Library in the hall, and to Ann Rajala for the new signs.

Alicia's Hall Report

Thanks to Joe Romano for supplying last Sunday's social with fruit and bread. Thanks to the young women of the Parish for setting up, and again to Matt Campbell of Castle Coffee for the superb coffee! We had a light crowd today along with the light fare, but as always the fellowship was wonderful! Please sign up to host a social or contact me with ideas for a potluck theme. <https://www.signupgenius.com/go/10C054AAAAA2AA4F94-olph#/>
Have a blessed week!

Bishop Artur has granted a **dispensation from the discipline of abstinence from meat for all clergy and faithful for the Fourth of July** so that we can all join fully in the celebration. Please keep our nation and our Eparchy and parishes in your prayers, offering thanksgiving to God for His great and abundant blessings!

Sunday July 6th – OLPH Patronal Feast day with Bishop Artur

The celebration will start on Saturday at 4pm with **Great Vespers** and blessing of Litija. Sunday morning **Festal Matins** at 9:00 am followed by the **Hierarchial Divine Liturgy** at 10:00am with the Procession around the church and reading of the four Gospels followed by Myrovaniye anointing with partaking of the Litija bread as it is customary on such occasion.

Parish Picnic and Pool Party is scheduled at 3 pm at Jileks house (817 Lamp Post Circle SE) **We invite you to bring** a side dish, dessert, or chips and beverages of your choosing. Please bring folding chairs or picnic blankets, swimsuits, and a towel.

Volunteers Requested. The parish is looking for one or more interested volunteers to become the *Parish Historian*. We have many photos, documents, and videos from our more than 50 years of history that need to be sorted, digitized, and organized into an ongoing archive. With this work, current and future generations can enjoy the history of being Byzantine in New Mexico. *If you would enjoy these types of activities, please contact the parish office.*

EPARCHIAL APPEAL 2025 Bishop Artur extends his sincere gratitude to everyone who has already generously answered the Christian call to support the Church with prayers, fasting, and almsgiving during this Fast. Thank you for participating in the Bishop's Appeal!

Our sincere thank you to Terry McNeil, Pam Pettit & Ann Rajala. We have received a total of \$12, 568.60. Our goal is **\$18,000**; please give according to your means based on the household goal of \$300. We are requested to send our pledges directly to the Bishop's office 8105 North 16th Street, Phoenix, AZ, 85020 OR to <https://eparchy-of-phoenix.givecloud.co>.

OLPH ANNUAL BAZAAR Saturday, September 27th 10am-3pm There are many ways you can contribute to making this another blessed & fun-filled bazaar. Spread the word! We need HELP before, during & after!

Valentina (505) 515-4548 Alicia (720) 280-0710

Sign-Up Genius link

<https://www.signupgenius.com/go/10C054AAAAA2AA4F94-57258684-ourlady>

MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS

Reminder: PLEASE, CHECK your Safe Environment Compliance Certificate Expiration date.

Please note that Online Virtus training for many will be expiring within August-Sept-October. The Eparchy's revised Safe Environment Policy no longer allows for lapses in compliance - either in Virtus training or in background screenings - for ALL OLPH VOLUNTEERS AND EXPLORER YOUTH GROUP LEADERS. Anyone falling out of compliance at any point must immediately cease from their designated area of service at OLPH until such time as they are in compliance once again. No one - not members of the clergy, volunteers, educators, employees etc. - may serve for even one day when out of SEP compliance. Thank you for your vigilance in this matter.

Saints Peter and Paul

Our two saints are responsible for the preaching to the Gentiles (Paul) and approving that mission (Peter). Both went to Rome: Paul to preach to the emperor and the Jews of Rome, Peter to establish the foundation of the Church in the capital of what was then the heart of the known world since, for Europeans and Near Easterners, “all roads lead to Rome.” Peter and other apostles were initially opposed to the Gentile converts being baptized and hands laid on for the Holy Spirit unless they followed the Mosaic laws. Paul went to Jerusalem to plead his case. Peter was converted to this point of view by a vision given to him by God which was followed by the baptism of the Roman centurion Cornelius and all his household (Acts, chapters 9 – 11), and announced the change of his position at the first Council (Acts 11). **Peter’s support was needed for the mission to continue, as he was recognized as the leader of the Church. Thus, many icons show the two embracing in reconciliation at this council.**

Peter and Paul are considered to be the two pillars of the Catholic Church. From radically different backgrounds - Peter a commercial fisherman from Galilee, Paul a well-educated Pharisee and Roman citizen from the colony of Tarsus - they set about to convert the Roman Empire from their base in Jerusalem, and then in Rome itself. **Peter overcame his prejudices and proclaimed the gospel to the Gentiles, breaking free of Jewish legalisms. Paul pleaded his case for the Gospel before Emperor Nero himself,** who would blame the new Christian Church for the Great Fire of Rome in 64 AD. It is said Nero had Christians burned alive as human torches in his garden. This is what the ancient Church was up against! But the **apostles did not waver in their dedication to preaching the Good News of the Gospel** and within 120 years Christianity was the dominant faith in Greece, Asia Minor, Palestine, the Nile Valley, and around Carthage in north Africa.

They were both martyred for the faith in 67 AD; tradition says it was on June 29. Paul was beheaded because he was a Roman citizen and so protected from torture. Peter was crucified, but upside down in response to his protest that he could not die in the same form as Christ had. We know that this feast was celebrated on this day in Rome from catacomb carvings. Ancient tradition said that Peter was buried in the cemetery on Vatican hill, and Paul in what is now Saint Paul Outside the Walls basilica; the famous High Altar and the Confessio are built over his grave. Science has proven the two burial spots to be correct.

Peter of course is the first bishop of Rome, and thus the first Pope. Christ made him the rock on which Jesus’s Church stands. **The gates of hell shall not prevail against the Catholic Church, as our Lord Himself proclaimed.** While there have been “bad popes,” there has never been a heretical pope! The same cannot be said of the Orthodox patriarchates. The Holy Spirit continues to guide the pope as Vicar of Christ on earth, but Jesus remains the Head of His Body, the Church.

In icons, Peter is always shown holding the keys of heaven, given to him by Jesus, along with a scroll representing his two letters. Paul is shown usually with a book, representing his Epistles, and often a sword, since he was beheaded by Nero. Peter of course was crucified upside down, as he said that he was not worthy of dying in the same manner as his Lord.

Peter was the first pope-martyr, but not the last.

We are privileged to have available two small relics of SS Peter and Paul, which Father Chris loans to the church every year for public veneration at the Liturgies of this Feast.



Harden Not Your Heart

By Laurie Bieng

How do we harden our hearts? Wounds caused by words, actions and attitudes we received throughout our life; that we don't want to look at or remember. We take them and hide them where they continue to fester. Messages like: no one can love, you are not wanted, you can never do anything right, you are stupid etc. become a part of how we see ourselves, a part of our identity. We engage in actions, behaviors to protect us from being hurt again. We end up being angry, distrustful, resentful, unforgiving, judgemental, withdrawn and beaten down.

Jesus knows where these wounds come from. He wants to heal them. We need to come to Jesus, surrender our hurts and actions into His loving hands, ask for forgiveness for our actions and forgive those who hurt us. This then opens our heart to allow the love and mercy that flows from the Heart of Jesus into our hearts then to those He brings our way. May you pray with me to our Lord,

"Create within me a new heart that conforms more to Your Sacred Heart. Amen."

