

March 9, 2025 / 1st Sunday of the Great Fast / T one 1

Glory to Jesus Christ! / Glory to Him Forever!

¡Gloria a Cristo! / ¡Gloria a Él para siempre!



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Artur Bubnevych**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

Bishop John Pazzak, in residence

(505) 268-2877

**Father Christopher Zuger
Administrator**

(505) 256-1787

**Frchris.zuger@gmail.com
www.frchriszuger.com**

Father Tyler Strand

(516) 661-0883

tylerastrand@yahoo.co.uk

**Confession (Mystery of
Reconciliation):**

9:00—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in
advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in
advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's
responsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness or
old age. Father will bring the confined
person the Holy Mysteries on a regular
basis. It is recommended that one re-
ceive the Anointing of the Sick before any
major surgery. Please don't let the priest
be last to know that someone is ill!

May the Lord Bless your kindness and
generosity to His House!




ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or
traveling or anyone who find this more convenient,
we just set up a new way to tithe online using your
credit card or debit card information. You can do a
one-time donation or setup weekly donations!! You
will receive a receipt and statement immediately
after donating. The software takes a very small per-
centage of the donation, but its worth it for the ease
of the system. You can donate using your comput-
er / smartphone at [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

**Welcome to our Church! If you are looking for a spiritual home, contact
Fr Chris or the office staff for more information. God bless you!**

Hebrews 11:24-26.32-12:2; John 1:43-51

- 8:30 am Rosary
- YouTube Live** 9:00 am Matins & Confessions
10:00 am Divine Liturgy / Intention for the Parishioners of OLPH
Blessing of Icons / Procession with Icons
- ECF Classes**
- Mar 10 Mon** ***Codratus and Others Martyrs / Gen 3:21-4:7; Prov 3:34-4:22***
-  6:00 pm Advisory Board Meeting
- Mar 11 Tue** ***Sophronius Patriarch of Jerusalem / Gen 4:8-15; Prov 5:1-15***
- 6:00—7:30 pm Lord Teach Me to Pray Women's group meeting
- Mar 12 Wed** ***Theophane Venerable-Confessor / Gen 4:16-26; Prov 5:15-6:3***
-  4:00-6:00 pm Catechesis of the Good Shepherd
5:45 pm Confessions
6:00 pm Presanctified Liturgy / +Camille Dvorack by Michael Dvorack
- Mar 13 Thu** ***Translation of the Relics of Nicephorus Patriarch / Gen 5:1-24; Prov 6:3-20***
- 6:00 pm FNE Meeting
- Mar 14 Fri** ***Benedict Venerable / Gen 5:32-6:8; Prov 6:20-7:1***
-  9:00 am Prayer & Witness in front of abortion clinic on Lomas
5:45 pm Confessions
6:00 pm Presanctified Liturgy / Brenden Kearney by Riley Family
Potluck dinner after Liturgy
- Mar 15 Sat** ***2nd All Souls Saturday / Heb 3:12-16; Mk 1:35-44***
- 9 am Divine Liturgy / Panachida
- Mar 16 Sun** ***2nd Sunday of the Great Fast / Heb 1:10-2:3; Mk 2:1-12***
- 4:00 pm Great Vespers
Hebrew Scriptures for Sunday:
5:00 pm Divine Liturgy / +Sven Svensson by Vera Mendoza
- 8:30 am Rosary
9:00 am Matins & Confessions
- YouTube LIVE** 10:00 am Divine Liturgy / Intention for the Parishioners of OLPH
- ECF Classes** Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olpimedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Harry & Barbara	Jordan Smith
Jenny Ford	De Lap	Janet Worthington
Marilyn Fore	Irene Bradley	Matt Williamson
Barbara Svensson	Soriah Chavez	James Epstein
Laurie Bienz	Abraham Haddad	Katy Ford
Brent Dodson-	Marianne Gerace	Madalyn Davis
Sands	Michael Baron	Rebecca Russo
Lara Davis	Jessica Pieniadz	Jacob McTernan
Carol Donlin	Rhonda Glasscock	Paola Terlaza
Marcie Dark	Amber Roybal	Vicki Frank
Fr Chris Zuger	Philip Leahy	Emily
Fr Robert Rankin	Juanita Montoya	Wojciechowski
Fr. Steve Washko	Linda Granci	Fr Joel Barstad
Buster Miscusi	Christopher	Fr. Joseph Wargaki
Richard Jacobs	Barlow	Fr James Bankston
Lourdes Lasin	Joel Ford	Killian Parker
	Andrew Martinez	

Grant O Lord to your faithful servants Many Happy & Blessed Years

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions / March For families in crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

"We have found the one about whom Moses wrote in the law and also the prophets." Finding our Savior during this Great Lent, we see that our "soiled image was restored to its original form, commingled with divine beauty." God may be helping you find that a vocation to monasticism or holy orders is the beauty meant for you. To learn more, contact the Vocations Office at 602-861-9778 or email: vocations@ephx.org



Vocation Icon

Today: Daniel Fogg Family
Next Sunday: Riley Family

March 16, 2025

Cantor: Andrea Riley
Reader: Michael Wells
Altar Server: Sbdcn Michael Grega
Counters: Jana Brewer &
Laura Serna

**Propers for 3/16/25
2nd Sunday of Great Fast
Tone 2**

Typical Psalms & Beatitudes -
16, 17 & 23

Troparion (Tone 2) – 130
v. Glory...

Kontakion (GF) – 222
v. Now & Ever...

Theotokion – 406
Prokeimenon & Alleluia - 223 &
132

Instead of 'It is Truly Proper' – 221
Our Father- 67

The OLPH Prayer Warriors
make intercessory prayer a daily
commitment. We pray voluntarily
and without bias; that is, we take to
the Blessed Trinity the requests that
come our way.

The Prayer Warriors meet on Zoom
every Sunday at 9:30 a.m. for the
meetings. **If you would like to join
the Prayer Warriors**, would like ad-
ditional information, and/or would
like for us to pray for your inten-
tions, please contact

Lara Davis at
crowhpdavis@yahoo.com

Coming Events—Mark Your Calendars Now

Mon Mar 17	Pysanky Workshop 12 noon—3:00 pm
Sat Mar 22	3rd All Souls Saturday 9:00 am Divine Liturgy / Panachida Pysanky Workshop 12 noon—3:00 pm
Tue Mar 25	Annunciation of the Theotokos Solemn Holy Day 6:00 pm Vesper Divine Liturgy
Wed Mar 26	MID LENT
Sat Mar 29	4th All Souls Saturday 9:00 am Divine Liturgy / Panachida
Wed Apr 16	Holy Wednesday Presanctified with Holy Mystery of Anointing
Thu Apr 17	Holy Thursday 7:00 pm Divine Liturgy
Friday Apr 18	Good Friday 10:00 am Passion Gospels 7:00 pm Vespers All-Night Vigil
Sat Apr 19	Holy Saturday 10:00 am Jerusalem Matins Clean & Decorate Church 5:00 pm Paschal Vigil / Blessing of Baskets
Sun April 20	Pascha 9:00 am Procession and Matins 10:00 am Divine Liturgy Blessing of Baskets, Paschal Meal

Alicia's Hall Report

Glory to Jesus Christ! Thanks to EVERYONE who generously contributed to +Sven's Mercy Meal, and to the Unstuffed Cabbage Roll Casserole Social celebrating Michael Grega's ordination to the Subdiaconate and Cheesefare/Forgiveness Sunday! What a joyful celebration! We had a food prep assembly line with lots of great helpers and though we did blow a fuse with all those instant pots, we successfully cooked the feast after spreading them out, phew! It was a real treat having several Saturday night DL go-ers with us on Sunday, and our beloved Bishop Artur! May God bless you all abundantly! God grant Subdeacon Michael many blessed and happy years! Have a blessed second week of the Great Fast.

. **Bishop John Pazak** will be serving us during Great Lent through Pascha (Easter). He is a Redemptorist priest-monk, who previously served as the bishop of the eparchy of Saints Cyril and Methodius in Canada, and as our fifth eparchial bishop in 2016-2021. He by February 28, is living in the rectory. Father Tyler will continue to help us until he moves to Chicago.

Good Shepherd St. Patrick's Day Dinner Celebration: at Nativity of the Virgin, 9502 Fourth St NW on March 17, 4—8 pm, benefiting Good Shepherd Center.

2025 Pysanky Workshops

OLPH will again host workshops for anyone interested in creating pysanky (Ukrainian Easter eggs). The workshops are open to all skill levels (children do need a supervising adult) and will be held January-March at the following dates from **12-3pm** in the parish hall: **March 17 & 22. All OLPH Parishioners receive a 50% discount of workshop participation fee.** Workshop space is limited, so please sign up at <http://tinyurl.com/olph-pysanky> or by contacting Andrea Riley at 505-220-9137 or andrea.riley@gmail.com

Ask Father Chris: Pope Francis recently created a number of cardinals. Are there any Eastern Catholic ones?

Yes, there are several. In the last consistory, the pope named a Ukrainian Catholic from Australia and a Syro-Malabar Catholic from India. There are now two cardinals from the Byzantine Catholic Churches: one each from the Romanian and Ukrainian Churches; one each from the Chaldean, Ethiopic, and Maronite Churches; and two from the Syro-Malabar Church, one of whom will soon be 80 and so ineligible to elect a new pope. By the way, each cardinal is assigned a parish church in the diocese of Rome, as they originally represented the clergy of the diocese who used to elect the pope.

Recipes for Lent

[great fast meals | ByziMom](#) Recipes online. There is also an E-book for \$18 that you can download, "The ByziMom's Guide to Great Fast Meals". A print version is available at the website for \$25.75.

[Great Lent Meal Plan](#) (Free Printable Plan With Shopping Lists!) Carrie Chuff is the mother of six, and has compiled different recipes (and shopping lists) for the Great Fast.

[Lenten Meal Plan](#)— Orthodox Mom Sylvia has multiple recipes to try out, and links to downloadable sources as well.

MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS

Reminder: PLEASE, CHECK your Safe Environment Compliance Certificate Expiration date. Please note that Online Virtus training for many will be expiring within August-Sept-October. The Eparchy's revised Safe Environment Policy no longer allows for lapses in compliance - either in Virtus training or in background screenings - for ALL OLPH VOLUNTEERS AND EXPLORER YOUTH GROUP LEADERS. Anyone falling out of compliance at any point must immediately cease from their designated area of service at OLPH until such time as they are in compliance once again. No one - not members of the clergy, volunteers, educators, employees etc. - may serve for even one day when out of SEP compliance. Thank you for your vigilance in this matter.

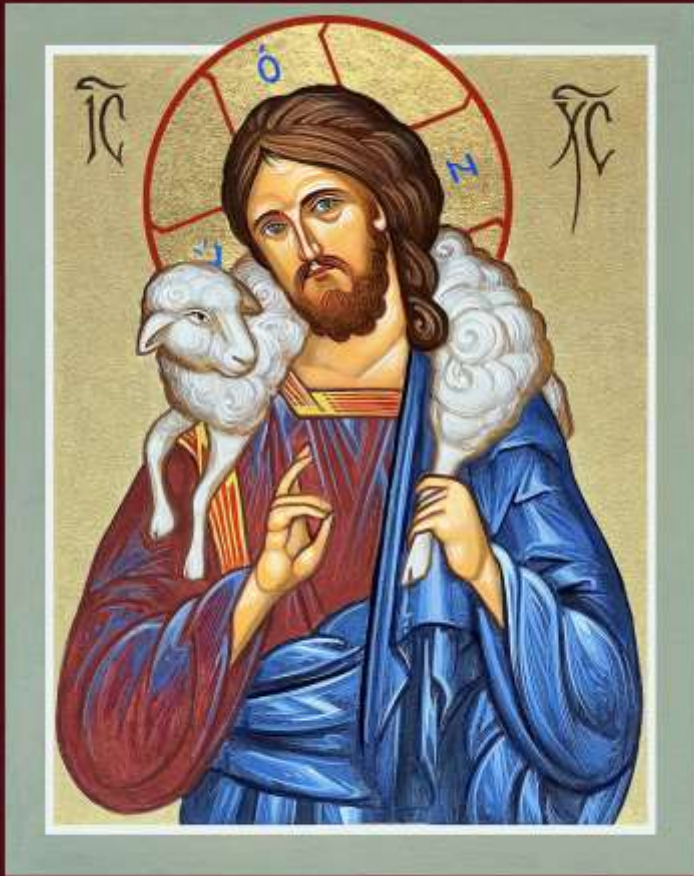
Sunday of Orthodoxy

Today we celebrate the **“triumph of orthodoxy”**, meaning of the true faith. It celebrates the final **victory over iconoclasm** in 842, after 130 years of repeated struggles. The Synod of Constantinople had reaffirmed the **Seventh Ecumenical Council’s teaching on the proper use of images in Christian worship**, and to celebrate the event the population of Constantinople took part in a huge procession from the Blachernae Church to Hagia Sophia, carrying icons and other images which had been hidden away in homes and monasteries and now could be restored to the churches. Every parish holds a similar procession today, as the Council had decreed that the first Sunday of Lent, which was the date of that first procession, would include this remembrance. Today, **the service reflects both the original feast, Sunday of the Prophets, and the triumph** of orthodox belief over all heresies.

Iconoclasm teaches that the Word of God as Incarnate in Jesus cannot be represented in art, as the divine should not be represented in any way. In this, it reflects both Jewish and Muslim teachings, and raises questions then about the Incarnation: **did God truly become a human being in Jesus or not? This underlies all iconoclastic tendencies, rejecting the great gift of the incarnation through which we are offered salvation.** Iconoclasm was also a reaction to the claims of miracles accompanying icons, and excessive piety which seemed to veer very close to idol-worship. **Much of the ancient Eastern Christian art was lost in this purge. The treasury of Saint Catherine’s Monastery in Sinai – which escaped the destruction - gives us a glimpse of what we have lost.**

Pope Gregory III condemned the heresy, but his messengers to the Emperor were imprisoned. Finally, Empress Irene, Pope Hadrian I, and Patriarch Tarasios convoked the Seventh Council at Nicaea in 786-87. This Council reaffirmed the classic Christian defense of icons:

“We define that the holy icons, whether in color, mosaic, or some other material, should be exhibited in the holy churches of God, on the sacred vessels and liturgical vestments, on the walls, furnishings, and in houses and along the roads, namely the icons of our Lord God and Savior Jesus Christ, that of our Lady the Theotokos, those of the venerable angels and those of all saintly people. Whenever these representations are contemplated, they will cause those who look at them to commemorate and love their prototype. We define also that they should be kissed and that they are an object of veneration and honor (timitiki proskynisis), but not of real worship (latreia), which is reserved for Him Who is the subject of our faith and is proper for the divine nature. The veneration accorded to an icon is in effect transmitted to the prototype; he who venerates the icon, venerated in it the reality for which it stands”.



The **MISSION SOCIETY** is pleased to present our beautiful *NEW* 2025 Easter card with the icon of **Jesus the Good Shepherd**. The card has *many* OLPH connections! The icon was made by iconographer Britta Prinzivalli brittworks.com at the request of our own *Catechesis of the Good Shepherd* group, a national program which we use for our preschoolers and kindergarten children. The group provided input on the colors used and the original icon is now displayed in their classroom! The pysanky eggs inside the card were made by the children of our parish. As has been the case since 2022, 100% of your card purchases & donations go to **“UKRAINE RELIEF”**.

The eparchy (diocese) of Mukachevo will use it to help over 400,000 refugees from eastern Ukraine with housing; clothing; school supplies for children; psychological support for refugee children & adults; food parcels & expenses for heating.

A packet of 5 cards sells for \$15 including envelopes. Each packet of cards includes a prayer list. Fill out the slip with the names of the recipients and return by mail or drop them by the parish office no later than Palm Sunday, April 13th. This gives us time to scan and e-mail them to Ukraine. Bishop Teodor will place all these names on the altar at Holy Cross Cathedral in Ukraine & pray for your intentions at the Divine Liturgy on Easter Sunday.

www.missionboronyavo.org