

February 23, 2025 / Sunday of Meat Fare / T one 7

Glory to Jesus Christ! / Glory to Him Forever!

¡Gloria a Cristo! / ¡Gloria a Él para siempre!



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Artur Bubnevych**

Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

Father Christopher Zuger
Administrator
(505) 256-1787

Frchris.zuger@gmail.com
www.frchriszuger.com

Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk

Sunday February 16, 2025

Attendance: Saturday 27; Sunday 141

Our Gifts to the Lord:

Adult tithing	\$3,145.00
On-line giving	440.00
CAFE	100.00
Candles	32.98
Book Store (2/10—2/16)	314.40
TOTAL:	\$4,032.38

May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

Confession (Mystery of Reconciliation):

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/ Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)


Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

**Welcome to our Church! If you are looking for a spiritual home, contact
Fr Chris or the office staff for more information. God bless you!**

1 Corinthians 8:8-9:2; Matthew 25:31-46

- 8:30 am Rosary
- YouTube Live** 9:00 am Matins & Confessions
10:00 am Divine Liturgy / Intention for the Parishioners of OLPH
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine
- Feb 24 Mon** ***First & Second Findings of the Head of John the Baptist***
2 Cor 4:6-15; Mt 11:2-15
- Feb 25 Tue** ***Tarasius Patriarch / Jude 1-10; Lk 22:39-42 & 45-23:1***
6:00—7:30 pm Lord Teach Me to Pray Women's group meeting
- Feb 26 Wed** ***Porphry of Gaza Bishop / Joel 2:12-26; Joel 4:12-21***
4:00-6:00 pm Catechesis of the Good Shepherd
- Feb 27 Thu** ***Procopius Venerable-Confessor / Jude 11-25; Lk 23:1-34 & 44-56***
6:00 pm Viewing begins for +Sven Svensson
7:00 pm Rosary followed by Parastas
- Feb 28 Fri** ***Basil Venerable-Confessor / Zech 8:7-17; Zech 8:19-23***
 10:00 am Funeral Divine Liturgy for +Sven Svensson
1:00 pm Burial at Mount Calvary
Lunch served in the hall following Burial
- Mar 1 Sat** ***All Holy Ascetical Fathers and Mothers / Rom 14:19-23 & 16:25-27; Mt 6:1-13***
9:00 am—12 noon work day for Church cleaning
- Mar 2 Sun** ***Sunday of Cheese Fare***
4:00 pm Great Vespers
Hebrew Scriptures for Sunday: Genesis 1:1-5; Job 20:1-23; Proverbs 20:1-20
5:00 pm Divine Liturgy / +Sven Svensson by Knights of Columbus Council 5729
8:30 am Rosary
9:00 am Matins & Confessions
- YouTube LIVE** 10:00 am Divine Liturgy /Intention for the Parishioners of OLPH
- ECF Classes** Ordination of Michael Grega to Subdiaconate
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olpimedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Harry & Barbara	Jordan Smith
Jenny Ford	De Lap	Janet Worthington
Marilyn Fore	Irene Bradley	Patti Klinkovsky
Barbara Svensson	Soriah Chavez	Matt Williamson
Laurie Bienz	Abraham Haddad	James Epstein
Brent Dodson-	Marianne Gerace	Katy Ford
Sands	Michael Baron	Madalyn Davis
Lara Davis	Jessica Pieniadz	Rebecca Russo
Carol Donlin	Rhonda Glasscock	Jacob McTernan
Marcie Dark	Amber Roybal	Paola Terlaza
Fr Chris Zuger	Philip Leahy	Vicki Frank
Fr Chris Andrews	Juanita Montoya	Emily
Fr Robert Rankin	Linda Granci	Wojciechowski
Fr. Steve Washko	Christopher	Fr Joel Barstad
Buster Miscusi	Barlow	Fr. Joseph Wargaki
Richard Jacobs	Joel Ford	Fr James Bankston
Lourdes Lasin	Andrew Martinez	Killian Parker

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions / February

For vocations to the priesthood and religious life Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life

“Whatever you did for the least of my brethren, you did it for me.” Our vocation is centered on us being Christ to others and seeing Christ in others with as much faith, hope and love as possible. God may be calling you to this life through an increase in prayer as a monk, nun, or member of the clergy. To find out more, contact the Vocations Office at 602-861-9778 or email: vocations@ephx.org

February Birthdays

Dave Dark, 2/1
Jenny Ford, 2/1
Fr. Thomas Donlin, 2/4
Amanda Martinez, 2/6
Monica Sena 2/7
Lucy Brewer 2/11
Mateo Garcia, 2/11
Jesse Hebert, 2/12
Daniel Brewer, 2/13
Chiara Salazar, 2/14
Fiona Griffith, 2/14
Nicholas Riley, 2/16
Nadia Fuentes, 2/16
Jacob Montano, 2/19
Milagros Sullivan, 2/21
Sarah Padilla, 2/22
Vittorio Salazar, 2/24
Marie Wofford, 2/26
Beverly Forrest, 2/27

Grant O Lord to your faithful servants Many Happy & Blessed Years



Vocation Icon

Today: Fedorowich Family
Next Sunday:
Kendrick Sena Family

March 2, 2025

Cantor: Andrea Riley
Reader: Dylan Davidson-Talley
Altar Server: Michael Grega
Trojca: Lucy Brewer
Counters: Michael Wells, &
Michael Fedorowich

**Propers for 3/2/25
Cheesefare Sunday
Tone 8**

Troparion (Tone 8) - 161
v. Glory...
Kontakion (Cheesefare) - 218
v. Now & Ever...
Theotokion - 406
Prokeimenon & Alleluia - 219
Our Father

The OLPH Prayer Warriors
make intercessory prayer a daily
commitment. We pray voluntari-
ly and without bias; that is, we
take to the Blessed Trinity the
requests that come our way.
The Prayer Warriors meet on Zoom
every Sunday at 9:30 a.m. for the
meetings. **If you would like to join
the Prayer Warriors**, would like ad-
ditional information, and/or would
like for us to pray for your inten-
tions, please contact
Lara Davis at
crowhopdavis@yahoo.com

Coming Events—Mark Your Calendars Now

Mon Mar 3	Beginning of Great Fast 6:00 pm Presanctified Liturgy
Sat Mar 8	10:30 am—4:00 pm Explorers Youth Group
Mon Mar 10	6:00 pm Advisory Board Meeting
Sat Mar 15	2nd All Souls Saturday 9:00 am Divine Liturgy / Panachida
Mon Mar 17	Pysanky Workshop 12 noon—3:00 pm
Sat Mar 22	3rd All Souls Saturday 9:00 am Divine Liturgy / Panachida
Tue Mar 25	Annunciation of the Theotokos Solemn Holy Day 6:00 pm Divine Liturgy
Wed Mar 26	MID LENT 6:00 pm Presanctified Liturgy
Sat Mar 29	4th All Souls Saturday 9:00 am Divine Liturgy / Panachida
Thu April 3	Great Canon of St. Andrew of Crete
Sat Apr 12	Saturday of Lazarus

We will be singing the "Holy God" and the "Holy, Holy, Holy" in Church Slavonic through Great Lent. The words are on the last page of the hymnal that is in the pew boxes along with a pronunciation guide.

This is the original language used by the Byzantine Catholics of Carpathian Rus', Hungary, Slovakia, and Ukraine, both in worship and in daily use at the time of Saints Cyril and Methodius.

ALICIA'S HALL REPORT

Wow- what a yummy feast we had on Sunday! Thank you Mary Blain for your delicious Frito pie! Thanks Madeline for the delicious cornbread and beans, to everyone else who contributed, & to the Blains for the super clean up job! Have a blessed week & please sign up to bring meatless & dairy free meals during the Great Fast.

Friday Night Meatless Potlucks following Presanctified Divine Liturgy

Please join us for a **meatless** and **dairy free** potluck in the hall after 6pm Presanctified Divine Liturgy on Friday evenings during the Great Fast. Bring whatever you have on hand and join us for some good fellowship and a shared meal! Presanctified Divine Liturgy and potluck on Fridays is one of my favorite times during the Great Fast. I'd encourage you all to join at least once, but hopefully more often during the Fast! It is a beautiful Liturgy.

Our condolences to Barbara Svensson on the passing of her husband +Sven. Sven was an active member of the parish for many years. He served as a Grand Knight for the Knights of Columbus, managed the gift shop, sang in the choir, chanted the Epistle, and taught in our ECF program. One of his favorite things to do was to organize, cook, and serve annual Senior Parishioner dinners. May his memory be eternal, vicnaja jemu pamjat!

. **Bishop John Pazak** will be serving us during Great Lent through Pascha (Easter). He is a Redemptorist priest-monk, who previously served as the bishop of the eparchy of Saints Cyril and Methodius in Canada, and as our fifth eparchial bishop in 2016-2021. He will arrive here by February 28, and will be living in the rectory. Father Tyler will continue to help us until he moves to Chicago.

Albuquerque, NM Catholic Schoolhouse, a local, classical, homeschool program, is currently registering students for the 2025-2026 academic year. More than an academic co-op, we strive to grow in virtue and holiness together as a community. Catholic Schoolhouse is a structured program meeting weekly for homeschoolers that includes chorus, two hours of classroom instruction, science experiments, art projects, and opportunities for socializing after class including field trips and parties. There are programs available for students 3 years old through 9th grade.

Please join us for an informational session and open house on Thursday March 6 at 6pm at Our Lady of Guadalupe Parish Hall (1860 Griegos Rd NW) to learn more about this program. There will be time to tour our classrooms with immersive mock class sessions, review the curriculum, and to ask questions about the program. Kindly RSVP to albuquerquenm@catholicschoolhouse.com.

If you are a **registered parishioner** and not receiving the bulletin electronically, please inform Ann or Father Chris in the office.

2025 Pysanky Workshops

OLPH will again host workshops for anyone interested in creating pysanky (Ukrainian Easter eggs). The workshops are open to all skill levels (children do need a supervising adult) and will be held January-March at the following dates from **12-3pm** in the parish hall: **March 17 & 22. All OLPH Parishioners receive a 50% discount of workshop participation fee.** Workshop space is limited, so please sign up at <http://tinyurl.com/olph-pysanky> or by contacting Andrea Riley at 505-220-9137 or andrea.riley@gmail.com

MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS

Reminder: PLEASE, CHECK your Safe Environment Compliance Certificate Expiration date. Please note that Online Virtus training for many will be expiring within August-Sept-October.

The Eparchy's revised Safe Environment Policy no longer allows for lapses in compliance - either in Virtus training or in background screenings - for **ALL OLPH VOLUNTEERS AND EXPLORER YOUTH GROUP LEADERS**. Anyone falling out of compliance at any point must immediately cease from their designated area of service at OLPH until such time as they are in compliance once again. No one - not members of the clergy, volunteers, educators, employees etc. - may serve for even one day when out of SEP compliance. Thank you for your vigilance in this matter.

Meatfare Meditation - Fr. Chris

The statement of this Sunday is this: **at the end of time, no matter how much Man may protest that God does not exist, there will be an accounting for each and every individual. And those who have failed to follow God's commandments among Christians, and the natural law among non-Christians, are doomed.** Great the joy of those who are saved! How awful must be the hatred that binds Satan and his sinful followers together! And where exactly do I think that I am going to end up? **No one is assured of salvation: it is a free gift from God,** and we, to whom the fullness of revelation has been given in the teachings of the Church, are responsible indeed for what we do and say here and now. May our prayer be that of the Kontakion for today:

Every creature shall tremble before you. A river of fire shall flow before your judgment seat; the books shall be opened, and all secrets revealed. On that day, O righteous Judge, deliver me from the unquenchable fire, and make me worthy to stand at your right! - Vespers

The Fast of Meatfare Week is a preparation for the Great Fast. This week, the structure of the church services changes, music becomes more solemn, and abstinence from meat is introduced on Wednesday as well as Friday. Traditionally this was the last day for the consumption of meat in a home. For those who will follow the strict fasting regulations, this is also the week in which to eliminate dairy products from the kitchen, so that by next Sunday, there will be none left.

For daily prayers, the Prayer of Saint Ephrem is added on Monday, Wednesday, and Friday. The prayer is said in three sections, each verse followed by either a deep bow, or kneeling on the floor and lowering one's head in prostration.

Lord and Master of my life, Spare me from the spirit of indifference, despair, lust of power, and idle chatter.

(While prostrating: O God, be merciful to me a sinner. O God, cleanse me of my sins and have mercy on me. O Lord, forgive me, for I have sinned without number.)

Instead, bestow on me, Your servant, the spirit of integrity, humility, patience, and love.

(While prostrating: O God, be merciful to me a sinner. O God, cleanse me of my sins and have mercy on me. O Lord, forgive me, for I have sinned without number.)

Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters: for You are blessed forever and ever. Amen.

(While prostrating you can say this if you wish: O God, be merciful to me a sinner. O God, cleanse me of my sins and have mercy on me. O Lord, forgive me, for I have sinned without number.)

This Saturday is the Day of All Holy Ascetics. All of the men and women of the era of the Desert Fathers are remembered. The Divine Office speaks of their abstinence from meat, their fasting from foods from sunrise to sunset in the Lenten periods, their penances. But the main thing is their heroism in prayer and charity, without which all of the penances are worthless. **They must be done for the glory of God, for repentance of our own sins, for the sins of the world which rejects God, and as an act of love for God.**

Whatever we are planning to do for Lent, let us do so with this sentence above in mind.

At the Last Judgment, we will be challenged by Christ the Judge on how we treated others in our lifetimes. What do I do? I do what I can. I do what I truly can. Each of us has different abilities, talents, gifts – we each can do something – Christ puts an equal sign between Himself and those who are in distress.

The Works of Mercy

Corporal Works of Mercy

These works require time, conversion of heart, spending money on others, prayer for others, and action by us.

The Corporal Works of Mercy are these kind acts by which we help our neighbors with their material and physical needs.

To: feed the hungry/ give drink to the thirsty / clothe the naked / shelter the homeless/ visit the sick/ visit the imprisoned / bury the dead.

Spiritual Works of Mercy

The Spiritual Works of Mercy are acts of compassion, by which we help our neighbors with their emotional and spiritual needs.

counsel the doubtful/ instruct the ignorant/ admonish sinners comfort the afflicted/ forgive offenses/ bear wrongs patiently pray for the living and the dead.

Every creature shall tremble before you. A river of fire shall flow before your judgment seat; the books shall be opened, and all secrets revealed. On that day, O righteous Judge, deliver me from the unquenchable fire, and make me worthy to stand at your right! - *Divine Office for today*

St. Jean Vianney on the Last Judgment:

This examination will be terrible, my children, because nothing is hidden from God. His infinite wisdom knows our most inmost thoughts; it penetrates to the bottom of our hearts, and lays open their innermost folds. In vain sinners avoid the light of day that they may sin more freely; they spare themselves a little shame in the eyes of men, but it will be of no advantage to them at the day of judgment; God will make light the darkness under cover of which they thought to sin with impunity. **The Holy Spirit, my children, says that we shall be examined on our words, our thoughts, our actions; we shall be examined even on the good we ought to have done, and have not done, on the sins of others of which we have been the cause. Alas! so many thoughts to which we abandon ourselves – to which the mind gives itself up; how many in one day! in a week! in a month! in a year! How many in the whole course of our life!** Not one of this infinite number will escape the knowledge of our Judge.

The proud man must give an account of all his thoughts of presumption, of vanity, of ambition; the impure one of all his evil thoughts, and of the criminal desires with which he has fed his imagination. Those young people who are incessantly occupied with their dress, who are seeking to please, to distinguish themselves, to attract attention and praise, and who dare not make themselves known in the tribunal of Penance, **will they be able still to hide themselves at the day of the judgment of God? No, no! They will appear there such as they have been during their life, before Him who makes known all that is most secret in the heart of man.**